

School Newsletter W/C 2nd February

Monday 2nd

Year 1 & 2 PSD Multi-Sports (3.15—4.15)
Year 3: PSD Football (3.15—4.15)
Coding Club: Year 1—Year 6 (3.20—4.15pm)
Musical Theatre Club - KS2 (3.15pm—4.15pm)

Tuesday 3rd

Little City Visit—Reception & Nursery

Year 3,4, 5 & 6 Art Club (3.15pm—4.15pm)
Year 1, 2 & 3: PSD Girls' Football (3.15pm-4.15pm)
Year 4, 5 & 6: PSD Girls' Football (3.15pm—4.15pm)
Year 5 & 6 PSD Netball (3.15pm-4.15pm)
Irish Dancing: Rec—Year 6(3.15pm—4.10pm)

Wednesday 4th

Year 1& 2: PSD Basketball (3.15-4.15pm)
Year 4: PSD Football (3.15pm-4.15pm)
Rec— year 2: Ballet (3.15-4.15pm)

Thursday 5th

Year 1 & 2: PSD Football (3.15pm-4.15pm)
Year 3 & 4: PSD Netball (3.15-4.15pm)
Zumba (3.15-4.15pm)
Spanish Club: Year 1—Year 4 (3.15—4.15)
Irish Music Lessons: Year 2 (2.45—3.15pm) Year 3 +
(3.15—4pm) Advanced (4pm—4.45pm)

Friday 6th

Year 3,4,5 & 6 Tennis (8.00-8.45am)
Year 1 & 2 Tennis (3.15-4.15pm)
Year 3 & 4: Multi-Sports (3.15-4.15)
Year 5 & 6: Football (3.15pm-4.15pm)
Year 1 & 2: Tennis (3.15pm-4.15pm)
Rec—Year 6 Street Dance (3.15pm—4.15pm)
NB. ONLY FRUIT SNACKS PERMITTED FOR ALL CLUBS (NO GRAPES)

SAFEGUARDING

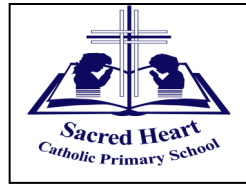
***If your child is unable to attend a **SH** or **PSD** club, please e-mail clubs@shpsruislip.org ***



SACRED HEART CATHOLIC PRIMARY SCHOOL

T: 01895 633 240

E-Mail: office@shpsruislip.org



Autumn MENU
Week 2

This week, in collective worship, we reflected on the Gospel reading in which Jesus meets fishermen—Simon Peter, Andrew, James, and John—while they are working. He tells them, "Follow me, and I will make you fishers of men." We discussed how we can follow Jesus, particularly in our actions, and how we can reflect on making good choices by asking ourselves, "What would Jesus do?"

We have also had two wonderful class assemblies this week. 5C led an assembly on Tuesday in which they reflected on the beatitudes and in 1VW's assembly, they considered how we can all be more like Jesus through our actions. We heard how important people like Mary Seacole and Rosa Parks were not afraid to do the right thing. We were so impressed by their presentation skills and the way they encouraged us all to reflect on their key messages.

A number of teams have represented our school at sporting events. Well done to all the children involved.

A reminder to all parents who have children attending our extra curricular clubs that fruit is now the **only** permitted snack. Thank you to all the parents who are following this and helping us to ensure that pupils with allergies are kept safe.

Next week is our BIG ME Week (see separate message for further details). We are very much looking forward to welcoming our kind volunteers, who are going to share, with classes, some information about their jobs. We hope to inspire children in their aspirations for the future. It is not too late to join us—please contact your child's class teacher or the school office, if interested.

Wishing you all a lovely weekend,
Miss Morahan and Mrs Stockwell

NOTICES:

Free School Meals – Please Check if You’re Registered

Currently all London primary school children receive free school meals.

However, **registering for Free School Meals (FSM) is still very important.**

This helps our school access **Pupil Premium funding** for learning and wellbeing.

Registration is **quick, confidential and free**, and does **not** affect any other benefits you receive.

