

Year 8 Cycle 3

Knowledge Organisers



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LO: How do I use a knowledge organiser so that I don't forget what I've learnt?

SUBHEADINGS

1. Look at the subheading.
2. Write down everything you know about that topic without looking at the KO.
3. Check what you've missed; add this to your notes in a different colour.
4. Do something else (e.g. revise something else).
5. Return to this and repeat from the beginning.

'Remains' – Knowledge Organiser

What happens in the poem? The speaker and two other soldiers are sent to tackle some looters who are robbing a bank. They open fire on a looter who is running away. The looter is seriously wounded. He is carried away in the back of a lorry. The soldier has to walk past the blood stain left on the ground week after week. He returns home and is haunted by the memory of what he has done, reliving it again and again. He drinks and takes drugs in an attempt to forget what happened. However, he is unable to forget the looter and what he did. The memory remains stuck in his mind.

What is the context of the poem?

- Simon Armitage wrote 'Remains' (and other poems) for a Channel 4 programme called 'The Not Dead'.
- He has never been to war himself and has never been a soldier.
- To write the poems, he interviewed a number of soldiers who have survived war (in Iraq, Afghanistan, the Falklands etc.) i.e. the 'not dead'.
- The poems show the suffering soldiers experience long after wars have finished.
- 'Remains' is heavily based on the experience of Guardsman Tromans who fought in the Iraq war.
- Tromans shot a looter in Iraq and suffers from PTSD.

What is the significance of the title? The poem is about PTSD – in other words, how the traumatic experience of war REMAINS with the soldier. It could also refer to the human REMAINS – the image of the looter – that the soldier obsesses over so much as part of his PTSD.

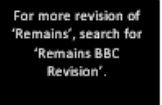
What is a central idea in this poem? As is implied by the title, the poem explores the trauma experienced by soldiers and the terrible impact of PTSD on survivors long after the battle has ended.

What other ideas are explored in the poem?

- War can cause suffering beyond the battlefield.
- War is damaging.
- Guilt is powerful and can overwhelm us.
- War can result in us dehumanising the enemy.
- War can cause us to act in ways we later regret.
- Memory can have a powerful effect on us.

| Key Vocabulary | Definition | Example |
|---------------------------------------|---|---|
| Traumatic | Causing severe and lasting emotional shock or pain. | Being involved in war is deeply disturbing and a highly _____ experience. |
| PTSD (post-traumatic stress disorder) | This is an anxiety disorder caused by very stressful, frightening or distressing events. Someone with this often relives the traumatic event through nightmares and flashbacks, and may experience feelings of isolation, irritability and guilt. | The soldier in 'Remains' is suffering from _____. |
| Guilt | A feeling of worry or unhappiness that you have because you have done something wrong. | The soldier struggles to come to terms with the _____ he feels over shooting the looter. |
| Haunt | To revisit again and again. | The memory of the shooting _____ the soldier. |
| Dehumanisation | To treat people as less than human. | It can be argued that the soldiers in 'Remains' _____ the looter by treating him with so little respect. |
| Dramatic monologue | A poem made up of a single character speaking (i.e. the poet is very clearly writing as someone else). | 'Remains' is a _____ because Armitage is writing as someone else and there is only one speaker in the poem. |

| Writer's Craft: | Example |
|--|---|
| Why is the poem written as a dramatic monologue? | To explore a traumatised soldier's thoughts and feelings; because the poem was produced following an interview with a soldier. |
| Why does Armitage use colloquial language? | To create a convincing voice – an ordinary person/soldier; to contribute to the almost matter-of-fact tone in the first half of the poem. |
| What does the first/second half focus on? What is the turning point? | First half: the shooting; second half: the emotional impact on the soldier. Turning point = 'End of story, except not really.' |
| Why is the shooting described with graphic imagery? | To convey the brutality; to show what has traumatised the soldier; because it's so vivid in the soldier's mind. |
| Why is the blood on the street described as a 'blood shadow'? | Shadow = dark imagery – connotations of death and misery; the shooting has cast a shadow over his life; a shadow follows you around |
| What does the imagery 'dug in behind enemy lines' suggest? | To the looter, the soldier is the enemy; the soldier's mind is enemy territory. The looter is in the soldier's mind, so this is 'behind enemy lines'. 'Dug in' means well defended and prepared for attack – this suggests that the memory of the looter is difficult to remove; 'dug in' is a military term, suggesting that the war/conflict is still going on for the soldier. |
| What impression does the final stanza leave us with and what is meant by 'bloody hands'? | It leaves us with the impression that the pain will be ongoing – there seems little hope of an end as the looter is still 'here and now'. 'Bloody' can suggest frustration (swearing), but 'to have blood on your hands' also means to be responsible for an act of violence against someone i.e. to be guilty of something. |



For more revision of 'Remains', search for 'Remains BBC Revision'.

VOCABULARY

1. Cover the vocabulary and definition columns. Try to work out what the missing word is in the example. Check. Move to the next word. Repeat until you can do this with all the words you've studied so far.
2. Try the same as above, but this time by looking at just the definition column.
3. Try the same as above, but this time just look at the vocabulary and try to explain what the definition is.

OTHER QUESTIONS

1. Cover the explanation.
2. Answer the questions.
3. Check your answers; add anything you missed; correct anything you got wrong.
4. Do something else (e.g. revise something else).
5. Return to this and repeat from the beginning.

BIG IDEAS

1. Look at the list of big ideas.
2. For each idea, make notes.

MINDMAP

1. Create a mindmap of what you know about the topic *from memory*.
2. Check your mindmap against the KO.
3. Add 5 things that you've missed using a different colour pen.
4. Do something else (e.g. revise something else).
5. Repeat.


PICTURES

1. Look at just the pictures.
2. Explain how each of these pictures is relevant to the topic.

LO: How do I revise (poetry) so that I don't forget what I've learnt?

You also have access to an annotated copy of the poem. This can help us to revise too:

1. Take a blank copy of the poem.
2. Annotate it with everything you can remember about the poem.
3. When you've finished, check it against the annotated version.
4. Add anything you missed using a different colour pen.
5. Do something else.
6. Repeat with another blank copy of the poem.

 Simon Armitage (b. 1963) → Not a soldier → the poem is a dramatic monologue

Remains → The traumatic experience remains with the soldier
→ It is the memory of human remains the soldier keeps returning to.

1st person (from the perspective of the soldier).

1 On another occasion, we get sent out to tackle looters raiding a bank. And one of their legs is on the road, probably armed, possibly not. → present tense - feels like now rather than the past.

5 We walk myself and somebody else and somebody else are all of the same mind, so all three of us open fire. Three of a kind all letting fly, and I swear. → Colloquial language (sounds like an ordinary person - helps us relate to the soldier).

10 I see every round as it rips through his life - I see broad daylight on the other side. So we've hit this looter a dozen times and he's there on the ground, sort of inside out, pain itself, the image of agony. → Graphic imagery - powerfully conveys brutality.

15 One of my mates goes by and loses his guts back into his body. Then he's carted off in the back of a lorry. → Lack of respect - looter dehumanised.

→ First half of poem - describing the shooting.

→ End of story, except not really. → Turning point.

His blood shadow stays on the street, and out on patrol I walk right over it week after week. → Matter-of-fact tone - no focus on emotions.

20 Then I'm home on leave. But I blink → Imagery → symbolises guilt
→ shadow → casts a shadow over his life.
→ a shadow follows you around - can't escape it. → haunting.
→ dark imagery (death, misery, depression).

Design & Technology *knowledge organiser* Year 8

| Year | Curriculum Overview | KS3 Curriculum covered | Assessment |
|------------------------------------|--|---|---|
| YEAR 8 8-10 week rotation | <p>You will make a USB lamp using an upcycled metal can and a range of electrical and joining components. You will work with MDF and a range of softwood/hardwoods. You will be taught how to accurately measure and mark out, to drill, sand and hand finish.</p> <p>You will learn about types of surface decoration, materials, processes, tools & equipment. You will develop your idea following the iterative design process</p> | <p>Design:</p> <ul style="list-style-type: none">• develop and communicate design ideas using annotated mind-maps and annotated sketches, 3-D modelling, oral and digital presentations <p>Make:</p> <ul style="list-style-type: none">• select from and use specialist tools, techniques, processes, equipment and machinery, including computer-aided design and manufacture• select from and use a range of electronic and joining components, taking into account their properties <p>Evaluate:</p> <ul style="list-style-type: none">• test, evaluate and refine their ideas taking into account the intended users and other interested groups <p>Technical knowledge:</p> <ul style="list-style-type: none">• understand how more advanced electrical and electronic systems can be powered and used in their products [for example, circuits with heat, light, sound and movement as inputs and outputs] | <p>Design:</p> <p>You will be assessed on the originality of your design idea and how effectively you are able to apply it to your lamp</p> <p>Make:</p> <p>You will be assessed on your ability to measure and mark out accurately, to cut materials and finish them skilfully</p> <p>Evaluate:</p> <p>You will complete a detailed evaluation of your final product, identifying what went well and even better if</p> <p>Technical Knowledge:</p> <p>You will be able to assemble your circuit following step by step instructions. You will understand renewable and non-renewable energy sources</p> |

Use www.technologystudent.com to research the meaning of core Key terms: Renewable and non-renewable energy sources, sustainable design, AI, Automation and Robotics, Scales of Production, Properties of materials, CAD/CAM, the iterative design process,

LED Lamp Circuit

Top View

a = anode (+) Long
c = cathode (-) Short

Look closely at the diagram to identify where to attach and solder your wires and your resistor

Light project
How to put together arms on base

5mm hole
Pliers
Washer
4mm bolt
Locking nut
Wooden arm
Base
Screw
Screw driver

Light project
How to make hole in your tin can and fix electronics

Step 1

Mark out the 2 points on the can to punch holes in for your wooden arms to attach.

Wrap the string around the can to find the diameter. Cut the string to the can size – fold the string in half and cut the string at the half point. – use one half of the string to mark your two points - mark where the string starts and finished on the can in the middle of the can.

You also need to mark the centre of the bottom of the can.

Step 2

For the hole in the bottom of the can, place the can on the table and use a nail then hammer the nail through the tin can, once through wiggle it to make the hole bigger.

Light project
How to make hole in your tin can and fix electronics

Step 3

For the holes on the side, place the can on the wooden batten which is clamped into the bench vice, use a nail then hammer the nail through the tin can, once through wiggle it to make the hole bigger, do the same for both marks on the tin can, these hole will be to attached your wooden arms.

Bench vice
Wooden batten
Large nail
Hammer

Drama Knowledge 10



The Theatre Royal, Plymouth

The Theatre Royal, Plymouth, is a theatre venue in Devon. It consists of **3** different performance spaces in the same complex.

The main theatre is called the **Lyric** and has 1,315 seats. It has a **proscenium arch stage** and has a unique ability to lower the ceiling of the **auditorium** to create a more **intimate** performance space of 787 seats. The Lyric regularly hosts large-scale musicals, opera and ballet and of course the annual **pantomime**.

The **Drum** Theatre is a flexible performance space with up to 175 seats and several different layouts including **end on**, **traverse**, **thrust** and **in the round**.

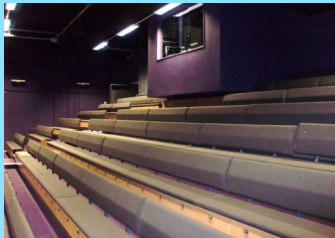


The smallest performance space is the **Lab**. It is a 50 seat studio theatre used by **amateurs** and **professionals** to meet, experiment and share their creative ideas.

