Knowledge Organiser

Year 7

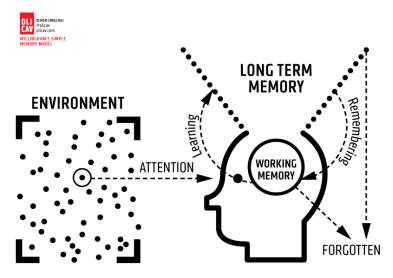
Cycle 1

Name:



Using your Knowledge Organiser for homework

- Your Knowledge Organiser contains the essential knowledge that every student must know.
- Regular use of the Knowledge Organiser helps you to recap, revise and revisit what you have learnt in lessons.
- The aim is to help remember this knowledge in the long term and to help strengthen your memory
- You will use the Knowledge Organiser to help learn during homework.
- You will be assessed on the knowledge from your Knowledge Organiser; the more you revisit information the more likely it will be remembered for lessons, assessments and exams.
- For each homework you will be asked to look at a particular section of your Knowledge Organiser.
- Make sure you follow the homework timetable below so that you do the right homework for the right subjects each day.
- Each day (Monday to Friday) you will study 3 subjects for 20 minutes each.
- All Knowledge Organiser homework is completed in your blue Knowledge Workbooks
- All Maths and English homework is completed on SPARX and must be 100% completed each week.



Homework Timetable Year 7

	Monday	Tuesday	Wednesday	Thursday	Friday
Subject 1	Maths	History	Maths	English	Maths
Subject 2	English	Science	English	Science	Geography
Subject 3 Week A	French/Spanish	RPE	Drama	Food/3D Design	PE
Subject 3 Week B	French/Spanish	Art	Music	Computing	Life Skills

How to use your Knowledge Organiser

In your blue knowledge book you will always write the date, subject heading and ensure that they are underlined with a ruler.

Task 1: Questions

Where a subject includes questions to answer, you must answer these in your blue book. This is the main task to do as a minimum. If you have additional time, or where there are no questions, then do the following Tasks 2-4

Task 2: The Cover – Write – Check method

- 1. Study the relevant section of your Knowledge Organiser for several minutes.
- 2. Cover the Knowledge Organiser.
- 3. In your blue book, write out what you can remember.
- 4. Check the Knowledge Organiser to see if you got it right.
- 5. Correct any mistakes in purple pen.
- 6. Repeat the process even if you got it 100% correct.
- 7. Complete sections that you have previously studied using the same process.

Task 3: Free recall

- 1. Pick a section of the Knowledge Organiser you have studied recently.
- 2. Without looking at the Knowledge Organiser write down everything you can remember about the topic.
- 3. Check the Knowledge Organiser to see how much you got right.
- 4. Correct any mistakes and add any missing parts in purple pen.

Task 4: Elaboration

- 1. Once you have completed the Cover Write Check method, add any additional details you can to your notes.
- 2. Remember your Knowledge Organiser only contains the core knowledge, there is much to learn beyond it so practise adding more detail when you can.

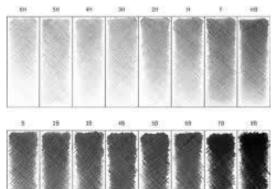
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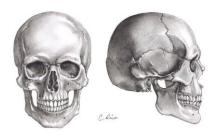
A. Visual	Elements Keywords	
Line	Line is the path left by a moving point. A line can be horizontal, diagonal or curved and can also change length.	
Shape	A shape is an area enclosed by a line. Shapes can be geometric or irregular.	
Form	Form is a three dimensional shape, such as a cube, sphere or cone.	
Tone	This refers to the lightness or darkness of something. This could be a shade, or how dark or light a colour appears.	
Texture	This is to do with the surface quality of something. There are two types of texture: Actual texture really exists, so you can feel it or touch it; Visual texture is created using marks to represent actual texture.	
Pattern	A design that is created by repeating lines, shapes, tones or colours.	
Colour	Red, yellow and blue are primary colours, which means they can't be mixed using any other colours.	

B. Key Knowledge 1: How to create a range of tone

- · Create different tones by using different grades of pencil
- HB means 'hard black' this is a standard pencil.
- H pencils are lighter as the number gets higher
- B pencils are darker as the number gets higher
- You can use pencils to make a variety of marks and tones by how much pressure you apply when using them



E. Expert Modelling:







What Visual Elements can you see in this work?

CREATIVE ARTS

3D DESIGN - YR 7 - 3D SKULL

C. Key Knowledge 2: HEALTH & SAFETY RULES

Refer to your booklet for a larger version of the H&S Rules



D. Key Knowledge 3: How to use a ruler

Lines on a ruler help 10 Millimeters you to • 1cm measure and • 0.5cm mark accurately. • 10 Lines per This is a very centimeter CM important

F. Wider thinking / further reading:

life skill.

Watch this video on how to create a paper mâché skull from egg boxes

https://www.youtube.com/watch?v=1v6b0elCJVU

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B. Key Knowledge 1: Tonal Drawing

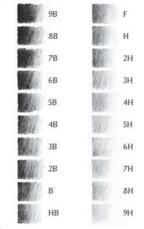
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You can use pencils to make a variety of marks and tones by how much pressure you apply when using them



PROPORTIONS of the FACE

Follow this guide and practice your portrait drawing – portraits take lots of practice!

D. Key

Knowledge 3: Proportions

of the Face

1 Start with a circle, the add the chin. Erase the bottom of the circle. 2 Line of symmetry Eye line is halfway up the face. Shirt curves around the neck. This is above and below the top of the head. Look for the shape of the half. Don't draw every half. 4 Eyelids cover the tops of the hirs. Mouth line is halfway between the nose and chin. Halrline Shirt curves around the neck. Halr is above and below the top of the head. Look for the shape of the half. Don't draw every half. Shirt curves around the neck. Halr is above and below the tops of the half. Don't draw every half. Shirt curves around the neck. Neck starts under the ears.

ART & DESIGN

Project - YEAR 7 MARK MAKING

Threshold Concept #1 - Artists observe, make marks and respond to the world around them around them

C. Key Knowledge 2: Types of Line

Experiment with drawing different types of line in your sketchbook:









Straight, curved, vertical, horizontal, diagonal, messy, continuous, jagged, broken, thick, thin, bold, freehand







Spiral

E. Expert Modelling:







Alberto Giacometti

Luke Dixon

Jacob Everett

F. Wider thinking / further reading: https://www.youtube.com/watch?v=cdSzAO gSuew



PARENTGUIDE



An Ofcom report in 2021 showed lots of parents had concerns about their children being online:

57% were worried that companies are collecting information about what their child is doing online.

54% were worried about their child seeing content which might encourage them to hurt or harm themselves.

54% were concerned about their children being bullied online.

To help mitigate these worries and concerns, EE has developed PhoneSmart in conjunction with safer internet organisations and charities to ensure children know exactly how to stay safe online.

WHAT IS PHONESMART?

PhoneSmart is an interactive course that will help your child navigate the online world while staying safe and being kind.

It consists of **five modules** that introduce children to best practice behaviours when online and different issues they may face, such as cyberbullying and fake news. In each module there is an **engaging animation** introducing them to relatable characters and an **interactive quiz** that will help equip young people with the skills and knowledge to keep them safe in the virtual world. There are also **tips on what to do** if they find themselves in a tricky situation.

WIN PRIZES

When your child has completed the programme, they can download their Licence certificate and you can enter them into a prize draw to **win an Xbox Series S**. Simply send the name of the school your child attends and their certificate showing a completed PhoneSmart Licence to:

phonesmart@nationalschoolspartnership.com



HOW DO I GET STARTED?

- Simply go to <u>eephonesmart.co.uk</u> and click 'sign up for EE PhoneSmart'.
- 2. Set your child a username and password it's quick and easy to set up.
- **3.** Share the password with your child and send them their unique link to log in. They can now get started!
- **4.** Don't forget, when they've completed all five modules you will need to enter them into the prize draw.

Add your details below, th Licence.	en add your child's to help them start their	PhoneSmart
First name •	Surname •	
Email •	Confirm Email •	
Telephone	Password •	9



WHAT DOES PHONESMART COVER?



MODULE 1 THE BIG REVEAL

This module introduces the users to the main characters: Arlo, Jayden, Mei and Lily. It also introduces young people to some interesting facts and figures about smartphones, and gives them a short quiz to get them used to how the programme works.



MODULE 2: MEME-A-GEDDON

In this module, the friends go to see a film, and on the way Mei shares a meme of Jayden without his permission. The fall out allows young people to understand the consequences of posting photos online. The characters also see hate speech about one of the actors from the film, and work out the best course of action for what they've experienced.



MODULE 3: ZOMBIETOWN

In this module, the friends are obsessed with an online game, just like everyone else at school. However, Lily gets especially drawn into it, and plans to pull an all-nighter in order to get the new top score. The friends start to worry about Lily when she comes to school exhausted, and decide they need to find out how to help her.



MODULE 4: PHONEJACK'D

In this module, Arlo sets out to become an internet sensation by posting a video of a skateboarding trick. However, he lies about his age to create an account, and forgets to keep certain personal information about himself private. The friends need to work out how they can get Arlo online safely again.



MODULE 5: HOLY FAKE

In this module, Mei receives a tempting email inviting her to an exclusive gig of a singer she adores. However, her friends recognise that it's probably fake and warn her off. By completing the quiz, young people will learn the signs of fake news and deep fakes, as well as how to spot scams and what to do to keep their data as safe as possible.

We think that learning how to stay safe online has never been more important. Luckily, with PhoneSmart it is fun and completely free to use for everyone who registers. Sign up your child now at <u>eephonesmart.co.uk</u> and don't forget to enter them into the prize draw to win an Xbox Series S once they've got their Licence.

For full terms and conditions visit this link: nationalschoolspartnership.com/phonesmart-terms-and-conditions

Computer Science Knowledge Organiser KS3: TERM 1

<u>Learn these key terms:</u> You can do this by using the look / cover / write technique or by writing them into a sentence

Keyword	Meaning	Word used in a sentence	Picture link
Format	To change or arrange information in a document	I need to format my Word document so that it looks more professional	E P E J I E I B ≜
Align	To change the position or placement of something in your document	I chose the centre align tool to position my title in the middle of the page.	
Font	A font is a graphical representation of letters and numbers	I chose a modern font so that my text is clear to read.	A
Header	Text at the top of a page in an electronic document. Information placed in the header will appear on all pages	I put my name in the header of the document so that it will appear on all of the pages	
Footer	Text at the bottom of a page in an electronic document. Information placed in the header will appear on all pages	I put the page number in the footer of my document	
Cursor	A cursor is an indicator used to show the current position for user interaction on a computer monitor .	The cursor helped me to see the current position of my mouse so that I can select the correct information easily	

Plagiarism

Step 1: Understand what **Plagiarism** means:



Plagiarism is when you use

another person's words or ideas and try to pass them off as your own. This could be copying from a book, copying from the internet or copying from your friend!

Step 2: Properly Quote and Paraphrase your work. This means if you want to use someone's ideas in your work you can but you must say whose idea it is and reference it. Referencing means giving links to the books or websites or any sources that you have used.

Step 4: Check Your Work



Computer Science Knowledge Organiser KS3: TERM 1

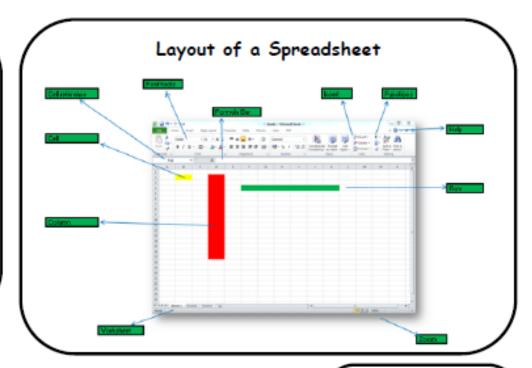
Learn these key terms: You can do this by using the look / cover / write technique or by writing them into a sentence

Why do we use Spreadsheets?

Spreadsheets are used to store information and data. Once we have our information in a spreadsheet we can run powerful calculations, make graphs and charts and analyse patterns.

Uses of spreadsheets:

- Budget tracker
- Stock tracking of a business
- Money use in a business
- Teacher may use it to keep a record of students grades



Cell reference

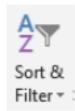
A cell reference is the name given to a cell to uniquely identify it. E.g. E4

An absolute cell reference ensures that 1 cell always remains constant even when autofill is used.

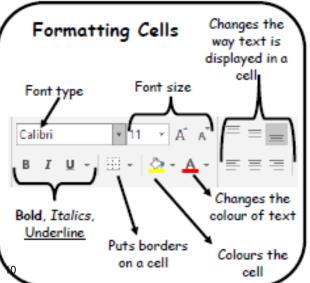
E.g. \$E\$4

Sort & Filter

Sorting data organises it in a specific way e.g. alphabetically



Filtering data makes it easy for us to find one specific piece of data without having to look through every piece of data



Formulas

Only use when creating a calculation between 2 cells.

E.g.

= A1 + B1 (adds)

= A1 - B1 (subtracts)

= A1 * B1 (multiplies)

= A1 / B1 (divides)

Year 7 Cycle 1 - Drama Knowledge Organiser

A. Theatre Makers

Director: A director is the person who tells the actors where to stand on stage and how to perform their lines.

Designer: A designer decides what the stage, lighting, sound and costume could look like. They create / make the different production elements.

Performer: The performer plays a role or roles within a performance. Listening to the decisions of the director.

Keywords:

Improvisation: created spontaneously/without preparation.

Transition: the movement from one scene to another. **Thought Track**: when a character says inner thoughts out loud.

Still image: frozen picture that communicates meaning. **Challenge**: How is a director different to a performer?

C. Drama Terminology

Props: Items used in a performance, either placed on the set or carried by a performer.

Role Play: act out or perform the part of a person or character

Costume and Props: Items worn during a performance to communicate location, time period or character: Clothing, Make-up, Face paint, Mask.

