

Kingsbridge Primary School Menu

Children will have a choice of one main (options noted with *), a side of vegetables, and dessert or fruit along with fresh water and milk if desired. Key Stage 2 will be given a larger portion and an extra side.

Monday (Week 1)				Monday (Week 2)			
Main*	Tomato Basil Pasta	Sandwich*	Chicken Mayo Bap	Main*	Macaroni Cheese with salad	Sandwich*	Chicken Mayo Bap
Vegetarian*	Tomato Basil Pasta	Salad*	Ham Salad	Vegetarian*	Macaroni Cheese with Salad	Salad*	Ham Salad
Sides	Carrot sticks, tomatoes, sliced pepper, cucumber and multi-wheat or brown bread roll			Sides	Carrot sticks, tomatoes, sliced pepper, cucumber and multi-wheat or brown bread roll		
Dessert	Cookie or Fresh fruits (apple, banana, satsuma)			Dessert	Gingerbread Men or Fresh fruits (apple, banana, satsuma)		
Tuesday (Week 1)				Tuesday (Week 2)			
Main*	Chicken & Vegetable Stir Fry with Noodles	Sandwich*	Ham Wrap	Main*	Sausages & Mash with Vegetables & Gravy	Sandwich*	Ham Wrap
Vegetarian*	Vegetable Stir Fry with Noodles	Salad*	Cheese Salad	Vegetarian*	Veg Sausages & Mash with Vegetables & Gravy	Salad*	Cheese Salad
Sides	Carrot sticks, tomatoes, sliced pepper, cucumber and multi-wheat or brown bread roll			Sides	Carrot sticks, tomatoes, sliced pepper, cucumber and multi-wheat or brown bread roll		
Dessert	Mixed Fresh Fruit Salad or Individual Fresh Fruits			Dessert	Fresh Fruit Meringue or Individual Fresh Fruits		
Wednesday (Week 1)				Wednesday (Week 2)			
Main*	Roast Chicken with Vegetables & Gravy	Sandwich*	Tuna Bap	Main*	Roast Chicken with Vegetables & Gravy	Sandwich*	Tuna Bap
Vegetarian*	Roast Quorn Fillet with Vegetables & Gravy	Salad*	Tuna Salad	Vegetarian*	Roast Quorn Fillet with Vegetables & Gravy	Salad*	Tuna Salad
Sides	Carrot sticks, tomatoes, sliced pepper, cucumber and multi-wheat or brown bread roll			Sides	Carrot sticks, tomatoes, sliced pepper, cucumber and multi-wheat or brown bread roll		
Dessert	Arctic Roll or Fresh fruits (apple, banana, satsuma)			Dessert	Ice Cream Pot or Fresh fruits (apple, banana, satsuma)		
Thursday (Week 1)				Thursday (Week 2)			
Main*	Fish Fingers or Salmon Fingers with Chips & Peas	Sandwich*	Cheese Wrap	Main*	Chicken Goujons with Chips & Peas	Sandwich*	Cheese Bap
Vegetarian*	No Fish Fingers with Chips and Peas	Salad*	Quorn Salad	Vegetarian*	Plant Based Chicken Bites with Chips & Peas	Salad*	Chicken Salad
Sides	Carrot sticks, tomatoes, sliced pepper, cucumber and multi-wheat or brown bread roll			Sides	Carrot sticks, tomatoes, sliced pepper, cucumber and multi-wheat or brown bread roll		
Dessert	Pip Ice Lolly or Fresh fruits (apple, banana, satsuma)			Dessert	Strawberry Mousse or Fresh fruits (apple, banana, satsuma)		
Friday (Week 1)				Friday (Week 2)			
Main*	Chicken Curry with Rice & Beans	Sandwich*	Cheese Bap	Main*	Spaghetti Bolognese	Sandwich*	Cheese Bap
Vegetarian*	Cauliflower & Chickpea Curry with Rice & Beans	Salad*	Chicken Salad	Vegetarian*	Vegan Mince Pasta	Salad*	Chicken Salad
Sides	Carrot sticks, tomatoes, sliced pepper, cucumber and multi-wheat or brown bread roll			Sides	Carrot sticks, tomatoes, sliced pepper, cucumber and multi-wheat or brown bread roll		
Dessert	Watermelon Smiles or Fresh fruits (apple, banana, satsuma)			Dessert	Mandarin Fruit Jelly or Fresh fruits (apple, banana, satsuma)		
Week 1 = Weeks Commencing:				Week 2 = Weeks Commencing:			
1 st September, 15 th September, 29 th September, 13 th October, 3 rd November, 17 th November, 1 st December, 15 th December, 12 th				8 th September, 22 nd September, 6 th October, 20 th October, 10 th November, 24 th November, 8 th December			