The theatre Royal complex is guarded by a 7 metre bronze statue called '**The Messenger**'.

The Templer Theatre

Our theatre used to be a sports hall and was converted in 2012. It has



an end on stage with 239 **raked** seats. The seating can retract to create a large open space to use for examinations.

Front of House — is the part of the theatre that is open to the public. It consists of the **auditorium** (**seating area**), **box-office** (ticket sales), **foyer** (Waiting area), **refreshments**, **merchandise shop** and toilets.

Theatre Programme - A booklet or leaflet available to buy at a live theatre performance. It is a souvenir containing photos and information about the show.

Matinee — A matinee is an afternoon performance usually starting around 2pm.

Green Room — is the backstage waiting room for actors in a theatre. This is the room where actors and other performers wait when they are not needed onstage or in their dressing rooms. Strangely they are often **NOT** green.

Interval — Most plays and musicals over 90 minutes long would have an interval. Intervals are a 20 minute break to allow the audience time to go the toilet, buy food and drink and stretch their legs.

Colour Symbolism

Colour can be used in **costumes**, **set**, **props** and **lighting** to communicate a deeper meaning to the audience.

Example:

LUXURY

PURPLE





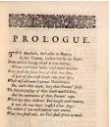
AMBITION

DIGNITY

TRUTH

KO Year 8 Cycle 2 - Shakespeare's 'Romeo and Juliet' (Reading): Knowledge Organiser

Key Vocabulary

| | Word | Example: |
|---|---|--|
|  | hierarchy – things or people being ranked by status | In Elizabethan England all people lived within a strict social hierarchy |
|  | character function – the purpose of a character | Juliet's character function is to challenge expectations of a patriarchal society |
|  | character development – how a character develops (changes) | Juliet's character develops in Act 1 from innocent to conflicted |
|  | tragedy – a genre where things go horribly wrong for the main character(s), and there is lots of death | Shakespeare's play <i>Romeo and Juliet</i> is a tragedy involving two star-crossed lovers. |
|  | Prologue - an opening to a story that establishes the context and gives background details. | Shakespeare's prologue foreshadows the tragic end for Romeo and Juliet |

Other key terms

| | |
|--|---|
| innocent – not having much experience of life | obedient – willing to do what you are told to do |
| conflicted – confused because you have two or more feelings about something that are opposite | independent – not controlled or ruled by anyone else |

Writer's Craft

| | |
|----------------|---|
| dramatic irony | when the audience is aware of things that the characters don't know |
| imagery | the use of words to describe ideas or situations and build a picture in the mind |
| simile | describing one thing as being another, using <i>like</i> or <i>as</i> : 'It's like an oven' |
| metaphor | describing one thing by saying it <i>is</i> something else: 'This room is an oven' |
| oxymoron | Where two words with opposing meanings are used next to each other. |
| sonnet | a poem (typically a love poem) with 14 lines |
| soliloquy | A character speaking their thoughts aloud, regardless of any hearers |
| foreshadowing | to warn or indicate about a future event |

Academic Writing












| | | |
|--|--|--|
| | hedging language – words and phrases that are used to present ideas as possible rather than certain. | Shakespeare could be presenting Juliet in this way to teach us that... Other words: may, might, perhaps |
| | Introduction – the first paragraph of an essay where you introduce the topic and outline your ideas to answer the essay question. | In 'Romeo and Juliet', Shakespeare explores the topic of... through... |

What ideas is the writer exploring?
E.g. Shakespeare presents Romeo as conflicted.

How is the writer exploring those ideas?
E.g. Through the use of oxymorons such as ...

Why are they exploring these ideas in this way?
E.g. Links to Elizabethan era

KO Year 8 Cycle 2 - Shakespeare's 'Romeo and Juliet' (Reading): Knowledge Organiser

| Key Context | | | Characters | | Plot Overview | |
|--|----------------------|---|---|--|---------------|---|
|  | Elizabethan society | England under Queen Elizabeth I (1533-1603) with very strict social rules |  | Romeo - son and heir of Montague and Lady Montague. A young man aged 16 years old. | Act 1 | A fight breaks out between members of the Capulet and Montague houses. Prince Escalus demands all fighting stops. Romeo is in love with Rosaline but she does not feel the same. Capulet talks with Paris about his plans to marry Juliet. By the end of the Act, Romeo and Juliet fall in love and kiss. |
|  | Fate | The development of events outside a person's control, usually predetermined by a supernatural power. |  | Juliet - daughter of Capulet and Lady Capulet. 13 years old. | Act 2 | Romeo stands at Juliet's balcony and they profess their love for each other. Romeo asks Friar Lawrence to complete the marriage in an attempt to end the family feud. Romeo and Juliet are married. |
|  | Great Chain of Being | A Christian hierarchy of all things on: God at the top; kings lower, commoners then animals lower still... |  | Friar Lawrence - a member of a religious group within the Catholic church. Friend to both Romeo and Juliet. | Act 3 | Tybalt kills Mercutio (Romeo's friend) and Romeo kills Tybalt (Juliet's cousin' in revenge. Prince Escalus exiles Romeo from Verona. The Capulets order that Juliet is to marry Paris. |
|  | patriarchal society | A type of society that is mostly ruled and controlled by men, in which men hold most of the power. |  | The Nurse - Juliet's nurse who has cared for her since she was born. | Act 4 | Juliet visits Friar Lawrence and they plan to fake her death so that she can escape with Romeo. The Capulets discover Juliet's 'death', although the audience know this to be fake. Friar Lawrence sends a message to Romeo to tell him about their plan to fake her death. |
|  | role of women | In Shakespeare's time, women were expected to be wives, mothers and caregivers. |  | Lord and Lady Capulet – Juliet's mother and father. Enemy of Montagues. | Act 5 | Romeo does not receive the message from Friar Lawrence about Juliet's plans to fake her death. Romeo finds Juliet apparently dead, and he kills Paris in the graveyard, drinks poison and dies. Juliet awakes to find he has died, and stabs herself. The Capulets and Montagues agree to end their feud. |
| | | |  | Lord and Lady Montague – Romeo's mother and father. Enemy of Capulets. | | |

Key Quotations

| | | |
|---|---|---|
| "star-crossed lovers" (Prologue) | "my child is yet a stranger in the world" (Act 1, Scene 2) | "ripe to be a bride" (Act 1, Scene 2) |
| "my only love sprung from my only hate" (Act 1, Scene 5) | "thy name is my enemy" (Act 2, Scene 2) | "These violent delights have violent ends" (Act 2, Scene 6) |
| 'O serpent heart hid with a flowering face!" (Act 3, Scene 2) | "I will not marry yet. And when I do, I swear it shall be Romeo" (Act 3, Scene 5) | "Well, Juliet, I will lie with thee tonight" (Act 5, Scene 1) |



Homework 1 <https://forms.office.com/r/jgEuY4gW8R>

What are macronutrients and why do we eat food?

Balanced diet definition:

This means eating a wide variety of foods in the right proportions, and consuming the right amount of food and drink to achieve and maintain a healthy body weight.

The Eatwell guide shows how eating different foods can make a healthy and balanced diet. It divides food into groups and shows how much of each food group is needed for a healthy diet.

The groups of the Eatwell Guide are:

1. **Fruit and vegetables -**
2. **Starchy carbohydrates -**
3. **Protein -**
4. **Dairy and alternatives -**
5. **Oils and spreads -**

8 tips for a healthy diet

1. Base your meals on higher fibre starchy carbohydrates.
2. Eat lots of fruit and veg.
3. Eat more fish, including a portion of oily fish.
4. Cut down on saturated fat and sugar.
5. Eat less salt: no more than 6g a day for adults.
6. Get active and be a healthy weight.
7. Do not get thirsty.
8. Do not skip breakfast.

The 3 main macronutrients needed by the body are:

- Carbohydrate = Energy
- Protein = GERM
- Fat = PIE

Questions:

1. What colour is each section of the Eatwell guide?
2. What should we cut down on eating too much of?
3. What do the letters GERM stand for in proteins function in the body?
4. What do the letter PIE stand for in fats functions in the body?



Homework 2 <https://forms.office.com/r/RrceUqrV8J>

Micronutrients- Vitamins

Macro vs micronutrient:

- **Macronutrients** are nutrients needed in large amounts in the body
- **Micronutrients** are nutrients that we need in the diet in **smaller** amounts

We need macronutrients and micronutrients in the diet. They are equally important the only thing that is different is the amount of each that we need.

VITAMINS AND THEIR FUNCTIONS

| | Function (what does it do?) | Source (foods found in) |
|---|--|--|
| A | <ul style="list-style-type: none"> • Healthy skin • Helps us see in the dark | <ul style="list-style-type: none"> • Animals – liver and milk • Plants – carrots and red peppers |
| B | <ul style="list-style-type: none"> • Releases energy from food | <ul style="list-style-type: none"> • Bread, fish, broccoli, liver, milk, peas, rice |
| C | <ul style="list-style-type: none"> • Keeps connective tissue healthy • Helps absorb iron | <ul style="list-style-type: none"> • Oranges, blackcurrants, broccoli, red and green peppers |
| D | <ul style="list-style-type: none"> • Helps the body absorb calcium | <ul style="list-style-type: none"> • Butter, eggs, milk, oily fish |



Homework 3 <https://forms.office.com/r/BKFV6zuUtl>

Micronutrients- Minerals

MINERALS AND THEIR FUNCTIONS

| | Function (what does it do?) | Source (foods found in) |
|---------------|---|--|
| Calcium | <ul style="list-style-type: none"> • Build strong bones and teeth | <ul style="list-style-type: none"> • Yoghurt, cheese, milk, tofu |
| Sodium (salt) | <ul style="list-style-type: none"> • Keeps the correct water balance in the body | <ul style="list-style-type: none"> • Cheese, ready meals, salted nuts, bacon |
| Iron | <ul style="list-style-type: none"> • Keeps red blood cells healthy | <ul style="list-style-type: none"> • Dark green vegetables, beans, fish, egg yolk, red meat |

Questions:

1. Explain the difference between a macronutrient and micronutrient?
2. Are macronutrients more important than micronutrients in the body?
3. Which vitamin helps the body absorb calcium?
4. Which vitamin helps the body absorb iron?

Homework 4 <https://forms.office.com/r/iieHYqQhrm>

Nutritional needs of different groups

Nutritional needs depend on: Gender, Age, Lifestyle, Activity level, Health condition(s), Weight

People can be classified into:

BABIES

Special diet needs: milk for the 1st 6 months. **High energy** needs. **No added salt** or **sugar**.

Need more: Food high in iron & vitamin C 6 months+

CHILDREN

Special diet needs: **regular**, **smaller meals** and snacks. High energy needs. Reduced salt and sugar. **Eatwell Guide** between 2-5 years

Need more: Calcium and Vitamin D. Iron and Vitamin C

TEENAGERS

Special diet needs: **Eatwell Guide**. Teenagers have **growth spurts** and high energy needs. Increased appetites mean **larger portions**.

Need more: Protein, Calcium & Vitamin D, C & Iron

ADULTS

Special diet needs: **Lower energy needs**. Eatwell guide. **Avoid** foods high in **sugar** and **fat**.