Set/Stage furniture: The physical structure on the stage used to create a sense of when & where the action is taking place.

Lighting: Any source of light used to illuminate a stage and the actors, also include blackouts.

Sound/Sound effects: Sound heard during a performance either recorded or produced live.

Context:

Air Raid Shelter: a building or structure designed to protect people from bombs dropped during air raids.

D. Lighting

GEL – please ensure you copy the picture too!

A Gel is coloured plastic that filters the light, creating different colours on stage. Gels can be used in Fresnel's and spot lights.

FRESNEL - please ensure you copy the picture too!

A Fresnel is used for lighting a moderate to large area of the stage. It creates a soft edged beam of light that cannot be focused. Barn doors can be used to shape the wash.



Key Skills:

Narration: the action or process of narrating a story.

Thought track: When a character says their inner thoughts out loud, often in a freeze frame.

Direct Address: an actor talking to the audience. **Levels:** Using different heights or levels onstage

B. Physical Definitions

Body Language: How you use your body to express mood, emotion and status.

Gesture: How you use your hands to communicate meaning.

Facial expressions: How you use your expressions to communicate

mood, emotions and reactions.

Actions: Movements to convey meaning.

Levels: Using different heights to shows status.

Stance: The way an actor stands in role.

Challenge:

Can you explain how you would use facial expressions to show how an Evacuee feels about leaving home?

E. Vocal Definitions

Pause: Deliberate use of silence. **Pace**: How fast or slow you speak.

Accent: How you speak based on where you're

from.

Tone: Matching mood or emotion. **Pitch**: How high or low you speak.

Elongation: Using the vowel sound to lengthen a

word.

Volume: How loud or quiet you speak.

Challenge: What vocal skills would you use to show that you were missing home when writing a letter to your parents?

F. Drama techniques

Cross Cutting: Effectively cutting between different scenes – like a snapshot.

Emphasis: the pressure on individual words to makes them stand out

Repetition: using the same word or phrase over and over

Cannon: When a group of people all complete the same action,

movement or gesture one after the other **Choral Speaking**: speaking as a group

Monologue: an extended speech by one person.

Stage positions:

are used to help keep track of how performers and set pieces move during rehearsal and performance.



Audience

English - Sparx Instructions - stick here

Start with Week 1. Each week, complete the next colour block. Write each word out 3 times and each definition once. Write as much of the theme/character information as you can remember. Check it all with a purple pen. Tick what is correct, fix what is wrong.

Coom	beshead Academy Inspiring Ex	ccellence E	English Learning Area		Much Ado About Nothing – William Shakespeare
wk	keyword	definition	example		
	Moral	A message that we can learn from a story.	The Hare and the Tortoise teaches us that slow and steady will always win the race.		Aesop: • Lived in 6 th Century BC
	Audible	Able to be clearly heard.	When you read in class, you need to be audible.		• Greek
Week 1	Fable	A short story with a moral message, usually with animals as characters.	The Hare and the Tortoise. The Lion, the Ass and the Fox.	Week 1	 Wrote fables- short stories with a moral message Fables usually contain talking animals
	Narrator	The person who is telling the story.	Aesop's fables have a third person narrator		
	conjunction	A word or phrase to join two clauses.	I will wear a coat because it is cold today.		
	Culture	The ideas and social behaviour of a particular group of people.	It is a cultural tradition that children are told fairy stories before bed.		Charles Perrault: Lived in the 17 th century (died 1703)
	Narrative	A story; a spoken or written account of events.	Aesop's fables and fairy stories all contain similar narratives.		 French writer One of the first writers to explore fairy tales.
Week2	Oral tradition	The act of passing stories through generations by word of mouth.	In Europe, there has been an oral tradition of passing on fairy stories and fables.	Week2	Wrote 'Sleeping Beauty', 'Little Red Riding Hood' and 'Cinderella'.
	Society	A large group of people who live alongside one another in an organised way.	We can consider the students at school a society because you all exist in school according to rules.		

	Universal	Existing everywhere or involving everyone.	The moral messages in fables are universal.		
	Tone	Another word for atmosphere.	The tone of the text is one of peacefulness.		19 th century (Died 1859 and 1863)
m	Text	Any piece of writing.	We will study many texts over the course of your English studies.		 German writers Adapted existing fairy tales into darker stories.
Week	Conflict	A disagreement or clash between two or more things (e.g. people, groups, countries).	There is always some sort of conflict in stories.		These were not intended for children.
	Character function	The purpose of a character in a text.	The character function of the Hare in 'The Hare and the Tortoise' is to remind people of the dangers of arrogance.		
	atmosphere	The mood created in a text, location or between peoples	* ominous * * full of tension * scary calm * peaceful *		

Week 4	Context Morality Convey persecute Allegory	The wider situation in which something happens or exists. The belief that some behaviour is right and acceptable and other behaviour is wrong. Expressing a thought feeling or idea in a way that is understood by others. Someone who is a bully or a tyrant. A story with a partly hidden moral or political meaning.	The context of 'Animal Farm' is the Russian Revolution. Some people get their ideas about from the Bible. Others have their own ideas of right and wrong. Orwell conveys his thoughts about Stalin in 'Animal Farm'. Stalin can be considered a tyrant because he persecuted those who disagreed with him. Animal Farm in an allegorical novel.	-	Week 4	George Orwell: • Lived in the 20 th century- died 1950 • Was born Eric Arthur Blair • He became anti-Stalinist after fleeing for his life from Soviet- backed communists. • 'Animal Farm' was written as a way of recounting his experiences of the Soviet regime.
	Animalism	A set of rules the animals agree to live by. Organised and often violent	The animals come up with these rules based upon Old Major's words. The animals decide to rebel against Farmer	_		Old Major: • In Chapter 1, Good speaker
Week 5	Rebellion Persuade	action against a government or ruler. Using language to make someone behave in a certain way.	Jones because of the way he treats them. Old Major is very persuasive because he makes all the other	-	Week 5	Old Major calls an assembly in the barn. He gives them a speech about how poorly they have been treated
	Power	Control of influence over people of things.	animals agree with him. Old Major appears to have a lot of power over the other animals.			by humans.He persuades them to rebel against Farmer Jones.He teaches them a song called 'Beasts of England'.
	Exploit	Use someone or something unfairly for your own personal gain.	Farmer Jones exploits all of his animals.			 He is well-spoken, intelligent and well-respected.
10	Corrupt	Dishonestly using power for your own gain	Napoleon shows he is corrupt when the milk disappears.		9	Napoleon: In Chapter 2, the work of
Week 6	Stalin	He turned the struggling Soviet Union into a thriving military superpower. However, he was violent and cruel.	Napoleon is symbolic of Stalin.		Week 6	organising and planning the rebellion falls to the pigs because they are 'clearly' the cleverest of all the animals.

Manipulate	To influence or control someone for your own gain, often without them knowing it.	Napoleon manipulates the other animals to feed his power.		 The animals are left unfed and drive away Jones and his men in revenge. The farm becomes 'Animal Farm'. Napoleon quickly becomes the leader.
Liberty	The freedom to live as you wish and go where you please.	The animals gradually have their liberty taken away again by the pigs.		 Napoleon doesn't contribute to the rebellion itself. It becomes clear that he isn't interested in the strength of the farm, only the power he has over it.
Oppression	Where people are ruled in an unfair way and are prevented from having opportunities.	The animals on the farm are oppressed by the pigs.		 An example of this is when the cows are milked by the pigs and the milk later disappears after Napoleon promises it will be looked after. He represents Stalin.

	Eloquent Maxim	Using language to express ideas very clearly and well. A short and simple statement containing a	Snowball is more eloquent than Napoleon. Boxer's maxim is "I will work	_		• In Chapter 3, the animals work really hard to bring in the harvest. Snowball establishes various		
Week 7	Protagonist Antagonist Rights	The main character in a narrative. The character that goes against the main character creating conflict. An entitlement to what we need to be healthy and happy.	harder!" The animals, as a group, are the protagonists in the story. Napoleon is a very obvious protagonist. The animals are gradually having their rights taken away.		Week 7	committees; the animals all achieve varying degrees of literacy. The puppies are taken from their mother and educated privately by Napoleon. In Chapter 4, other farmers are growing worried about the possibility of rebellions on their own farms. The farmers stage their own rebellion to prevent this but are easily overpowered by the animals. This known as the 'Battle of the Cowshed'. Snowball is a pig and therefore an 'enemy'. However, Snowball intimidates Napoleon because he thinks for himself and comes up with better ideas than him.		
	Allusion	A brief, indirect reference to something, making us think of it.	The novel frequently alludes to the Russian revolution.			Squealer: In chapter 5, Snowball		
8	Character development	The changes a character experiences in a story.	Benjamin does not undergo much character development; he always believes the animals are better off after the rebellion.		ω	proposes the animals build a windmill to help secure their future. Napoleon disagrees. They both give speeches to try and persuade the animals to		
Week	Propaganda	Ideas or information that only show one side of a situation.	The pigs make it their business to manipulate the others through the use of propaganda.		Week	 agree with them, but Snowball is a better speaker. Snowball is chased off the farm by the puppies on Napoleon's command. 		
	Tyrant	A ruler who has unlimited power over others and uses it cruelly.	Napoleon is a tyrant ; he eventually starts killing the animals that stand in his way.			 Squealer then spends his time trying to convince the animals that Napoleon is doing right by them. Eventually, the animals accept his explanations because of his eloquence. 		
	juxtaposition	When two things are in contrast to each other	Napoleon and Boxer juxtapose each other.			 In Chapter 6, the animals begin work on the windmill. Napoleon hires Mr Whymper to help the trade on the farm. 		

						 The pigs move into the farmhouse; the commandments keep being changed to ensure the pigs can't be accused of breaking them. A storm rips down the windmill; Napoleon declares Snowball is responsible. Squealer is conveyed as Napoleon's propaganda machine-whenever the animals begin to doubt the success of the rebellion, he steps in to reassure them.
	Contrast	The state of being strikingly different to something else.	There is not much of a contrast between how the animals were treated under Jones and now under the pigs.			Benjamin: In Chapter 7, he animals begin to
	Reader's reaction	The way a reader thinks or feels about a text.	The reader feels angry towards the pigs for the way they treat the other animals when they were promised freedom.		Week 9	protest about their treatment and many are killed for their actions. Maximus writes a poem to replace 'Beasts of England'.
Week 9	Totalitarianism	A political system in which people in power have complete control and no-one is allowed to go against them.	Napoleon operates a totalitarian regime on the farm.			 In Chapter 8, the men attempt to take back the farm and blow up the windmill. The pigs discover whisky in the cellar; Napoleon has a hangover from drinking. The retirement paddock is ordered to be used for
	Pathetic fallacy	When the weather or setting reflect the mood of a scene	The weather that destroys the windmill reflects the mood of the animals.			growing barley. Benjamin is intelligent and literate, but refuses to engage in the rebellion. He doesn't like to meddle.
	ldiom	A phrase commonly used, whose meaning isn't always obvious.	Four legs good, two legs bad.			 He represents all the people who were capable of opposing Stalin, but never did.
01	Violence	Extreme force intended to cause harm.	Many tyrants use violence against people.		10	Boxer: In Chapter 9, the animals begin rebuilding the
Week 10	Satire	A way of criticising someone's ideas in a humorous way, often linked to politics.	The novel is a satire of the Russian leadership during the revolution.		Week 1	 windmill. Boxer gets a split hoof and then collapses with a lung problem. A van arrives to take him for 'treatment'. Benjamin read the word 'knacker' on the side of the van and

First person	When you express your opinion	I believe that We should do this	
Third person	When you write from a wider perspective. This develops your academic voice	The novel is written with an uninvolved third person narrator.	-
connotation	What is suggested by a word, image or action/.	The word 'violence' has connotations of pain and bloodshed.	

the animals encourage Boxer to escape. He isn't able to. Boxer isn't seen again, but the pigs reassure the animals that Boxer received the best care possible.

- In Chapter 10, years have passed. Many of the animals are dead and those living are not able to retire.
- The animals see the pigs walking on their hind legs and carrying whips. Eventually, the pigs are living as humans full-time.
- Boxer is the hardest-working animal on the farm.
- Is also very gullible (easily manipulated).
- Has the maxims "I will work harder" and "Napoleon is always right".
- He represents the Russian working- classes who supported the Soviet Union but were betrayed by Stalin.





Responsible Tries to do right by the farm by working as hard as he can.

Disadvantaged

He struggles to comprehend all that is happening.

Gullible

Does not question what he sees/hears.



Betrayed

He is taken to be disposed of when he is no longer useful.

Symbolism

He represents the poor/ lowly educated lower classes.

Developing Cultural Capital - Themes

Read a newspaper article on a theme linked to current events.

Tasks: ☐ Print them out and highlight literary techniques.

