

# **BEDLINOG NEWS**

## **SPRING EDITION 2026**

### **A MESSAGE FROM MR. MORGAN**

A very warm welcome back to all our pupils and families – and a Happy New Year! We hope you enjoyed a wonderful Christmas break and that everyone is feeling refreshed and ready for the exciting term ahead.

I would like to take this opportunity to thank you once again for your support over the festive season. It is greatly appreciated. Our pupils put on fabulous concerts and there were lots of Christmas treats along the way – all possible through your ongoing support.

As we begin the Spring term, there are lots of activities and learning opportunities planned. Each class will be starting new learning themes, giving pupils the chance to explore their interests and share ideas about what they would like to learn. These themes will be shared with you shortly, and if you are able to contribute in any way, we would love to hear from you – families are an important part of our learning journey too.

All upcoming dates and events for this term can be found on the back of this letter and in the 'Calendar' section of the school app. Please check regularly, as details may occasionally change.

Thank you for your continued support as we move into the new term. Diolch!

*Mr. Morgan*

### **ATTENDANCE MATTERS!**

Attendance is really important. Our attendance target this year is 95%.

Please help us achieve our target this year by making sure your child is at school as regularly as possible!



### **REDUCING OUR SCREEN TIME USE**

Over the past term, our Change Makers had noticed that pupils' screen time at school had increased, particularly during wet breaks and lunchtimes when Chromebooks were being used more often indoors. This led to thoughtful discussions among pupils about how they could reduce screen time and find other ways to stay busy and engaged when the weather keeps them inside.

The children suggested that having access to more games and activities during wet breaks would help them spend less time on screens. In response, our amazing PTA stepped in and generously agreed to fund a chest of wet-break board games and activities for each class.

These new resources will give pupils plenty of fun, screen-free options to enjoy with their friends, helping them to stay active, creative, and connected during indoor playtimes.

We are very grateful to our PTA for their kind donation, and we know our pupils will love exploring their new games and activities whenever the rain keeps us from heading outdoors.



### **READING CAFE**

Our termly Reading Cafe will be running this term. Our Reading Café runs from 9:00 – 10:00 at the school and will take place on Friday 30<sup>th</sup> January. All are welcome to come along and share a good book!



### **FRIENDLY REMINDERS**

- If there are any changes in your personal contact information, or information regarding your child please let the office know.
- If your child is absent from school please let the office know on 01685 351823 or via the school app using the absence form.



### **THIS TERM'S RIGHT OF THE CHILD IS...**



**I have a right to play**  
*Article 31, UNCRC*



# HEALTHY EATING AT SCHOOL

At our school, we believe that healthy eating is the foundation for a happy, active, and successful life. We are committed to helping our pupils—and their families—make positive choices about food and nutrition. Through lessons, activities, and community projects, we encourage pupils to understand the importance of a balanced diet and how it supports their learning and wellbeing. Here are some of the ways we promote this at school.

- **Balanced School Meals** – We provide FREE nutritious, well-balanced meals that meet national standards and encourage children to try a variety of healthy foods. We also encourage healthy snack and water during the school day.
- **Curriculum Integration** – Healthy eating is part of our lessons in science and health and wellbeing, helping pupils understand why good nutrition matters.
- **Partnership with PIPYN** – We work closely with PIPYN (and other external partners) to support parents with tips, workshops, and resources for healthy eating at home.
- **Healthy Lunchbox Guidance** – We share information to help families pack healthy lunchboxes.
- **Physical Activity** – The school makes good use of opportunities to promote physical activities outside of our usual PE lessons including swimming lessons for pupils and regular sporting fixtures across schools.

## E-SAFETY AT HOME



Keeping children safe online is just as important as keeping them safe in the real world. With technology playing a big part in learning and entertainment, it's vital that we work together to promote good e-safety habits at home.

Please take time to:

- ✓ Talk regularly with your child about what they do online and who they interact with.
- ✓ Set clear rules for screen time and appropriate websites or apps.
- ✓ Use parental controls on devices to help protect them from harmful content.
- ✓ Encourage openness – make sure your child knows they can come to you if something online makes them uncomfortable.

For more tips and resources, visit 'ThinkUKnow' or NSPCC Online Safety. Together, we can help children enjoy the internet safely and responsibly.

## HEALTH DROP INS – NHS



As part of our ongoing work with the NHS, and our work as a community focussed school, we are delighted to let you know that we will be piloting Health Drop-Ins here at school for the remainder of the year.

School nurses, health visitors, and play therapists will be based at the school during morning drop-off times on specific dates, with sessions running between 8:45 – 9:45. Parents are warmly invited to come along and:

- Hear about different ways of supporting your child's development.
- Ask questions or seek advice on any health-related issues.
- Access invaluable guidance from professionals who work closely with children and families.

This is a fantastic opportunity to receive support and practical advice from Health professionals on keeping your child healthy and happy, right here at school.