Need more: Calcium and Vitamin D, Iron and Vitamin C

PREGNANT AND LACTATING WOMEN

Special diet needs: **Healthy balanced** diet. Plenty of watery drinks. **Higher energy needs** for last 3 months of pregnancy

Need more: Folic acid, Protein, Calcium and Vitamin D, C & Iron

THE ELDERLY

Special diet needs: Bodies typically **slow down**, so **less energy** is needed. Don't absorb nutrients as easily. Plenty of watery drinks

Need more: Fibre, Calcium, Vitamin D & C, Iron

Questions:

1. Why do teenagers need extra protein in their diets?
2. Which foods should adults avoid to prevent weight gain?
3. What type of drinks are suitable for pregnant women?
4. Why do the elderly need less energy than younger adults?

Homework 5 <https://forms.office.com/e/kV8DAFWxAY>

Allergies

Definitions:

Allergen – a substance or food that may cause an allergic reaction.

Allergic reaction – Where the body reacts suddenly and often seriously to certain foods.

The 14 allergens

Consumers may be allergic or have intolerance to other ingredients, but only the **14 allergens** are required to be declared as allergens by food law.



In the worst cases of food allergies, some people suffer severe reactions which can stop them breathing. They will need an injection of adrenaline from an **EpiPen** to help them recover.

Allergy information should be clearly shown on any ingredients list by **highlighting the ingredient in bold**.


The 2 main types of intolerance are **lactose intolerance** (dairy) and **coeliac disease** (gluten).

- Lactose intolerance = one of the **most common**. People who cannot digest lactose (**natural sugar** found in **milk** and other **dairy foods**).
- Intolerance to gluten is known as **coeliac disease**. Symptoms include Diarrhoea, Bloating and Weight loss


Questions:

1. What is the difference between a food allergy and intolerance?
2. Name 5 foods that could cause a food allergy?
3. What can happen to somebody who accidentally eats a food that they are severely allergic to e.g., nuts?
4. Plan a meal for a teenager who is a Coeliac. Explain what you would substitute and for what?


Y8 French LC3 : Sentence Builder 1 : Future plans - jobs - Qu'est-ce que tu veux faire comme travail?

| Opinion | Noun | Connec tive | Time marker | Verb phrase | Noun | Connec tive | Future tense | Adjective |
|--|---------------------------------|---|---|--|--|------------------------------------|---|---|
| J'aime (I like) J'adore (I love) Je n'aime pas (I don't like) Je déteste (I hate) | les sciences | donc (so) alors (so) | à l'avenir (in the future) un jour (one day) dans le futur (in the future) | je vais devenir (I'm going to become) je vais être (I'm going to be)  | militaire (soldier) journaliste (journalist) vétérinaire (vet) médecin (doctor) architecte (architect) dentiste (dentist) secrétaire (secretary) scientifique (scientist) | parce que (because) | ce sera (It will be) | intéressant (interesting) fascinant (fascinating) génial (great) éducatif (educational) chouette (great) |
| | les langues (MFL) | | | | | | | |
| | les maths | | | | | | | |
| | le dessin (art) | | | | | | | |
| | le théâtre | | | | professeur/professeure (teacher) avocat/avocate (lawyer) écrivain/écrivaine (writer) employé/employée de bureau (office worker) | | | |
| | l'anglais (English) | | | | directeur/directrice (manager) acteur/actrice (actor/actress) animateur/animateuse (activity leader) | | | |
| | l'EPS (PE) | | | | coiffeur/coiffeuse (hairdresser) policier/policière (police officer) | | | |
| | l'histoire (History) | | | | mécanicien/mécanicienne (mechanic) informaticien/informaticienne (IT technician) | | | |
| | l'informatique (ICT) | | | | | | | |
| | la technologie | | | | | | | |
| la géo | | | | | | | | |

Y8 French LC3 : Sentence Builder 2 : My ambitions - Quelles sont tes ambitions ?

| Future marker | verb | infinitive phrase | noun | connective | adjective |
|--|--|--|---|---|--|
| Mon ambition (My ambition) Mon rêve (My dream) Mon but (my goal) | est (is) | de travailler dans (to work in) de faire carrière dans (to have a career in) | les arts et la culture (arts and culture) les médias (the media) les sciences (science) l'hôtellerie (hotels) l'informatique (computing) le commerce (business) | car c'est un métier (because as a job it's) | stimulant (stimulating) bien payé (well paid) enrichissant (enriching) créatif intéressant |
| Je ne veux pas (I don't want) | travailler dans (to work in) faire carrière dans (to do a career in) | le sport et les loisirs (sports and leisure) la technologie (technology) la restauration (catering) la médecine et la santé (medecine and health) |  | | fatigant (tiring) stressant mal payé (badly paid) monotone (dull) affreux (awful) |

Y8 French LC3 : Sentence Builder 3 : Next steps - Qu'est-ce que tu vas faire après avoir fini le collège?


| Time phrase | future tense | noun | connective | reason | extra clause |
|--|--|--|-------------------|--|---|
| <p>Après avoir fini mes examens (after having finished my exams)</p> <p>A l'avenir (in the future)</p> <p>Avant d'aller à l'université (before going to university)</p>  | <p>je vais étudier (I'm going to study)</p> <p>je vais faire (I'm going to do)</p> <p>REMINDER: je vais tu vas il/elle/on va nous allons vous allez ils vont elles vont</p> | <p>au lycée (at sixth form college)</p> <p>à l'université (at university)</p> <p>l'anglais/les maths (English/maths)</p> <p>un apprentissage (an apprenticeship)</p> <p>du bénévolat (some volunteering)</p> <p>une année sabbatique (a gap year)</p> <p>un stage en entreprise (work experience)</p> | <p>car</p> | <p>ce sera fascinant (it will be fascinating)</p> <p>ce sera important pour ma carrière (it will be important for my career)</p> <p>ce sera essentiel pour moi (it will be essential for me)</p> <p>je veux aider les gens (I want to help people)</p> <p>je veux découvrir le monde I want to discover the world)</p> <p>je veux travailler à l'étranger (I want to work abroad)</p> <p>je veux voyager (I want to travel)</p> <p>c'est ma passion (it's my passion)</p> <p>ça m'intéresse (it interests me)</p> | <p>j' ai hâte de le faire (I can't wait to do it)</p> <p>je suis très impatient(e) (I'm very excited)</p> |

Y8 French LC3 : Sentence Builder 4 : Celebrations : Qu'est-ce que tu fais pour célébrer ton anniversaire ?

| Time marker | infinitive | present tense | verb | | subordinate clause |
|-------------------------------------|---|---|---|-----------------------|--|
| Normalement (Normally) | | je reçois des cadeaux (I receive presents) | | avec (with) | mes parents (my parents) |
| D'habitude (usually) | | je mange au restaurant (I eat in a restaurant) | | | ma famille (my family) |
| Tous les ans (every year) | pour fêter noël (to celebrate Christmas) | je danse (I dance) | | | mes grandparents (my grandparents) |
| | | je mange trop de chocolat (I eat too much chocolate) | | | mes amis (my friends) |
| | | je regarde un film au ciné (I watch a film at the cinema) | je fais la-fête (I celebrate) | | mon meilleur ami (my best friend - m) |
| | pour fêter mon anniversaire (to celebrate my birthday) | je fais du bowling (I do bowling) | | | ma meilleure amie (my best friend - f) |
| | | on va en vacances (we go on holiday) | | | |
| | | on mange un grand repas (we eat a big meal) | | | |
| | | on célèbre en famille (we celebrate with the family) | | | |
| | | on fait la fête (we have a party) | | | |



Y8 French LC3 : Sentence builder 5 : Last year or next year ? Que fais-tu pour les fêtes ?

| Time marker | infinitive | past tense | connective | future tense | future | superlative |
|---------------------------------|---|--|---|---|--|---|
| L'année dernière (last year) | <p>pour fêter Noël (to celebrate Christmas)</p> <p>pour fêter mon anniversaire (to celebrate my birthday)</p> | <p>j'ai reçu des cadeaux (I received presents)</p> <p>j'ai mangé au restaurant (I ate in a restaurant)</p> <p>j'ai mangé trop de chocolat (I ate too much chocolate)</p> <p>j'ai regardé un film au ciné (I watched a film at the cinema)</p> <p>j'ai fait du bowling (I did bowling)</p> <p>on est allés en vacances (we went on holiday)</p> <p>on a mangé un grand repas (we ate a big meal)</p> <p>on a célébré en famille (we celebrated with the family)</p> <p>on a fait la fête (we had a party)</p> | <p>mais l'année prochaine (but next year)</p>  | <p>je vais recevoir des cadeaux (I'm going to receive presents)</p> <p>je vais manger au restaurant (I'm going to eat in a restaurant)</p> <p>je vais manger trop de chocolat (I'm going to eat too much chocolate)</p> <p>je vais regarder un film au ciné (I'm going to watch a film at the cinema)</p> <p>je vais faire du bowling (I'm going to do bowling)</p> <p>on va aller en vacances (we are going to go on holiday)</p> <p>on va manger un grand repas (we're going to eat a big meal)</p> <p>on va célébrer en famille (we're going to celebrate as a family)</p> <p>on va faire la fête (we're going to have a party)</p> | <p>ce sera (it will be)</p> | <p>mieux (better)</p> <p>pire (worse)</p> |

Geography Knowledge Organiser

<https://quizlet.com/notes/48be25f3-f857-4b80-a37e-09210ff32920?i=24llg4&x=13qt>

Ready to test your knowledge? Scan this QR code to access

Quizlet



| | | | | | |
|------|---|-------|---|-------|-------------------------|
| Year | 8 | Cycle | 3 | Topic | Industry & Urbanisation |
|------|---|-------|---|-------|-------------------------|



Subject vocabulary

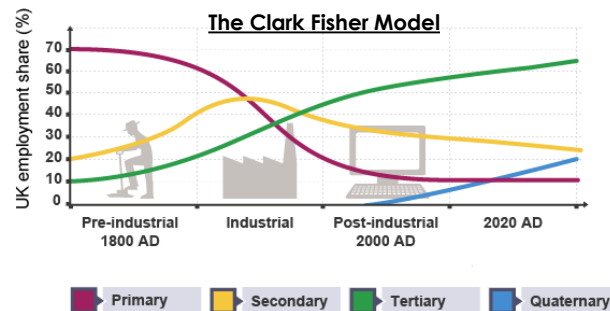
| | |
|------------------------|--|
| Industry | A particular form or branch of economic or commercial activity. |
| Economy | The range of human activities concerned with the production, distribution and consumption of goods and services. |
| Employment structure | The proportion of people employed in different industries in a country. Sometimes referred to as 'industrial structure'. |
| Primary industry | This sector is concerned with the extraction of raw materials or natural resources from the land or sea. |
| Secondary industry | This sector involves the manufacturing of raw materials (primary products) into a product. This adds value to the final product. |
| Tertiary industry | This sector is sometimes called the service sector as it is concerned with providing a service. |
| Quaternary industry | This sector involves jobs working in Research and Development and other hi-tech industries. These people are highly skilled. It is sometimes referred to as 'The knowledge economy'. |
| The Clark-Fisher Model | Shows how countries move through three phases: pre-industrial, industrial and post-industrial. Primary, secondary, tertiary and quaternary shares of employment change through these phases. Technology and wealth are major components causing industrial change. |
| Mechanisation | The introduction of machines or automatic devices into a process, activity, or place. |
| Globalisation | The lengthening and deepening of links between countries. |
| Agriculture | The science or practice of farming, including cultivation of the soil for the growing of crops (arable) and the rearing of animals to provide food, wool, and other products (pastoral). |
| Tourism | The industry based on people visiting places of interest for relaxation and enjoyment. |
| Science park | A collection of scientific and technical knowledge-based businesses located on one site. |
| Consumerism | The preoccupation of society with the acquisition of consumer goods. |

| | |
|---------------------------------|---|
| Global shift | An increase in the proportion of global manufacturing carried out in NEEs and LICs. |
| TNC | A transnational corporation: A global company; often having its headquarters in HICs and factories in LICs and NEEs. |
| Derelict | Abandoned; disused (usually used in the context of buildings). |
| Settlement | A place where people live. Site: The land the settlement is built on. |
| Function | A place's reason, job or purpose for being. In urban areas this relates to the purpose of a land use for residential areas, recreation, industry etc. |
| Urbanisation | The increase in the proportion of people living in urban areas. |
| Migration | Movement of people from one place to another. An example would be rural- urban migration. |
| Push & pull factors | Push: Something that makes someone want to leave an area. Pull: Something that attracts someone to an area. |
| CBD (Central business district) | This is where a mixed land use of retail/ shops/ offices. It is the commercial and business use of the city. |
| Suburbs | The suburbs are an area where people live, which is away from the centre of a town or city, typically made up of private, semi-detached housing. |
| Rural- urban fringe | The rural- urban fringe contains a mixture of land use. this includes residential areas, recreational facilities such as golf courses and farming. |
| Megacity | A city with over 10 million residents. |
| Informal jobs | Jobs that are not secure, well paid or pay any tax, sick pay or pension contributions. |
| Squatter settlement | A run-down area of a city with substandard housing. They are found in cities in LICs and NEEs all around the world. They can also be called informal settlements, shanty towns/ slums. In Brazil they are called 'Favelas'. |