(pick 1) \square Write a summary of the article

☐ Find two conflicting articles

Example:

Betrayal - Russia's invasion of Ukraine/ NATO agreement

Conflict – Any newspaper article on any war or their **Liberation**

Responsibility – Young carers

Goodness – find an article about someone who was a hero

AO3 – Social Context – (Influences on the book and author)

- ➤ George Orwell (Eric Arthur Blair) was born in India and attended many private schools throughout his education.
- ➤ This meant that he was exposed to lots of snobbery and social class divisions throughout his childhood.
- ➤ He was a socialist- this means that he believed that money and resources should be shared amongst the people of a society, not the most elite.
- ➤ He wrote 'Animal Farm' to highlight the poor behaviour of the Soviet Communists, in particular, Stalin. Stalin is represented by Napoleon in the story.
- > Orwell was anti-totalitarianism, which means that he disagreed with anyone having absolute power.
- ➤ The Russian Revolution falsely promised progress for the people; instead, it brought misery and dictatorship.
- ➤ ☐ YOU COULD DO A RESEARCH LEAFLET ON ONE OF THESE TOPICS:
 - Russian Revolution
 - Socialism
 - Totalitarianism

SIGNIFICANT SETTINGS IN THE NOVEL:

Think about Orwell's use of setting in the novel. Find descriptions, key chapters and events that link to these key settings:

Other farms (not Animal Farm) The Barn The Farmhouse

BIG WRITE: Write you own description of these locations





Year 7 Food & Nutrition Knowledge organiser - Macronutrients

Year 7 Food & Nutrition Knowledge organiser - Macronutrients					
Week 1 & 2	Week 3 & 4				
Why we need food & the Eatwell guide	Protein				
The body needs food for:	There are two main types of nutrients:				
Growth and repair of cells	Macronutrients - needed in large amounts by the body (protein, fats and				
• Energy	carbohydrates)				
Warmth Drate stien from illness	Micronutrients - needed in smaller amounts (vitamins and minerals)				
Protection from illnessKeeping the body working properly	Protein is needed for growth, repair, maintenance and a secondary source of energy				
Reeping the body working property	Protein is needed for growth, repair, maintenance and a secondary source of energy				
our diet should include:	Some people will need more protein than others e.g. children, teenagers and				
• A variety of foods to make sure you get all of the nutrients to stay healthy.	pregnant women				
 No single food can supply all of the nutrients that you need 					
	Proteins are made from amino acids and there are 20 of them				
Foods are vital for our survival and are made up of different things called nutrients.					
each nutrient has its own function in the body	Essential amino acids must be provided by food because the body cannot make ther				
Protein - growth and repair of cells, maintenance of the body and to provide					
energy.	10 are essential for children and 8 are essential for adults.				
Fat - provide energy, to keep the body warm, to protect internal organs and					
provide fat soluble vitamins and essential fats	High biological value (HBV)				
Carbohydrates - needed for energy	Contain all of the essential amino acids				
 Vitamins & minerals - needed to protect the body and prevent illness and disease 	Mainly come from animals e.g. meat fish and eggs				
uisease	Low biological value (LBV)				
he Eatwell guide:	Missing 1 or more essential amino acid				
Eatwell Guido	Mainly come from plant foods e.g. peas, beans				
2. Rows then 400 of will do not private hand come from soft too drive.					
See the second of the Control of the	Complimentary proteins				
	• When 2 or more LBV proteins are combined they can make a HBV protein e.g.				
	beans on toast				
A STATE OF THE STA					
Management of the State of the	Questions:				
	1. What is the 4 letter word to remember the functions of protein				
Questions:	2. Which groups of people need more protein in their diet?				
1. Why should you eat a variety of foods?	3. What are proteins made from and how many are there?				
2. List the 5 main nutrients needed by the body and give a function of each	4. Can the body make all of the amino acids?				
3. How much water should we drink a day?					
4. List the sections of the Eatwell Guide including foods you would find in each					

section

Year 7 Food & Nutrition Knowledge organiser - Macronutrients

Week 5 & 6 Fat Carbohydrate

Many people eat too much fat which is not good for our health and can lead to several health problems

Fats like butter are solid at room temperature and are called saturated fats. Oils are liquid at room temperature and are called unsaturated fats.

Saturated or unsaturated fat:

- Saturated fat too much in the diet can be harmful to health.
- Unsaturated fat this type of fat is better for our health and can have several benefits.





Partially Blocked artery

Eating this type of fat is better for our health and can have several benefits.

The functions of fat are:

- It protects vital organs by covering them with a layer of fat
- It insulates us and keeps us warm
- Provides energy (2 x as much as a gram of carbohydrate)
- It provides fat soluble vitamins A, D, E & K

Cholesterol is a fatty substance needed to function properly and help with the digestion of fats. Eating foods high in fat can raise cholesterol levels in the blood

Healthy artery

Eating too much fat can cause:

- Obesity
- Type 2 diabetes
- Heart disease

Questions:

- 1. What are 3 of the main functions of fat in the body?
- 2. Name 3 sources of animal fat & 3 sources of vegetable fat
- 3. Which type of fat should we be eating less of and which should we eat more of?

The main function of carbohydrate is to provide energy! There are 3 different groups of carbohydrate.

Sugar:

- All sugars, treacle and syrups, honey, jam and marmalade
- Known as simple or double sugars

Starch:

- Potatoes, rice, pasta, bread
- Known as complex carbohydrates. Made up of lots of simple sugars joined together

Fibre:

- Found in cell walls of fruit, vegetables and cereals
- Also a complex carbohydrate

There are 2 other types of sugar that we need to be aware of in our diets. These are:

- Free sugars = sugars that are added to foods e.g. sugar, honey and syrup. Can be more harmful to our health if we eat too much.
- Fruit sugars = natural sugars found in fruits and vegetables e.g. apples. Better for us.

We should be getting 50% of our energy from carbohydrate foods

- 45% of our energy should come from starchy foods
- 5% should come from sugars

If the diet contains too much carbohydrate than we need then it will be turned into fat and stored in the body. This could lead to obesity.

Fibre is needed to keep the digestive system healthy. If you don't eat enough fibre you could become constipated.

The recommended amount of fibre for adults is 30g per day.

Questions:

- 1. What is the main function of carbohydrate in the body?
- 2. What are the 3 main groups of carbohydrate?
- 3. What percentage of our energy should come from carbohydrates?
- 4. What problems do you think eating too many free sugars could cause in the body?

Week 1: 09/9/24, Week 2: 16/9/24

- 1. Use the sentence builder to write 3-5 sentences in French
 - 2. Translate your sentences into English
- 3. Now close your knowledge organiser and try to translate your 3 sentences back into French without looking
 4. Correct in purple pen

Salutation	Verb	Name	Connective	verb	Adjective	Salutation
					bien	
					(well)	
Bonjour						
(good day)					super	
					(great)	au revoir
Salut						(good bye)
(hi)	je suis		et	je suis	malade	
	(I am)		(and)	(I am)	(ill)	à bientôt
Bonsoir						(see you soon)
(good evening)					pas mal	
					(not bad)	à plus
Enchanté(e)						(see you later)
(nice to meet you)					pas terrible	
					(not great)	salut
					_	(bye)
					fatigué(e)	
					(tired)	
					content(e)	
					(happy)	
					triste	
					(sad)	

Extension:

Use the internet to find out 5 interesting facts about a French speaking country of your choice

Week 3: 23/9/24, Week 4: 30/9/24

1. Use the sentence builder to write 3- 5 sentences in French

2. Translate your sentences into English

3. Now close your knowledge organiser and try to translate your 3 sentences back into French without looking 4. Correct in purple pen

Verb	Number	Noun	Connective	Phrase	Number	Month
J'ai (I have)	un (1) deux (2) trois (3) quatre (4) cinq (5) six (6) sept (7) huit (8) neuf (9) dix (10) onze (11) douze (12) treize (13) quatorze (14) quinze (15) seize (16) dix-sept (17) dix-huit (18) dix-neuf (19) vingt (20) vingt-et-un (21) vingt-deux (22) vingt-trois (23) vingt-quatre (24) vingt-cinq (25) vingt-six (26) vingt-sept (27) vingt-huit (28) vingt-neuf (29) trente (30) trente-et-un (31)	ans (years)	et (and)	mon anniversaire c'est le (my birthday is the) Extension: Use the internet to research Paris. Create a poster about it.	un (1) deux (2) trois (3) quatre (4) cinq (5) six (6) sept (7) huit (8) neuf (9) dix (10) onze (11) douze (12) treize (13) quatorze (14) quinze (15) seize (16) dix-sept (17) dix-huit (18) dix-neuf (19) vingt (20) vingt-deux (22) vingt-trois (23) vingt-quatre (24) vingt-cinq (25) vingt-six (26) vingt-sept (27) vingt-huit (28) vingt-neuf (29) trente (30) trente-et-un (31)	janvier (January) février (February) mars (March) avril (April) mai (May) juin (June) juillet (July) août (August) septembre (September) octobre (October) novembre (November) décembre (December)

Week 5: 7/10/24, Week 6: 14/10/24

- 1. Use the sentence builder to write 3- 5 sentences in French
 - 2. Translate your sentences into English
- 3. Now close your knowledge organiser and try to translate your 3 sentences back into French without looking
 4. Correct in purple pen

Verb		Adjective	Connective	Verb	Noun	Adjective
Describing People		grand/grande (tall) petit/petite		j'ai (I have)	les cheveux (the hair)	noirs (black) blonds (blond) bruns (brown) roux (red) longs (long) courts (short)
Je suis (I am)		(short) gros/grosse (fat)			les yeux (the eyes)	bleus (blue) gris (grey) marron (brown) verts (green)
mon père (my dad) mon beau-père (my step dad) mon frère (my brother) mon demi-frère (my half/step brother) ma mère (my mum) ma belle-mère (my step mum)	est	mince (thin) beau/belle (beautiful)	et aussi (and also)	il/elle a (he/she has)	les cheveux (the hair)	noirs (black) blonds (blond) bruns (brown) roux (red) longs (long) courts (short)
ma sœur (my sister) ma demi-sœur (my step sister) mon chat (my cat) mon chien (my dog)					les yeux (the eyes)	bleus (blue) gris (grey) marron (brown) verts (green)
mes parents (my parents) mes grands-parents	sont	grands/grandes petits/petites gros/grosses minces		ils/elles ont (They have)	les cheveux (the hair)	noirs (black) blonds (blond) bruns (brown) roux (red) longs (long) courts (short) raides (straight)
(my grandparents)		beaux/belles			les yeux (the eyes)	bleus (blue) gris (grey) marron (brown) verts (green)

Week 7: 21/10/24, Week 8: 4/11/24

- 1. Use the sentence builder to write 3- 5 sentences in French
 - 2. Translate your sentences into English
- 3. Now close your knowledge organiser and try to translate your 3 sentences back into French without looking
 4. Correct in purple pen

Phrase	Determiner	Noun	Verb	Adjective	connective	Determiner	Noun	Verb	Adjective
Je pense que (I think	mon (my)	père dad beau-père (step dad/father in law) frère demi/beau-frère (half/step brother) oncle (uncle) chien (dog) chat (cat)	sympa (nice) gentil (kind) amusant (funny) est timide (is) (shy) sérieux (serious) idiot (silly) mais et (and)	mon (my)	père dad beau-père (step dad/father in law) frère demi/beau-frère (half/step brother) oncle (uncle) cousin (cousin) chien (dog) chat (cat)	est (is)	sympa (nice) gentil (kind) amusant (funny) timide (shy) sérieux (serious) idiot (silly)		
that)	ma (my)	mère (mum) belle-mère (step mum/mother in law) sœur (sister) demie/belle-sœur (half/step sister) tante (aunt)	est (is)	sympa (nice) gentille (kind) amusante (funny) timide (shy) sérieuse (serious) idiote (silly)	aussi (also)	ma (my)	mère (mum) belle-mère (step mum/mother in law) sœur (sister) demie/belle-sœur (half/step sister) tante (aunt) cousine (cousin)	est (is)	sympa (nice) gentille (kind) amusante (funny) timide (shy) sérieuse (serious) idiote (silly)
	mes(my)	parents grands-parents	sont (are)	as above + s		mes(my)	parents(parents) grands-parents	sont (are)	as above + s

Week 9: 11/11/24, Week 10: 18/11/24

- 1. Use the sentence builder to write 3-5 sentences in French
 - 2. Translate your sentences into English
- 3. Now close your knowledge organiser and try to translate your 3 sentences back into French without looking

4. Correct in purple pen

Verb	Verb	detail	Connective	Phrase	Verb	Adjective
J'adore	surfer	sur internet				cool
(I love)	(to surf)	(on the Internet)				(cool)
	tchatter	en ligne				
J'aime bien	(to chat)	(on line)				passionnant
(I really like)	écouter	de la musique				(exciting)
	(to listen)	(to music)				
J'aime	jouer	au foot/tennis/rugby				intéressant
(I like)	(to play)	((at) football/rugby/tennis)				(interesting)
	envoyer	des textos	parce que	je pense que	c'est	
Je n'aime pas	(to send)	(some text messages)	(because)	(I think that)	(it's)	amusant
(I don't like)	regarder	la télévision				(fun)
	(to watch)	(the TV)				
Je n'aime pas du tout	chanter	des chansons				stupide
(I don't like at all)	(to sing)	(some songs)				(stupid)
_	étudier	pour le collège				
Je déteste	(to study)	(for school)				barbant
(I hate)	parler	avec mes amis				(boring)
	(to speak)	(with my friends)				

Extension: Use the internet to research a French singer (Angèle or Maitre Gims for example) and create a poster about them.





