

Newbold C of E Primary Year 1,2,3,4,5,6 PE Long Term Planning Revised March 2022

Learning Objectives taken from GetSet4PE planning which the school is subscribed to and sessions plans match the outcomes.

Clubs are ideas – but can be changed to suit to requirements of coaches and outside agencies available.

EYFS 1&2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year A	Fundamentals y1	Gymnastics y1	Dance Unit y1	Invasion y1	Net and Wall y1	Athletics y1
	<ul style="list-style-type: none"> -To explore balance, stability and landing safely. -To explore how the body moves differently when running at different speeds. -To explore changing direction and dodging. -To explore jumping, hopping, and skipping actions. -To explore co-ordination and combining jumps. -To explore combination jumping and skipping in an individual rope. 	<ul style="list-style-type: none"> -To explore travelling movements using the space around you. -To develop quality when performing gymnastic shapes. -To develop stability and control when performing balances. -To develop technique and control when performing shape jumps. -To develop technique in the barrel, straight and forward roll. -To link gymnastic actions to create a sequence. 	<ul style="list-style-type: none"> -To explore travelling actions and use counts of 8 to move in time with the music. -To remember and repeat actions and respond imaginatively to a stimulus. -To copy, remember and repeat actions that represent the theme. -To use expression and create actions that relate to the story. -To use a pathway when travelling. -To copy, repeat and choose actions that represent the theme. -To show changes in expression, level and shape. 	<ul style="list-style-type: none"> -To develop dribbling towards a goal and understand what being 'in possession' means. -To understand who to pass to and why when playing against a defender. -To move towards a goal with the ball. -To support a teammate when in possession. -To move into space showing an awareness of defenders. -To be able to stay with a player when defending. 	<ul style="list-style-type: none"> -To defend space, using the ready position. -To play against an opponent and keep the score. -To develop control when handling a racket. -To develop racket and ball skills. -To develop sending a ball using a racket. -To develop hitting over a net. 	<ul style="list-style-type: none"> -To learn to move at different speeds for varying distances. -To develop a foundation for balance and stability. -To develop agility and co-ordination. -To explore hopping, jumping and leaping for distance. -To develop throwing for distance. -To develop throwing for accuracy.
	Ball skills y2	Sending and receiving y2	Fitness y2	Yoga y2	Teamwork Y2	Striking and fielding y2
	<ul style="list-style-type: none"> -To be able to roll a ball to hit a target. -To develop co-ordination and be able to stop a rolling ball. 	<ul style="list-style-type: none"> -To roll a ball towards a target. -To be able to track and receive a rolling ball. 	<ul style="list-style-type: none"> -To understand how to run for longer periods of time without stopping. 	<ul style="list-style-type: none"> -To copy and repeat yoga poses. -To develop an awareness of strength when 	<ul style="list-style-type: none"> Teamwork Y2 To follow instructions and work with others. To co-operate and communicate in a small 	<ul style="list-style-type: none"> -To be able to track a rolling ball and collect it. -To develop accuracy in underarm throwing

