

Remote Learning Guide

Social Sciences



w.c. 13th April 2026

What is the remote learning guide?

Where students are unable to attend school due to, medical, or disciplinary reasons we will continue to provide resources to enable students to continue their education at home – we call this remote learning. We want to minimise the impact to your child's education and therefore we have a plan to make sure learning can continue when they are unable to attend school.

We will be providing all teaching resources through Microsoft Teams. All students will be automatically placed in a Team for their classes in all subjects. Teachers will place all activities, including lessons and resources as files in these Teams. Pupils can access the Teams through their school email accounts. Teachers will also set homework and send messages to their pupils using MS Teams. All work will be available before the lesson is due to start.

You can see a summary of what is being taught each week through the remote learning guides that are shared on the school website every Friday. The guides are also shared with students on their year group's MS Teams. Your child's teachers will also be available via email to answer any questions or queries your child may have. The email address for the head of each department is also included within this guide if you need to contact them regarding any subject related issue.

Pupils are also regularly set tasks and can access resources using the following platforms:

- **GCSEPod** - <https://www.gcsepod.com/>
- **Bedrock learning** - <https://bedrocklearning.org/>
- **Seneca** - <https://senecalearning.com/en-GB/>
- **UpLearn** - www.uplearn.co.uk
- **Sparx Maths** - <https://sparxmaths.com/>

The following resources provide lessons created by the BBC and Department for Education that may be used with your children to extend their learning at school.

- **Oak National Academy** - <https://www.thenational.academy/>
- **BBC Bitesize Daily Lessons** - <https://www.bbc.co.uk/bitesize/dailylessons>

Studies show that reading for pleasure makes a big difference to children's educational performance. We recognise that reading is vitally important to your child's education. Please make sure your child reads approximately one book a week. Students may access online news resources using The Day - <https://theday.co.uk/> or they may borrow a book from the school library.

Students record the passwords for these online resources in their school planner. If your child is unable to access the digital resources set by their teachers, please contact your child's Year Manager or Year Coordinator or the school directly using this email address: enquiry@holte.bham.sch.uk

Year 9

Child Development

Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk

What is your child learning this term?

Component 1: Children's Growth and Development

In this component, you will learn how children grow and develop from birth to five years old. You'll look at five main areas: physical, intellectual, communication, social, and emotional development.

You will learn what typical developmental milestones look like and how families and professionals check a child's progress. You'll also explore the factors that can affect development, such as health, environment, social relationships, and money.

Class	Teacher	Lessons, including homework deadlines & resources
9D-Cd	SAJ/SIA	Monday: Course introduction Wednesday: What is growth? Thursday: Measuring growth Friday: What is development Homework: Research task

Citizenship

Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk

What is your child learning this term?

This term, students will be continuing looking at Theme C – covering topics like the role of law, responsibilities, age of criminal responsibility, different types of courts. They will draw upon the setbacks of the law and justice system and why alternative methods like tribunals are best suited for situations.

Class	Teacher	Lessons, including homework deadlines & resources
9C-Cz	Mrs C Lawson-Broadhead	Monday: Introduction to the course Wednesday: Identity debates Homework:
	Ms H Hussain	Thursday: Human and moral rights Friday: Legal rights Homework:

Health & Social Care

Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk

What is your child learning this term?

Component 1: Human Lifespan Development

In this component, you will learn how people grow and develop at every stage of life, from infancy to adulthood. You'll explore the four areas of development (PIES): physical, intellectual, emotional and social. You will study the factors that affect development, such as lifestyle choices, relationships and the environment. You'll also learn how major life events—like marriage,

becoming a parent or moving house—can impact someone’s development, and how people cope with change using different types of support.

Class	Teacher	Lessons, including homework deadlines & resources
9A-Hs	Mr R Soteriou	Tuesday: Course introduction Homework: Research task
	TBC	Thursday: PIES Homework: Research task
9D-Hs	TBC	Monday: Course introduction Wednesday: PIES Thursday: Life stages Friday: Infancy and PIES Homework: Research task

Psychology

Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk

What is your child learning this term?

Memory – Pupils will learn about the different types and models of human memory. They will also learn about how context, interference and false memories affect the accuracy of memory.

Research methods – Pupils will learn how to plan, conduct and analyse Psychological research.

They will learn about various methods used in research, including their strengths and weaknesses.

Class	Teacher	Lessons, including homework deadlines & resources
9C-Py	TBC	Monday: Course introduction Wednesday: Encoding, storage and retrieval Thursday: Baddeley’s study of encoding Homework: “Thinking about memory” task
	Mr R Soteriou	Friday: Types of long-term memory Homework: “Thinking about memory” task

Sociology

Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk

What is your child learning this term?