Week 1 – Friday 1	3 th September 2024	Week 2 – Friday 20 th September 2024			
Lesson 1 – What is place?	Lesson 2 – Classifying geography	Lesson 3 – The largest places	Key Word Practice		
Key Terms: Geography: The study of the Earth's people, places, and environments. Place: A space or location with meaning. Perspective: The way we see things or an attitude to something.	Key Terms: Physical geography: All geography that occurs naturally. Human geography: All geography that involves human activity. Environmental geography: All geography that involves humans working with, and changing, the natural world.	Key Terms: Continent: A large continuous mass of land. Ocean: A large body of water between continents. Country: Land that is controlled by a single government.	TASK: For the 10 key words below, either write each one out 3 times using look, cover, write, check, OR define each one. 1. Geography 2. Place		
Content: Places affect people and people affect places. Different cultures and people have different perspective on places.	Content: Examples of physical geography: Rivers, rocks, coasts, and mountains. Examples of human geography: How countries trade and human population.	Content: Continents (7 in total) and oceans (5 in total) are the largest physical places. Countries (195 in total) are the largest human places.	3. Perspective4. Physical geography		
 Perspective will be affected by: Age. Gender. How long someone has lived in a place. What they use the place for. 	Examples of environmental geography: Increasing waste and people travelling.	North America Alanace America America	5. Human geography6. Environmental geography7. Continent8. Ocean		
Questions: 1. What is geography? 2. What is place? 3. What is perspective? 4. State the 4 things that affect perspective	5. What is physical geography? 6. What is human geography? 7. What is environmental geography? 8. Give 2 examples for each of the 3 different types of geography	Questions: 1. What is a continent? 2. What is an ocean? 3. What is a country? 4. How many countries are there? 5. Copy out the 10 key words 3 times	9. Country 10. World		





Week 3 – Friday 27	7 th September 2024	Week 4 – Friday 4 th October 2024			
Lesson 4 – Compass points	Lesson 5 – Our Place	Lesson 6 – OS Map Symbols	Key Word Practice		
Key Terms: Compass rose: A symbol on a map that shows the main compass points.	Key Terms: Environment: The air, water and land in or on which people, animals and plants live.	Key Terms: OS Map: A detailed map produced by the British map-making organisation – Ordnance Survey.	TASK: For the 10 key words below, either write each one out 3 times using look, cover, write, check, OR define each one.		
Scale: The ratio between the distance on a map and the corresponding distance on the ground	Environmental Quality Survey (EQs): Uses to assess an area's particular characteristics. Fieldwork: The process of observing		1. Compass		
	and collecting data about people, cultures, and natural environments.		2. Scale		
Content: Compass rose: N N N N N N N N N N N N N N N N N N	Content: Fieldwork is an important part of Geography. It involves investigating a geographical issue.	Content: Maps use different types of symbols – line, letters, pictures, shapes, or coloured areas. They are used to	3. Hemisphere		
W WSW ESE E	It involves collecting data, analysing results, and drawing conclusions.	represent features on a map.	4. Region 5. Environment		
When describing the location, we start at global scale and then work our way down the scale:	An EQs allows us to collect information about a specific environment.	1 2 3 4 \$\frac{1}{2}\$	6. Fieldwork		
HemisphereContinentCountry	Ugly Pleasing to the eye Lats of litter No litter No greeney visible Area not maintained Not pleasant feel Total Scare: Total Scare:	Our place has the following features: Two A roads and four B roads A place of worship with a tower	7. Radar		
Region of the country Local area	A Radar Diagram allows the data to be presented.	Train station Hospital	8. Symbols		
Questions: 1. What is a compass rose? 2. Give the 8 main directions on a	5. What is the environment? 6. What is an Environmental Quality Survey (EQs)?	Questions: 1. What is an OS map? 2. Name 5 different types of symbols	9. Represent		
compass 3. What is scale? 4. Name the 5 different scales used to describe a location	7. What is fieldwork? 8. State one way data can be presented	3. Why are symbols used?4. State 4 features of our place5. Copy out the 10 key words 3 times	10. Features		





Week 5 – Friday 1	1th October 2024	Week 6 – Friday 18 th October 2024			
Lesson 7 – Four figure grid references	Lesson 8 – Six figure grid reference	Lesson 9 – Relief and our place	Key Word Practice		
Key Terms: Grid References: Map references indicating a location using lines. Eastings: Vertical lines that are numbered and increase to the east. Northings: Horizonal lines that are numbered and increase in a northerly direction.	Key Terms: Precise: Exact details about something.	Key Terms: Relief: The shape of the land including the height and steepness. Contour lines: Lines join up areas of the same height on a map.	TASK: For the 10 key words below, either write each one out 3 times using look, cover, write, check, OR define each one. 1. Grid references 2. Eastings		
Content: OS map is divided into squares. We can use the squares to locate places and navigate around the map. 4 figure grid references let you find a whole square on a map. Grid references golden rules: 1. Bottom left-hand corner, 2. Along the corridor and up the stairs. Eastings	These grid references contain 6 numbers. Imagine that each grid is divided into 100 tiny squares. The distance between one grid line and the next is divided into tenths. 6 figure grid references give you a more precise location than 4 figure grid references.	Content: The height and shape of the land. This can be shown in three ways: 1) Colour/Layer Shading 10-1000 21-3000 Contour lines are used on an OS map. They are 10m apart on a 1:25 000 map. You can use them to calculate height and steepness. If the contour lines are close together it is steep. If the contour lines are far apart it gentle. If there are no contour lines then it is flat.	3. Vertical		
Questions: 1. What are grid references? 2. What does 4 figure grid references let you find? 3. What are eastings and northings? 4. What are the golden rules?	5. How many squares is a square divided into?6. What is the distance divided into?7. Why is 6 figures better than 4?8. Give the 6-figure reference for parking, campsite and picnic site.	Questions: 1. What is relief? 2. What are contour lines? 3. Contour lines closed together show what? 4. Contour lines far apart show what? 5. Copy out the 10 key words 3 times	9. Contour lines 10. Relief		





Week 7 – Friday 2	25 th October 2024	Week 8 – Friday 8 th November 2024			
Lesson 10 – Measuring distance and scale	Lesson 11 – Longitude and latitude	Lesson 12 – How are places different?	Key Word Practice		
Key Terms:	Key Terms:	Key Terms:	TASK: For the 10 key words below,		
Scale: The ratio between the distance	Longitude: The measurement east or	HIC: A High Income Country. They	either write each one out 3 times		
on the map and the distance in the	west of the prime meridian They are	have good health care, education.	using look, cover, write, check, OR		
real world.	imaginary lines that run up and down	NEE: A Newly Emerging Economy	define each one.		
00,51 km	(vertical) and meet at the North and	where incomes, employment and			
	South Poles.	education have improved.	1. Scale		
For example: 1:25 000 means 1cm on	Latitude: The measurement on a	LIC: A Low Income Country. Tend			
a map equals 25,000 cm (250m) in the	globe or map of location north or	have less money and have lower			
real world.	south of the Equator.	education rate and health care.	2. Longitude		
Content:	Content:	Content:			
Measuring straight line distances:	Prime Meridian or Greenwich	Development indicators are used to			
Get a ruler or piece of paper and	Meridian line is a line of longitude at 0	tell which country is a HIC, NEE or LIC.	3. Prime Meridian		
simply measure the distance	degrees.	• Life expectancy: The average age			
between the two points.		people are expected to live.			
Then compare it to the scale to find	The Equator is a line of latitude that	 Adult Illiteracy: % of adults that 	4. Latitude		
out how far it is in real life.	runs around the middle of the Earth	cannot read and write.			
	and is halfway between the North	• Exports: The value of all the goods			
Measuring curved line distances:	and South Poles. It separates the	sold to other countries.	5. Equator		
Move the paper or string and mark it	world into the Northern and Southern	• Energy consumption per capita: The			
all around the	Hemispheres.	amount of energy consumed per			
curves until you		person.	6. Hemisphere		
finally reach the	The Tropic of Cancer lies at 23.5	GNI (Gross National Income) per			
point you wanted to	degrees north of the Equator and The	capita: The total earning of the	7		
measure to.	Tropic of Capricorn lies at 23.5	country divided by its population.	7. High income country		
Basically, you are	degrees south of the Equator.	• Food intake (calories): The average			
turning the curvy line		amount of calories that a person	O Navili a magnina a a a a a a a a a		
into lots of little straight lines.		eats.	8. Newly emerging economy		
Questions:	5. What is longitude?	Questions:			
1. What is scale?	6. Which longitude line is at 0	1. What does HIC, NEE and LIC mean?	9. Low income country		
2. Compare cm on map to real life	degrees?	2. What are development indicators?	7. LOW INCOME COUNTY		
3. How do you measure a straight	7. What is latitude?	3. What does life expectancy mean?			
line?	8. Where is the equator and what	4. What does GNI mean?	10. Development indicator		
4. How do you measure curved line distance?	does it separate?	5. Copy out the 10 key words 3 times	10. Development indicator		





Week 9 – Friday 1	5 th November 2024	Week 10 – Friday 22 nd November 2024			
Lesson 13 – Life in different places	Lesson 14 – How is Kenya different?	Lesson 15 – Barriers to Kenya's development	Key Word Practice		
Key Terms: Standard of living: The level of wealth, comfort, goods, and necessities available in an area. Development: The increase in the standard of living in a country's population. Inequality: Where things are not equal.	Key Terms: Highlands: An area of high or mountainous land. Semi-arid: An area that receives light rainfall that is irregular.	Key Terms: Subsistence farmers: Growing enough crops for yourself and your family to survive. Maize: A tall plant which produces long objects covered with yellow seeds called sweetcorn. Drought: A prolonged period of time where there are water shortages.	TASK: For the 10 key words below, either write each one out 3 times using look, cover, write, check, OR define each one. 1. Development 2. Inequality		
Content: Income Levels: WORLD POPULATION (billion) by four income levels	Content: Location of Kenya: • East Africa on the Equator. • Eastern hemisphere. Physical Features:	Content: Barriers to Kenya's development: 70% rural population are subsistence farmers. Many cannot afford school.	3. Kenya		
Level 1: People who earn less than \$2 a day.	 The Great Rift Valley is in the west of the country. Lake Turkana created when rains flooded the valley. Human activity: 	High unemployment.Severe droughts.Healthcare is not free. 2019 Drought:	4. Highlands 5. Semi-arid		
Level 2: People who earn between \$2 and \$8 a day. Half the world's population are here. Level 3: People who live on between	 The highlands receive high levels of rainfall and good for farming tea and coffee. The north of the country is very hot 	Causes: Direst season in 38 years, increasing temperature and decreasing rainfall.	6. Subsistence farmers		
\$8 and \$32 a day. Level 4: Income is more than \$32 a day. The richest billion people in the world are here.	and dry so people rear animals. It suffers from drought. To the south and west, the land is semi-arid (dry).	Impacts: Maize production decreased by 99%, food prices increased and 1.1 million at risk of starvation.	7. Unemployment 8. Drought		
Questions: 1. What is standard of living? 2. What is development? 3. What is income level 1 and 2?	5. Where is Kenya?6. State 2 physical features of Kenya7. What do people do in the highlands?	Questions: 1. What are subsistence farmers? 2. State 4 barriers to development 3. What is drought?	9. Maize		
4. What is income level 3 and 4?	8. What do people do in the north of Kenya?	4. What were the impacts of the 2019 drought?5. Copy out the 10 key words 3 times	10. Starvation		

History - Week 1		History - Week 2	
Lesson 1- What do you learn in History?	Lesson 2- Who were the contenders for the English throne in 1066?	Lesson 3- How did the claimants react to Harold Godwinson's coronation?	Practice
Key Phrases History- Finding out about the story of people in the past by investigating the evidence about it Source- every kind of evidence that human beings have left of their past activities	Key Phrases Claimant-someone who states that they are the next in line to the throne Contender- a person or group competing with others to achieve something	Key Phrases Fyrd- Working men who were called up to fight by Anglo-Saxon kings Witan- the king's council in the Anglo-Saxon government Pope- Leader of the Roman Catholic Church	Task 1: Put these events in chronological order. 25 th Sept- Hardrada dies at the Battle of Stamford Bridge 4 th Jan- Edward the Confessor dies
Content- Anglo-Saxon Life England in 1066 was a wealthy country. There was peace. The people of England were mainly farmers. The King ran the country with the help of the Nobles. Nobles were responsible for their local area and controlled the peasants on the land. England had a strong system of law and order. One example is Trial by Ordeal where the person would hold a red-hot iron. If the burn healed well, they were seen as innocent.	Content Edward the Confessor died in 1066 with no heirs (successor) to the throne. There were three contenders for the throne: Harold Godwinson, Harald Hardrada and William, Duke of Normandy. Watch this video and answer the questions below. https://www.youtube.com/watch?v=1s K4JX0co8l&t=271s	Content Harald Hardrada was very angry when he heard that Harold Godwinson had been crowned king by the witan in January 1066. He sailed to England with a fleet of Viking ships to fight for the throne. Hardrada lost the Battle of Stamford Bridge on the 25th Sept. He was killed during the battle so the Viking threat was dealt with. https://www.yout ube.com/watch?v =qtW7H7yPZLg	8 th September- Harold Godwinson disbands his army on the south coast of England 28 th September- Norman fleet lands at Pevensey, on the southern coast of England 6 th Jan- Harold Godwinson is crowned King of England by the witan Task 2: Write the definitions of these keywords.
 Homework questions 1. What is a source? 2. Give an example of a historical source 3. Who helped the king run the country in Anglo-Saxon England? 4. Name one type of Trial from Anglo-Saxon England. 	Homework Questions 1. When did Edward die? 2. 2 facts about Harold Godwinson 3. 2 facts about Harald Hardrada 4. 2 facts about William, Duke of Normandy 5. Can you think of reason why we didn't learn about Edgar in the lesson? 3	Homework Questions 1. Who fought in the battle? 2. Where did the Anglo-Saxon army march to? 3. Why did the Vikings lose the battle? 4. What happened to Hardrada?	Witan Pope History Source Contender Claimant

Week 3		Week 4	
Lesson 4-Battle of Hastings	Lesson 5- Writing PEE paragraphs	Lesson 6- How did William consolidate his power in England?	Practice
Key Phrases Cavalry- soldiers or warriors who fight mounted on horseback Papal Banner-This banner was personally blessed and sent to William by Pope Alexander II	Key Phrases Point Sentence answers the question Evidence sentence uses historical facts Explain sentence explains how the historical fact proves the view outlined in the point sentence	Key Phrases Consolidate- make something stronger Historical Source- kind of evidence that human beings have left of their past activities Feudal System- a system in which landholders provide land to peasants in exchange for their loyalty and service	Cover and practice the spelling of the following words or write out their definitions: 1. History 2. Historical Source
In late September 1066 the winds change direction and William of Normandy finally arrives in Sussex for the decisive battle against the Anglo Saxon army led by King Harold. They meet on a hill in Sussex and a long, bitter, battle takes place before Harold is killed and William is the victor Watch the video. https://www.bbc.co.uk/teach/class-clips-video/articles/zrnd7nb	Content William won for 3 reasons: His good leadership- William was on horseback throughout the battle- he could reach problem areas quickly His preparation- He brought together 6-7000 men together. A mixture of footsoldiers, archers and cavalry. Harold's bad luck- Harold's men were tired from walking 370 miles and fighting the Battle of Stamford Bridge	Content William rewarded his loyal supporters with large areas of land in England, which helped him control the country. This system was called the Feudal System. The Norman conquerors were unpopular with many people in England, so they quickly built motte-and-bailey castles. Watch the video. https://www.bbc.co.uk/teach/cla ss-clips-video/articles/zhwygwx	 Contender Witan Pope Papal Banner Consolidate Cavalry
1. Who blessed William's army? 2. Why was William forced to wait on the French coast for weeks? 3. What tactic did William use to get the Anglo-Saxons down from the hill? 4. What tapestry shows the events of 1066?	Homework Question 1. Write a PEE paragraph explaining the main reason William won the Battle of Hastings	Homework Questions 1. How did William take control of Dover and London quickly? 2. What new method of governance did William introduce? 3. What type of castle did William build?	9. Fyrd 10. Feudal system