## LEARN WITH ME

We will again be running our after school parent engagement sessions 'Learn with Me' this term. These are a great opportunity to come in to school and work with your child on a learning activity to support you better at home. Sessions run from 15:30 – 16:15 at the school and dates for the classes are below:-

- **Dosbarth Coch** – Wednesday 11<sup>th</sup> March
- **Dosbarth Melyn** – Thursday 12<sup>th</sup> March
- **Dosbarth Gwyrdd** – Tuesday 10<sup>th</sup> March
- **Dosbarth Glas** – Monday 9<sup>th</sup> March

An invitation for the sessions will be sent to you via the school app. Please ensure you book your session ahead of the day as we are unable to take Parent/Carers who turn up on the day due to resources.



# SPRING TERM 2026

## DIARY DATES

### JANUARY

- Mon 5th – INSET Day
- Tues 6th – Start of Spring Term
- Fri 9th – Autumn Term Class Attendance Reward
- Weds 14th – Young Voices, Birmingham NEC
- Mon 26th – No Outsiders Day
- Tues 27<sup>th</sup> – Health Drop Ins – 8:45 – 9:45
- Fri 30th – Reading Cafe – 9:00 – 9:30

### FEBRUARY

- w/c 2nd – Personalised Assessments (Y3 – Y6)
- Mon 2<sup>nd</sup> – Powershot Fundraiser Assembly
- w/c 9<sup>th</sup> – E-Safety Week (incl. Safer Internet Day)
- Mon 9<sup>th</sup> & Tues 10<sup>th</sup> – Parents Evening
- Thurs 12<sup>th</sup> – Brews & Views, 9:00 – 9:30
- Thurs 12<sup>th</sup> – Parent Council, 15:45

### HALF TERM

MONDAY 16TH – FRIDAY 20TH FEBRUARY

- w/c 23<sup>rd</sup> – Children's Mental Health Week
- Fri 27th – School Eisteddfod

### MARCH

- Mon 2nd – No Outsiders Day
- Tues 3<sup>rd</sup> – TBLP Eisteddfod @ Bedlinog (Y3 – Y6)
- Weds 5<sup>th</sup> – World Book Day
- Fri 6<sup>th</sup> – The Number Hub, 9:00 – 10:00
- w/c 9<sup>th</sup> – Learn with Me (See info on previous page)
- Tues 10th – School Photographer – Individual and Siblings
- Weds 11<sup>th</sup> – Fri 13<sup>th</sup> – Y6 Cluster Residential Trip
- Fri 20<sup>th</sup> – Comic Relief (Red Nose Day)
- Tues 24<sup>th</sup> – Health Drop Ins – 8:45 – 9:45
- Tues 24<sup>th</sup> – D. Glas – Coding Challenge @ Trelewis Primary
- Fri 27<sup>th</sup> – INSET Day

### EASTER HOLIDAYS

30TH MARCH – 10TH APRIL 2026

### CONTACT INFORMATION

Bedlinog CP School, Bedlinog, Treharris Merthyr  
Tydfil CF46 6RG

Tel: 01685 351823 Email: [office@bedlinog.merthyr.sch.uk](mailto:office@bedlinog.merthyr.sch.uk)

Web: [www.bedlinogprimary.wales](http://www.bedlinogprimary.wales)



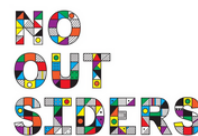
## COMING UP THIS TERM...



**SCHOOL  
PHOTOGRAPHER**



**YOUNG VOICES  
CHOIR**



**NO OUTSIDERS DAY**



**READING CAFE**



**EISTEDDFOD**



**Y6 RESIDENTIAL TRIP**



**E-SAFETY  
WEEK**



**WORLD BOOK DAY**



**NUMBER HUB**

## DIOLCH!

We would like to say a massive thank you to all our Pupils and their families for all their support over the Autumn term with our various fundraisers. Whether raising money for our school or for other causes we appreciate your kind donations. Last term we were able to raise...

- £304.00 for our School Dance-athon
- £162.00 for Children in Need
- £74.00 for Macmillan Cancer support
- £274.00 for our Christmas Enterprise Sale
- £50.00 for the Children's Ward in Prince Charles Hospital
- £53.50 from our IQ Christmas Cards Sale.

...as well as all the tins and food donations for the Merthyr Foodbank as part of Harvest. Diolch!



## OTHER NEWS & UPDATES...

- INSET will take place on Monday 5th January and Friday 27<sup>th</sup> March. School will be closed to pupils on these days.
- We would like to welcome Mr Evans to our school who will be starting with us this term covering in Dosbarth Gwyrdd whilst Mrs Holifield is off.
- We would also like to formally welcome Mrs Thomas who has joined us this term and will be supporting in Nursery and to formally welcome back Mrs Parry who will take over in D. Melyn.
- Please note our school office is closed between 12:30 and 13:00. If you need to collect your child or contact the office over a lunchtime please ensure it is outside of these times.



# STRONG ROOTS, SUCCESSFUL FUTURES