



Abbey Park Schools Federation

Personal Development Overview

Year 1

At Abbey Park Primary School pupil personal development is fundamental to everything we do. Through the teaching of our PSHE curriculum, assemblies, extra-curricular clubs, exposure to fundamental British Values and enrichment opportunities we strive to offer the best possible outcomes for all of our children, preparing them for later life.

Italics = British Values

Bold = Protected Characteristics

PSHE

<p>Personal, Social, Health and Economic Education</p> <p>Relationships, sex and health education</p> <ul style="list-style-type: none"> to use the correct names for the main parts of the 	<p><u>Introduction: setting groups rules for RSE and PSHE</u></p> <p><i>Democracy</i> <i>Rule of law</i> <i>Individual liberty</i> <i>Mutual respect</i> <i>Tolerance</i></p> <p><u>Zones of regulation</u></p>	<p><u>Citizenship</u></p> <ul style="list-style-type: none"> Understand the importance of rules. How to care for others and recognise the needs of others. What they like/dislike and are good at 	<p><u>What helps us to stay healthy? (Health and wellbeing)</u></p> <ul style="list-style-type: none"> What being healthy means and who helps help them to stay healthy (e.g. parent, dentist, doctor) 	<p><u>Economic wellbeing</u></p> <ul style="list-style-type: none"> what money is <ul style="list-style-type: none"> - that money comes in different forms how money is obtained (e.g. earned, won, 	<p><u>Who helps to keep us safe?</u></p> <ul style="list-style-type: none"> that people have different roles in the community to help them (and others) keep safe <ul style="list-style-type: none"> - the jobs they do and how they help people 	<p><u>Families and relationships</u></p> <ul style="list-style-type: none"> Explore what a family is and how every family is different. To understand the importance and characteristics of positive friendships.
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<p>body, including external genitalia; and that parts of bodies covered with underwear are private.</p>	<p><i>Democracy</i> <i>Individual Liberty</i> <i>Mutual Respect</i></p>	<ul style="list-style-type: none"> • what makes them special and how everyone has different strengths • how their personal features or qualities are unique to them • how they are similar or different to others, and what they have in common 	<ul style="list-style-type: none"> • that things people put into or onto their bodies can affect how they feel (healthy foods and unhealthy foods). • Importance of sleep and relaxation times. • how medicines (including vaccinations and immunisations) can help people stay healthy and that some people need to take medicines every 	<p>borrowed, presents and jobs) how people make choices about what to do with money, including spending and saving</p> <ul style="list-style-type: none"> • the difference between needs and wants - that people may not always be able to have the things they want 	<ul style="list-style-type: none"> • who can help them in different places and situations; how to attract someone's attention or ask for help; what to say how to respond safely to adults they don't know what to do if they feel unsafe or worried for 	<ul style="list-style-type: none"> • Recognising others feelings and how to respond to them. • How to work with others. • How to deal with friendship problems. • To know what a healthy friendship is and how to be a good friend. • To begin exploring gender stereotypes. <p><i>Rule of Law</i> <i>Individual Liberty</i> <i>Mutual Respect</i></p>
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	<ul style="list-style-type: none"> • identify groups they belong to. • To begin to recognise how democracy works. <p>Age Race Religion or belief Disability Sex Individual Liberty Mutual Respect Tolerance of those with different faiths and beliefs</p>	<ul style="list-style-type: none"> • day to stay healthy. • To begin to understand allergies. • why hygiene is important and how simple hygiene routines can stop germs from being passed on. • What they can do to take care of themselves on a daily basis, e.g. brushing teeth and hair, washing hands. • How to stay safe in the sun. <p>Sex</p>	<ul style="list-style-type: none"> • how to keep money safe and the different ways of doing this <p>Democracy Rule of Law Individual Liberty Mutual Respect Age</p>	<p>themselves or others; and the importance of keeping on asking for support until they are heard</p> <ul style="list-style-type: none"> • how to get help if there is an accident and someone is hurt, including how to dial 999 in an emergency and what to say • To understand the difference of acceptable and unacceptable contact. (focusing on their right to 	<p>Tolerance of those with different faiths and beliefs</p> <p>Age Race Religion or belief Disability Sex</p> <p><u>Transition lesson:</u></p> <ul style="list-style-type: none"> • To understand their own strengths. • To explore year 2. • To explore the expectations of year 2.
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		<p><u>Who is special to us?</u> (links to Summer 1 unit)</p> <ul style="list-style-type: none"> • That they belong to different groups - their family as well as school, friends, clubs. • Different people in our families. • Who is special to us? Who can we trust to look after us, take care of us and help us when we need it? People at home and school. • What to do if something makes you 	<p>Age</p> <p>Individual liberty</p>		<p>say no - looking at things like hugs, tickling, holding hands, cuddles, kisses, hitting and biting).</p> <ul style="list-style-type: none"> • Understand what is safe to put into or onto our bodies (substances). <p>Rule of Law Mutual Respect Individual liberty Age Sex</p>	<ul style="list-style-type: none"> • To understand how they are ready for year 2.
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		<p>uncomfortable, sad or worried - who to tell. Their safe adults - parents and/or teacher</p> <p><i>Rule of Law</i> <i>Individual Liberty</i> <i>Mutual Respect</i> <i>Tolerance of those with different faiths and beliefs</i> <i>Age</i> <i>Race</i> <i>Religion or belief</i> <i>Disability</i> <i>Sex</i></p>				
Fundamental British Values						



