



# Abbey Park Schools Federation

## Personal Development Overview

### Year 2

At Abbey Park Primary School pupil personal development is fundamental to everything we do. Through the teaching of our PSHE curriculum, assemblies, extra-curricular clubs, exposure to fundamental British Values and enrichment opportunities we strive to offer the best possible outcomes for all of our children, preparing them for later life.

*Italics* = British Values

**Bold** = Protected Characteristics

#### PSHE

Personal, Social, Health and Economic Education	<u>Families and relationships</u>	<u>Health and wellbeing</u>	<u>Citizenship</u>	<u>Economic wellbeing</u>	<u>Safety and the changing body</u>	<u>Transition</u>
Relationships, sex and health education	Understand how to create a successful learning environment.  Zones of Regulation.  Understand that families offer love and support and that	Use multiple colours in a diagram to show how they can feel more than one emotion at a time.  Describe how they would feel in a particular situation	Recognise that different rules apply in different situations. Explain what makes a good school environment.  Recognise that everyone in school has a responsibility	Explain some ways adults get money.  Discuss the role of bank account cards.  Recognise wants and needs.	Understand how the internet can be used to help us.  Create a poster with clear information about how to remain safe online and what	Understand what change is and that it is part of life.  Explain some positive of change.  Explain some challenges that change brings.



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	<p>different families may be made up of different people.</p> <p>Consider what friends may be thinking and feeling in different situations.</p> <p>Recognise some issues that may occur in friendships and which of these may need adult help to resolve.</p> <p>Understand that expectations of manners may change according to the situation.</p>	<p>and understand that not everyone feels the same.</p> <p>Understand the effect of physical activity on their body and mind.</p> <p>Describe energetic physical activities that they enjoy.</p> <p>Describe the positive effects of relaxation and know there are different ways to relax.</p> <p>Know how to use breathing exercises to relax.</p>	<p>to maintain the school environment.</p> <p>Identify some jobs that people do to keep the local area pleasant.</p> <p>Recognise some local job roles that help the community.</p> <p>Recognise similarities and difference between people in the local community.</p> <p>Explain that differences should be respected.</p> <p>Explain how the school council works.</p>	<p>Recognise the difference between a want and a need.</p> <p>Identify their skills and talents.</p> <p>Identify ways to develop their skills and talents.</p> <p>Explain why treating people equally and inclusively is important.</p>	<p>to do if something online makes them feel uncomfortable.</p> <p>Understand what a secret is and what a surprise is.</p> <p>Know the name of parts of the body, including those of the private parts for their gender.</p> <p>Explain the PANTS rule.</p> <p>Understand how to keep safe near roads.</p> <p>Explain the rules for crossing the road.</p>	<p>Know who can help us deal with change.</p>
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	<p>Know that remembering people who were important to them but are no longer here can cause a mixture of emotions.</p> <p>Explain what gender stereotypes are in relation to careers.</p>	<p>Recognise and describe what they are good at and what skills they would like to develop.</p> <p>Create a complete ladder detailing achievable steps which work towards a goal.</p> <p>Explain what a growth mindset is.</p> <p>Use strategies to stay calm during trick challenges.</p>	<p>Share their opinions on things that matter.</p>		<p>Understand when we should take medicines that can help us feel better when we are unwell.</p>	
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		<p>Explain that a healthy diet is when we eat a balance of the right foods, describing some consequences that may arise from poor diet choices.</p> <p>State what ingredients they can see on a dish and compare them with the food pyramid.</p> <p>Understand what helps to keep teeth healthy.</p>				
Fundamental British Values						
British Values: Democracy	Topic	Topic	Topic Let's Explore the UK.	Topic	Topic Let's Explore China.	Topic