Lesson content

1. Employment structures and industrial change in the UK

We start this unit by identifying what the term economy means, followed by employment structure. We identify and give examples of employment in primary, secondary, tertiary and quaternary sectors. The Clark Fisher Model identifies increases and decreases in these sectors in line with a country's level of development. The UK is in a 'post-industrial' phase, whereby primary and secondary industries have declined and tertiary and quaternary industries are increasing.



2. Primary industries in the UK

The UK hasn't got huge amounts of primary industry left, due to it often being cheaper to import resources from other countries. Agriculture is still an important part of British heritage and employment; Farmland accounts for over 70% of the UK's land area, but less than 1% of jobs in the UK, due to mechanisation. The type of farming is often dictated by the physical environment (soil, slopes, drainage, climate). We identify landscape features from OS maps that dictate the most effective type farming. Farms are also important economic systems; their inputs, outputs, processes and feedback must be delicately balanced in order to make a profit, and not a loss.

3. Modern Industries in the UK

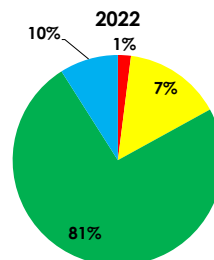
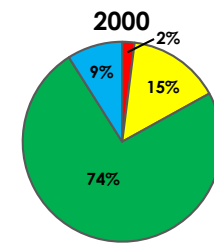
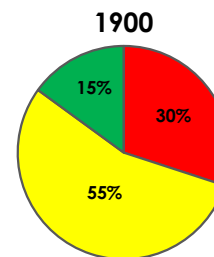
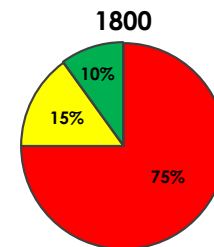
Manufacturing is declining in the UK, shifting to other areas in the world where production is cheaper. Manufacturing still exists in the UK, such as the car industry. Nissan's manufacturing plant in Sunderland helped fill a void left over from steel, textile, iron and shipbuilding industries moving abroad. With UK governmental support, a skilled workforce, good transport links and room to expand, Sunderland was a good location for Nissan's investment. Location is extremely important for any successful business; using business consultation advice, students complete a decision-making exercise to identify the perfect site for a manufacturing business.

4. The tertiary economy in the UK

The tertiary economy is the largest sector in the UK currently. However, considering universal access to internet, urban areas are witnessing a decline in retail (shopping) in town/ city centres. This will result in job losses, but other jobs opening in other sectors. Disused primary and secondary settings are now being utilised in the 'experience economy' through tourism. This is restoring 'function' to abandoned places. The Eden Project is a good example of how a disused clay quarry has been re-used to attract tourists and promote conservation.

5. The quaternary economy in the UK

Due to investment in technology, medical research and IT, the quaternary sector is growing in the UK. Evidence from this growth can be seen with the increasing number of science parks developing on growth corridors. The features and benefits of the location of science parks is that they are often located near transport infrastructure, on the edges of cities (so they have room to expand) and are near colleges and universities to access the best graduates for employment. Cambridge Science Park is a good example of these features.



Key concepts

These are 'big ideas' in Geography. They help us link different areas of the subject together through a common thread.

Processes

A sequence of actions, natural and/or cultural, that shape and change environments, places and societies. Processes are the driving forces (cogs) behind natural and human change.



Risk

The probability of an event causing harmful consequences (loss of life, injuries damage) to humans and the environment. Humans can become resilient towards risk.



Adaptation

The process of change. This can be how humans alter their behaviour in order to become more resilient, or can refer to organisms adapting in order to suit their environment better.



Sustainability

Meeting our needs today without compromising future generations to meet their own needs. It is all about being caring and considerate of the Present and the future.



Interdependence

When two or more components rely on each other. Often referred to as a web of connections.



Causality

The relationship between cause and effect. Think of the domino effect; how toppling one domino leads to a chain reaction of them all falling over.



| | | |
|--|--|---|
| <p>6. The growth of China</p> | <p>China was stricken by poverty until China's government created an 'open door policy', which enabled foreign companies to move their production to China. Industry shifted from primary to secondary because of global shift. This transformed China into a NEE. The effects of this were 700 million lifted out of poverty, massive rural to urban migration, and subsequent urban growth. However, environmental pollution is also a legacy of this growth. China is now embracing the tertiary sector; as people are becoming more affluent, there is a new wave of consumerism in China.</p> | <p>China: 1950 – Present day</p>  |
| <p>7. Apple: A TNC case study</p> | <p>Transnational corporations (TNCs) have become very influential and wealthy in our globalised world. Their headquarters/ design centres are usually in HICs, and their manufacturing often takes place in NEEs/ LICs. They can help poorer countries develop through providing jobs and upgrading services and infrastructure. However, they may exploit the workers and pollute the environment.</p> | <p>While the iPhone is mostly designed by the Apple team in the US, its components are provided by many countries around the world.</p>  |
| <p>8. Impacts of industry</p> | <p>Changes in industry can have positive and negative effects on different places. People and the environment face significant changes when industry shifts; people may face job losses and/ or new opportunities. The environment may become more or less polluted due to shifting industry. The fashion industry is the 2nd largest polluter in the world; we examine how the growing of cotton can have negative social and environmental effects. One being the shrinking of The Aral sea!</p> |  <p>The Hoyt Land Use Model:</p> <ul style="list-style-type: none"> Central Business District (CBD) Factories / Industry Working class housing Middle class housing High class housing |
| <p>9. Site, settlement & function</p> | <p>After defining what 'settlement' means; we start to analyse different places 'functions' based on historic characteristics. Settlements were chosen based on an array of factors, ranging from; being high ground to defend, near water to trade, in natural harbours to provide safe anchorage and fishing, and on flood plains for fertile soil. Lastly, we consider local areas (Newton Abbot, Kingsteignton, Totnes & Dartmouth) to analyse what factors led to growth of these settlements.</p> |  <p>BedZED, South London:</p> |
| <p>10. Urbanisation & land use</p> | <p>Urbanisation is increasing in LIC & NICs, but slowing, and sometimes reversing in HICs. The growth of industry, particularly in the 19th Century in the UK caused the growth of many towns and cities (urbanisation). Because of this growth we can see a distinct pattern of land use in our urban areas. London is represented by the Hoyt sector land use model, to show how physical/ human features influenced the layout of cities</p> |  <p>Makoko floating slum, Lagos</p> |
| <p>11. Urbanisation in London</p> | <p>Urban areas undergo massive change when populations increase and industrial sectors shift. OS maps of London over hundreds of years show these changes. Rapid migration and urbanisation in London is said to be one of the contributing factors as to why it took so long to catch 'Jack the Ripper'. Designing out crime is one of the new features facing planners, architects and police forces in urban areas.</p> | <p>Lessons:</p>  <p>(If you cannot access the QR code, ask your teacher to share the folder with your school email)</p> |
| <p>12. Sustainability in Cities</p> | <p>With urban growth comes problems with housing, pollution, congestion and waste. Applying principles of sustainability can make urban areas more 'liveable' and resilient in the face of change. Beddington Zero Emission Housing (BedZED, South London) is a good example of applying these sustainable principles to urban areas. Creating a sustainable city helps students materialise these principles.</p> | <p>13. Lagos-growth & sustainability</p> <p>Lagos, Nigeria, is one of the fastest growing cities in Africa. As a megacity, there are many pull factors fuelling rural- urban migration; better services, transport infrastructure and employment prospects have been major contributors to this growth. Urbanisation in Lagos has created challenges to the environment and shortage of housing. The Makoko 'floating' slum presents some challenges of urban growth, but also offers opportunities for sustainable living through urban planning, such as the Makoko floating school!</p> |

History Knowledge organiser - Cycle 3 – Transatlantic Trade in Enslaved People

Timeline of key events

| Date | Event |
|--------------|---|
| 1560s onward | Start of British involvement in the Transatlantic trade in enslaved people. Remember that slavery has existed in many cultures throughout history. |
| 1700-1800 | 6 million Africans enslaved and taken to Americas |
| 1787 | Thomas Clarkson launches campaign against slavery |
| 1804 | Successful fight for independence by enslaved people in Haiti. Haiti becomes an independent country. |
| 1807 | The trade in enslaved people in the British empire is banned. |
| 1833 | Slavery Abolition Act – A law that banned slavery in the British empire. |
| 1861-65 | American Civil War – The Union (Northern states) win and slavery is abolished in USA |

Key people

| | | |
|-----------------------------|---|---|
| Thomas Clarkson |  | English abolitionist who helped campaign against the slave trade in the British Empire. |
| Olaudah Equiano |  | Ex-slave turned abolitionist , worked closely with other anti-slavery campaigners who had escaped. |
| Toussaint Louverture |  | Freedom fighter who helped lead the successful revolution in and free the enslaved people in Haiti, the former French colony. |
| Mary Prince |  | Campaigner . First woman to present an anti slavery petition to parliament. She wrote a book which detailed her experiences. |

Key terms

Note: Language is **very important** in this unit for two reasons.


1. You will come across language in sources that was commonly used at the time that is highly offensive and must not be used today.
2. The words and terms used to describe this topic often come from the people who enslaved people and are therefore offensive. We need to make sure we use language that is specific and emphasises that terrible nature of slavery.

| Key Word | Definition |
|-----------------------|--|
| slavery | The state of being enslaved (not free) |
| enslaved person | A person that has no freedom, is forced to work without pay and treated with no respect. We use this term rather than 'slave' to show that they were people who had been forced into this way of life, it was not, and is not, normal for anyone to be enslaved. |
| Transatlantic slavery | Transatlantic = across the Atlantic, i.e. between the west coast of Africa and the Americas. This phrase is used to describe the trade in enslaved people 1500s-1900. It was at its height in the 1700s |
| triangular trade | The three part trading journey between Europe, Africa and America. |
| middle passage | The journey from Africa to the Americas on which enslaved people were transported in terrible conditions. |
| plantations | Huge farms, growing a single crop, that used enslaved people to complete the work. Main crops = cotton, sugar, tobacco |
| resistance | Fighting back - refusing to accept or obey. Enslaved people used many forms of resistance, from actually fighting to purposely working slowly, or running away. |
| freedom fighters | Enslaved people that fought for their freedom. They are often referred to as rebels, but shouldn't be as this makes what they did sound like a bad thing. |
| Maroons | Enslaved people who became freedom fighters e.g. in the British colony Jamaica where they successfully fought for their freedom. |
| campaign | Organised course of action to achieve a goal |
| abolition | To formally bring something to an end. This is known as being abolished |

Key Question: Why did slavery end?