Week 5		Week 6	
Lesson 7- How did William control England?	Lesson 8- Assessment Prep	Lesson 9- Assessment	Practice
Key Phrases Rebel- violent resistance against the people in charge Inference- an idea or conclusion that's drawn from evidence and reasoning	Key Phrases Introduction- an opening paragraph PEE Paragraphs- Point, Evidence, Explain sentences Conclusion-a final decision or judgment paragraph	Key Phrases Judgement- an opinion about someone or something that you decide on after thinking carefully	Create 5 multiple choice questions. One for each of the topics below: 1. Edward the Confessor's death
Content The people of England rebelled against William's authority. As revenge, William sent soldiers to hunt the rebels down and kill them. He ordered that all food, animals and homes were burned. More than 100,000 died. https://www.bbc.co.uk/teach/class-clips-video/articles/zd32t39	Content-Why did William win the Battle of Hastings? 1. Harold's Bad luck- His men were tired after travelling 370 miles and fighting the Battle of Stamford Bridge 2. William's Preparations- He hired 7000 soldiers- a mix of foot-soldiers, archers and cavalry 3. William's Leadership- Used the feigned retreat	Content One reason that William won the Battle of Hastings was William's preparation. For example, he hired 7000 soldiers. He chose a mix of foot- men, archers and cavalry. This meant he could attack Harold's men in a variety of ways. This led to his victory because he had the superior soldiers.	 The Battle of Stamford Bridge The Battle of Hastings How William consolidated his power
Homework questions 1. Which two earls led a rebellion in the North? 2. How did the Normans respond to the Anglo-Saxon rebellion? 3. What was this brutal punishment called? H of N	Homework Questions Write an introduction paragraph answering the question 'Why did William win the Battle of Hastings?'	Homework Questions 1. Copy out the paragraph above and highlight it to show: Point sentence Evidence sentences Explain sentences	5. How William controlled the rebels

Week 7		Week 8	
Lesson 10- Medieval Life	Lesson 11- What mattered to Medieval people?	Lesson 12- Women in Medieval Society	Practice
Content Almost everybody believed in the God and that Heaven and Hell were real places. The main Christian Church was the Roman Catholic Church. The pope was the leader of the Catholic Church. Doctors did not understand what caused people to be sick and often believed it was a punishment sent by God and evil spirits. Medieval society was still based on the feudal system that William the Conqueror had introduced. The king sat at the top of society. The Barons, wealthy and important individuals, came next. Then it was the knights followed by the largest group in society, the peasants or villeins.	Key Phrases Purgatory- where Roman Catholics believe the spirits of dead people are sent to suffer for their sins before they go to heaven Hierarchy- a system that organises or ranks things from most to least powerful.	Key Phrases Infer- use information/clues to arrive at a logical conclusion	Cover and practice the spelling of the following words or write out their definitions: 1. Pope 2. Cavalry
	Content Every single person cared heavily about their religion and going to heaven - spending as little time as possible in purgatory. Kings & Queens - Cared about succession (who's next in line), winning battles, defending the country and looking good. Wealthy & Important - Succession & marriage (ensuring their children will inherit their land), being good lords and looking after their land, being loyal to the king. Commoners - Survival for many (simply having enough food), hope that they will improve their status, working hard for their lords, having fun and living peacefully.	Content It was normal for women in the Middle Ages to contribute to farm work. They would quite often do the same kinds of jobs as the men. However women did often have the role of looking after the household. However it is sometimes difficult to know exactly what life was like in the Middle Ages for lower class women as there are very few sources written about them. https://www.youtube.com/watch?v=9YJImBcg-So	 Fyrd Feudal system Rebel Infer Purgatory Hierarchy Judgement
Homework questions 1. Who was the leader of the Catholic Church? 2. What was society organised by? 3. Who came under the King in terms of social status? 4. What caused sickness according to Medieval people?	Homework Questions 1. Write a definition of purgatory in your own words 2. Explain what a hierarchy is in your own words 3. Write down one thing that everyone in Medieval society cared about 4. Write down one thing commoners cared about	Homework Questions 1. Who did women have to obey? 2. What kind of women had access to education? 3. What was the main role of women? 4. If a woman did not want to be a wife, what was her only alternative?	10. Conclusion

Week 9		Week 10		
Lesson 13- Medieval Religion	Lesson 14- What were the Crusades?	Lesson 15- Christian and Islamic views of the Crusades	Practice	
Key Phrases Bishops, Abbots- Managers in the	Key Phrases Crusade- A series of religious wars	Key Phrases Saracen- a Muslim	Task 1: Match the Crusade to its description	
Church Monks, Priests, Nuns- worked for the Church	made by Europeans to recover the Holy Lands from the Muslims in the 11th, 12th, and 13th centuries.	Jerusalem- A city in the middle east known as the Holy Land	First Crusade	1202- Pope Innocent launched this one. Crusaders got sidetracked by looting
Content The medieval church had a great deal	Content Crusaders believed they were carrying	Content From a Christian view, crusaders were		and stealing.
of power. Everyone was worried about purgatory and the afterlife. Doom painting Is the term used to describe paintings that can be found the walls of churches and other religious building that show judgment day and souls	out their God's work by taking part in military campaigns to 'reclaim' the Holy Land for Christianity. They followed the wishes of the Pope - the head of the Catholic Church. People who went on the Crusades were	seen as heroes. The Muslims were seen as barbarians that had taken the Holy Land from them. From a Muslim view, crusaders were known as Franks. The crusaders were seen as barbarians who needlessly attacked the East. Many	Second Crusade	1147- This crusade was launched when the Turks invaded Edessa and sold all the Christians into slavery
either going to Heaven or Hell. https://www.youtube.com/ watch?v=jkhEdUxbaD0	motivated by different reasons including the prospect of wealth, freedom or power. https://www.bbc.co.uk/bitesiz	aspects of European society were less developed so crusaders were seen as unclean and uncivilised. https://www.youtube.com/watch?	Third Crusade	1212- Led by a child. A disaster. None of the children were ever seen again.
Homework questions Watch the video. Answer the questions. 1. Why was the church decorated in so	Homework Questions Follow the link to BBC Bitesize to find: 1. One reason the Holy Land was important	Homework Questions 1. What was the Pope called? 2. What were some of the dangers for Crusaders?	Fourth Crusade	1095- Most successful crusade
many pictures? 2. What was a doom painting? 3. What was the purpose of a doom painting?	2. One reason people went on crusades3. Dates of the first, second and third crusades	3. Which English King fought Saladin? 4. Why is Jerusalem called the Holy Land?	Children's Crusade	1187- Saladin captured Jerusalem. King Richard the Lionheart declared a crusade to recapture it.

Week 11		Week 12	
Lesson 13- Medieval Medicine	Lesson 14- What caused the Black Death?	Lesson 15- Impact of the Black death	Practice
Key Phrases Miasma- Bad smelling air Trepanning- It involved making a hole in a person's skull to release the evil spirits they believed were causing the problem.	Key Phrases Plague- a disease Buboes- puss filled boils Bubonic- a type of plague	Key Phrases Population- all the inhabitants of a particular place Wages- a fixed regular payment earned for work Labour - work, especially physical work	Create 5 multiple choice questions. One for each of the topics below: 1. Medieval Society
Content Doctors did not understand what caused people to be sick and often believed it was a punishment sent by	Content In 1348 - 49, the Black Death swept across Europe, killing up to half of the population. There were two main types of plague: bubonic and pneumonic	Content There are various estimates of how many people died during the 1348-49 outbreak. Most historians believe between a third and half of the	Medieval Religion Crusades
God and evil spirits. This meant their cures were often not very effective. E.g trepanning and praying. https://www.youtube.co m/watch?v=nVJV8iEAm8 8&t=1s	of plague: bubonic and pneumonic. Treatments and cures were based on both natural and supernatural theories about the cause of the disease. https://www.bbc.co.uk/bit esize/articles/zdkssk7#zfyh hcw	population were killed by the Black Death. Approximately 2 to 3 million people died. https://www.youtube.com/wa tch?v=50WhBcThAi4	4. Medieval Medicine
Homework questions 1. What theory did Hippocrates come up with? 2. Name one way medieval doctors 'balanced the humors' 3. What did the Church say was the cause of disease? 4. What disease wiped out 40% of Europe's population in the 14th century?	Homework Questions Follow the link to BBC bitesize Find the following: 1. Year the plague reached England 2. Difference between bubonic and pneumonic plague 3. Explain one way medieval people thought the plague was caused 4. One way they tried to cure it	Homework Questions Watch the video What are the 4 consequences of the Black Death? 1. 2. 3. 4.	5. Black Death



Life Skills Knowledge Organiser



Lesson 1 and 2- Transitioning from Primary School	Lesson 3 and 4 – Friendship
Where to access support	Where to access support
https://www.childline.org.uk/	https://www.youngminds.org.uk/young-person/coping-with-life/friends/
https://www.nhs.uk/live-well/	
Content:	Content:
GROUND RULES FOR LIFE SKILLS LESSONS	
 To follow the Coombeshead Way rules 	What makes a good friend?
 To behave sensibly and maturely. 	Listening- A good friend allows you to talk and doesn't interrupt you. They're
To actively participate in the activities.	interested in what you have to say.
 To keep our discussions in the classroom. 	Someone who makes you feel good- Good friends say and do things that make
• To be respectful and polite towards others (peers and teacher) and to show self-	you feel good, giving compliments and congratulations and being happy for you.
respect.	Supportive - If you're feeling down, a good friend will support you. If you need
	help, a good friend will try to help you out.
Mental Wellbeing- Your mental state - how you are feeling and how well you can	Trustworthy- If you tell a good friend something private, they won't share it. You
cope with day-to-day life. Our mental wellbeing is dynamic. It can change from	can trust a good friend not to be judgmental.
moment to moment, day to day, month to month or year to year.	Handle Conflict Respectfully- A good friend will tell you if you've done something
Primary Emotions- There are 5 primary emotions but over 600 words in the	to hurt them. If you tell a good friend they've hurt you, they'll be sorry and won't
English language for different emotions. The primary emotion groups are: Joy,	do it again.
Anger, Sadness, Disgust, Fear	0.401040
Some self-care techniques include • Mindfulness • Doing something you enjoy • Relaxation techniques • Get outdoors	ARHAT
Questions	Questions
1. Give two ground rule of Life Skills lessons	1. Why is listening toa friend important?
2. Suggest another rule that you think should be followed in Life Skills lessons	What does being supportive mean?
3. What is meant by mental wellbeing?	3. Why is being trustworthy important?
4. What are the 5 primary emotions?	4. Give an example of how to resolve conflict between friends
5. Give an example of a self-care technique	5. What website could you use to get more support with friendship issues?



Life Skills Knowledge Organiser



Lesson 5 and 6 – Online Safety	Lesson 7 and 8 – Diet, exercise and sleep
Where to access support	Where to access support
Parents and trusted family, school staff and Pastoral team, directly to the police.	https://www.nhs.uk/live-well/
Report any inappropriate behaviour to the website.	
NSPCC - https://www.nspcc.org.uk	
Childline - Helpline: 0800 1111 (24 hours)	
Content:	Content:
	Diet
E-Safety - Strategies and systems to help people stay safe online.	Aim for 5 portions of fruit or vegetables per day
Cyber Bullying- The use of electronic communication to bully a person, typically by	Exercise - Aim for an average of at least 60 minutes of moderate intensity physical
sending messages of an intimidating or threatening nature	activity a day across the week.
SMART rules	Sleep- Teenagers need approximately 9 hours of sleep per night
Safe- Keep your personal information safe!	Tips for good sleep:
Meet - If an adult who you don't know ever asks you to meet up, say no and report	1. Routines – set a routine which your body can recognize is a wind down for sleep.
it	2. Tech free bedrooms – stop using technology such as tablets and phones 2 hours
Accept- Think before you accept something from someone online e.g. a file, a	before bed or use a blue light filter.
download, a picture etc	3. Clutter free bedrooms – Keeping your bedroom clutter free and tidy and help
Reliable- Make sure you know who you are talking to and use reputable sites and	make the room feel calmer and more relaxing.
services to protect you and your computer. Tell- Tell a parent, carer or trusted adult if someone, or something makes you feel	4. Reduce stimulant food intake – foods and drinks which contain a lot of sugar and caffeine can impact your sleep so try not to consume too much after 3pm.
worried or uncomfortable online.	5. Temperature – suggested temp around 18 Degrees Celsius.
worned of uncomfortable offline.	3. Temperature – suggested temp around 18 Degrees Ceisius.
Questions	Questions
1. What is E-Safety?	How many portions of fruit and vegetables should you eat a day?
2. What is cyber bullying?	2. How much exercise should you get a day?
3. Write down the SMART rules	3. How much sleep does a teenager need each night for healthy growth?
4. Which rule do you think is the most important and why?	4. Give a tip for getting good sleep
5. What is the telephone number for the Childline helpline?	5. What website could you use to find out more about sleep?