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<p>British Values: Democracy Rule of Law Individual Liberty Mutual Respect Tolerance of those with different faiths and beliefs</p> <p>Protected characteristics: Age Race Religion or belief Disability Sex</p>	<p><u>RE:</u> What do Christians believe God is like.</p> <p><i>Mutual respect</i> <i>Tolerance of those with different faiths and beliefs.</i></p> <p>Race Religion or belief</p>	<p><u>Topic</u> - Remember, Remember (History focus - Remembrance Day and the Gun Powder plot)</p> <p><i>Democracy</i> <i>Rule of Law</i> <i>Individual Liberty</i> <i>Mutual Respect</i> <i>Tolerance of those with different faiths and beliefs</i></p> <p>Religion or belief</p> <p><u>RE:</u> Why does Christmas matter to Christians? [Incarnation]</p> <p>Democracy</p>	<p><u>RE:</u> Who is Jewish and how do they live? (Judaism)</p> <p><i>Rule of Law</i> <i>Individual Liberty</i> <i>Mutual Respect</i> <i>Tolerance of those with different faiths and beliefs</i></p> <p>Age Race Religion or belief Disability Sex</p>	<p><u>Topic</u> - Explorers up above (History focus - Neil Armstrong and Amelia Earhart)</p> <p><i>Individual Liberty</i> <i>Mutual Respect</i></p> <p>Sex</p> <p><u>RE:</u> Who do Christians say made the world? (creation)</p> <p><i>Tolerance of those with different faiths and beliefs</i></p> <p>Race Religion or belief</p>	<p><u>Topic</u> - Where in the world (Geography focus - the UK, continents and oceans)</p> <p>Race</p> <p><u>RE:</u> What does it mean to belong to a faith community?</p> <p><i>Individual Liberty</i> <i>Mutual Respect</i> <i>Tolerance of those with different faiths and beliefs</i></p> <p>Race Religion or belief</p>	<p><u>Topic</u> - London vs Brasilia (History and Geography)</p> <p><i>Mutual Respect</i> <i>Tolerance of those with different faiths and beliefs</i></p> <p>Race Religion or belief</p> <p><u>RE:</u> How should we care for the world and for others, and why does it matter?</p> <p><i>Democracy</i> <i>Rule of Law</i> <i>Individual Liberty</i> <i>Mutual Respect</i></p>
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Julian is a Mermaid by Jessica Love (Summer 2) - *individual liberty, mutual respect, tolerance, race, religion or belief and sex.*

No Outsiders books:

Elmer by David McKee - *Individual Liberty, Mutual Respect and Race*

My Grandpa is amazing by Nick Butterworth - *Mutual Respect, Age and Sex*

Max the Champion by Sean Stockdale, Alexandra Strick and Ros Asquith - *individual liberty, mutual respect, age, race, sex and disability.*

Ten Little Pirates by Mike Brownlow and Simon Rickerty - *democracy, individual liberty, mutual respect, age, sex, race and disability*

General books:

The same but different too by Karl Newson and Kate Hindley - *Individual Liberty, Mutual Respect, Tolerance of those with different faiths and beliefs, Age, Race, Religion or belief, Disability, Sex*

Beegu by Alexis Deacon - *Mutual Respect, Age, Race*

Lost and found by Oliver Jeffers - *Individual Liberty, Mutual Respect*

The day the crayons quit by Drew Daywalt - *Rule of Law, Individual Liberty, Mutual Respect*

Where the Wild Things are by Maurice Sendak - *Democracy, Rule of Law*

The Three little pigs - *Rule of Law, Individual Liberty, Mutual Respect*

Cops and Robbers by Janet and Allan Ahlberg - *Democracy, Rule of Law, Age*

The boy who cried wolf - *Rule of Law, Individual Liberty, Mutual Respect*

Superworm by Julia Donaldson and Axel Scheffler - *Rule of Law, Individual Liberty, Mutual Respect*

The smartest giant in town by Julia Donaldson and Axel Scheffler - *Individual Liberty, Mutual Respect*

The wobblysaurus by Rachel Bright and Chris Chatterton - *Individual Liberty*

The worrysaurus by Rachel Bright and Chris Chatterton - *Individual Liberty*

Greta and the giants by Zoe Tucker and Zoe Persico - *Rule of Law, Individual Liberty, Mutual Respect, Age*



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	<p>It's only one! By Tracey Corderoy and Tony Neal - Democracy, Rule of Law, Individual Liberty, Age</p> <p>Amazing me Amazing you by Christine McGuinness - Mutual Respect, Age, Race, disability, sex</p> <p>The more we get together by Celeste Cortright - Democracy, Individual Liberty</p> <p>Hippo owns up by Sue Graves and Trevor Dunton - Democracy, Rule of Law, Individual Liberty</p> <p>What happened to you? By James Catchpole and Karen George - Mutual Respect, Disability</p> <p>We all have different abilities by Melissa Higgins - Mutual Respect, Disability</p>
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Assemblies (Picture News)

	<p>What do you think makes something a wonder of the world?</p> <p><i>Democracy</i></p> <p><i>Religion or belief</i></p>	<p>What are the qualities that make a good leader?</p> <p><i>Democracy</i></p> <p><i>Sex</i></p>	<p>Is it our responsibility to protect local wildlife?</p> <p><i>Rule of Law</i></p> <p><i>Race</i></p>	<p>Why do we judge people based on their appearance?</p> <p><i>Mutual Respect and Tolerance</i></p> <p><i>Sex</i></p>	<p>Should music be part of every school day?</p> <p><i>Democracy</i></p> <p><i>Disability</i></p>	<p>What are some special or meaningful ways to remember someone?</p> <p><i>Democracy</i></p> <p><i>Religion or Belief</i></p>
	<p>Why do we vote?</p> <p><i>Democracy</i></p> <p><i>Age</i></p>	<p>How can our hopes and dreams help us to succeed?</p> <p><i>Individual Liberty</i></p> <p><i>Age</i></p>	<p>Should you be allowed to build homes anywhere?</p> <p><i>Democracy</i></p> <p><i>Age</i></p>	<p>Is it important to feel proud of where you come from?</p> <p><i>Mutual Respect and Tolerance</i></p> <p><i>Race</i></p>	<p>Whose job is it to keep our local places clean and tidy?</p> <p><i>Mutual Respect</i></p> <p><i>Sex</i></p>	<p>How does it feel to be the first to do something?</p> <p><i>Individual Liberty</i></p> <p><i>Sex</i></p>
	<p>Can sport bring people closer together?</p>					



