

# EVERY DAY IS A NEW BEGINNING

## Spring into Learning

- Grow your skills • Boost your wellbeing
- Build confidence • Change your future

### FREE courses include:

- ✓ Ways to Wellbeing
- ✓ Photography & Wellbeing
- ✓ Journaling
- ✓ Crafts for Wellbeing
- ✓ iPads & Tablets
- ✓ Microsoft Essentials
- ✓ Caring for Children
- ✓ Introduction to Early Years

Participants in all ACL courses must be 19+ and live in the Liverpool City Region

### ↓ Contact us:

☎ 01744 676671, 01744 677328 or 07702 959814

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🌐 www.sthelens.gov.uk/adultlearning

f StHelensACL

Lifelong learning for all!



LIVERPOOL  
CITY REGION  
COMBINED AUTHORITY

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BE MORE  
SKILLED