Resistance

Freedom fighters fought back. There were revolutions in places like Haiti. Individual people Equiano and Prince campaigned and wrote books. There were every day acts of resistance like running away, working slowly and breaking tools




Economy

Enslavement is used because it is a way to make money. As crops that used to be only grown in the Americas became available from Europe it was cheaper to get them from there. Freedom fighters' resistance also cost a lot of money to try and deal with



Moral

Due to the campaigning of **abolitionists** like **Equiano Prince** and **Clarkson**, people were forced to acknowledge the terrible living and working conditions that **enslaved people** had and began to realise it was wrong.



History Knowledge organiser - Cycle 3 – WW1

| Timeline of key events | |
|----------------------------|--|
| Date | Event |
| 28 th June 1914 | Assassination of Arch-Duke Franz Ferdinand in Sarajevo |
| 28 th July 1914 | Start of WW1, Britain joins 4 th August |
| December 1914 | On Christmas Day 1914, troops put down their weapons and met in No Man's Land. |
| January 1916 | Britain introduces conscription |
| July-September 1916 | Battle of Somme- over half a million casualties |
| | |
| 11 Nov 1918 | The armistice is signed (ceasefire). The |

| Key people | | |
|-----------------------------------|---|---|
| Field Marshal Douglas Haig |  | Commander of British Army during WW1 |
| General Ludendorff |  | Commander of the German Army during WW1 |
| Toussaint Louverture |  | Freedom fighter who helped lead the successful revolution in and free the enslaved people in Haiti, the former French colony. |
| Mary Prince |  | Campaigner. First woman to present an anti slavery petition to parliament. She wrote a book which detailed her experiences. |

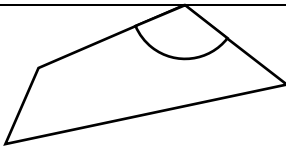
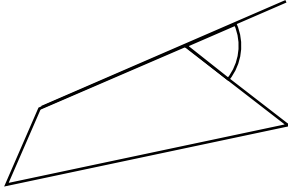
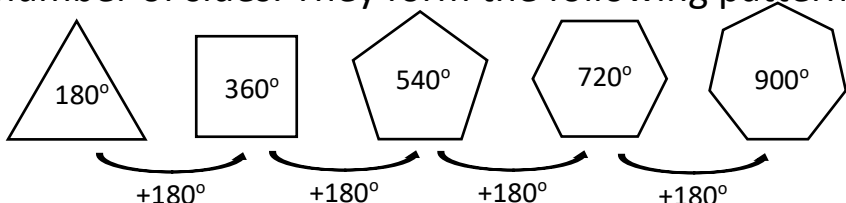
| Key terms | |
|-----------------|--|
| Key Word | Definition |
| militarism | the belief that a country should maintain a strong military and be prepared to use it aggressively. |
| nationalism | Having pride in and love for your country, willing to defend it (patriotism) |
| alliances | Agreements that if one country in the alliance was attacked, the others in the alliance would help them. |
| imperialism | The belief that you need to have or grow an Empire to succeed as a country |
| Triple Alliance | Alliance formed in 1882 between Germany, Austria-Hungary and Italy |
| Triple Entente | Alliance made in 1907 between Britain, France and Russia in response to |
| propaganda | Propaganda is exaggerated or even false information that is published in order to influence people. |
| conscription | All men aged 18-41 required to register for Military service |
| trenches | name given to the series of ditches soldiers fought and lived in on the front line during WW1. |
| morale | How good or bad a person feels about a situation |
| patriotism | Love of your country and |

Key Question: Why have historians changed their views about General Haig?

1920s: Britain had just won the war and people felt very patriotic. People looked on Haig as a hero who had helped that happen. His leadership helping to win major battles like the Somme and the Hundred Days Offensive. Historians writing at this time tended to focus on the lives of 'great leaders' - the people in charge. This meant that less importance was placed on the lives of the ordinary people whose lives were lost or affected by the tactics that Haig used to help win the war so were more likely to see him as a hero.

1960s: Britain was in the

Y8C3 Maths Key knowledge

| Item | Description |
|--|---|
| Average | The mean, median or mode . They represent the centre of a group of data. |
| Range | Represents how spread out a group of data is. |
| Mode | Most common value |
| Median | The middle value of an ordered list |
| Mean | sum of values \div number of values |
| Polygon | A closed flat shape with straight sides. Triangles, rectangles, pentagons etc. are all polygons. |
| Regular | The angles and side lengths of a regular polygon are equal. |
| Interior angle | An angle inside a polygon  |
| Exterior angle | An angle formed outside a polygon by extending a side.  |
| The interior angle sum of a polygon | The interior angle sum for a polygon depends on the number of sides. They form the following pattern:  |
| The exterior angle sum of a polygon | Exterior angles always add up to 360° |
| Certain | Represented by a probability of 100% or 1 |
| Impossible | Represented by a probability of 0% or 0 |

Y8 C1 - C3 End of Year KO

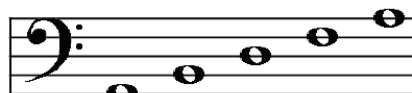
C1 Variations & Ground Bass, C2 - Film Music, C3 - All About the Bass

BASS CLEF & BASS CLEF NOTATION

BASS CLEF is a symbol used to show **low-pitched** notes on the staff. It is used by low instruments that play the **BASS LINE**



Notes on the **LINES** of the **BASS CLEF**: **G, B, D, F, A**
Green Buses Drive Fast Always



G B D F A

Notes in the **SPACES** of the **BASS CLEF**: **A, C, E, G**
All Cows Eat Grass



A C E G

Bass Clef **STAFF NOTATION**:



E F G A B C D E F G A B C

COMMON INSTRUMENTS USED IN BLUES/JAZZ/REGGAE (BC = USES BASS CLEF)



Voice



Guitar



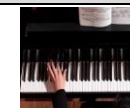
Drum Kit



Trumpet



Trombone
(BC)



Piano (LH uses
BC)



Double Bass/Bass
Guitar (BC)

Reggae Features & Key Words

REGGAE BASS RIFFS

Bass lines play an important role in Reggae. They help to underpin the **OFF BEAT** rhythms of the riffs used in the RH keyboard, lead guitar or vocal parts.



OFFBEAT RHYTHMS – Rhythms that emphasise or stress the **WEAK BEATS OF A BAR(2 & 4)**

SLOW, RELAXED ('chilled!') **TEMPO**

4/4 METRE/TIME SIGNATURE

Most Reggae songs are structured in **VERSE AND CHORUS/POPULAR SONG FORM**.

SIMPLE HARMONIES (2 or 3 chords)

CALL AND RESPONSE – Similar to a "Question and Answer" often the call sung by the lead singer and answered by the backing singers or instruments (the response) – musical dialogue.

BRASS INSTRUMENTS and **SAXOPHONES, ELECTRIC GUITARS, BASS GUITAR, KEYBOARDS, DRUMS AND PERCUSSION INSTRUMENTS**.

Bob Marley – famous Reggae singer from Jamaica

ONBEAT RHYTHM GRID

| Pulse/Beat | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 |
|---------------------------------|---|---|---|---|---|---|---|---|
| "Onbeat" (rhythms strong beats) | ♪ | ♪ | ♪ | ♪ | ♪ | ♪ | ♪ | ♪ |

OFFBEAT RHYTHM GRID

| Pulse/Beat | 1 | 2 | 3 | 4 | 1 | 2 | 3 | 4 |
|--------------------------------|---|---|---|---|---|---|---|---|
| "Offbeat" (rhythms weak beats) | ♪ | ♪ | ♪ | ♪ | ♪ | ♪ | ♪ | ♪ |



LYRICS (MELODY)

SYNCOPIATED RHYTHMS

RIFFS

OFFBEAT CHORDS

BASS LINE RIFFS

MORE COMMON KEY WORDS

RIFF/OSTINATO – Short, repeated musical patterns

IMPROVISATION – music created 'on the spot'

CHORD – 3 or more notes played together

TRIAD - 3 note chord (root(1), third and fifth). **C** = C, E, G (triad) *play one, miss one, play on*

REGGAE – a genre of music from Jamaica. Key features are prominent bassline, off beat chords (on beats 2 & 4). Like Blues it has its roots in African music.

How to build a chord

ALWAYS START AT THE BOTTOM (root) & BUILD UP

The **root** of the chord is shown by the **chord name**. e.g. the **Chord C** has the root note **C** and the **chord G** has the root note G etc.

Once you know the root you can build your chord like this -

Use this phrase to build from the root

Play 1, Miss 1, Play 1, Miss 1, Play 1

C2 - FILM MUSIC

The Role of Music in Film

Film Music is a type of **DESCRIPTIVE MUSIC** that represents a **MOOD**, **STORY**, **SCENE** or **CHARACTER** through music, it is designed to **SUPPORT THE ACTION AND EMOTIONS OF THE FILM ON SCREEN**. Film Music can be used to:

- Create or enhance a mood (though the **ELEMENTS OF MUSIC**) ->
- Function as a **LEITMOTIF** (see below)
- To emphasise a gesture (**MICKEY-MOUSING** – when the music mimics actions on screen e.g. cartoons – Roadrunner falling off a cliff)
- Provide unexpected juxtaposition/irony (using music the listener wouldn't expect to hear giving a sense of uneasiness or humour!)
- Linking scenes providing continuity
- Influence the pace of a scene making it appear faster/slower
- Make extra income/money (released as a **SOUNDTRACK**) – sometimes a song, usually a pop song is used as a **THEME SONG** for a film.
- To set the geographic location (using instruments associated with a particular country) or historical era (using music 'of the time').

Film Composer



John Williams
Star Wars, Jaws
Harry Potter
Indiana Jones
Superman, E.T.



How the Elements of Music are used in Film Music

PITCH AND MELODY – **RIISING MELODIES** are often used for increasing tension, **FALLING MELODIES** for defeat. **Q&A PHRASES** can represent good versus evil.

DYNAMICS – **FORTE (LOUD)** dynamics to represent power; **PIANO (SOFT)** dynamics to represent weakness/calm/resolve. **CRESCENDOS** used for increasing threat, triumph or proximity and **DECRESCENDOS** or **DIMINUENDOS** used for things going away into the distance. Horro Film soundtracks often use **EXTREME DYNAMICS** or **SUDDEN DYNAMIC CHANGES** to 'shock the listener'.

HARMONY – **MAJOR** – happy; **MINOR** – sad. **CONSONANT CHORDS** for "good" and **DISSONANT CHORDS** for "evil".

DURATION – **LONG** notes often used in Westerns to describe vast open spaces and in Sci-Fi soundtracks to depict outer space; **SHORT** notes often used to depict busy, chaotic or hectic scenes.