	<ul style="list-style-type: none"> -To develop technique and control when dribbling a ball with your feet. -To develop control and technique when kicking a ball. -To develop co-ordination and technique when throwing and catching. -To develop control and co-ordination when dribbling a ball with your hands. 	<ul style="list-style-type: none"> -To be able to stop, send and receive a ball with your feet. -To develop throwing and catching skills. -To develop throwing and catching skills. -To send and receive a ball using a racket. 	<ul style="list-style-type: none"> -To develop co-ordination and timing when jumping in a long rope. -To develop individual skipping. -To take part in a circuit to develop stamina and agility. -To explore exercises that use your own body weight. -To develop 'ABC,' agility, balance and co-ordination. 	<ul style="list-style-type: none"> completing yoga poses. -To develop an awareness of flexibility when completing yoga poses. -To copy and remember actions linking them into a flow. -To create a flow and teach it to a partner. -To explore poses and create a yoga flow. 	<ul style="list-style-type: none"> group to solve challenges. To create a plan with a group to solve the challenges. To communicate effectively and develop trust. To work as a group to solve problems. 	<ul style="list-style-type: none"> and consistency in catching when fielding a ball. -To develop accuracy with overarm throwing to send a ball over a greater distance and limit a batter's score. -To develop striking for distance and accuracy. -To develop decision making to get a batter out. -To develop decision making when under pressure.
Year 3&4	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year A	Fitness Y3/4	Gymnastics Y3	Dance Y3	Hockey Y3/4	Rounders Y3/4	Athletics Y3
	<ul style="list-style-type: none"> -To develop an awareness of what your body is capable of. -To develop speed and strength. -To complete actions to develop co-ordination. -To complete actions to develop agility. -To complete actions to develop balance. -To complete actions to develop stamina. 	<ul style="list-style-type: none"> -To be able to create interesting point and patch balances. -To develop stepping into shape jumps with control. -To develop the straight, barrel, and forward roll. -To be able to transition smoothly into and out of balances. -To create a sequence with matching and contrasting actions and shapes. -To create a partner sequence incorporating equipment. 	<ul style="list-style-type: none"> -To create actions in response to a stimulus and move in unison with a partner. -To create actions to move in contact with a partner or interact with a partner. -To understand how dynamics affect the actions performed. -To be able to select and use actions to represent an idea. -To work with a partner to choose actions that relate to an idea. -To remember and repeat actions, using dynamics to clearly show different phrases. 	<ul style="list-style-type: none"> -To develop sending the ball with a push pass. -To develop receiving the ball. -To develop dribbling using the reverse stick (Indian dribble). -To develop moving into space after passing the ball. -To use an open stick tackle to gain possession. -To apply defending and attacking principles and skills in a hockey tournament. 	<ul style="list-style-type: none"> -To play different roles in a game and begin to think tactically about each role. -To develop the bowling action and learn the rules of bowling. -To run around the outside of the bases and make decisions about when to stop and when to run. -To field a ball using a two handed pick up and a short barrier. -To develop batting technique and an understanding of where to hit the ball. 	<ul style="list-style-type: none"> -To develop the sprinting technique and improve on your personal best. -To develop changeover in relay events. -To develop jumping technique in a range of approaches and take off positions. -To develop throwing for distance and accuracy. -To develop throwing for distance in a pull throw. -To develop officiating and performing skills.

			<ul style="list-style-type: none"> -To choose actions which relate to the idea, using space and timing to make my work look interesting. -To understand and use formations, choosing poses which relate to the stimulus. -To use transitions and changes of timing to move into and out of shapes. 		-To apply skills and rules learnt to play rounders.	
	Football Y3/4	Dodgeball Y3/4	Basketball Y3/4	Yoga Y3/4	Swimming	Tennis Y4
	<ul style="list-style-type: none"> -To develop controlling the ball and dribbling under pressure. -To develop passing to a teammate. -To be able to control the ball with different parts of the body. -To develop changing direction with the ball using an inside and outside hook. -To jockey / track an opponent. -To be able to apply the rules and tactics you have learnt to play in a football tournament. 	<ul style="list-style-type: none"> -To learn the rules of dodgeball and apply them to a game situation. -To develop throwing at a moving target. -To use jumps, dodges and ducks to avoid being hit. -To develop catching a dodgeball at different heights. -To learn how to block using the ball. -To understand the rules of dodgeball and use them to play in a tournament. 	<ul style="list-style-type: none"> -To develop the attacking skill of dribbling. -To use protective dribbling against an opponent. -To develop the bounce and chest pass and begin to recognise when to use them. -To develop tracking and defending an opponent. -To develop the technique for the set shot. -To be able to apply the skills, rules and tactics you have learnt to a mini tournament. 	<ul style="list-style-type: none"> -To explore connecting breath and movement. -To explore new yoga poses and begin to connect them. -To explore gratitude when remembering and repeating a yoga flow. -To develop flexibility and strength in a positive summer flow. -To develop flexibility in an individual yoga flow. -To develop confidence and strength in arm balances. 	<p>Lessons taught by swimming coaches at pool using their own planning.</p>	<ul style="list-style-type: none"> -To develop hitting the ball using a forehand. -To develop returning the ball using a forehand. -To develop the backhand and understand when to use it. -To work co-operatively with a partner to keep a continuous rally going. -To use simple tactics in a game to outwit an opponent. -To demonstrate honesty and fair play when competing against others.
Year 5&6	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year A	Fitness Y5/6	Gymnastics Y5	Dance Y5	Hockey Y5/6	Rounders Y5/6	Athletics Y5
	-To develop an awareness of what your body is capable of.	-To be able to perform symmetrical and asymmetrical balances.	-To create a dance using a random structure and perform the actions	-To develop dribbling to beat a defender.	To develop the bowling action and understand the role of the bowler.	-To be able to apply different speeds over varying distances.