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<p><i>Rule of Law</i></p> <p><i>Individual Liberty</i></p> <p><i>Mutual Respect</i></p> <p><i>Tolerance of those with different faiths and beliefs</i></p> <p><b>Protected characteristics:</b></p> <p><i>Age</i></p> <p><i>Race</i></p> <p><i>Religion or belief</i></p> <p><i>Disability</i></p> <p><i>Sex</i></p>	<p>Let's explore Pershore.</p> <p><b>Age</b></p> <p><b>Religion and belief</b></p> <p><i>Mutual Respect.</i></p> <p>No outsiders class text - The First Sledge.</p> <p><b>Race</b></p> <p><i>Mutual Respect</i></p>	<p>Let's investigate Childhood through the decades.</p> <p><b>Age</b></p> <p><i>Tolerance of those with different faiths and beliefs.</i></p> <p>No outsiders class text - The Great Big Book of Families.</p> <p><b>Race</b></p> <p><b>Sex</b></p> <p><i>Mutual Respect</i></p> <p><i>Tolerance of those with different faiths and beliefs</i></p>	<p><i>Democracy</i></p> <p><i>Individual Liberty</i></p> <p><i>Mutual Respect</i></p> <p><i>Tolerance of those with different faiths and beliefs</i></p> <p>No outsiders Class text - The Odd Egg</p> <p><b>Race</b></p> <p><i>Mutual Respect</i></p>	<p>Let's investigate nursing heroes.</p> <p><b>Race</b></p> <p><i>Individual Liberty</i></p> <p><i>Mutual Respect</i></p> <p>No outsiders Class text - Blown Away</p> <p><b>Race</b></p> <p><i>Mutual Respect</i></p>	<p><b>Race</b></p> <p><b>Religion or belief</b></p> <p><i>Mutual Respect</i></p> <p><i>Tolerance of those with different faiths and beliefs.</i></p> <p>No outsiders Class text - Just Because.</p> <p><b>Disability</b></p> <p><i>Mutual Respect</i></p>	<p>Let's investigate the Great Fire of London.</p> <p><i>Democracy</i></p> <p><i>Rule of Law</i></p> <p>Topic based Class text - Vlad and the Great Fire of London.</p> <p><b>Race</b></p> <p><i>Mutual Respect</i></p> <p><i>Tolerance of those with different faiths and beliefs.</i></p>
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Assemblies (Picture News)