This term, students will be continuing with families, different perspectives on family including feminist, Marxist and functionalist. They will be looking at different relationships with family, the “dark side” of marriage, the rise of divorce over the years, symmetrical families and how research can be implemented within the topic family.

Class	Teacher	Lessons, including homework deadlines & resources
9A-So	Ms H Hussain	Tuesday: Introduction to the course Homework:
	TBC	Thursday: Key concepts

		Homework:
9B-So	Miss S Ifzaal	Tuesday: Introduction to the course Homework:
	TBC	Friday: Key concepts Homework:
Personal Growth and Wellbeing		
Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk		
What is your child learning this term?		
<u>Unit 1: Maintaining Physical Health and Wellbeing</u>		
<p>In this unit, you will learn what a healthy lifestyle means and why it is important. Living healthily can improve your overall wellbeing by boosting your mood, helping you build positive social relationships and supporting your emotional health. Research also shows that following healthy habits can reduce the risk of long-term illnesses such as diabetes, cancer and heart disease. However, many people do not maintain a healthy lifestyle simply because they do not fully understand its importance.</p> <p>During the unit, you will explore what counts as a healthy lifestyle, the benefits of making healthy choices and the risks that come with unhealthy behaviours. You will also look closely at your own lifestyle and assess how healthy it is by comparing it with national health guidance. Finally, you will create a personal improvement plan, setting goals and identifying the changes you can make to lead a healthier life.</p>		
Class	Teacher	Lessons, including homework deadlines & resources
9B-Pw	TBC	Tuesday: Friday: Homework:

Year 10
Child Development
Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk
What is your child learning this term?
<u>Component 2: Learning Through Play</u>
<p>This term, students will develop an understanding of how play activities can influence children’s learning between the ages of birth and five years old. They will consider the different types of play in which children engage, and how activities can support children’s learning and progress across the five areas of development. Students will undertake their PSA assessment this term, it is essential they are revising and studying at home, to ensure they gain the best possible marks for these pieces of work.</p>
<u>Component 3: Supporting Children to Play, Learn and Develop</u>

Once a fortnight, students will also focus on Component 3, the exam unit. These sessions will help them understand the types of exam questions they will face and how to answer them confidently. This component includes synoptic assessment, drawing on learning from Components 1 and 2.

Class	Teacher	Lessons, including homework deadlines & resources
10A-Cd	Mrs S Kousar	Monday: Organising a variety of activities Wednesday: Adults supporting children with play Friday: choosing equipment and resources Homework: Case Study

Citizenship

Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk

What is your child learning this term?

This term, students will be continuing looking at Theme C – covering topics like the role of law, responsibilities, age of criminal responsibility, different types of courts. They will draw upon the setbacks of the law and justice system and why alternative methods like tribunals are best suited for particular situations.

Class	Teacher	Lessons, including homework deadlines & resources
10D-Cz	Mrs S Kousar	Tuesday: Crime rates Wednesday: reducing crime Friday: Sentencing and punishment Homework:

Health & Social Care

Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk

What is your child learning this term?

Component 2: Health and Social Care Services and Values

This term, students will explore health and social care services and how they meet the needs of service users. They will also study the skills, attributes and values required when giving care. Students will undertake their PSA assessment this term, it is essential they are revising and studying at home, to ensure they gain the best possible marks for these pieces of work.

Component 3: Health and Wellbeing

Once a fortnight, lessons will focus specifically on **Component 3 as the exam unit**, where students will be supported in becoming familiar with the types of questions they will encounter and how to answer them effectively. This targeted practice will help build their confidence and prepare them for the externally assessed exam. Throughout the unit, students will apply their knowledge of human development, life events, health services and the barriers individuals may face when accessing care.