	<ul style="list-style-type: none"> -To develop speed and stamina. -To develop strength using my own body weight. -To develop co-ordination through skipping. -To perform actions that develop agility. -To develop control whilst balancing. 	<ul style="list-style-type: none"> -To develop the straight, forward, straddle and backward roll. -To be able to explore different methods of travelling, linking actions in both canon and synchronisation. -To be able to perform progressions of inverted movements. -To explore matching and mirroring using actions both on the floor and on apparatus. -To be able to create a partner sequence using apparatus. 	<ul style="list-style-type: none"> showing quality and control. -To understand how changing the dynamics of an action changes the appearance of the performance. -To understand and use relationships and space to change how a performance looks. -To work with a group to create poses and link them together using transitions. -To use choreographing devices when working as a group. -To copy and repeat movements in the style of Rock 'n' Roll. -To work with a partner to copy and repeat actions keeping in time with the music. -To work collaboratively with a group to create a dance in the style of Rock 'n' Roll. 	<ul style="list-style-type: none"> -To develop sending the ball using a push pass. -To develop receiving the ball with control. -To be able to move into space to support a teammate. -To develop using an open stick (block) tackle and jab tackle to gain possession of the ball. -To apply the rules and skills you have learnt to play in a hockey tournament. 	<ul style="list-style-type: none"> -To develop batting technique. -To make decisions about where and when to send the ball to stump a batter out. -To develop a variety of fielding techniques and when to use them in a game. -To develop long and short barriers in fielding and understand when to use them. -To apply the rules and skills you have learnt to play in a rounders tournament. 	<ul style="list-style-type: none"> -To develop fluency and co-ordination when running for speed. -To develop technique in relay changeovers. -To develop technique and co-ordination in the triple jump. -To develop throwing with force for longer distances. -To develop throwing with greater control and technique.
	Football Y5/6	Dodgeball Y5/6	Basketball Y5/6	Yoga Y5/6	Swimming Y6	Tennis Y6
	<ul style="list-style-type: none"> -To be able to dribble the ball under pressure. -To pass the ball accurately to help to maintain possession. -To use different turns to keep the ball away from defenders. 	<ul style="list-style-type: none"> -To recap on the rules of dodgeball and apply them to a game. -To develop throwing at a moving target. -To use jumps, dodges and ducks to avoid being hit. 	<ul style="list-style-type: none"> -To develop protective dribbling against an opponent. -To be able to move into space to support a teammate. -To choose when to pass and when to dribble. 	<ul style="list-style-type: none"> -To develop an understanding of yoga. -To develop flexibility through the sun salutation flow. -To develop strength through yoga flows. 	<ul style="list-style-type: none"> Lessons taught by swimming coaches at pool using their own planning. 	<ul style="list-style-type: none"> -To develop the forehand groundstroke. -To be able to return the ball using a backhand groundstroke.

