

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Pepperoni Pizza (MK, G/W)	Piri Piri Chicken	Butcher's Sausage with Mashed Potato & Gravy (CE, MK, SO, SU, G/W)	Spaghetti Beef & Lentil Bolognese (G/B*, W)	Battered Fish & Chips (F, G/W)
VEGGIE	Veggie Supreme Pizza (MK, G/W)	Piri Piri Quorn & Veggies (CE, E, MU, G/B, O*, R*, W)	Veggie Sausage With Mashed Potato & Gravy (G/B*, W*)	Tomato & Basil Gnocchi (CE, E*, MK*, MU*, SO*, G/W)	Vegan Nuggets & Chips (G/W)
SIDES	Homemade Potato Wedges & Green Salad V	Steamed Rice & Green Beans V	Roasted Carrots & Parsnips V S	Mixed Green Salad V	Beans or Peas V
PASTA & JACKET	Vegan Roasted Vegetable Pasta (G/W) V	Jacket & Salad	Tomato & Basil Pasta (CE, G/W) V	Jacket & Salad	Mac & Cheese (MK, G/W)
PUD	Banana Cake with Custard (E, MK, SO*, G/W)	Fruit Jelly V	Lemon Drizzle Cake (E, MK, SO*, SU, G/W)	Carrot Cake (E, MK, SO*, G/B*, O*, W) S	Vanilla & Raisin Shortbread Biscuit (G/W) V

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT

THEME DAYS



DATES

1 SEP / 22 SEP /
13 OCT / 10 NOV /
1 DEC

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS

* = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG

WEEKLY MENU

WEEK 1
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WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



Creamy Chicken Pesto Pasta
(MK, G/W)

Beef Burger
(SE*, SO, SU, G/W)

Chicken Pie with Gravy
(MK, G/W)

Meat Feast Pizza
(MK, G/W)

Fish Fingers & Chips
(F, G/W)

VEGGIE



Quorn & Mixed Bean Chilli Con Carne with Steamed Rice
(E)

Vegetable Burger
(SE*, G/W)

Roasted Vegetable Filo Parcel with Homemade Tomato Sauce
(G/W)

Mac & Cheese
(MK, G/W)

Cheese & Tomato Pinwheel
(MK, G/W)

SIDES



Green Salad & Coleslaw
(E)

Homemade Potato Wedges with Baked Beans or Green Salad

Mashed Potato, Roast Carrots & Parsnips
(MK)

Mixed Green Salad & Coleslaw
(E)

Beans or Peas

PASTA & JACKET



Vegan Roasted Vegetable Pasta
(G/W)

Jacket & Salad

Tomato & Basil Pasta
(CE, G/W)

Jacket & Salad

Mac & Cheese
(MK, G/W)

PUD



Homemade Chocolate Cookie
(E, MK, SO, G/W)

Chocolate & Orange Brownie
(E, MK, SO, G/B*, W)

Apple Crumble With Custard
(MK, G/W)

Carrot Cake
(E, MK, SO*, G/B*, O*, W)

Ice Cream with Fresh Fruit
(MK)

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT



DATES

8 SEP / 29 SEP /
20 OCT / 17 NOV /
8 DEC

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WEEKLY MENU

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



Beef & Mixed Bean Chilli
Con Carne

Beef Lasagne With Lentils
(E*, MK, G/B*, W)

Chicken Pie with Gravy
(MK, G/W)

Chicken Noodles
(E, SO, G/W)

Battered Fish & Chips
(F, G/W)

VEGGIE



Quorn & Mixed Bean Chilli
con Carne
(E)

Roasted Squash & Root
Vegetable Lasagne
(E*, MK, G/W)

Cheese & Tomato Pasty
(E, MK, G/W)

Quorn & Vegetable Noodles
(E, SO, G/W)

Veggie Sausage Roll &
Chips
(MK*, SO, G/B, W)

S

SIDES



Rice & Peas with Green
Beans

Mixed Green Salad

Mashed Potato, Roast
Carrots & Parsnips
(MK)

Carrots & Green Beans

Beans or Peas

V

V

S

V S

V

PASTA & JACKET



Vegan Roasted Vegetable
Pasta
(G/W)

Jacket & Salad

Tomato & Basil Pasta
(CE, G/W)

Jacket & Salad

Mac & Cheese
(MK, G/W)

V

V

PUD



Homemade Chocolate
Cookie
(E, MK, SO, G/W)

Fruit Jelly

Vanilla & Raisin Shortbread
Biscuit
(G/W)

Caramel Apple Crumble
with Custard
(MK, G/W)

Ice Cream with Fresh
Fruit
(MK)

V

V

S

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT



DATES

15 SEP / 6 OCT /
3 NOV / 24 JAN /
15 DEC

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