

School Newsletter

W/C 19th January

Monday 19th

Year 1 & 2 PSD Multi-Sports (3.15—4.15)
Year 3: PSD Football (3.15—4.15)
Coding Club: Year 1—Year 6 (3.20—4.15pm)
Musical Theatre Club - KS2 (3.15pm—4.15pm)

Tuesday 20th

Year 3,4, 5 & 6 Art Club (3.15pm—4.15pm)
Year 1, 2 & 3: PSD Girls' Football (3.15pm-4.15pm)
Year 4, 5 & 6: PSD Girls' Football (3.15pm—4.15pm)
Year 5 & 6 PSD Netball (3.15pm-4.15pm)
Irish Dancing: Rec—Year 6(3.15pm—4.10pm)

Wednesday 21st

Year 1& 2: PSD Basketball (3.15-4.15pm)
Year 4: PSD Football (3.15pm-4.15pm)

Thursday 22nd

5CY– Mayor Visit

Year 1 & 2: PSD Football (3.15pm-4.15pm)
Year 3 & 4: PSD Netball (3.15-4.15pm)
Zumba (3.15-4.15pm)
Spanish Club: Year 1– Year 4 (3.15– 4.15)
Irish Music Lessons: Year 2 (2.45—3.15pm) Year 3 +
(3.15 –4pm) Advanced (4pm—4.45pm)

Friday 23rd

Year 3,4,5 & 6 Tennis (8.00-8.45am)
Year 1 & 2 Tennis (3.15-4.15pm)
Year 3 & 4: Multi-Sports (3.15-4.15)
Year 5 & 6: Football (3.15pm-4.15pm)
Year 1 & 2: Tennis (3.15pm-4.15pm)

NB. ONLY FRUIT SNACKS PERMITTED FOR ALL CLUBS (NO GRAPES)

SAFEGUARDING

***If your child is unable to attend a SH or PSD club, please e-mail clubs@shpsruislip.org ***



SACRED HEART CATHOLIC PRIMARY SCHOOL

T: 01895 633 240

E-Mail: office@shpsruislip.org



Autumn MENU
Week 3

How are your new year's resolutions going? We reflected on ours in our whole school collective worship on Monday and it was very interesting to hear all the things that the children are resolving to do!! You should be seeing transformed children very soon!!

Reflecting on this, we heard about the statue of 'sleeping Joseph' and how many people believe that you can place your hopes under his sleeping statue. What a lovely thought and it is a belief that our previous pope, Pope Francis, held firm, in fact he had a 'sleeping Joseph' statue in his office, believing that Joseph still watches over the Church even in sleep. We have placed one in our school chapel and have invited pupils to put their hopes, for themselves, for others and for the world, there too.

A reminder that we hold Exposition of the Blessed Sacrament every Friday, before school, in the chapel, so maybe your resolution could be to join us for a few quiet moments of reflection.

This week, our Year 6 pupils visited Brunel University to take part in Hillingdon's Junior Citizen project. They had the opportunity to learn about keeping themselves safe by considering topics such as internet safety, travelling on public transport and road and water safety. It was an important event for our pupils to be involved in.

Wishing you all a lovely weekend,
Miss Morahan and Mrs Stockwell

NOTICES:



We would love to see the children's achievements and moments of joy outside of school.

Please send in your children's proud moments.

Built some great Lego.

Baked something yummy.

Created a wonderful piece of art work.

Learned a new skill.

Was brave and tried something new.

Did well in a sport.

What ever achievement/ mile stone your child is proud of.

Send an email to proud@shpsruislip.org with the photo of the proud moment, child's first name, class and a couple of sentences to go under the photograph. - Thank you!

Safeguarding

The wellbeing of our children is of paramount importance to all staff. Should any person (parent or staff) have a concern regarding a child's wellbeing, please inform one of the school's designated safeguarding team (Miss. Morahan, Mrs. Stockwell, Mr Wright or our Designated Safeguarding Governor, Mrs Wloch). In cases where school staff have concerns, they have a duty to discuss the issue with Social Services to seek further advice. This is the statutory obligation of all schools.



Now in its eighth year, the Young Artists' Summer Show is a free, open submission exhibition for students aged 4 - 19 studying in the UK. Artworks are judged by a panel of artists and arts professionals, with selected artworks displayed online and on-site at the Royal Academy of Arts.

Submissions are open until 5pm on the 4th of March 2026.

For more information, please visit youngartists.royalacademy.org.uk

All submissions from Sacred Heart Pupils will be part of our own Art display within the school. Have fun being creative!

Spring 2026

Extracurricular Clubs



Sacred Heart Primary School

MONDAY 12th Jan – 23rd Mar

Year 1 & 2 MULTI-SPORTS

Year 3 FOOTBALL

£55 (10 sessions)

TUESDAY 6th Jan – 24th Mar

Years 1, 2 & 3 GIRLS FOOTBALL

Years 5 & 6 NETBALL

Years 4 – 6 GIRLS FOOTBALL

£60.50 (11 sessions)

WEDNESDAY 7th Jan – 24th Mar

Years 1 & 2 BASKETBALL

Year 4 FOOTBALL

£60.50 (11 sessions)

THURSDAY 8th Jan – 25th Mar

Years 1&2 FOOTBALL

Years 3&4 NETBALL

£60.50 (11 sessions)

FRIDAY 9th Jan – 20th Mar

Years 3&4 MULTI-SPORTS

Years 5&6 FOOTBALL

£55 (10 sessions)



3:15pm – 4:15pm

SCAN
ME



No sessions 16th – 20th February (half term)

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www.thepsdgroup.org.uk/psd-clubs



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