Class	Teacher	Lessons, including homework deadlines & resources
10A-Hs	Miss T Parvaiz	Monday: Measuring health & ill health. Homework: Complete exam question sheet.
	Miss S Ifzaal	Wednesday: 6 C's Friday: Obstacles Homework:

Psychology		
Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk		
What is your child learning this term?		
This term, students will be moving onto Social Influence. They will learn about conformity and obedience, including key studies and theories of these. They will also learn about group behaviour and factors that affect bystander intervention.		
Class	Teacher	Lessons, including homework deadlines & resources
10B-Py	Mrs S Kousar	Monday: Obedience – Agency Thursday: Obedience – Adorno Homework: Exam Question
Sociology		
Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk		
What is your child learning this term?		
This term, students will be continuing with families, different perspectives on family including feminist, Marxist and functionalist. They will be looking at different relationships with family, the “dark side” of marriage, the rise of divorce over the years, symmetrical families and how research can be implemented within the topic family.		
Class	Teacher	Lessons, including homework deadlines & resources
10C-So	Mrs S Kousar	Tuesday: Dark side of family Homework: Families booklet
10D-So	Miss S Ifzaal	Tuesday: Functions of Education Wednesday: Functionalist perspective on education Friday: Functionalist perspective on education Homework: Seneca

Year 11		
Citizenship		
Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk		
What is your child learning this term?		
This term students will continue with Theme E – Taking citizenship Action where students will play an active role in society. They will present their findings to a year group and conclude their project before moving onto analysing their role in the project. Students will focus on revision techniques in the lead up to PPEs and their summer examinations.		
Class	Teacher	Lessons, including homework deadlines & resources
11D-Cz	Mrs S Kousar	Monday: Theme D exam techniques Friday: Theme D exam techniques Homework: Exam question

Health & Social Care

Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk

What is your child learning this term?

Component 3: Health and Wellbeing

This term, students will explore what health and wellbeing mean and the factors that can positively or negatively influence them. They will learn to interpret physiological and lifestyle indicators and use this information to make person-centred recommendations for improving health and wellbeing. They will also consider the challenges individuals may face when making these changes. This unit builds on your previous learning and will prepare them for an externally assessed exam, where they will apply their knowledge of human development, life events, health services, and barriers to care.

Class	Teacher	Lessons, including homework deadlines & resources
11A-Hs	Miss S Ifzaal	Tuesday: Walking-talking mock Friday: Walking-talking mock Homework: Revision
	Miss T Parvaiz	Thursday: CGP exam questions. Homework:
11C-Hs	Miss S Ifzaal	Monday: Walking-talking mock Thursday: Walking-talking mock Homework:
	Mrs S Kousar	Wednesday: CPG exam questions Homework:

Psychology

Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk

What is your child learning this term?

This term students will continue with their revision in the lead up to their exams in Summer. We will be focusing on exam techniques, core knowledge, practice questions and how to ensure effective revision is taking place in and out of the classroom. Students will also continue to revisit past topics through retrieval practice and examination questions.

Class	Teacher	Lessons, including homework deadlines & resources
11A-Py	Mrs S Kousar	Tuesday: Therapy Thursday: Revision Friday: Formative Assessment – Psychological problems Homework:
	Miss S Ifzaal	Thursday: Revision Homework:

Sociology

Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk

What is your child learning this term?

This term, students will be continuing with Crime and Deviance. They will be focusing on social construction of crime, victim surveys and self-report, social control, age, ethnicity and crime, gender and crime, social class and crime, the functionalist, interactionalist, Marxism and feminism view on crime and deviance. They will move onto social stratification near the end of term. Students will also continue to revisit past topics through retrieval practice and examination questions.

Class	Teacher	Lessons, including homework deadlines & resources
11D-So	Miss S Ifzaal	Monday: Paper 1 revision: Families Key studies Friday: Paper 1 Education Key studies Homework: Revision

Year 12**Child Development**

Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk

What is your child learning this term?

Unit 1: Children's Development - Students explore children's developmental progress from birth up to eight years. They will examine theories, principles and factors relating to development.

Unit 3: Play and Learning - Students explore the concept of play, the influence of theories and curriculum approaches to play, and the benefits of play and learning activities for children.

Class	Teacher	Lessons, including homework deadlines & resources
12-Cd	Mrs S Jafar	Monday: Unit 3 - Influencing Outdoor Play Tuesday: Unit 3 – PSAB – Task 2/3 Homework: Pre-reading and questions. Research for PSAB.
	Mrs A Robinson	Wednesday: Unit 1: Emotional Development consolidation Social Development Friday: Unit 1: Social Development Homework: Continue with revision for the mock

Extended Project Qualification

Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk

What is your child learning this term?

Students will be taught a range of skills to help them in completing their projects.

- Topic identification
- Planning strategies
- Time-management
- Source selection and evaluation
- Academic writing

- Referencing
- Presentation skills

Class	Teacher	Lessons, including homework deadlines & resources
12-Ep2	Mr R Soteriou	Monday: Project product review Tuesday: Project product review Homework: Project product review
	Mr R Galloway	Wednesday: Project product review Homework: Project product review

Health & Social Care

Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk

What is your child learning this term?