Life Skills Knowledge Organiser



LITE SKIIIS KITOWIE	uge Organiser
Lesson 9 and 10– Puberty	
Where to access support https://amaze.orghttp://www.becomingateen.co.uk/	
Content: Puberty- The process of physical maturity in a person that takes place in adolescence. Menstruation- Also known as a period. The process in a woman of discharging blood and other material from the lining of the uterus at intervals of about one month from puberty until the menopause, except during pregnancy. Hormones- A chemical substance produced in the body that controls and regulates the activity of certain cells or organs Physical Changes during Puberty- Males: • Facial Hair • Voice Breaking • Erections • Wet Dreams Physical Changes during Puberty- Females: • Menstruation / Periods begin • Breast growth • Stretch Marks • Cellulite	
Questions 1. What is puberty? 2. What is menstruation and who experiences it? 3. What are hormones?	
4. How does puberty differ between boys and girls?5. Can you think of a change that both boys and girls might experience during puberty?	



Y7C1 Key Maths Knowledge

Your Maths Homework is to complete your Sparx

Use this guide to make sure you know what to do, when to do it and how to do it:

Maths homework is to complete Sparx

What to do

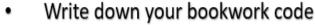
- Do Sparx on the days in the homework timetable
- · Compulsory Homework: You must do this part of your homework every week
- Optional/Target Homework: Do this to gain loads of XP and to improve your maths!

Top Tips

- Do your homework as soon as you can
- Watch the help video
- If you are stuck, speak to your maths teacher before hand-in or pop in to Sparx Support club during breaks

Always:





- Read the question carefully
- Show all your workings
- Highlight/underline your final answer
- Tick if correct/cross if wrong





MATHS

We want you to do well with your maths and doing Sparx will help.

If you've tried something, watched the video and are still not sure how to do something make sure you ask for help!

You're expected to complete it every week and catch up if you haven't.

South West Mathematics



Y7C1

Your Maths Homework is to complete your Sparx

Topic	Description
To reset a CASIO calculator	Shift + 9 + PESST
To enter a fraction	=
To enter a mixed number	Shift + fraction button + +
To find a fraction of an amount with a calculator	$\frac{12}{26}$ of 400 means the same as $\frac{12}{26} \times 400$
Equivalent fractions	$\frac{3}{6} = \frac{9}{18} = \frac{1}{2}$ fully simplify \rightarrow make numbers are as small as possible
Add or Subtract fractions	The denominators must be the same $\frac{2}{3} + \frac{4}{5} = \frac{10}{15} + \frac{12}{15} = \frac{22}{15} = 1\frac{7}{15}$
Steps to use Pythagoras Theorem	 Square all of the lengths Add (for hypotenuse) or Subtract Square root your answer
Pythagoras Theorem in words	The area of the smaller squares add to equal the area of the LARGEST square.
Pythagoras Theorem	as an equation $a^2 + b^2 = c^2$
Area of a rectangle	Area of rectangle = base \times height
Area of a triangle	Area of triangle = $\frac{1}{2}$ base × height base
Term	An algebraic object made of numbers and letters joined by multiplication or division. Eg.
Expression	An algebraic object made from one or more terms added together.

The Elements of Music – Cycle 1 Year 7 Music –

Week 1 **ELEMENTS OF MUSIC**

The Elements of Music are the foundation blocks to help us understand all types of music.

PITCH

How high or low the music



TEMPO

The Speed of the Music

Fast or slow



DYNAMICS

The volume of the music

Loud or soft



TIMBRE or SONORITY

Describes the unique sound or tone quality of different instruments voices or sounds.





Brass, mellow, buzzing, crisp

Week 2 **ELEMENTS OF MUSIC**

NOTE VALUES

Music has its own language where we use notes and symbols to tell a musician how to play their music. Musicians learn to 'read' music by learning the meanings of every music note/symbol.



DURATION

The length of the music

SHORT — LONG

TEXTURE

LAYERS – how many instruments are playing **THIN TEXTURE:** (sparse/solo)

- small amount of instruments or melodies.

THICK TEXTURE:

(dense/layered) - lots of instruments or melodies

STRUCTURE

How the piece of music is put together.

Week 3 **ELEMENTS OF MUSIC**

How music is **written** down.

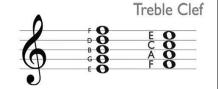
STAFF NOTATION

Music written on a STAVE (5 lines and spaces)

In Music we use letters from the alphabet as note names. We only use the letters between A - G.

TREBLE CLEF

Using the treble clef the notes are placed as:



Instruments that use the treble clef are:

Flute

Trumpet

Violin

Clarinet

Alto Saxophone

Oboe

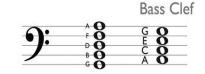
+ many more

Week 4 **ELEMENTS OF MUSIC**

How music is **written** down.

BASS CLEF

Using the bass clef the notes are placed as:



Instruments that use the bass clef are:

Double Bass

Bassoon

Trombone

Cello

Bass Guitar

Tuba

GRAPHIC NOTATION/SCORE

- music written down using shapes and symbols to represent sounds



Week 5 **ELEMENTS OF MUSIC**

RHYTHM

Timing and beat

MELODY

Rhythm + Pitch = **MELODY**



ARTICULATION

How individual notes or sounds are played/techniques.





LEGATO – playing notes in a long, smooth way shown by a **SLUR**. **STACCATO** – playing notes in a short, detached, spiky way shown by a **DOT**.

SILENCE

The opposite or absence of sound, no sound. In music these are **RESTS**.



	Week 6	Week 7	Week 8	Week 9	Week 10
	FOLK MUSIC	FOLK MUSIC	FOLK MUSIC	FOLK MUSIC	FOLK MUSIC
Year 7 Music – The Elements of Music – Cycle 1	WHAT IS FOLK MUSIC? Some melodies / traditional songs that are well known today can be very old. Many Christmas carols, for example are based on melodies and words that have been sung for hundreds of years. Often we do not know who wrote these songs or where they came from. They have been sung and played and passed down from generation to generation. This is Folk Music.	FOLK INSTRUMENTS Example of traditional Celtic folk music instruments:	KEY WORDS Melody — a sequence of single notes that forms the tune Structure/Form — the overall plan of the music Strophic Form — Each section of the song has the same melody, but the words may change. Traditional folk music — Traditionalists reproduce music as it was originally. Modern folk music — incorporates modern and commercial versions of old songs in folk style. Many wrote new songs in folk style using modern issues — drugs, homelessness, and race. Accompaniment — backing part which supports the melody/tune Ballad — a song which tells a story.	NOTATION Quaver (1/2 beat) Crotchet (1 beat) Minim (2 beats) Semibreve (4 beats) Crotchet rest (1 beat) Quaver rest (1/2 beat) FAMOUS FOLK MUSICIANS Steeleye Span Lindisfarne Mumford and Sons Seth Lakeman Paul Simon Kate Rusby	SCARBOROUGH FAIR During the late Middle Ages the seaside town of Scarborough was an important venue for tradesmen from all over England. It was host to a huge 45-day trading event called "Scarborough Fair". Merchants came to it from all areas of England, Norway, Denmark, the Baltic States and the Byzantine Empire. The song tells the tale of a young man, who tells the listener to ask his former lover to perform for him a series of impossible tasks, such as making him a shirt without a seam adding that if she completes these tasks he will take her back. Often the song is sung as a duet.



Year 7 Cycle 1 Sport and PE Knowledge Organiser

Week 1 and 2	Week 3 and 4	Week 5 and 6	Week 7 and 8	Week 9 and 10	Week 11 and 12
Warming Up	Benefits of Warming Up	Sporting examples:	Design your own:	Cooling Down	Benefits of
					Cooling Down
Stage 1: Pulse raiser Gradually raising heart rate to increase blood flow around the body and speed	-Effect on body temperature -Range of movement increased	Netball: Pulse raiser: 2 x laps of the netball court at	Time to design your own warm up for a sport of your choice: Use the template	Stage I: Elevated Breathing Maintain elevated	Allows to body
up oxygen delivery to the working muscles by performing exercise that make the performer breathe	-Gradual increase of effort to full pace	a medium pace together as a team Stretching:	below: Sport:	breathing and heart rate allows oxygenated blood to	to recover quicker from exercise Helps remove lactic acid, carbon
faster. Stage 2: Stretching Stretching the muscles that will be used during the main activity. Stretches can be	-Psychological preparation -Practice of movement skills through the whole range of movement	In 1/3 of the netball court dynamic stretches: Lunges Squats Side lunges	Pulse raiser:	travel through our vessel, helping speed up recovery and removing waste products.	dioxide and waste products • Helps to prevent DOMS
static or dynamic and aim to increase the range of movement.	-Injury prevention.	heel flicks High knees Skill related:	Stretching:	Stage 2: Gradual reduction of Heart Rate	
Stage 3: Skills practice Familiarising the performers body with the movements they are about to perform e.g. passing drill before football or netball fixture	- Appusi (1)	Bounce Pass	Skill related drill:	A gradual reduction in the intensity of exercise, such as talking a jog down to a walk, keeps blood flowing through our vessels.	
Stage 4: Mental preparation Ensuring the performers attention are entirely focussed on the		Mental preparation:	Mental preparation:	Stage 3: Stretching We must stretch our muscles after	
performance e.g. mental reh earsal, deep breathing, visualisation, imagery and positive self- talk		Positive self-talk to team mates Visualising playing well and making successful passes into the 'D'.	TO HANDS	exercise. Stretches can be static or dynamic and aim to reduce DOMS (delayed onset of muscle soreness	

Religion Philosophy and Ethics (RPE)

Week 1	Weeks 2 & 3	Week 4	Week 5
Lesson 1 – What Is Religion?	Lessons 2 - 3 – Applying The 7 Dimensions	Lesson 4 – Why Do We Have Religion?	Lesson 5 – Using Different Lenses
Key Terms:	Key Terms:	Key Terms:	Key Terms:
Religion: A particular system of faith	Tribe: A social group in society	Social Science: The study of human	Lens: A way of looking at a
and worship.	consisting of people with the same	society and social relationships.	particular belief or worldview.
	language, culture, religion etc.		
Social: A group of individuals			Theology: Questions about belief:
involved in social interaction.		*****	what it is, where it has come from,
			how it has changed over time, how
Material: Physical objects, for	是一个人的一个人的一个人的一个人的一个人的一个人的一个人的一个人的一个人的一个人的		it is applied in different contexts
example, clothes, food, buildings.	E CALL SECTION OF THE SECTION OF		
	N IV		Philosophy: Questions about the
Rituals: A religious ceremony			nature of reality, existence and
consisting of a series of actions.			knowledge.
Content:	Content:	Content:	Content:
Ninian Smart looked at the features	In order for a tribe to live together	Many people need religion for the	The 3 core disciplines used in RPE
that religions have in common and	harmoniously, different aspects	following reasons:	lessons are Theology, Philosophy
came up with 7 dimensions:	would need to be considered.	- It can explain the origins of life.	and the Social Sciences.
1. Beliefs and teachings	Smart's 7 dimensions from last	- Religion can give hope that there is	We all have our own lenses which
2. Rules	lesson can be applied to these	a life after death.	will have developed from our life
3. Feelings	tribes.	- Most religions contain stories that	experiences and learning!
4. Social	When suffering occurs and tribes	can offer hope/calm	Your personal lens may change as
5. Material	are forced to work together, the	- Religion can bond communities	you learn and experience more.
6. Rituals	beliefs of these tribes may conflict.	together	
7. Stories		- Religion offers guidance/help	
Questions:	Questions:	Questions:	Questions:
1. What is religion?	1. What is a tribe?	Why do people need	1. What is a lens?
2. What features do religions	2. How can Smart's	religion?	2. What are the 3 core
have in common?	dimensions be applied to a	2. What functions does	disciplines used in RPE?
3. What are Ninian Smart's 7	tribe?	religion contribute to	3. What might influence or
dimensions?	3. What different beliefs might	society?	change our lens?
	a tribe have?		

Religion Philosophy and Ethics (RPE)

Week 6	Week 7	Week 8	Week 9
Lesson 6 – What Is A Worldview?	Lesson 7 – What Is Truth?	Lesson 8 – What Is An Ultimate Question?	Lesson 9 – Science and Religion
Key Terms:	Key Terms:	Key Terms:	Key Terms:
Worldview: A particular philosophy	Truth: In accordance with fact or	'Ultimate' Questions: Questions	Empirical: Based on or verifiable by
of life or conception of the world.	reality.	which we may never know the	observation or experience rather
		answer to.	than theory.
Influences: To cause someone to	Belief: An acceptance that		
change a belief, behaviour or	something exists or is true,		Evidence: Facts or information
opinion.	especially one without proof.	400	indicating whether a belief is true.
	Knowledge: Facts, information, and		Scientific: based on the methods
	skills acquired through experience or education.		and principles of science.
			Creationism: The belief that God
			created the world.
Content:	Content:	Content:	Content:
Our own worldview journey is	- There are different types of truths.	Religious truths try to answer some	Many Christians believe in the
personal and will be shaped by our	Some examples are scientific, moral,	ultimate questions.	concept of creationism: that God
own individual background, family,	spiritual and historical.		created the world.
and cultural influences.	- Many people would say for	Science and religion often respond	Scientists would approach this idea
	something to be true, there needs	in different ways to different	by looking at evidence – some
Worldviews differ from person to	to be empirical evidence.	situations. For example, when	would come to the conclusion that
person.	- Some people would argue that	thinking about how the world was	God did not create the world, but
	beliefs can't be truths as they don't	created, a scientific approach may	others may look to other evidence,
	always have evidence	be to look at the Big Bang theory or	e.g. The Big Bang theory – could
		Evolution.	God have caused this?
Questions:	Questions:	Questions:	Questions:
1. What is a worldview?	1. What is truth?	1. What is an ultimate	1. Is life after death a
2. How do worldviews differ	2. What is the difference	question?	possibility?
from person to person?	between knowledge, belief	2. What is the difference	2. What is the difference
3. What is your worldview?	and truth?	between a religious truth	between the way a scientist
	3. What different types of	and a scientific truth?	and a religious believer
	truths are there?		would approach this topic?

