Allergies and Anaphylaxis

Excellence Without Compromise

A simple guide for parents

Our full Allergy Management Policy can be found on our school website

What We Want Parents and Carers To Know...

Most children with allergies can safely take part in school life when effective support systems are in place.

We work with parents/carers and healthcare professionals to keep children safe and support their independence.

Staff receive training to recognise allergic reactions and respond appropriately.

How can Parents and Carers Help?

Tell school about any allergy and provide relevant medical information.

Provide prescribed emergency medication, such as adrenaline auto-injectors. It must be in date, clearly labelled and replaced when needed.

Work with school to create and review your child's Individual Healthcare Plan (IHCP).

Tell us promptly if your child's allergy, medication or emergency arrangements change.

Food and Allergen Awareness

Please think carefully about food brought into school to minimise risks to children and staff with allergies.

Kings Road is not a nut-free environment, but we take reasonable steps to minimise exposure to allergens.

Children are encouraged to avoid known allergens and never share food.

The school works with catering providers to avoid nuts where possible. Products labelled "may contain nuts" are not eliminated.

If Anaphylaxis is Suspected Staff Will:

Stay with the child and assess symptoms immediately • Call for help and alert a trained first aider • Give the child's adrenaline auto-injector without delay if anaphylaxis is suspected, following their Allergy Action Plan/IHCP • Call 999 immediately and say • Keep the child lying flat, or allow them to sit if breathing is difficult • Give a second auto-injector after 5 minutes if there is no improvement and one is available • Stay with the child until emergency services arrive and contact parents/carers.

Medication and School Trips

Staff are trained to administer adrenaline auto-injectors

If required medication is not available, school may contact parents/carers urgently and may need the child to be collected until appropriate medication is available.

Educational visits include allergy risk assessments; medication and IHCPs travel with the child and trained staff will be present.

Questions or support? Please speak to your child's class teacher or our SENCO.