	<ul style="list-style-type: none"> -To develop defending skills to gain possession. -To develop goalkeeping skills to stop the opposition from scoring. -To be able to apply the rules and tactics you have learnt to play in a football tournament. 	<ul style="list-style-type: none"> -To develop catching to get an opponent out. -To select and apply tactics in the game. -To develop officiating skills and referee a dodgeball game. 	<ul style="list-style-type: none"> -To be able to track an opponent and use defensive techniques to win the ball. -To be able to perform a set shot and a jump shot. -To be able to apply the rules and tactics you have learnt to play in a basketball tournament. 	<ul style="list-style-type: none"> -To create your own flow showing quality in control, balance and technique. -To develop balance through yoga flows. -To work collaboratively to create a controlled paired yoga flow. -To create your own yoga flow that challenges technique, balance and control. 		<ul style="list-style-type: none"> -To develop the volley and understand when to use it. -To develop the volley and use it in a game situation. -To develop accuracy of the underarm serve. To learn to use the official scoring system. -To work co-operatively with a partner and employ tactics to outwit an opponent.
Whole school House event	X	Dodgeball	X	Hockey	X	Sports Day
Suggested Clubs:	Football Tag Rugby	Dodgeball Gymnastics	Basketball / Volleyball Netball	Hockey Golf / Quidditch	Rounders Cricket	Tennis / Badminton Athletics
EYFS 1&2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year B	Fundamentals y2	Gymnastics y2	Dance y2	Invasion y2	Net and Wall y2	Athletics y2
	<ul style="list-style-type: none"> -To develop balance, stability and landing safely. -To explore how the body moves differently when running at different speeds. -To develop changing direction and dodging. 	<ul style="list-style-type: none"> -To perform gymnastic shapes and link them together. -To be able to use shapes to create balances. -To be able to link travelling actions and balances using apparatus. 	<ul style="list-style-type: none"> -To repeat, link and choose actions. -To create actions and accurately copy other's actions. -To copy, remember and repeat actions using facial expressions to show different characters. 	<ul style="list-style-type: none"> -To understand what being in possession means and support a teammate to do this. -To use a variety of skills to score goals. -To develop stopping goals. -To learn how to gain possession of the ball. 	<ul style="list-style-type: none"> -To develop racket familiarisation. -To develop placing an object. -To use the ready position to defend space on court. -To develop returning a ball with hands. -To develop returning a ball using a racket. 	<ul style="list-style-type: none"> -To develop the sprinting action. -To develop jumping for distance. -To develop technique when jumping for height. -To develop throwing for distance. -To develop throwing for accuracy.

	<ul style="list-style-type: none"> -To develop and explore jumping, hopping and skipping actions. -To develop co-ordination and combining jumps. -To develop combination jumping and skipping in an individual rope. 	<ul style="list-style-type: none"> -To demonstrate different shapes, take off and landings when performing jumps. -To develop rolling and sequence building. -To develop sequence work on apparatus. 	<ul style="list-style-type: none"> -To perform in unison creating shapes with a partner. -To be able to mirror a partner and create ideas. -To copy, repeat and create actions in response to a stimulus. -To copy, create and perform actions considering dynamics. -To create a short dance phrase with a partner showing clear changes of speed. 	<ul style="list-style-type: none"> -To develop an understanding of marking an opponent. -To learn to apply simple tactics for attacking and defending. 	<ul style="list-style-type: none"> -To move an opponent to win a point. 	<ul style="list-style-type: none"> -To develop technique when taking part in an athletics carousel.
	Target games y1	Sending and receiving y1	Fitness y1	Team Building y1	Ball Skills Y1	Striking and fielding y1
	<ul style="list-style-type: none"> -To develop underarm throwing towards a target. -To develop throwing for accuracy. -To develop underarm and overarm throwing for accuracy. -To develop throwing for accuracy and distance using underarm and overarm. -To select the correct technique for the situation. -To develop throwing for accuracy and distance. 	<ul style="list-style-type: none"> -To develop rolling and throwing a ball towards a target. -To develop receiving a rolling ball and tracking skills. -To be able to send and receive a ball with your feet. -To develop throwing and catching skills over a short distance. -To develop throwing and catching skills over a longer distance. -To apply sending and receiving skills to small games. 	<ul style="list-style-type: none"> -To develop knowledge about how exercise can make you feel. -To develop knowledge about how exercise can make you strong and healthy. -To develop knowledge about how exercise relates to breathing. -To develop my understanding of how exercise helps my brain. -To develop my understanding of how exercise helps my muscles. -To begin to understand the importance of daily exercise. 	<ul style="list-style-type: none"> -To co-operate and communicate with a partner to solve challenges. -To explore and develop teamwork skills. -To develop communication skills. -To use communication skills to lead a partner. -To plan with a partner and small group to solve problems. -To communicate with a group to solve challenges. 	<ul style="list-style-type: none"> Ball Skills Y1 To develop control and co-ordination when dribbling a ball with your hands. To explore accuracy when rolling a ball To explore throwing with accuracy towards a target. To explore catching with two hands. To explore control and co-ordination when dribbling a ball with your feet. To explore tracking a ball that is coming towards me. 	<ul style="list-style-type: none"> -To develop underarm throwing and catching and put this into small sided games. -To develop overarm throwing. -To develop striking a ball with my hand and equipment. -To retrieve a ball when fielding. -To understand how to get a batter out. -To develop decision making and understand how to score points.
Year 3&4	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year B	Fitness Y3/4	Gymnastics Y4	Dance Y4	Hockey Y3/4	Cricket Y3/4	Athletics Y4

