



WEEK 2: MONDAY

	MAIN	VEGETARIAN	ALTERNATIVE OPTION	DELI	SALAD	DESSERT
MAIN	Homemade Chicken and Vegetable Casserole with Mashed Potato	Homemade Bean and Vegetable Casserole with Mashed Potato	Jacket Potato with Ratatouille	Chicken, Onion & Mayo Bap	Chicken Salad	Natural Yoghurt & Fruit Berry Compote
DF	DF Homemade Chicken and Vegetable Casserole with Mashed Potato	DF Homemade Bean and Vegetable Casserole with Mashed Potato	DF Jacket Potato with Ratatouille	DF Chicken & Onion Bap	DF Chicken Salad	Watermelon Slice
GF	GF Homemade Chicken and Vegetable Casserole with Mashed Potato	GF Homemade Bean and Vegetable Casserole with Mashed Potato	GF Jacket Potato with Ratatouille	GF Chicken, Onion & Mayo Bap	GF Tuna & Salmon Salad	Natural Yoghurt & Fruit Berry Compote
VN	VN Homemade Bean and Vegetable Casserole with Mashed Potato		VN Jacket Potato with Ratatouille		VN Quorn Fillet Salad	Vegan Flapjack



WEEK 2: TUESDAY

	MAIN	VEGETARIAN	ALTERNATIVE OPTION	DELI	SALAD	DESSERT
MAIN	Chicken & Pepper Wholemeal Pitta with Oven Baked Wedges	Roasted Vegetables and Chick Pea Wholemeal Pitta with Baked Wedges	Jacket Potato with Beans and Grated Cheddar Cheese	Egg, Cress and Mayo Bap	Tuna & Salmon Salad	Rice Pudding & Fresh Berries
DF	DF Chicken & Pepper Wholemeal Pitta with Oven Baked Wedges	DF Roasted Vegetables and Chick Pea Wholemeal Pitta with Baked Wedges	DF Jacket Potato with Beans	DF Egg & Cress Bap	DF Tuna & Salmon Salad	Mixed Fresh Fruit Salad
GF	GF Chicken & Pepper GF Wrap with Oven Baked Wedges	GF Roasted Vegetables and Chick Pea Wrap with Baked Wedges	GF Jacket Potato with Beans and Grated Cheese	GF Egg, Mayo & Cress Bap	GF Cheese Salad	Rice Pudding & Fresh Berries
VN	VN Roasted Vegetables and Chick Pea Wholemeal Pitta with Oven Baked Wedges		VN Jacket Potato with Beans and Grated Vegan Cheese		VN Cheese Salad	Watermelon Slice



WEEK 2: WEDNESDAY

	MAIN	VEGETARIAN	ALTERNATIVE OPTION	DELI	SALAD	DESSERT
MAIN	Roast Chicken Breast with Seasonal Vegetables, Homemade Roasties and Gravy	Roast Quorn Fillet served with Seasonal Vegetables, Homemade Roasties and Gravy	Jacket Potato with Homemade Vegetable Curry	Tuna, Salmon and Cucumber Bap	Chicken Salad	Homemade Apple Crumble
DF	DF Roast Chicken Breast with Seasonal Vegetables, Homemade Roasties and Gravy	DF Roast Quorn Fillet served with Seasonal Vegetables, Homemade Roasties and Gravy	DF Jacket Potato with Homemade Vegetable Curry	DF Tuna, Salmon & Sweetcorn Bap	DF Chicken Salad	Homemade Apple Crumble
GF	GF Roast Chicken Breast with Seasonal Vegetables, Homemade Roasties and Gravy	GF Roast Quorn Fillet served with Seasonal Vegetables and Gravy	GF Jacket Potato with Homemade Vegetable Curry	GF Tuna, Salmon & Cucumber Bap	GF Chicken Salad	Watermelon Slice
VN	VN Roast Quorn Fillet served with Seasonal Vegetables and Gravy		VN Jacket Potato with Homemade Vegetable Curry		VN Quorn Fillet Salad	Homemade Apple Crumble



WEEK 2: THURSDAY

	MAIN	VEGETARIAN	ALTERNATIVE OPTION	DELI	SALAD	DESSERT
MAIN	Salmon & Sweet Potato Fishcake with Fresh Home Baked Chips and Peas	Crispy Tofu Strips with Vegetable Noodles	Jacket Potato with Tuna, Salmon and Sweetcorn	Egg, Cress and Mayo Bap	Quorn Salad	Mixed Fresh Fruit Salad
DF	DF Salmon & Sweet Potato Fishcake with Fresh Home Baked Chips and Peas	DF Crispy Tofu Strips with Vegetable Noodles	DF Jacket Potato with Tuna, Salmon and Sweetcorn	DF Chicken & Onion Bap	DF Quorn Salad	Mixed Fresh Fruit Salad
GF	GF Golden MSC Fish Fingers with Fresh Home Baked Chips and Peas	GF Vegetable Pattie with Fresh Home Baked Chips and Peas	GF Jacket Potato with Tuna, Salmon and Sweetcorn	GF Egg, Cress & Mayo Bap	GF Quorn Salad	Mixed Fresh Fruit Salad
VN	VN Crispy Tofu Strips with Vegetable Noodles		VN Jacket Potato with Beans and Grated Vegan Cheese		VN Quorn Fillet Salad	Mixed Fresh Fruit Salad

WEEK 2: FRIDAY

	MAIN	VEGETARIAN	ALTERNATIVE OPTION	DELI	SALAD	DESSERT
MAIN	Veggie-balls in Tomato Sauce & Pasta	Homemade Macaroni Cheese with Crispy Onions	Jacket Potato with Homemade Vegetable Chilli	Cheddar Cheese Salad Bap	Cheddar Cheese Salad	Oven Baked Apples with Raisins
DF	DF Veggie-balls in Tomato Sauce & Pasta	DF Tomato and Basil Pasta Bake	DF Jacket Potato with Homemade Vegetable Chilli	DF Cheese Salad Bap	DF Cheese Salad	Oven Baked Apples with Raisins
GF	GF Veggie-balls in Tomato Sauce & GF Pasta	GF Pasta with Tomato Sauce	GF Jacket Potato with Homemade Vegetable Chilli	GF Cheese Salad Bap	GF Chicken Salad	Oven Baked Apples with Raisins
VN	VN Veggie-balls in Tomato Sauce & Pasta		VN Jacket Potato with Homemade Vegetable Chilli		VN Cheese Salad	Oven Baked Apples with Raisins