Lesson 1 Safety

Your teacher will have made the safety rules for the laboratory very clear. Below are some important safety rules, which should always be followed, but there may be others which you need to consider in addition to these.

- Always wear eye protection during a practical.
- Carry out a practical while standing up.
- Do not eat or drink in the laboratory.
- Tie long hair back and tuck loose clothing in during practicals.
- If something is spilled or broken, tell the teacher.
- Ensure that the floor and work space is clear of obstacles.

flammable	acute toxicity	corrosive	explosive
moderate health hazard	serious health hazard	harmful to the environment	

Lesson 2 Measuring Skills

When taking measurements in science there are various different pieces of equipment you can use and different units as well

Below are examples of measurements the equipment you can use and some units.

Measurement Length

Equipment: Ruler, trundle wheel

Units cm, m, Km

Measurement Mass

Equipment: Top Pan Balance, scales

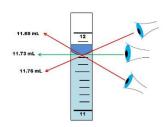
Units g, Kg

Measurement Temperature **Equipment:** Thermometer

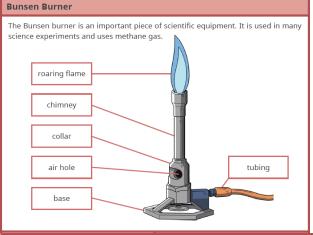
Units °C

Measurement Time Equipment: Stopwatch Units seconds (s)

When making measurements always get down to eye level.



Lesson 3 Bunsen Burners





Lesson 4 States of Matter & Particle Model

Matter: any substance that has mass and volume.

Mass: how much of something there is

Volume: how much 3D space something takes up

Matter can exist in three physical states:

- Solid
- Liquid
- Gas

	Solid	Liquid	Gas
Can it be compressed?	×	×	~
Can it flow?	×	~	~
Does it have a fixed shape?	~	×	×

All substances are made up of particles.

Particles are attracted to each other.

The particles move around.

The higher the temperature of the matter the more the particles move around

Solid

- Particles in a fixed arrangement
- Particles vibrate around a fixed point
- Particles are close together
- Very strong attraction between particles

Liquid

- Particles in an irregular arrangement
- Particles move around each other
- Particles are close together
- Strong attraction between particles

Gas

- Particles in a random arrangement
- Particles move randomly in different directions and at different speeds
- Particles are far apart
- Weak attraction between the particles

Lesson 5 Changes of State

Changes of state - Substances can change state, usually when they are heated or cooled.

The closeness, arrangement and motion of the particles in a substance change when it changes state.

Melting – The process that occurs when a solid turns into a liquid when heated.

Evaporating – The process by which a liquid changes state and turns into gas.

Condensation – A change in state in which gas becomes liquid by cooling.

Freezing – A change of state in which liquid becomes solid by cooling.

Boiling – Evaporation occurs at all temperatures, boiling happens at a fixed temperature depending on the liquid.

The stronger the forces between particles the higher its melting or boiling point.

Some chemicals do not exist as a liquid.

- Going from a solid to a gas is called sublimation.
- Going from a gas to a solid is called deposition.

Lesson 6	Lesson 7	Lesson 8
Density	Density calculations	Diffusion
Density is the amount of mass in a given volume.	Density is a measure of how heavy an object is for its size.	Diffusion is the movement of particles from a high concentration to a low concentration
Denser objects sink in less dense fluids.	5-25.	
General rule for density:	Density = mass ÷ volume Mass in kg or g Volume in m³ or cm³	
 Solids > Liquids > Gases 	Density in kg/m ³ or g/cm ³	
We know that this is not always the case.		
When objects are heated their particles move further apart, this causes their density to decrease.	mass ÷ ÷	
Limitations to the particle model:	density x volume	Before diffusion After diffusion
 Only 2D Don't show movement of particles Don't show particle interactions 	The density of regular solids can be found by determining the mass and volume of the solid, and then calculating the density.	Diffusion can also happen in liquids - particles in liquids can move around each other, which means that eventually they are evenly mixed.
Some substances have a higher density as liquid then	Mass is measured with a balance.	Diffusion in liquids is slower than diffusion in gases because the particles in a liquid move more slowly. It
as a solid (For Example ice)	For regular solids , you can calculate the volume if you measure the length of the sides using a ruler.	happens faster if the temperature is increased.
	Height h Length I	Diffusion does not take place in solids as the particles are fixed in solids and cannot move round each other.
	The volume of a cuboid is equal to: $length \times width \times height$	

	1000:44
Lesson 9 & 10 Particle Circus	Lesson 11
	Elements, Mixtures and Compounds
Making Observations:	Atoms are the smallest particle of an element that can exist.
Notice things using your senses	
Writing down what you have seen change, in as much detail as possible	An element is a pure substance made from one type of atom.
A valid observation is that there has been no change	
 If an object changes state (by heating) Particles in a solid will vibrate so much they move further apart and begin to move 	Compounds are substances that are made up of two or more atoms chemically bonded together in a fixed ratio.
	Molecules are substances that contain two or more (non-metal) atoms, chemically bonded together.
Particles in a liquid will move so fast they get further apart and will begin to move freely	 Molecules can be elements, two or more of the same atom. Molecules can be compounds, two or more different atoms. Mixtures can be defined as
	impure, as they are made from two or more different substances that are not chemically joined together.

KS3 Science - Physics Matter

Answer these questions in full sentences in your homework book:

-				
 Lesson 1 Draw the hazard symbol for flammable. What should you do if something is broken during a practical? True or false? Sitting is allowed during practicals. True or false? You cannot eat in a science lab. True or false? Hair must be tied up during practicals. 	 Lesson 2 Length is measured with what? Seconds is the unit for A thermometer allows the measurement of Length is measured in which units? When reading volume what should you do, to record the best possible measurement? 	Lesson 3 1. Which Bunsen flame has the highest temperature? 2. How do you change between the two Bunsen flames? 3. Why does the flame change? 4. What colour is the safety flame? 5. Which gas is used as a fuel for a Bunsen burner?	 Lesson 4 What is the arrangement of particles in a solid? Describe the movement of particles in a gas? Which state of matter can be compressed? Which state of matter can particles move and are touching? Which state of matter would you find the strongest attraction between particles? 	Lesson 5 1. What is the name of the process when a liquid changes state to a gas? 2. What is the name of the process when a gas changes state to a liquid? 3. What is the name of the process when a solid changes state to a liquid? 4. True or false? Evaporation can occur in a liquid at any temperature? 5. The stronger the forces between particles the higher/lower its boiling
				point?
Lesson 6	Lesson 7	Lesson 8 1. True or false? Diffusion is	Lesson 9/10 1. What is an observation?	Lesson 11 1. What is an atom?
1. What is density?2. True or false?	Give the equation for density	the movement of particles	 What is an observation? True or false? 	1. What is an atom?2. What is an element?
Gases have a higher density than liquid.	What is the equation for measuring the volume of a	form area of high concentration to low	No change is a valid observation.	3. What is a compound?4. What is a molecule?
3. When particles are heated what happens to their density?	cuboid? 3. What are the common units for measuring density?	concentration? 2. True or false? Diffusion can take place in solid?	3. True or false? You should include as much detail as possible in your	5. Draw a particle diagram of an atom, element, compound and molecule
4. True or false? Denser liquids float in less dense liquids.	4. What can be used to measure the mass of an object?	3. True or false? Diffusion is slower in liquids than in gases?	observation. 4. Particles vibrate when they are in which state of	compound and molecule
5. Give an example of a substance which does not obey the normal density trends.	5. What can be used to measure the height of an object?	4. True or false? Temperature affects the rate of diffusion?5. True or false? Particles can move around each other in solids?	matter? 5. When an object is heated what happens to the distance between particles?	

Lesson 1 Microscopes

Lessons 2 and 3 Plant and Animal Cells

Magnification is when we make something appear larger than it actually is.

Resolution is the actual detail an image shows.

A higher resolution means more detail in the image.

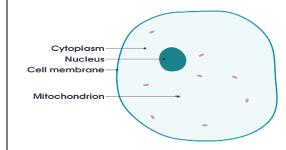
Using a Microscope.

- Adjust the lowest objective lens so that it is over the hole in the stage.
- Turn the large focusing wheel to make the gap between the stage and the objective lens as small as possible.
- Adjust the light source so that the light is reflected up into the hole in the stage.
- Place the slide on the stage
- Look into the eyepiece lens
- Slowly turn the focusing wheel so that the gap between the stage and the objective lens gets bigger.
- Keep turning to focus the image.
- To magnify the image, switch the objective lens to the next magnification and use the small focusing wheel to focus the image if needed.

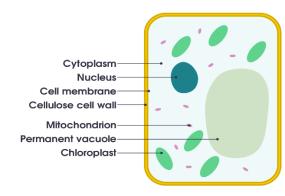
"Cells" were first discovered by **Robert Hooke** when he looked at a piece of cork under a microscope.

Cells are made up of different parts called **organelles**.

Animal Cell



Plant Cell



Nucleus – Contains the DNA and controls the cell

Cell Membrane – Controls what goes in and out of the cell

Cytoplasm - Jelly like, all chemical reactions occur in here.

Mitochondria – Respiration occurs inside to release energy for the cell to use.

Cell Wall – Protects the cell and gives it structure

Chloroplasts – Carry out photosynthesis to make food for the plant.

Vacuole – Filled with cell sap and gives the cell shape.

Animal Cells contain a nucleus, cell membrane, cytoplasm and mitochondria.

Plant cells contain a nucleus, cell membrane, cytoplasm and mitochondria **PLUS** a cell wall, chloroplasts and a vacuole.

Lesson 4 Specialised Cells	Lesson 5 Movement of Substances	Lesson 6 Unicellular Organisms
Cells are designed to carry out the job they perform. Egg cell (ovum) Job: Reproduction to be fertilised by sperm	Diffusion is the movement of particles from an area of high concentration to an area of low concentration.	Unicellular organisms are made up of only one cell e.g. Amoeba and Euglena
Features: Nucleus contains half the genetic info to create a baby and contains lots of energy to allow egg to develop if it is fertilised. Sperm cell	This happens in liquids and gases but not solids because the particles can only vibrate in a solid, but can't move from place to place	Multicellular organisms are made up of more than one cell. All species of animals, land plants and most fungi and algae.
Job: Reproduction to fertilise the egg cell Features: Contains half the genetic info to create a baby and has a tail to swim to meet the egg Neurone (nerve cell) Job: Help nerve impulses move around the body Features: Long and thin, can send electrical impulses large distances around the body Plant Palisade cell Job: Help the plant photosynthesis and make food Features: Lots of chloroplasts to trap light energy for photosynthesis Plant Root cell Job: Help the plant take in water through the roots Features: large surface area so they can absorb more water from the soil.	Substances that move in and out of cells by diffusion include • Oxygen into cells for respiration • Glucose into cells for respiration • Carbon dioxide out of cells from respiration and into leaf cells for photosynthesis • Water into root hair cells • Water into root hair cells Particles diffuse faster at higher temperatures because the particles have more kinetic energy so move faster.	 Have no fixed shape Found in fresh water, salt water, wet soil and inside animals Moves by changing shape An amoeba reproduces by splitting into two cells This is called binary fission Euglena Euglena are found in freshwater The eyespot detects light and move using their flagellum to 'swim' towards the light. Euglena have chloroplasts and make their own food by photosynthesis Euglena also reproduce asexually by binary fission

Lesson 7 Levels of Organisation

Tissues are a group of cells with similar structures, working together to perform a shared function.

eg **muscle tissue** is made up of lots of muscle cells.

Organs are made up of a group of tissues, working together to perform specific functions. eg the **Heart** is made up of muscle, connective, nervous and fat tissues

Organ Systems are made up of a group of organs with related functions, working together to perform body functions.

eg the **Digestive system** which is made up of many organs including the mouth, stomach, small and large intestines.

Circulatory System- transports blood around the body

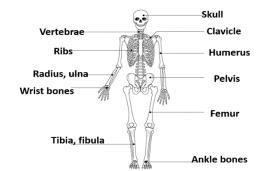
Nervous System- allows us to sense and react to our surroundings

Reproductive System- used to produce young

Respiratory System- for gas exchange in and out of the body

Lesson 8 The Skeleton

Bones are living tissue supplied by blood. They are growing all of the time. They can repair themselves when damaged. Calcium and other materials make bones strong.



Functions of the skeleton:

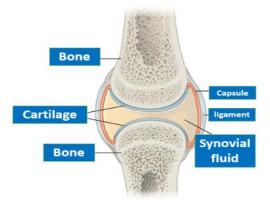
- **Protection** skull protects the brain, rib cage protects the heart and lungs, vertebrae protect the spinal cord.
- Support the skeleton provides a framework for muscles and organs to connect to.
- Movement the skeleton has joints with muscles, ligaments and tendons allowing movement.
- **Blood production** long bones contain bone marrow which makes blood cells

Lesson 9 Movement – Joints

Joint Where two or more bones join together.