	<ul style="list-style-type: none"> -To develop an awareness of what your body is capable of. -To develop speed and strength. -To complete actions to develop co-ordination. -To complete actions to develop agility. -To complete actions to develop balance. -To complete actions to develop stamina. 	<ul style="list-style-type: none"> -To develop individual and partner balances. -To develop control in performing and landing rotation jumps. -To develop the straight, barrel, forward and straddle roll. -To develop the straight, barrel, forward and straddle roll. -To develop strength in inverted movements. -To be able to create a partner sequence to include apparatus. 	<ul style="list-style-type: none"> -To copy and create actions in response to an idea and be able to adapt this using changes of space. -To choose actions which relate to the theme. -To use actions, dynamics, spacing and timing to represent a state of matter. -To use actions, dynamics, spacing and timing to represent a state of matter. -To remember and repeat actions and create dance ideas in response to a stimulus. -To use action and reaction when creating ideas with a partner. -To remember, repeat and create actions to represent an idea. -To use choreographing ideas to change how actions are performed. 	<ul style="list-style-type: none"> -To develop sending the ball with a push pass. -To develop receiving the ball. -To develop dribbling using the reverse stick (Indian dribble). -To develop moving into space after passing the ball. -To use an open stick tackle to gain possession. -To apply defending and attacking principles and skills in a hockey tournament 	<ul style="list-style-type: none"> -To develop overarm throwing and catching. -To develop underarm bowling. -To learn how to grip the bat and develop batting technique. -To be able to field a ball using a two handed pick up and a short barrier. -To develop overarm bowling technique. -To play apply skills learnt to mini cricket. 	<ul style="list-style-type: none"> -To develop stamina and an understanding of speed and pace in relation to distance. -To develop power and speed in the sprinting technique. -To develop technique when jumping for distance. -To develop power and technique when throwing for distance. -To develop a pull throw for distance and accuracy. -To develop officiating and performing skills.
	Tag Rugby Y3/4	Dodgeball Y3/4	Netball Y3/4	Handball Y3/4	Swimming Y3	Tennis Y3
	<ul style="list-style-type: none"> -To develop throwing, catching and running with the ball. -To develop an understanding of tagging rules. -To begin to use the 'forward pass' and 'off side' rule. 	<ul style="list-style-type: none"> -To learn the rules of dodgeball and apply them to a game situation. -To develop throwing at a moving target. -To use jumps, dodges and ducks to avoid being hit. 	<ul style="list-style-type: none"> -To develop passing and moving and play within the footwork rule. -To develop passing and moving towards a goal. -To develop movement skills to lose a defender. 	<ul style="list-style-type: none"> -To begin to throw and catch while on the move. -To learn how to move towards goal or away from a defender. -To develop accuracy when shooting. 	<ul style="list-style-type: none"> Lessons taught by swimming coaches at pool using their own planning. 	<ul style="list-style-type: none"> -To develop racket and ball control. -To develop returning the ball using a forehand groundstroke. -To be able to rally using a forehand.

