

Physical Education is a subject that is taught every half term.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	<p>Team Building</p> <p>The focus of the learning is to introduce teamwork.</p> <p>Pupils will understand why it is important to include everyone when working as a team and how it feels to be left out.</p> <p>Pupils will start to learn and understand what makes an effective team.</p>	<p>Feet 1</p> <p>Recap prior learning from EYFS, what do pupils remember?</p> <p>The focus of learning is to recap the different ways of using our feet to move with a ball.</p> <p>Pupils will develop their understanding of the meaning of the word, 'control,' and why it is important to keep the ball close to them.</p>	<p>Hands 1</p> <p>Recap prior learning from EYFS, what do pupils remember?</p> <p>The focus of learning is to develop bouncing (dribbling). Pupils will understand why we need to keep the ball away from the defender.</p> <p>Pupils will explore different ways of sending (passing) the ball to their partner.</p>	<p>Hands 2</p> <p>Recap prior learning from EYFS, what do pupils remember?</p> <p>The focus of the learning is to introduce throwing (underarm).</p> <p>Pupils will understand how we throw a bean bag underarm and why.</p>	<p>Running</p> <p>The focus of learning is to explore running.</p> <p>Pupils will explore running using different body parts and different techniques and begin to understand how to run efficiently.</p>	<p>Rackets, Bats and Balls</p> <p>The focus of the learning is for pupils to explore using a racket and a ball together.</p> <p>Pupils will explore moving the ball using the racket, beginning an understanding of how and why we keep the ball close and controlled.</p>

Year 1	<p>Body Parts</p> <p>What do pupils remember from the wide, narrow, curled sequence of learning?</p> <p>The focus of the learning is to apply 'champion gymnastics' to explore movements and balances using the 'big' parts of our bodies on the floor and on apparatus.</p>	<p>Growing</p> <p>The focus of learning is for pupils to respond to rhythm and patterns through their movement.</p> <p>Pupils will learn how to control and co-ordinate their bodies to perform movements through the 'growing' theme.</p>	<p>Heroes</p> <p>What do pupils remember from foundation stage?</p> <p>The focus of learning is to apply 'champion gymnastics' to explore movements and balances in a wide way on the floor and on apparatus.</p>	<p>Wide, Narrow and Curled</p> <p>The focus of the learning is for pupils to create a range of controlled movements that represent a superhero.</p> <p>Pupils will learn how to control and co-ordinate their bodies to perform a sequence of movements, including a balance (freeze position).</p>	<p>The Zoo</p> <p>The focus of the learning is to respond to the stimulus (big animals) using a range of different, controlled movements showing character expression.</p> <p>Pupils will learn how to control and co-ordinate their bodies to perform movements that represent big animals</p>	<p>Attack v Defence</p> <p>The focus of the learning is to understand the basic principles of attack.</p> <p>Pupils will learn what 'attacking' means and why we attack during a game.</p>
Year 2	<p>Team building</p> <p>The focus of the learning is to introduce teamwork.</p>	<p>Ball skills</p> <p>Recap prior learning from year 1, what do pupils remember?</p>	<p>Hands</p> <p>Recap prior learning from year 1. What do pupils remember?</p>	<p>Hands 2</p> <p>Recap prior learning from year 1, what do pupils remember?</p>	<p>Games for understanding</p> <p>The focus of the learning is to explore</p>	<p>Rackets, Bats and Balls</p> <p>The focus of the learning is for pupils to apply their learning and</p>

	<p>Pupils will understand why it is important to include everyone when working as a team and how it feels to be left out.</p> <p>Pupils will start to learn and understand what makes an effective team.</p>	<p>The focus of learning is to develop dribbling using our feet in order to keep control and possession of the ball</p>	<p>The focus of learning is to develop dribbling in order to keep control and possession of the ball.</p>	<p>The focus of the learning is to develop pupils' execution of an underarm throw and to extend their understanding of why we need to be accurate when we throw.</p>	<p>dodging and learn how to dodge effectively.</p> <p>The focus of the learning is to create and understand simple attacking principles, applying them as a team into a game.</p> <p>Pupils will develop their understanding of what 'attacking' means and when and why we attack as a team during a game.</p>	<p>understanding of hitting a ball with a racket from year 1.</p> <p>Pupils will be challenged to work with a partner and then against their partner as they become opponents.</p>
Year 2	<p>Explorers</p> <p>The focus of the learning is to respond to the stimulus using a range of different, controlled movements.</p>	<p>Linking</p> <p>What do pupils remember from year 1?</p> <p>The focus of the learning is to apply 'champion gymnastics' to</p>	<p>Mr Candy's Sweet Factory</p> <p>The focus of the learning is to respond to the stimulus using a range of different, controlled</p>	<p>Pathways</p> <p>The focus of the learning is to apply 'champion gymnastics' exploring different pathways (zig-zag), creating movements</p>	<p>Water</p> <p>The focus of the learning is to explore and respond to a stimuli through structured tasks.</p> <p>Feedback by describing</p>	<p>Dodging</p> <p>The focus of the learning is to explore dodging and learn how to dodge effectively.</p>

	<p>Pupils will show how to control and co-ordinate their bodies to perform movements that represent an explorer preparing for an expedition.</p>	<p>explore different movements that pupils can link together</p>	<p>movements showing expression.</p> <p>Pupils will learn how to control and co-ordinate their bodies to perform movements that represent being in a sweet shop.</p>	<p>that pupils can link together.</p>	<p>and interpreting the movement you see.</p>	
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