PEDAL NOTES – long held notes in the **BASS LINE** used to create tension and suspense.

TEXTURE – **THIN/SPARSE** textures used for bleak or lonely scenes; **THICK/FULL** textures used for active scenes or battles.

ARTICULATION – **LEGATO** for flowing or happy scenes, **STACCATO** for 'frozen' or 'icy' wintery scenes.

OSTINATO – rhythms for repeated sounds e.g. horses. Repetative motifs to hold suspense.

Film Music Key Words

LEITMOTIF – short motif used to identify a character/object or mood.

MICKEY MOUSING – Where music mimics an action on screen

DIEGETIC MUSIC – Music that appears to originate from something on screen. It can be heard by the characters
e.g. a car radio, a band in a nightclub or sound effects.

NON-DIEGETIC FILM MUSIC – Music which has been composed to accompany events on screen but which visibly is not part of the action. It can NOT be heard by the characters only by the audience – also known as **UNDERScore**.

SOUNDTRACK – The music and sound recorded on a motion-picture film. The word can also mean a commercial recording of a collection of music and songs from a film sold individually as a CD or collection for digital download.

STORYBOARD – A graphic organiser in the form of illustrations and images displayed in sequence to help the composer plan their soundtrack.

CUESHEET – A detailed listing of **MUSICAL CUES** matching the visual action of a film so that composers can time their music accurately.

C1 - Variations & Ground Bass

MELODY – A tune or succession of notes, varying in pitch, that have an organised and recognizable shape. Often called the main **TUNE** or **THEME** of a piece of music or song and easily remembered.

VARIATION – Where a **THEME** is altered or changed musically, while retaining some of the primary elements, notes and structure of the original. **VARIATION FORM**

A (Theme) A1 (Variation) A2 (Variation) A3 (Variation) A4 (Variation)

Ground Bass – A sequence of bass notes played throughout a piece

Ostinato - A short repeated musical phrase

Major Tonality – sounds light and happy

Minor Tonality – sounds dark and sad

Variation – different versions of the same melody

Retrograde - played backwards

Drone - 2 notes played in the bass 5 notes apart (C & G)

RPE Inequality Knowledge Organiser

Inequality

Inequality – lack of equality. The unfair situation in society when some people have more opportunities, money, etc. than others.

Rich - having a great deal of money.

Poor - lacking sufficient money to live at a standard considered comfortable in a society.

The Lotto

- **Lotto** - a game of chance where you or a machine select numbers and you win a prize if the numbers are picked in a random draw.



Poverty

Poverty - the state of being extremely poor.

Absolute - the complete lack of basic personal needs, such as food, clothing, and shelter.

Relative - poverty defined in comparison to other people's standing in the economy.

Religious Quotes

Islam - "Charities shall go to the poor, the needy, to free the slaves, to those burdened by sudden expenses, in the cause of Allah."

Christianity - "It is easier for a camel to go through the eye of a needle than for a rich person to enter the Kingdom of God!"

Charity

Charity - an organization set up to provide help and raise money for those in need.

Examples of charities:

- **Save the Children** - They run world-class programmes to save children's lives and challenge world leaders to keep to their promises to give children a brighter future.
- **Comic Relief** – They try to tackle the root causes of poverty and social injustice through the power of entertainment.
- **Oxfam** – They understand what people need to tackle poverty head on - seeds, tools, business training - whatever it takes.

Examples of religious charities:

- **Christian Aid** – helps people, regardless of their religion, to improve their lives & tackle poverty & injustice.
- **Muslim Aid** - tackles the root causes of poverty by funding long term development projects.

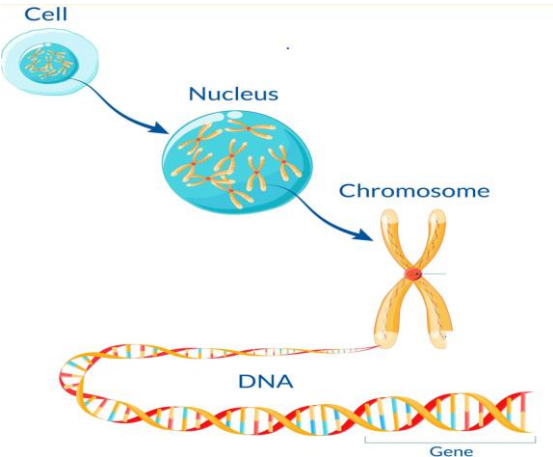
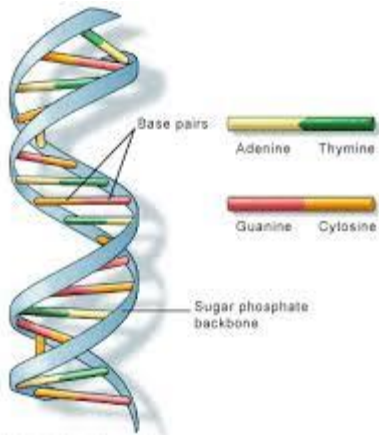

"Mutual respect for and tolerance of those with different faiths and beliefs and for those without faith"



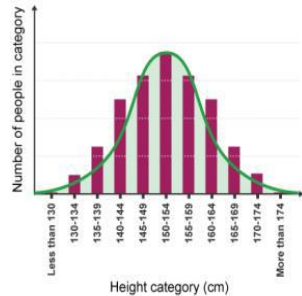
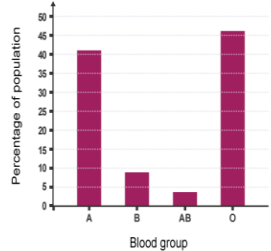
Fair Trade

Fair Trade – an organisation whose aim is to put a stop to the unfairness in the world and ensure the grower of crops receives what they rightly deserve! Benefits of Fair Trade include:

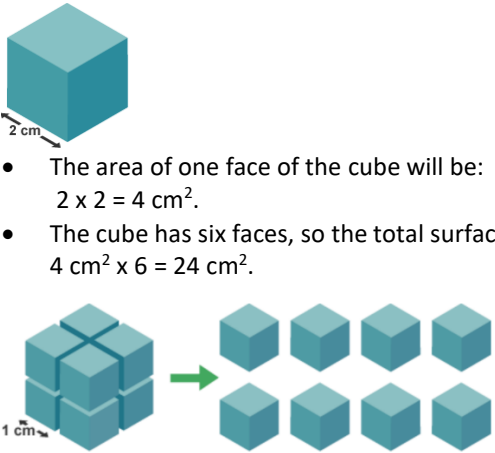

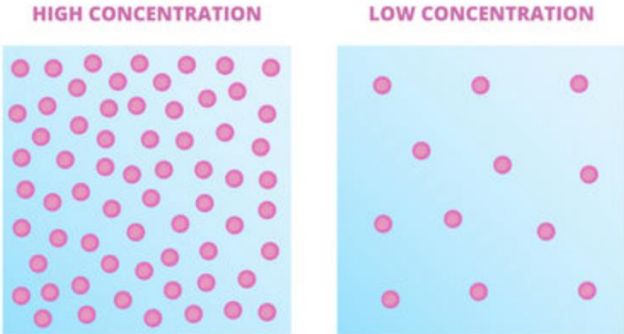
- Regular income
- Fair pay and working conditions
- Cleaner environment
- New housing
- Improved health and sanitation
- Increased efficiency

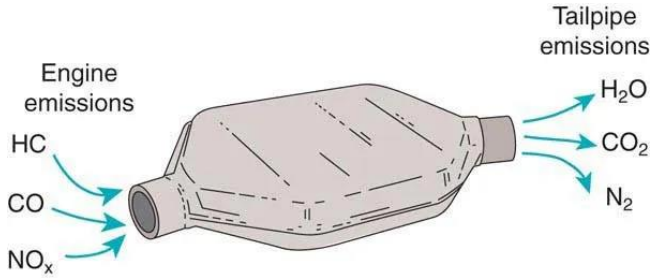
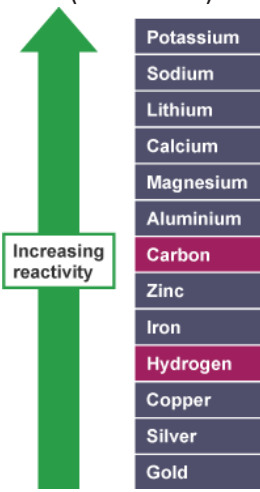

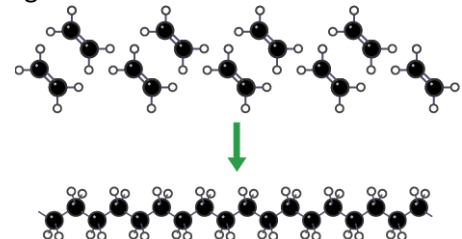


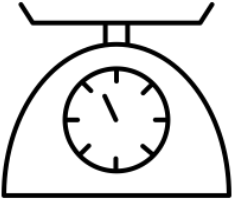



| Lesson 1 Inheritance | Lesson 2 Discovering DNA | Lesson 3 Extracting DNA |
|---|---|---|
| <p>The genetic information of all organisms is contained in the nucleus of cells, in chromosomes, made of DNA.</p> <p>Keywords in order of size (biggest to smallest): Cell, nucleus, chromosome, DNA, gene</p>  <p>Gene: A section of DNA which codes for a particular characteristic.</p> | <p>DNA – Deoxyribonucleic Acid</p> <p>DNA contains coded information that determines inherited characteristics.</p> <p>DNA is found in the nucleus of cells.</p> <p>The shape of DNA is a double helix (a spiral made of two strands).</p>  <p>There are 4 DNA bases which hold the two strands together A (adenine), T (Thymine), C (cytosine) and G (guanine).</p> <p>A always pairs with T, C always pairs with G.</p> | <p>In the practical you will extract DNA from bananas.</p> <p>Method</p>  <ol style="list-style-type: none"> Put the banana into the plastic bag, seal it and crush for about 2 minutes. Add 10 cm³ of the buffer solution to the bag with the banana and mix together for 1 minute. Filter the banana mixture. Pour 10 cm³ of ice-cold 90% ethanol down the side of the beaker into the banana mixture, do not mix or stir. Within a few seconds you should see a white cloudy substance form in the clear layer above the banana mixture. Use a wooden splint to pull strands of this out of the top layer. This is the banana DNA. |