Unit 1: Human Lifespan Development (Exam unit)

This unit introduces patterns of growth and development, factors affecting health (genetic, environmental, social, and financial), and key theories explaining behaviour throughout life. Students will examine predictable and unpredictable life events, the ageing process, and its impact on confidence and self-esteem. The unit is externally assessed and forms the foundation of the qualification, covering health and social care needs across different life stages.

Unit 4: Enquiries into Current Research in Health and Social Care (Exam unit)

Pupils explore the methodologies of contemporary research and investigate the implications for health and social care practice and services.

Unit 12: Supporting Individuals with Additional Needs (Assignment unit)

In this unit, students will gain specialist knowledge to provide high-quality care while promoting equality, diversity, and inclusion. They will learn to identify different types of additional needs and understand their impact on wellbeing, rights, and access to services. They will explore how organisations work together through multi-agency support, investigate strategies and services that help individuals overcome daily challenges, and understand the legislation, frameworks, and policies that protect the rights of people with additional needs.

Class	Teacher	Lessons, including homework deadlines & resources
12-Hs	Mrs S Kousar	Monday: Unit 12 assignment Homework: Unit 12 assignment
	Mr R Soteriou	Tuesday: Independent completion of notes for Unit 4 exam Thursday: Independent completion of notes for Unit 4 exam Friday: Independent completion of notes for Unit 4 exam Homework: Unit 4 revision activities
	Mrs S Jafar	Wednesday: Unit 12 assignment Friday: Unit 12 assignment Homework: Unit 12 assignment
	Mrs A Robinson	Wednesday: Unit 1: Social Development Friday: Unit 1: Social Development

		Homework: Create flash cards for intellectual, emotional and social development
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Law

Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk

What is your child learning this term?

This term, students will explore the foundational principles and key concepts that underpin the legal system, gaining insight into its structure, purpose, and societal role. They will learn how laws are developed, interpreted, and applied, and examine the relationship between law and justice. In the area of criminal law, students will investigate various types of criminal offenses, understand the legal defences available to defendants, and follow the procedures involved in criminal trials—from investigation and arrest to prosecution and sentencing. This comprehensive approach will equip students with a solid understanding of how the legal system functions to uphold order and protect rights within society.

Class	Teacher	Lessons, including homework deadlines & resources
12-Lw	Mrs V Mann	Wednesday: Property Offences - Theft Friday: Property Offences - Robbery Homework: Flipped Law Theft & Robbery
	Mrs S Jafar	Thursday: Feedback lesson / Law and Morality Homework: Flipped-Law – Morality

Psychology

Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk

What is your child learning this term?

Memory - Pupils will explore various models of human memory, as well as factors that can affect its accuracy. They will consider how this can be applied to the real world.

Attachment - Pupils will study how early attachments form, their influence on later relationships, and the impact of deprivation and privation. They will consider key research and its ethical and practical implications.

Clinical Psychology & Mental Health – Pupils will learn about definitions of abnormality as well as explanations and treatments for a range of disorders; depression, OCD & phobias.

Class	Teacher	Lessons, including homework deadlines & resources
12-Py	Miss S Ifzaal	Monday: Factors affective EWT Tuesday: Factors affective EWT Wednesday: Factors affective EWT Homework: Uplearn
	Mr R Soteriou	Thursday: Learning theory of attachment Homework: UpLearn
	Mrs S Kousar	Thursday: Paper 1 practice questions

		Homework:
Sociology		
Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk		
What is your child learning this term?		
<u>Component 1 - Socialisation, culture and identity</u>		
This component introduces pupils to the key themes of socialisation, culture and identity and develops these themes through the context of families and relationships , this option develops skills that enable pupils to focus on their personal identity, roles and responsibilities within society and develop a lifelong interest in social issues.		
<u>Component 2 - Researching and understanding social inequalities</u>		
In this component, pupils are introduced to a range of methods and sources of data as well as the factors influencing the design of sociological research and the relationship between theory and methods. Pupils are encouraged to consider the practical, ethical and theoretical issues arising in sociological research and to apply knowledge of research methods to the particular context of social inequalities. Within this component pupils will have the opportunity to develop knowledge and understanding of contemporary patterns and trends of social inequality. Pupils are able to engage in theoretical debate, explore conceptual issues and develop skills of analysis and evaluation of sociological research and evidence.		
Class	Teacher	Lessons, including homework deadlines & resources
12-So	Miss S Ifzaal	Monday: Class identiites Homework:
	Mr R Soteriou	Thursday: Liberal feminism Friday: Marxist feminism Homework: Male inequalities infographic

