





























# Autumn Term 2025

## Allergen List

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
All Day Vegetarian Breakfast														
Apple Flapjack														
Apple Crumble		✓												
Apple & Pear crumble		✓												
Apple Pie		✓												
Apple & Banana Cake		✓		✓			✓						May	
Bakewell Tart		✓		✓			✓							
Banana & Chocolate Brownie		✓		✓			✓							
Banana Muffin		✓		✓			✓							
Banana & Apple sponge		✓		✓			✓							
Beef Burger in a Bun and Cheese		✓					✓							
Beef Burger in a Bun		✓												
Beef Lasagne	✓	✓		may			✓		✓				may	
Beef & Vegetable Pie	✓	✓												
Blueberry Muffin		✓		✓			✓							
Bread (homemade)		✓												
Carrot cake		✓		✓			✓							
Cheese & Biscuits/ cracker		✓					✓							
Cheese & potato pie				✓			✓		✓					
Cheese & Tomato Pasta Bake		✓					✓							
Cheese Sandwich or toastie		✓					✓						✓	
Chicken curry	✓	✓		May			May		May				May	
Chicken Fajitas		✓												
Chicken Nuggets		✓												
Chicken Stir Fry with noodles				✓										
Chicken Wrap		✓												
Chocolate & Banana Muffin		✓		✓			✓							
Chocolate Rice Crispie Cake														
Chocolate Crunch with Sultanas		✓					✓							
Chocolate topped flapjack														















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Chocolate Fudge Cake		✓		✓			✓							
Chocolate Fudge Pudding		✓					✓							
Chocolate Pear Sponge		✓		✓			✓							
Chocolate Pin Wheel		✓					✓							
Chocolate Sponge & Chocolate Sauce		✓		✓			✓							
Chocolate Shortbread		✓												
Coleslaw				✓					✓					
Cottage Pie	✓						✓							
Custard							✓							
Fishcakes		✓			✓		✓							
Fish fingers		✓			✓									
Fish Pie		✓			✓		✓		✓					
Flapjack														
Fruit & Jelly														
Garlic bread		✓											✓	
Gingerbread & banana iced sponge		✓		✓			✓							
Gravy & Veg (Gluten free)														
Ham sandwich		✓											✓	
Hot Dog		✓											✓	
Ice cream							✓							
Jacket Potato & beans														
Jacket Potato & cheese							✓							
Jacket Potato & tuna mayo				✓										
Jacket Potato with beans & cheese							✓							
Jam Tart		✓												
Jelly & Icecream													✓	
Lemon Drizzle Cake		✓		✓			✓							
Macaroni cheese		✓					✓							
Margherita Pizza		✓					✓							
Mashed potato							✓							✓
Melting Moments		✓												
Oat Cookies		✓		✓										

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Pasta in Tomato & Basil Sauce		✓												
Pinwheels		✓					✓							
Quorn Burgers		✓											✓	
Quorn chilli tacos & rice	✓	✓												
Quorn Cottage Pie	✓						✓							✓
Raspberry Muffin \Bun		✓		✓			✓							
Raspberry or Chocolate Sauce/Custard							✓							
Rice Pudding							✓							
Roast Beef														
Roast chicken														
Roast pork														
Roast Potatoes														
Sausage Rolls		✓		✓										
Sausages		✓												
Shepherds Pie	✓						✓							
Shortbread		✓												
Spiderman Iced Sponge		✓		✓			✓							
Strawberry Muffin		✓		✓			✓							
Stuffing		✓												
Syrup sponge		✓		✓			✓							
Syrup Oatie		✓		✓										
Tophat sponge		✓		✓			✓							
Tuna Mayo Sandwich		✓		✓	✓									
Vegetable Biryani	✓	May		May			May		May				May	
Vegetable Curry	✓	May		May			May		May				May	
Vegetable Lasagne	✓	✓		May			✓		✓				May	
Vegetarian all day breakfast		✓												
Vegetarian burrito		✓												
Veggie fingers		✓		✓			✓							
Vegetable Stir Fry & Noodles							✓							
Yoghurt							✓							
Yoghurt Muffin		✓		✓			✓							
Yorkshire Pudding		✓		✓			✓							