🔗 Check eligibility or register here:

www.gov.uk/apply-free-school-meals/hillingdon

Sports News

Football Tournament Boys’ Year 5 & 6—Match report by Alex

Alex, Jude, Lawand, Nick, Harry, Danny, Ollie W and Leo played a Brentford Tournament. We won 3-0, 1-0, 2-0,4-0, 1-1 and lost 1-0 to John Lock. We came third in the tournament overall. Leo scored 7 goals, Alex scored 2 and Lawand scored 4. Well done all. (Alex—Yr 6)

Girls’ Year 5 & 6 Football

Well done to the Year 5/6 girls who took part in the Brentford tournament this week, representing the school so well.



Year 3 & 4 Girls’ Football

The Year 3 & 4 girls were brilliant on Wednesday. They come 3rd in the group winning 3 games, losing 2 and drawing 1. They just missed out by 2 points to qualify to the semi finals.



Mr Newman is very proud of you all!

PREVIOUS NOTICES:

JOIN US FOR A FAMILY BINGO NIGHT OF FUN, LAUGHTER, AND PRIZES



**Supporting the Hillingdon
Brain Tumour & Injury Charity**

BRING YOUR OWN REFRESHMENTS

**WHEN : Saturday, 21st February,
2026**

Doors open at 6.45pm

WHERE : Hesdin Hall, HA4 8NN

**TICKETS COST : £10 per adult /
£5 per child /
£25 per family (Two adults + up to 4
children)**

TO BOOK YOUR TICKETS

Contact :

Bernie - 07939 081441

Arlene - 07766 933007

Ann-Maria - 07941 589445

or Email

mshjubileetrust@rcdow.org.uk

**CASH TUCKSHOP / RAFFLE / TEA &
COFFEE WILL BE AVAILABLE**

Safeguarding

The wellbeing of our children is of paramount importance to all staff. Should any person (parent or staff) have a concern regarding a child's wellbeing, please inform one of the school's designated safeguarding team (Miss. Morahan, Mrs. Stockwell, Mr Wright or our Designated Safeguarding Governor, Mrs Wloch). In cases where school staff have concerns, they have a duty to discuss the issue with Social Services to seek further advice. This is the statutory obligation of all schools.

RUNNING CLUB



Years 4, 5 & 6

This will re-commence on Monday 23rd February.

If you have already registered in September please **re-register** to confirm you will be re-attending.

If you would like to attend running club then please register via the weduc form which will be available from Monday 2nd February, (register will close Thurs 12th Feb)

please note by registering you are agreeing to the following:

Rules:

Weekly attendance – a register is taken

100 % effort expected

Exemplary behaviour at all times.

Punctual pick up from parents at 4.15pm

Children will need to change at the end of the day into appropriate running wear (not school uniform)

Children will need to wear trainers / football boots - not school shoes.

Water bottle must be provided – child must check water bottle is full before start of session.

If your child has asthma they will need to bring their own asthma pump to the session.

Meet outside 3F classroom (North playground) at 3.15 pm for register

Finish / pick up **4.15pm** at front of school main office



Bookings are live now on the website for Fun Fest holiday club, Sacred Heart School for February half term 16th - 20th Feb 2026

Book via our website and choose your favourite activities for half term fun!

<https://fun-fest.co.uk/ruiview/>

We're open 8am-6pm to children aged 3-12 yrs. You can book from a half a day to a full week. Please see the website for full information, or call us on 0208-432-3223 during office hours.

Scan the QR code to join our WhatsApp channel for updates, information & photos (this now replaces Instagram & Facebook for communication to parents)



Hillingdon Parent Carers Forum

SEND Family drop in

We invite you to join us as an opportunity to share your feedback and experiences as we offer advice and support.

For families with children with SEND aged 0-25 years



South Ruislip Children's Centre

1pm-2pm

First Tuesday of the month

Term time only

Upcoming dates:

3rd February

3rd March



Hillingdon PCF

Hillingdon Parent Carers Forum

SEND Family drop in

We invite you to join us as an opportunity to share your feedback and experiences as we offer advice and support.

For families with children with SEND aged 0-25 years



Colham Manor Children's Centre

9:00 am

11:30 am

Term time only

Upcoming dates:

11th February

11th March

22nd April



Hillingdon PCF