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	<p><i>Individual Liberty</i></p> <p>Disability</p> <p>What can we learn from people who prove others wrong?</p> <p><i>Mutual Respect and Tolerance</i></p> <p>Disability</p> <p>Should everyone have an identity card?</p> <p><i>Rule of Law</i></p> <p>Race</p>	<p>What impact can bullying have on a community?</p> <p><i>Mutual Respect and Tolerance</i></p> <p>All</p> <p>Why is discovery important?</p> <p><i>Mutual Respect and Tolerance</i></p> <p>Race</p> <p>How can we raise awareness of important issues?</p> <p><i>Democracy</i></p> <p>Religion or Belief</p> <p>What does it mean to feel included?</p>	<p>Who should be involved in key decisions for the world?</p> <p><i>Democracy</i></p> <p>Race</p> <p>Do you need to feel under pressure to achieve great things?</p> <p><i>Individual Liberty</i></p> <p>Age</p> <p>Should we be allowed to travel anywhere we like?</p> <p><i>Mutual Respect & Tolerance</i></p> <p>Religion or Belief</p>	<p>How can we make connections with others?</p> <p><i>Individual Liberty</i></p> <p>Religion or Belief</p> <p>Is it important to have a morning routine?</p> <p><i>Rule of Law</i></p> <p>Age</p> <p>Do world leaders have a duty to help other countries?</p> <p><i>Democracy</i></p> <p>Race</p>	<p>What makes somewhere special to visit?</p> <p><i>Individual Liberty</i></p> <p>Disability</p> <p>What everyday items could be changed to help others?</p> <p><i>Mutual Respect and Tolerance</i></p> <p>Age</p> <p>Can donating something important be a powerful way to show you care?</p> <p><i>Individual Liberty</i></p> <p>Religion or Belief</p>	<p>What do animals need to be happy and healthy in zoos?</p> <p><i>Rule of Law</i></p> <p>Disability</p> <p>What can we learn from people who communicate in different ways?</p> <p><i>Mutual Respect and Tolerance</i></p> <p>Disability</p> <p>Why do people explore the past?</p> <p><i>Individual Liberty</i></p> <p>Race</p>
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		Individual Liberty Disability		Should stadiums be used for more than just football? Democracy Sex		What makes somewhere a good place to live? Mutual Respect and Tolerance Race
Enrichment Opportunities and offsite visits						
Enrichment Opportunities and offsite visits	<ul style="list-style-type: none"> • Evesham Velodrome - key children • KSI nativity play • Whole school concert at Pershore Abbey • Cinema trip - local visit to Number 8 Pershore. • Weather bunny • Volunteer readers (x2) once a week in the afternoon. • Artist aspiration day • Open the book - CofE <ul style="list-style-type: none"> ○ Tolerance of those with different faiths and beliefs ○ Religion or belief 		<ul style="list-style-type: none"> • Travelling theatre group - Pantomime • Evesham Velodrome - key children • Weather bunny • Volunteer readers (x2) once a week in the afternoon. • World book day • Cooking interventions - key children • Builder aspiration day • Stay and play • Music concert. • Open the book - CofE <ul style="list-style-type: none"> ○ Tolerance of those with different faiths and beliefs 		<ul style="list-style-type: none"> • Trip to Bishops Wood • Transition morning • Thrills Day • Commonwealth Day and colour run • Sports day • Weather bunny • Volunteer readers (x2) once a week in the afternoon. • Cooking interventions - key children • Doctor and nurses aspiration day • Phonics workshop and stay and play. • Open the book - CofE 	



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			o Religion or belief		o Tolerance of those with different faiths and beliefs	o Religion or belief
Extra-curricular clubs						
	Boogie Bounce Rainbow room	Boogie Bounce Rainbow room	Boogie Bounce Rainbow room Rock steady - for certain children	Rock steady - for certain children	Rock steady - for certain children	Rock steady - for certain children
Parental Engagement						
	Parents evening	KSI nativity Whole school concert at Pershore Abbey Santa Run	Parents evening	Mother's Day stay and play	Phonics workshop and stay and play	Father's Day/special man in your life stay and play Sports day