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	<p>What do you think makes something a wonder of the world? <i>Democracy</i> <i>Religion or belief</i></p> <p>Why do we vote? <i>Democracy</i> <i>Age</i></p> <p>Can sport bring people closer together? <i>Individual Liberty</i> <i>Disability</i></p> <p>What can we learn from people who prove others wrong? <i>Mutual Respect and Tolerance</i> <i>Disability</i></p>	<p>What are the qualities that make a good leader? <i>Democracy</i> <i>Sex</i></p> <p>How can our hopes and dreams help us to succeed? <i>Individual Liberty</i> <i>Age</i></p> <p>What impact can bullying have on a community? <i>Mutual Respect and Tolerance</i> <i>All</i></p> <p>Why is discovery important? <i>Mutual Respect and Tolerance</i></p>	<p>Is it our responsibility to protect local wildlife? <i>Rule of Law</i> <i>Race</i></p> <p>Should you be allowed to build homes anywhere? <i>Democracy</i> <i>Age</i></p> <p>Who should be involved in key decisions for the world? <i>Democracy</i> <i>Race</i></p> <p>Do you need to feel under pressure to</p>	<p>Why do we judge people based on their appearance? <i>Mutual Respect and Tolerance</i> <i>Sex</i></p> <p>Is it important to feel proud of where you come from? <i>Mutual Respect and Tolerance</i> <i>Race</i></p> <p>How can we make connections with others? <i>Individual Liberty</i> <i>Religion or Belief</i></p> <p>Is it important to have a morning routine?</p>	<p>Should music be part of every school day? <i>Democracy</i> <i>Disability</i></p> <p>Whose job is it to keep our local places clean and tidy? <i>Mutual Respect</i> <i>Sex</i></p> <p>What makes somewhere special to visit? <i>Individual Liberty</i> <i>Disability</i></p> <p>What everyday items could be changed to help others? <i>Mutual Respect and Tolerance</i></p>	<p>What are some special or meaningful ways to remember someone? <i>Democracy</i> <i>Religion or Belief</i></p> <p>How does it feel to be the first to do something? <i>Individual Liberty</i> <i>Sex</i></p> <p>What do animals need to be happy and healthy in zoos? <i>Rule of Law</i> <i>Disability</i></p> <p>What can we learn from people who communicate in different ways?</p>
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	<p>Should everyone have an identity card?</p> <p><i>Rule of Law</i></p> <p><i>Race</i></p>	<p><i>Race</i></p> <p>How can we raise awareness of important issues?</p> <p><i>Democracy</i></p> <p><i>Religion or Belief</i></p> <p>What does it mean to feel included?</p> <p><i>Individual Liberty</i></p> <p><i>Disability</i></p>	<p>achieve great things?</p> <p><i>Individual Liberty</i></p> <p><i>Age</i></p> <p>Should we be allowed to travel anywhere we like?</p> <p><i>Mutual Respect &amp; Tolerance</i></p> <p><i>Religion or Belief</i></p>	<p><i>Rule of Law</i></p> <p><i>Age</i></p> <p>Do world leaders have a duty to help other countries?</p> <p><i>Democracy</i></p> <p><i>Race</i></p> <p>Should stadiums be used for more than just football?</p> <p><i>Democracy</i></p> <p><i>Sex</i></p>	<p><i>Age</i></p> <p>Can donating something important be a powerful way to show you care?</p> <p><i>Individual Liberty</i></p> <p><i>Religion or Belief</i></p>	<p><i>Mutual Respect and Tolerance</i></p> <p><i>Disability</i></p> <p>Why do people explore the past?</p> <p><i>Individual Liberty</i></p> <p><i>Race</i></p> <p>What makes somewhere a good place to live?</p> <p><i>Mutual Respect and Tolerance</i></p> <p><i>Race</i></p>
<p>Enrichment Opportunities and offsite visits</p>						
<p>Enrichment Opportunities and offsite visits</p>	<p>KSI Nativity play</p> <p>Into the Film Cinema Visit - visit to Number 8</p>	<p>Abbey Christmas service.</p> <p>Rocksteady concert - some pupils perform, others watch.</p>	<p>Lower Smite Farm Park Transition morning</p>			



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	<p>Walk around Pershore.</p> <p>Aspiration day</p> <p>Breakfast with Father Christmas</p>	<p>Aspiration day</p> <p>World book day</p> <p>Performing Arts concert to an audience.</p>	<p>Rocksteady concert - some pupils perform, others watch.</p> <p>Thrills Day</p> <p>Aspiration day</p> <p>Commonwealth Day</p> <p>Performing in Open the Book assemblies.</p>
Extra-curricular clubs			
	<p>Boogie Bounce</p> <p>Dodgeball</p> <p>Cookery</p> <p>Football</p> <p>Rainbow Room Relax</p>	<p>Boogie Bounce</p> <p>Dodgeball</p> <p>Cookery</p> <p>Football</p> <p>Rainbow Room Relax</p>	<p>Boogie Bounce</p> <p>Dodgeball</p> <p>Cookery</p> <p>Football</p> <p>Rainbow Room Relax</p>
Parental Engagement			



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	<p>Parent's evening.</p> <p>Harvest Festival performance.</p> <p>Daily meet and greet at the door.</p>	<p>Christmas Nativity Play.</p> <p>Daily meet and greet at the door.</p>	<p>Parents evening.</p> <p>Daily meet and greet at the door.</p>	<p>'Mother's Day' celebration in classrooms.</p> <p>Daily meet and greet at the door.</p>	<p>Daily meet and greet at the door.</p>	<p>'Father's Day' celebration in classrooms.</p> <p>Daily meet and greet at the door.</p>