	<ul style="list-style-type: none"> -To dodge a defender and move into space when running towards the goal. -To develop defending skills and use them in a game situation. -To apply the rules and skills you have learnt and play in a tag rugby tournament. 	<ul style="list-style-type: none"> -To develop catching a dodgeball at different heights. -To learn how to block using the ball. -To understand the rules of dodgeball and use them to play in a tournament. 	<ul style="list-style-type: none"> -To be able to defend an opponent and try to win the ball. -To develop the shooting action. -To develop playing using netball rules. 	<ul style="list-style-type: none"> -To be able to apply individual and team defending skills -To use a change of direction and speed to lose a defender and move into space. -To maintain possession when in attack. 		<ul style="list-style-type: none"> -To develop the two handed backhand. -To learn how to score. To develop playing against an opponent. -To work collaboratively with a partner and compete against others.
Year 5 & 6	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year B	Fitness Y5/6	Gymnastics Y5	Dance Y5	Hockey Y5/6	CricketY5	Athletics Y5
	<ul style="list-style-type: none"> -To develop an awareness of what your body is capable of. -To develop speed and stamina. -To develop strength using my own body weight. -To develop co-ordination through skipping. -To perform actions that develop agility. -To develop control whilst balancing. 	<ul style="list-style-type: none"> -To be able to perform symmetrical and asymmetrical balances. -To develop the straight, forward, straddle and backward roll. -To be able to explore different methods of travelling, linking actions in both canon and synchronisation. -To be able to perform progressions of inverted movements. -To explore matching and mirroring using actions both on the floor and on apparatus. -To be able to create a partner sequence using apparatus. 	<ul style="list-style-type: none"> -To create a dance using a random structure and perform the actions showing quality and control. -To understand how changing the dynamics of an action changes the appearance of the performance. -To understand and use relationships and space to change how a performance looks. -To work with a group to create poses and link them together using transitions. -To use choreographing devices when working as a group. -To copy and repeat movements in the style of -To work with a partner to copy and repeat actions 	<ul style="list-style-type: none"> -To develop dribbling to beat a defender. -To develop sending the ball using a push pass. -To develop receiving the ball with control. -To be able to move into space to support a teammate. -To develop using an open stick (block) tackle and jab tackle to gain possession of the ball. -To apply the rules and skills you have learnt to play in a hockey tournament. 	<ul style="list-style-type: none"> -To develop throwing accuracy and catching skills. -To develop batting accuracy and directional batting. -To develop catching skills (close/deep catching and wicket keeping). -To develop overarm bowling technique and accuracy. -To develop a variety of fielding techniques and to use them within a game. -To develop long and short barriers and apply them to a game situation. 	<ul style="list-style-type: none"> -To be able to apply different speeds over varying distances. -To develop fluency and co-ordination when running for speed. -To develop technique in relay changeovers. -To develop technique and co-ordination in the triple jump. -To develop throwing with force for longer distances. -To develop throwing with greater control and technique.

			<p>keeping in time with the music.</p> <p>-To work collaboratively with a group to create a dance in the style of Rock 'n' Roll.</p>			
	Tag Rugby Y6	Dodgeball Y5/6	Netball Y5/6	Handball Y5/6	Swimming Y6	Tennis Y6
	<p>-To develop attacking principles, understanding when to run and when to pass.</p> <p>-To be able to use the 'forward pass' and 'offside' rules.</p> <p>-To be able to play games using tagging rules.</p> <p>-To develop dodging skills to lose a defender.</p> <p>-To develop drawing defence and understanding when to pass.</p> <p>-To be able to apply the rules and tactics you have learnt to play in a tag rugby tournament.</p>	<p>-To recap on the rules of dodgeball and apply them to a game.</p> <p>-To develop throwing at a moving target.</p> <p>-To use jumps, dodges and ducks to avoid being hit.</p> <p>-To develop catching to get an opponent out.</p> <p>-To select and apply tactics in the game.</p> <p>-To develop officiating skills and referee a dodgeball game.</p>	<p>-To develop passing and moving.</p> <p>-To be able to use the attacking principle of creating and using space.</p> <p>-To be able to change direction and lose a defender.</p> <p>-To be able to defend ball side and know when to go for interceptions.</p> <p>-To develop the shooting action.</p> <p>-To use and apply skills and tactics to small sided games.</p>	<p>-To develop a variety of passes and know when to use each to help to maintain possession.</p> <p>-To use stepping, dribbling and passing skills to create space, move towards goal and away from defenders.</p> <p>-To use defending skills to stop an opponent from scoring.</p> <p>-To select and apply the appropriate skill to score goals.</p> <p>-To use defensive skills to gain possession.</p> <p>-To maintain possession under pressure.</p>	<p>Lessons taught by swimming coaches at pool using their own planning.</p>	<p>-To develop the forehand groundstroke.</p> <p>-To be able to return the ball using a backhand groundstroke.</p> <p>-To develop the volley and understand when to use it.</p> <p>-To develop the volley and use it in a game situation.</p> <p>-To develop accuracy of the underarm serve. To learn to use the official scoring system.</p> <p>-To work co-operatively with a partner and employ tactics to outwit an opponent.</p>
Whole school House event	Tag Rugby	X	Netball	X	X	Sports Day
Suggested Clubs:	Football Tag Rugby	Dodgeball Gymnastics	Basketball / Volleyball Netball	Hockey Golf / Quidditch	Rounders Cricket	Tennis / Badminton Athletics