A Synovial joint



- Cartilage soft tissue at the end of a bone
- Synovial fluid –fluid found in the joint which stops bone rubbing against bone
- **Ligament** joins bone to bone
- **Tendon** joins muscle to bone

Lesson 9 Movement – Joints (continued)	Lesson 10 Movement – Muscles				
Types of joint	MusclesAre a type of tissue which contains	Antagonistic pairs			
 Pivot – the ends of the bones are covered in cartilage, allows 360° movement 	 specialised cells which contract. Have lots of mitochondria for respiration to produce energy. 	Muscles only pull. Two muscles that work at a joint to move are called antagonistic pairs.			
	 Have a good blood supply. 	Example – bicep & triceps			
 Hinge – works like a lever and allows 180° movement Fixed – forms between two bits of bone that don't move Ball and socket – an example is the 	 Three main types of muscle Cardiac – found in the heart Skeletal – attached to bone, the main type of muscle Smooth – used for involuntary 	Tricep Bicep Relaxed			
hip joint, allows 360° movement	movements like in your gut.	Homologous Structures:			
	Major muscle groups	The chicken wing and the human arm are examples of homologous structures.			
	Bicep: Flex the arm (bend towards the body)	This means they have a similar underlying structure but have different functions.			
	Triceps: Extends the arm (straightens away from body)	Human Horse Cat Bat Bird Whale			
	Quadriceps: Extends the lower leg				
	Abdominals: Move the torso and helps with breathing				

Answer these questions in full sentences in your homework book:

Lesson	1	Lesson	12	Lesson	3	Lesson	4	Lesson	5
1. 2. 3. 4. 5.	What is the term for the actual detail an image shows? Which objective lens do you begin with when focusing a microscope? The light source should reflect where? Where do you place the slide? Where do you look into?	1. 2. 3. 4. 5.	Who first discovered cells? What are the different parts that make up cells called? Name three organelles you find in plant cells but not animal cells.	1. 2. 3. 4.	Where is the site of respiration? Where is photosynthesis carried out? Where is the site of chemical reactions in a cell? What controls what goes in and out of a cell? Where is DNA found in plant and animal cells?	1. 2. 3. 4.	Which cell contains lots of chloroplasts? Which cell is fertilised by a sperm? Which cell has a large surface area to absorb water from the soil?	1. 2. 3. 4. 5.	Define diffusion Which substances can it occur in? Why doesn't it occur in solids? List 3 substances that can diffuse Why do substances diffuse faster at higher temperatures?
Lesson	6	Lesson	17	Lesson	8	Lesson	19	Lesson	10
1. 2.	Give a definition of a unicellular organism. Give an example of a	1.	What are a group of similar cells which perform a similar function called?	1. 2.	Why are bones classed as living? What strengthens bones?	1. 2. 3.	What is a joint? Where is cartilage found in a joint?	1.	Give 3 features of muscle cells that allow them to
3. 4.	unicellular organism. Give a definition of a unicellular organism Give an example of a	2. 3.	Give an example of a tissue Give an example of	3.	List 3 organs protected by our skeleton	4.	What does cartilage do? What do ligaments do?	2.	perform their job. How is smooth muscle different to skeletal muscle?
5.	multi cellular organism State one difference between an amoeba	4. 5.	an organ. What is an organ system? Give an example of	4. 5.	What is needed to allow our skeleton to move? Which cells our	5.	What is the role of a tendon?	3. 4.	How do antagonistic pairs of muscle work? Give an example of a
	and a euglena.		an organ system.		produce by bone marrow?				pair of antagonistic muscles

Year 7 Science: Energy

r Transfers and Energy Diagrams e transferred from one store to anoth be created or destroyed. There are er processes: cal - when a force acts and something - when a current flows. because of a temperature difference - a wave such as light, IR or sound. the idea of energy transferring using	Dissipation of Energy- When energy spreads out it gets less useful. Input Store - the total amount of energy going into a device or machine. Output Store - the amount of energy that is transferred
be created or destroyed. There are er processes: cal - when a force acts and something - when a current flows. because of a temperature difference - a wave such as light, IR or sound.	less useful. Input Store - the total amount of energy going into a device or machine. Output Store - the amount of energy that is transferred into a useful store by the device or machine. Wasted Store- the amount of energy that is transferred
 - when a current flows. because of a temperature difference - a wave such as light, IR or sound. 	device or machine. Output Store - the amount of energy that is transferred into a useful store by the device or machine. Wasted Store- the amount of energy that is transferred
Electrical transfer diagrams) End Store End Point Fan running Kinetic Store	Efficiency - is a measure of how much of the Input energy from a device ends up in a Useful (Output) energy store. The more efficient a machine the less energy is dissipated. Sankey Diagrams
	Transfer Process operated fan f Electrical transfer Kinetic Store the moveme

Year 7 Science: Energy

Lessons 5 & 6 Temperature, Heat and Conduction

Lessons 7 & 8 Convection and IR Radiation

Lessons 9 & 10 Reducing Heat Loss

Temperature is a measure of how hot or cold something is The most commonly used unit for temperature is degrees Celsius °C.

Temperature can also be measured in degrees Fahrenheit °F or Kelvin K. The coldest temperature possible is called Absolute Zero. This is OK or -273.16 °C.

Using a Thermometer – Always read from the middle of the meniscus at the top or bottom.

Heat (Thermal Energy) - The heat an object contains is the amount of energy in its thermal energy store, measured in joules (J).

Heat Energy depends on two things.

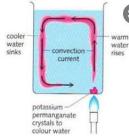
- 1) The mass of the material the bigger the mass the more heat energy stored
- 2) The temperature of the material the higher the temperature the more heat energy stored.

Conduction - The transfer of heat energy from particle to particle by vibrations.



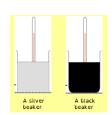
Convection - the transfer of energy by particles vibrating and carrying their energy with them and is driven by different densities in the gas or liquid.

Convection **cannot** happen in **solids** because the particles cannot move past each other, they can only vibrate.



Infra-Red Radiation (IR)

- All warm objects give off Infrared Radiation.
- Infrared Radiation travels in straight lines as waves (like light).
- Infrared will travel out from warm objects in ALL directions.
- Infrared Radiation does NOT need particles to travel through and so can pass through space (vacuum)
- Infrared Radiation travels at the speed of light.



Dissipation of Energy- When energy spreads out it gets less useful. In our homes we want the thermal energy to be conserved within the walls of our home and not spread out.

A house that dissipates energy easily is a house that will cost more money to keep warm

Heat energy can escape from houses by the processes of **Conduction**, **Convection** and **IR Radiation**

Insulation reduces the energy dissipating.



- 1) Loft Insulation
- 2) Cavity Wall Insulation
- 3) Double Glazed Windows
- 1) Draught Proofing
- 5) Curtains and Carpets
- 6) Reflective surfaces behind radiators

Answer these questions in full sentences in your homework book:

Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5
1. Define energy 2. What unit is energy measured in? 3. What is the conservation of energy rule? 4. Can we see or pick up energy? 5. What is kinetic energy?	1. What is gravitational potential energy? 2. What store of energy is heat? 3. How is nuclear energy transferred? 4. Where is elastic potential energy found? 5. What is the difference between magnetic and electrostatic energy?	1. List the 4 types of energy transfer 2. How is energy transferred in a battery-operated fan show as a flow diagram	1. What is meant by dissipation of energy? 2. What is an "input store"? 3. What is the "output store"? 4. What is the non-useful store better known as? 5. What is efficiency a measure of?	1. What is temperature? 2. What units do we commonly use to measure temperature? 3. Give 2 other units used to measure temperature. 4. What is absolute zero? 5. How should we read from a thermometer?
Lesson 6 1. Define thermal energy. 2. What unit is thermal energy measure in? 3. How does mass of an object affect the heat energy stored? 4. What other factor affects heat energy? 5. Define conduction	1. What is convection? 2. Why can't convection happen in solids? 3. Draw and label a diagram to show convection happening.	Lesson 8 1. What objects give off Infrared radiation? 2. How is IR similar to light? 3. Which direction does IR travel form an object? 4. Can IR pass through space? 5. How fast does IR travel?	1. What is energy dissipation? 2. Why do we want thermal energy to be conserved in our homes? 3. List the 3 ways energy can escape form our houses	 Lesson 10 What does insulation do? List the 6 ways we can insulate our homes. Which of these methods do you have in your home?

Week 1: 09/09/24, Week 2: 16/09/24

- 1. Use the sentence builder to write 3-5 sentences in Spanish
 - 2. Translate your sentences into English
- 3. Now close your knowledge organiser and try to translate your sentences back into Spanish without looking4. Correct in purple pen

Year 7 Learning Cycle 1 Sentence Builder 1: ¿Cómo estás? – How are you?

Salutation	Verb	Adjective	Connective	Adjective	Salutation
Salutation Buenos días = Good day Buenas tardes = Good afternoon Buenas noches =	estoy = I am (feeling)	fenomenal = amazing bien = well regular = ok mal = bad fatal =terrible triste= sad	y = and pero = but	fenomenal = amazing bien = well regular = ok mal = bad fatal =terrible triste= sad	Adiós = goodbye Hasta luego = until later
Good night Mucho gusto = Please to meet you	(leeling)	alegre = happy cansad@ = tired motivad@ = motivated hart@ = fed up	pero - bur	alegre = happy cansad@ = tired motivad@ = motivated hart@ = fed up	Hasta pronto = until soon



Extension: Research which other countries in the world speak Spanish and create a poster with some facts!

Week 3: 23/09/24, Week 4: 30/09/24

Use the sentence builder to write 3- 5 sentences in Spanish; Translate your sentences into English Now close your knowledge organiser and try to translate your sentences back into Spanish without looking

4. Correct in purple pen

Verb	Number	Noun	Connective	Phrase	Number		Month
Tengo = I have	uno = 1 dos = 2 tres = 3 cuatro = 4 cinco = 5 seis = 6 siete = 7 ocho = 8 nueve = 9 diez = 10 once = 11 doce = 12 trece = 13 catorce = 14 quince = 15 dieciséis = 16 dieciséis = 16 diecisiete = 17 dieciocho = 18 diecinueve = 19 veinte = 20 veintiuno = 21 veintidós = 22 veintitrés = 23 veinticuatro = 24 veinticinco = 25 veintiséis = 26 veintisiete = 27 veintiocho = 28 veintinueve = 29 treinta = 30 treinta y uno = 31	años = years	y = and	mi cumpleaños es el = my birthday is the	uno = 1 dos = 2 tres = 3 cuatro = 4 cinco = 5 seis = 6 siete = 7 ocho = 8 nueve = 9 diez = 10 once = 11 doce = 12 trece = 13 catorce = 14 quince = 15 dieciséis = 16 diecisiete = 17 dieciocho = 18 diecinueve = 19 veinte = 20 veintiuno = 21 veintidós = 22 veinticuatro = 24 veinticinco = 25 veintiséis = 26 veintiséis = 26 veintiséis = 27 veintiocho = 28 veintinueve = 29 treinta = 30 treinta y uno = 31	de = of	enero = January febrero = February marzo = March abril = April mayo = May junio = June julio = July agosto = August septiembre = September octubre = October noviembre = November diciembre = December

Extensions: Find a good song or youtube video to help you learn the months / numbers.

Week 5: 07/10/24, Week 6: 14/10/24

1. Use the sentence builder to write 3- 5 sentences in Spanish; 2. Translate your sentences into English

3. Now close your knowledge organiser and try to translate your sentences back into Spanish without looking 4. Correct in purple pen

¿Cómo es tu mejor amigo? – What is your best friend like?

Adjective	Noun	Verb	Modifier	Adjective
mi = my	amigo = friend (male) amiga = friend (female) mejor amigo = best friend (male) mejor amiga = best friend (female) novio = boyfriend novia = girlfriend media naranja = half orange	es = (he/she/it) is	(muy) = very (bastante) = quite	divertid@ = fun gracios@ = funny list@ = smart loc@ = crazy orgullos@ = proud perezos@ = lazy rar@ = weird seri@ = serious simpátic@ = kind tont@ = silly tranquil@ = calm
mis = my	amigos = friends (all male or mixed) amigas = friends (all female)	son = (they) are	(bastante) = quite	divertid@s = fun gracios@s = funny list@s = smart loc@s = crazy orgullos@s = proud perezos@s = lazy rar@s = weird seri@s = serious simpátic@s = kind tont@s = silly tranquil@s = calm

Extension: Draw a picture or use a photo of a friend / famous person – write a description in Spanish next to it

Week 7: 21/10/24, Week 8: 04/11/24

- 1. Use the sentence builder to write 3-5 sentences in Spanish; Translate your sentences into English
- 2. Now close your knowledge organiser and try to translate your sentences back into Spanish without looking

3. Correct in purple pen

Verb	Connective	Possessive	Verb		Adjective	Connective
			soy = I am		alt@ = tall baj@ = short gord@ = fat delgad@ = thin guap@ = good looking fe@ = ugly	
Creo= I believe Pienso = I think	que = that	mi =my	padre = dad madre = mum padrastro = stepdad madrastra = stepmother hermano = brother hermana = sister hermanastro = stepbrother hermanastra = stepsister abuelo = grandpa abuela = grandma mascota = pet perro = dog gato = cat	es = (he/she/it) is	alt@ = tall baj@ = short gord@ = fat delgad@ = thin guap@ = good looking fe@ = ugly	y = and pero = but también = also
			padres = parents hermanos = siblings abuelos = grandparents mascotas = pets	son = (they) are	alt@s = tall baj@s = short gord@s = fat delgad@s = thin guap@s = good looking fe@s = ugly	

Extension: Draw your own family tree, or a famous person's and label in Spanish

Week 9: 11/11/24, Week 10: 18/11/24

- 1. Use the sentence builder to write 3- 5 sentences in Spanish; Translate your sentences into English
- 2. Now close your knowledge organiser and try to translate your sentences back into Spanish without looking
 3. Correct in purple pen

Year 7 Learning Cycle 1 Sentence builder 5: ¿De qué color son tus ojos y tu pelo? – What colour are your eyes and hair?

Subject	Verb	Noun	Adjective
(yo) = I	tengo = I have	el pelo = the hair	negro = black rubio = blond castaño = brown pelirrojo = red largo = long corto = short
		los ojos = the eyes	azules = blue grises = grey marrones = brown verdes = green
(él) = he		el pelo = the hair	negro = black
(ella) = she mi madre = my mum mi padre = my dad mi hermano = my brother mi hermana = my sister mi mejor amigo = my best friend mi familia = my family	tiene = he/she/it has	los ojos = the eyes	rubio = blond castaño = brown pelirrojo = red largo = long corto = short azules = blue grises = grey marrones = brown verdes = green
mis hermanos = my siblings mis padres = my parents mis amigos = my friends	tienen = they have	el pelo = the hair	negro = black rubio = blond castaño = brown pelirrojo = red largo = long corto = short
		los ojos = the eyes	azules = blue grises = grey marrones = brown verdes = green

Extension: Describe a celebrity in Spanish ⁶⁶ bring it in so the class can guess who it is!