Year 13	
Health & Social Care	
Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk	
What is your child learning this term?	
<u>Unit 5: Meeting Individual Care and Support Needs (Assignment unit)</u>	
In this unit, students will develop an understanding of the principles and values that guide quality care and support in health and social care. Students will explore how personalised care is planned, the ethical issues involved, and the challenges professionals face in delivering effective services. Students will learn about different methods used across care settings and the importance of multi-agency working to meet individual needs. By the end of the unit, students will be able to apply these principles to real scenarios, drawing on knowledge from across the course.	
<u>Unit 19 – Nutritional Health (Assignment unit)</u>	
In this unit, students will explore the importance of good nutrition for health and wellbeing. Students will learn about the nutritional value of food, the role of different nutrients, and how individual dietary needs vary. They will examine factors that influence nutritional health, such as lifestyle, culture, and medical conditions, as well as issues like obesity and diabetes. Finally, they will develop practical skills by creating a nutritional health improvement plan, preparing them for	

careers such as dietitian, nutrition consultant, or educator, and providing a strong foundation for further study in health and social care.

Class	Teacher	Lessons, including homework deadlines & resources
13-Hs	Mrs A Robinson	Monday: Unit 19: Assignment Tuesday: Unit 1: Short exam question practice Homework: Continue Revision
	Mrs S Jafar	Tuesday: Unit 19 assignment Thursday: Unit 19 assignment Friday: Unit 19 assignment Homework: Unit 19 assignment
	Mrs S Kousar	Thursday: Unit 19 assignment Homework:

Law

Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk

What is your child learning this term?

This term, students will gain a foundational understanding of the nature of law, including the key principles and concepts that shape the legal system, its structure, and its role in society. They will explore how laws are created, interpreted, and applied to maintain justice and order.

In the study of **tort law**, students will examine various types of civil wrongs—such as negligence and defamation—and learn about the legal remedies available to individuals who suffer harm due to the actions of others. Additionally, students will investigate the legal framework surrounding **human rights**, including relevant legislation, landmark case studies, and the ways in which human rights are protected and enforced both nationally and internationally. This comprehensive approach will help students develop a well-rounded understanding of how the law impacts individuals and society.

Students will also continue to revisit past topics through retrieval practice and examination questions.

Class	Teacher	Lessons, including homework deadlines & resources
13-Lw	Mrs V Mann	Monday: Theft & Robbery Friday: Paper 1 – Criminal Law Mock Homework: Pre – reading Correspondence/Maximum Certainty / Fair Labelling
	Mrs S Jafar	Tuesday: Paper 3b – Human Rights Mock Homework: Produce an Article 8 checklist with the exact right type (qualified), the full 5-stage test and at least three key terms. Add two pieces of linked English law and use the checklist to answer one 10-mark question.

Psychology

Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk

What is your child learning this term?

Pupils will be completing a range of activities, related to previous topics, in order to prepare for their upcoming examinations.

Class	Teacher	Lessons, including homework deadlines & resources
13-Py	Mr R Soteriou	Monday: "Mini-mock" - Attachment, Psychopathology, Research Methods, Biopsychology Homework: Revision schedule tasks
	Miss S Ifzaal	Wednesday: Revision schedule Thursday: Revision schedule Homework:

Sociology

Head of Department: Mrs S Jafar s.jafar@holte.bham.sch.uk

What is your child learning this term?**Component 3 - Debates in contemporary society**

This component engages students in theoretical debates and how these relate to a contemporary global society. The component will develop knowledge and understanding of social processes and social change. It develops links between the topics studied in this component, the nature of sociological thought, contemporary social policy and the core themes. Contemporary and global debates are introduced through a compulsory topic of '**Globalisation and the Digital Social World**' in Section A, whilst Section B explores them in more depth from a detailed study of '**Crime and Deviance**'. The social construction of crime and deviance are considered and the ways in which crime is socially distributed, explained and reduced. This option introduces a global dimension, with reference to patterns and trends. It aims to give an understanding of different theoretical approaches to the study of crime and deviance.

Students will also continue to revisit past topics through retrieval practice and examination questions.

Pupils will also be completing a range of activities related to previous topics, in order to prepare for their upcoming examinations.

Class	Teacher	Lessons, including homework deadlines & resources
13-So	Mrs A Robinson	Monday: Paper 1 Mock Homework: Continue Revision
	Mr R Soteriou	Wednesday: Gender inequalities 40 marker Thursday: Research methods 4 & 6 marker Homework: Revision schedule tasks