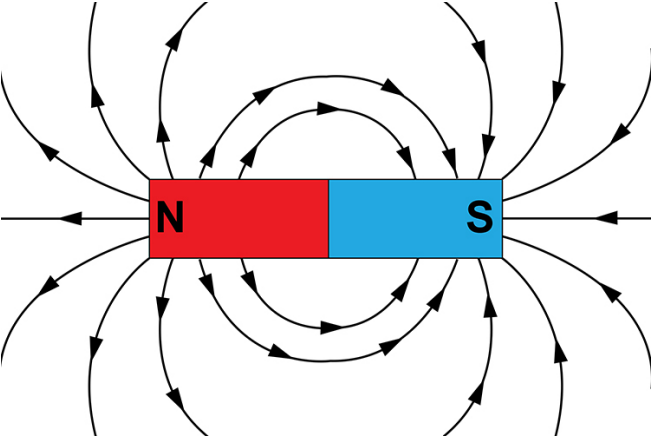
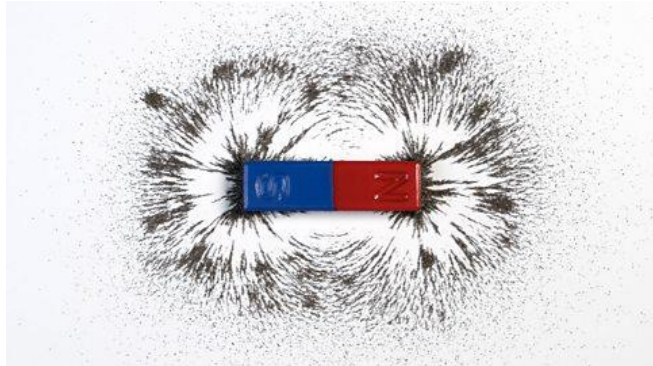
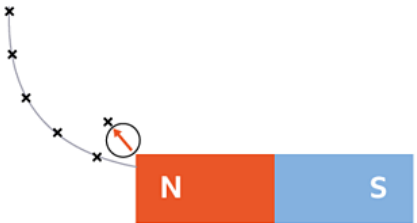


| <p>Lesson 4 The Human Genome</p> | <p>Lessons 5, 6 & 7 Variation</p> | |
|--|---|--|
| <p>Chromosomes:</p> <p>Chromosomes are arranged in pairs; in humans we have 46 chromosomes arranged in 23 pairs.</p> <p>The Genome: The complete set of genes in an organism.</p> <p>The Human Genome Project</p> <p>Scientists have sequenced the order of bases in all of the 30,000 genes of human DNA.</p> <p>The project started in 1990 and was completed in 2001.</p> <p>Advantages of the project:</p> <ul style="list-style-type: none"> • People's genes can be analysed for any mutations which may cause disease. • The gene that causes breast cancer was found. • Improves understanding of how medicines work in the body. • Helps us to understand evolution of organisms. <p>Disadvantages of the project:</p> <ul style="list-style-type: none"> • May lead to 'designer babies.' • People may be under pressure not to have children or terminate pregnancies. • Could affect insurance (life, car, medical etc.) • Personal information is stored on databases. | <p>Variation: The differences which occur between different species and within species.</p> <p>The differences are inherited through genes.</p> <p>Half an organism's DNA comes from the father, half from the mother.</p> <p>Each chromosome may have a different version of a gene. E.g. a gene for blue eyes, a gene for brown eyes.</p> <p>Alleles: Different versions of a gene, that code for different versions of a characteristic.</p> <p>Identical twins are the only organisms which have identical DNA so no variation.</p> <p>Inherited variation:</p> <p>Variation in characteristics that is a result of genetic information from parents. Examples include:</p> <ul style="list-style-type: none"> • Eye colour • Hair colour • Lobed or lobe less ears • Ability to roll your tongue. <div data-bbox="1211 1129 1442 1273">  </div> | <p>Environmental variation:</p> <p>Characteristics of animal and plant species can be affected by factors such as climate, diet, accidents, culture and lifestyle.</p> <p>If you eat too much food then you will become heavier. Variation caused by the surroundings is called environmental variation. Examples include your language and religion.</p> <div data-bbox="2011 427 2101 580">  </div> <p>Continuous variation:</p> <p>Human height is an example.</p> <p>It ranges from the smallest person on Earth to the tallest. Continuous variation shows characteristics that change gradually over time. Data is plotted on a line graph.</p> <div data-bbox="1823 735 2123 1031">  </div> <p>Discontinuous variation:</p> <p>A characteristic of any species with only a limited number of possible values. Eye colour and blood group are examples. Data is plotted on a bar graph.</p> <div data-bbox="1854 1098 2123 1350">  </div> |

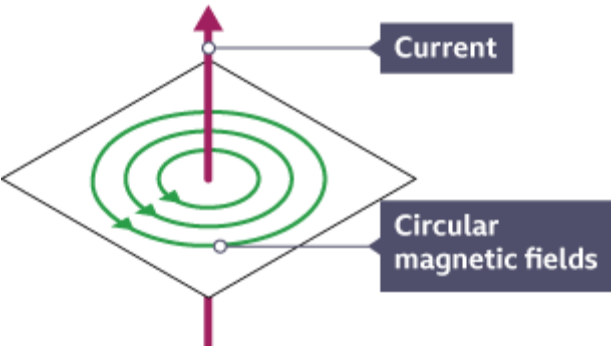
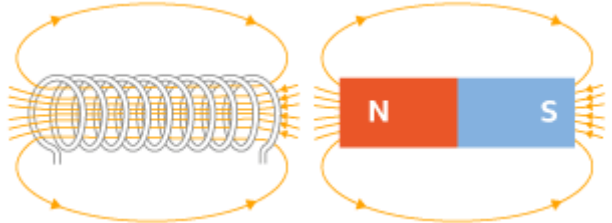
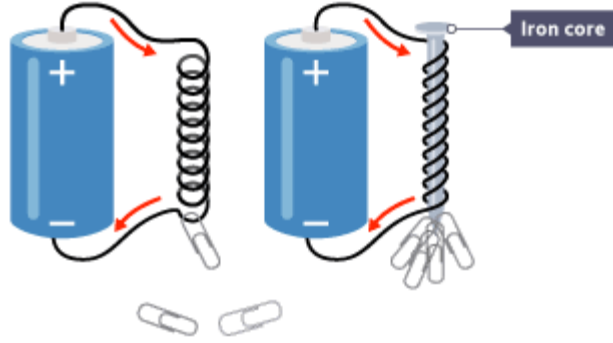
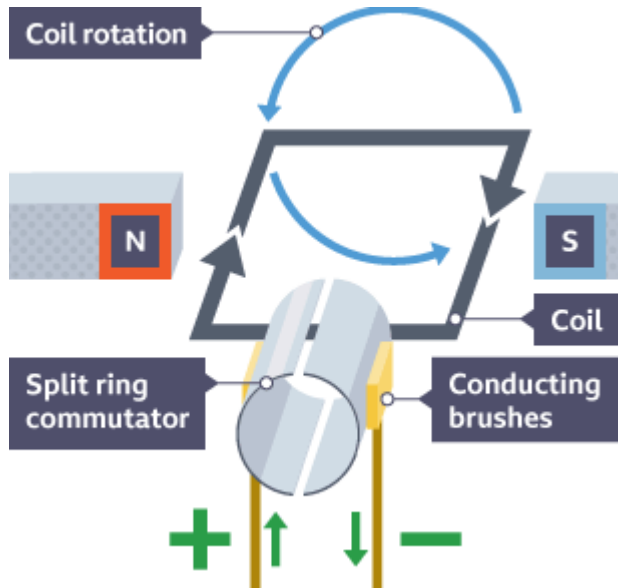
| Lesson 8 Natural Selection | Lesson 9 Extinction | Lessons 10 and 11 Biodiversity |
|--|--|--|
| <p>Scientists believe that the organisms which we see on Earth today have gradually developed over millions of years, this is known as evolution.</p> <p>Charles Darwin came up with the concept of natural selection, he said that only the best adapted animals will survive to pass on their genes, weaker animals will die out.</p> <div data-bbox="129 667 784 833" data-label="Diagram"> <pre> graph LR A[Organisms show variation in characteristics caused by their genes] --> B[Organisms with the best adaptations survive and reproduce, weaker organisms die out and do not pass on their genes] B --> C[Genes from the successful organisms are passed onto the next generation, passing on their successful characteristics] C --> D[Over a long period of time the best adaptations continue to be passed on which can lead to a new species being formed] </pre> </div> <p>One example of natural selection can be seen in giraffes.</p> <p>Only the giraffes with the longest necks would be able to eat from trees</p> <p>The ones with shorter necks would not be able to eat and die out.</p> <p>This would mean that only the gene for long necks would be passed on, leading to all giraffes having long necks</p> <div data-bbox="219 1184 649 1337" data-label="Image"> </div> | <p>A species will become extinct when all of a species die out.</p> <p>The fossil record shows us that animals have existed in the past which have now become extinct</p> <div data-bbox="1209 523 1422 730" data-label="Image"> </div> <p>Extinction can be caused by:</p> <ul style="list-style-type: none"> • Changes to the environment • Destruction of habitat • New diseases • Introduction of new predators • Increased competition <div data-bbox="1187 1077 1415 1295" data-label="Image"> </div> | <p>Biodiversity is the range of different living things in an ecosystem or on Earth.</p> <p>The greater the biodiversity the more stable the ecosystem.</p> <p>The more diverse a population is, the more likely they are to survive environmental changes</p> <p>When a species becomes extinct, the variety of species within an ecosystem is reduced, this is also known as a reduction in biodiversity</p> <p>Scientists try to prevent extinction by:</p> <ol style="list-style-type: none"> 1. Conservation 2. Gene banks 3. Captive breeding <div data-bbox="1579 1018 2016 1305" data-label="Image"> </div> |

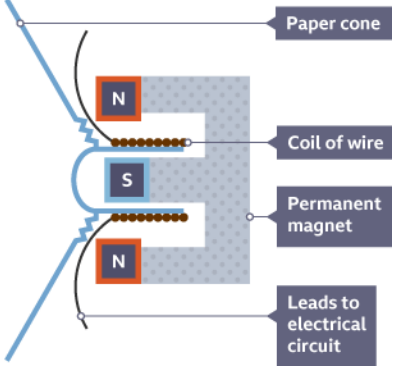
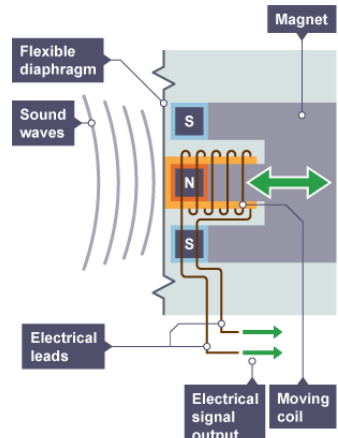
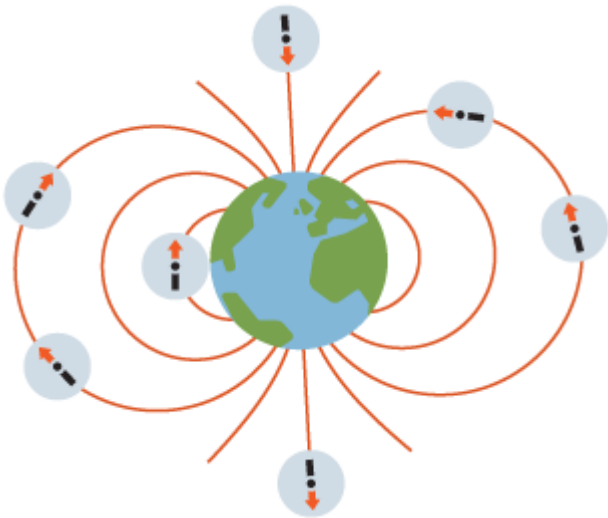
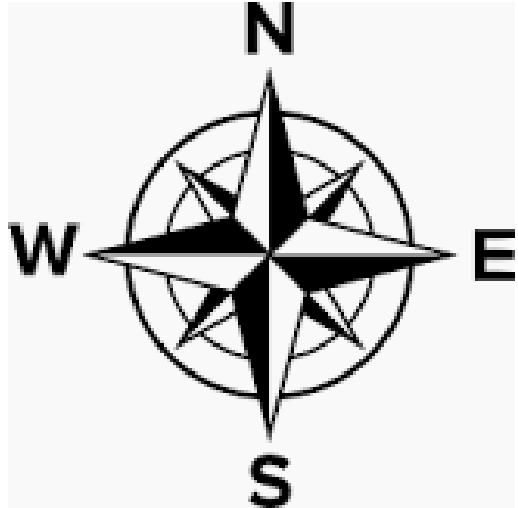
| Lesson 1 Rates of Reaction – Surface Area | Lesson 2 Rates of Reaction – Temperature | Lesson 3 Rates of Reaction – Concentration |
|---|--|--|
| <p>Surface Area: The total area of an object.</p> <p>For a given mass of a solid:</p> <ul style="list-style-type: none"> large lumps have smaller surface area to volume ratios than smaller lumps or powders. <p>If a large lump is divided or ground into a powder:</p> <ul style="list-style-type: none"> its total volume stays the same the area of exposed surface increases the surface area to volume ratio increases  <p>The area of one face of the cube will be: $2 \times 2 = 4 \text{ cm}^2$.</p> <p>The cube has six faces, so the total surface area is: $4 \text{ cm}^2 \times 6 = 24 \text{ cm}^2$.</p> <p>Each of the small cubes has a face area of: $1 \text{ cm} \times 1 \text{ cm} = 1 \text{ cm}^2$.</p> <p>The six faces give a total surface area for each smaller cube of: 6 cm^2.</p> <p>There are eight cubes so the total surface area is: $6 \text{ cm}^2 \times 8 = 48 \text{ cm}^2$.</p> <p>The larger the surface area the faster the rate of reaction.</p> | <p>The temperature of an object can be measured using a thermometer.</p> <p>At higher temperatures, particles have more energy and move more.</p> <p>At lower temperatures, particles have less energy and move less.</p>  <p>The higher the temperature the faster the rate of reaction.</p> | <p>The higher the concentration, the more particles of the substance are present.</p>  <p>A higher concentration solution can be created by dissolving more solute in a certain volume of solvent.</p> <p>Or</p> <p>A higher concentration solution can be created by dissolving a certain amount of solute in a smaller volume of solvent.</p> <p>The higher the concentration the faster the rate of reaction.</p> |

