

Alfred Sutton Primary School

Headteacher: Mrs L Kerr



24 February 2026

Dear Parents and Carers,

Exciting Changes to Lunchtime at Our School!

In the Autumn term, we conducted a pupil survey which asked Alfred Sutton children what they love about school and where they felt it could be improved. The children clearly signalled that our lunchtimes need refreshing and revamping. The voice of the children is important and we have been working with School Health UK to make lunchtimes more pleasant, calm and inclusive.

School Health UK are leading experts in school lunchtime provision, working with schools across the UK and Ireland to ensure that lunchtime is a **healthy, structured, and enjoyable** part of the school day. Their consultants are supporting us in making meaningful changes that will positively impact our children's experience, both inside the dining hall and in the outdoor play areas.

Our goal is to create a **pleasant, calm, and inclusive lunchtime environment**, where children can enjoy their meals, engage in structured play, and develop positive social interactions. These improvements will not only support children's health and wellbeing but also contribute to a more settled and productive afternoon of learning.

We are looking forward to seeing the benefits of these changes, and we encourage you to ask your child about their lunchtime experience as the improvements take shape. **We will be launching the changes from 2 March 2026.** To accommodate everything, we are trying to achieve, KS2 will be having their lunch slightly later and we suggest that children might want a more substantial snack for break time. Please ensure snacks are healthy and nut-free, however children may bring more than they usually do if they wish.

If you would like to find out more about the programme, you can visit www.schoolhealthuk.co.uk or contact the school directly.

Thank you for your support in making lunchtime a positive and enriching part of the school day.

Best wishes,

Laura Kerr

Mrs L Kerr
Headteacher