| Lesson 4 Catalyst | Lesson 5 Extracting Iron with Carbon | Lesson 6 & Ceramics & Polymers |
|--|--|---|
| <p>A catalyst:</p> <ul style="list-style-type: none"> increases the rate of a reaction does not alter the products of the reaction is not chemically changed or used up at the end of the reaction <p>Catalysts are useful because they can allow reactions to happen at lower temperatures.</p>  <p>The exhaust systems of cars are fitted with catalytic converters. These help reduce the release of toxic gases from the exhaust pipe. They contain platinum and rhodium, which act as catalysts.</p> <p>Enzymes are biological catalysts. They occur naturally in the body and help with digestion.</p> | <p>Iron is found as a compound within rocks. Iron is generally found bonded to oxygen as a called iron oxide.</p> <p>Iron is extracted using carbon in a displacement reaction. This is because carbon is cheap and readily available.</p> <p>iron oxide + carbon → iron + carbon dioxide</p> <p>This is a type of displacement reaction. The more reactive element (carbon) is displacing the less reactive element (in this iron) from its compound.</p>  <p>A chemical reaction where oxygen is removed from a compound is called reduction.</p> <p>This method is called reduction with carbon.</p> | <p>Ceramics: Materials formed from a soft substance which are heated to become hard and durable.</p> <p>Ceramics are baked in a very hot oven called a kiln. The temperature of kilns can reach temperatures of over 1300 °C.</p> <p>The starting materials are soft and malleable, meaning they can be shaped.</p> <p>These new hard ceramic materials have a fixed shape and cannot be bent.</p>  <p>A polymer is a very long molecule. Polymers are made up of many repeating units.</p> <p>Synthetic polymers are manufactured using chemical reactions that join lots of small molecules together to make long molecules.</p>  |

| Lesson 7 Polymers investigation | Lesson 8 Recycling | Lesson 9 Composites: Making Concrete |
|--|---|---|
| <p>Independent Variable: The one thing you change in an experiment.</p> <p>Dependent Variable: The thing you measure in an experiment.</p> <p>Control Variable: All of the things you keep the same in an experiment.</p> <p>Mass is measured with a top pan balance and its units are grams (g) or kilograms (kg)</p>  <p>Length is measured with a ruler and its units are centimetres (cm) or meters (m)</p>  | <p>Lots of the resources that humans use are finite.</p> <p>This means their supply is limited and they will eventually run out.</p> <p>Recycling is one way that we can reduce the amount of finite resources being extracted from the Earth.</p>  <p>Recycling an aluminium can into usable aluminium is much simpler and uses less energy (in the form of electricity) than extracting more aluminium.</p> <p>Recycling is even more important for materials that are scarce.</p> <p>Scarce: Not enough to go around.</p> | <p>Composite A material that is made from two or more different types of material</p> <p>The materials for a composite material are chosen because they have different properties that combine to make a more useful material.</p> <p>The properties of each material in the composite are described as complementing each other.</p> <p>Reinforced concrete Reinforced concrete is a composite material. It is made by pouring concrete around a mesh of steel cables.</p> <ul style="list-style-type: none"> • strong when stretched (because of the steel) • strong when squashed (because of the concrete) <p>Fibreglass Fibreglass is made from a mesh of glass fibres set in a tough polymer. Strong (glass fibres) Lightweight (polymer)</p>  <p>Many kayaks are made from fibreglass.</p> |


| Lesson 1 Magnetic Fields | Lesson 2 Experimenting with Magnets | Lesson 3 Interacting Magnets |
|--|---|--|
| <p>Magnetism is a non-contact force that can act at a distance</p> <p>A magnetic field is the region around a magnet where a force may be felt</p> <p>Every magnet has a North and South pole</p>  <p>A magnetic field is shown by drawing lines showing the direction the magnetic force would act in</p> <p>Magnetic field lines are drawn going from North to South</p> | <p>Iron filings can be used to show the shape of a magnetic field</p>  <p>We can also use small compasses called plotting compasses to find the direction of the magnetic field at different points around a magnet</p>  | <p>Magnetic materials like Iron, Nickel and Cobalt are always attracted towards a magnet</p> <p>A magnet may be either attracted or repelled by another magnet</p>  <p>Poles of the same type (North-North or South-South) will repel</p> <p>Poles of the opposite type (North-South or South-North) will attract</p>  |

| <h3>Lesson 4 Electromagnets</h3> | <h3>Lesson 5 & 6 Investigating the Strength of an Electromagnet</h3> | <h3>Lesson 7 The Motor Effect</h3> |
|--|---|--|
| <p>An electric current flowing in a wire creates a magnetic field:</p>  <p>The magnetic field gets weaker as you get further from the wire.</p> <p>If we coil the wire up into a solenoid, the shape of the magnetic field around it is very similar to a bar magnet:</p>  | <p>Hypothesis: An idea that can be tested by experiment</p> <p>Independent Variable: The one thing you change in an experiment.</p> <p>Dependent Variable: The thing you measure in an experiment.</p> <p>Control Variable: All of the things you keep the same in an experiment.</p> <p>3 main factors affect the strength of an electromagnet:</p> <ul style="list-style-type: none"> • The number of turns of wire • The size of the current • Adding an iron core  | <p>If a current carrying wire is in a magnetic field, it experiences a force. This is called the motor effect.</p>  <p>We can use this effect to make an electric motor:</p> <ul style="list-style-type: none"> • The current flows in the coil giving it a magnetic field • The magnetic field of the coil interacts with the magnetic field of the permanent magnet • This causes the coil to feel a force and rotate • The rotation is the output of the electric motor |

| Lesson 8 Uses of Electromagnets | Lesson 9 The Earth's Magnetic Field | Lesson 10 Making a Magnetic Compass |
|--|---|--|
| <p>The motor effect is used in speakers and headphones to generate movement and sound waves from electrical current</p>  <p>In a microphone, the soundwaves move a magnet in a coil of wire inducing a current</p>  | <p>The Earth has a magnetic field caused by the movement of liquid iron in its core</p>  <p>The Earth's magnetic field causes the aurorae and protects us from the charged particles from the Sun that cause them</p> <p>Without the Earth's magnetic field, we wouldn't have an atmosphere</p> | <p>A magnetised needle that is free to move will follow the lines of the Earth's magnetic field</p> <p>We can make a compass by floating a magnetised needle on a piece of cork so it is free to move</p> <p>The compass will align along a line from North to South</p> <p>Even with GPS, magnetic compasses are still used today for navigation by ships and planes</p>  |

Year 8 Spanish Learning Cycle 3 Sentence Builder 1: ordering food in a café

¿Cuánto cuesta una pizza por favor? – How much does a pizza cost please?

| Verb | Article | Noun | Manners | Question | Answer | Manners |
|---|--|--|---------------------------|--|--|----------------------------|
| quisiera = I would like tomo = I take | un = a el = the | bocadillo de queso = cheese sandwich bocadillo de jamón = ham sandwich refresco = fizzy drink zumo de naranja = orange juice zumo de manzana = apple juice plátano = banana pastel = cake helado de chocolate = chocolate icecream helado de fresa = strawberry icecream | por favor = please | ¿ Cuánto cuesta? = How much is it? | Cuesta...euros = it costs ... euros | gracias = thank you |
| | una = a la = the | hamburguesa = hamburger pizza = pizza ensalada = salad sopa de tomate = tomato soup paella = paella | | | | |
| | unos = some los = the | caramelos = sweets | | ¿ Cuánto cuestan? = How much are they? | Cuestan... euros = they cost ... euros | |
| | unas = some las = the | patatas fritas = chips tapas = tapas  | | | | |

Year 8 Spanish Learning Cycle 3 Sentence Builder 2: Describing Healthy and Unhealthy Diets

¿Por qué comes este? – Why do you eat this?

| Time Phrase | Verb | Demonstrative | Noun | Con | Verb | Adjective |
|------------------------------|--|--|--|------------------|--|--|
| Normalmente = normally | como = I eat bebo = I drink evito = I avoid | este/esta/estos/estas = this (thing/stuff) ese/esa/esos/esas = that (thing/stuff) | fruta = fruit verdura = veg pescado = fish carne = meat hidratos de carbono = carbs agua = water carne roja = red meat comida basura = junk food comida rápida = fast food postres = puddings patatas fritas = chips refrescos = fizzy drinks caramelos = sweets grasa = fat azúcar =sugar sal = salt vitaminas = vitamins | porque = because | (no) es= it is(n't) (n) son = they are(n't) | san@ = healthy malsan@ = unhealthy delicio@ = delicious sabros@ = tasty |
| Ayer = yesterday | comí = I ate bebí = I drank evité = I avoided | | | | | |
| En el futuro = In the future | voy a comer = I am going to eat voy a beber = I am going to drink voy a evitar = I am going to avoid | | | | | |



Year 8 Spanish Learning Cycle 3 Sentence Builder 3:


¿Con qué frecuencia lo comes? – How often do you eat it?

| Direct Object Pronoun | Verb | Time Phrase | Connective | Indirect Object Pronoun | Verb |
|--|--|---|-----------------------------------|--|--|
| lo = it (masc sing) la = it (fem sing) los = them (masc pl) las = them (fem pl) | <p>como = I eat bebo = I drink tomo = I take evito = I avoid</p> <p>comí = I ate bebí = I drank tomé = I took evité = I avoided</p> <p>voy a comer = I am going to eat voy a beber = I am going to drink voy a tomar = I am going to take voy a evitar = I am going to avoid</p> | <p>todos los días = every day cada día = each day dos veces a la semana = two times a week tres veces al mes = three times a month a menudo = often a veces = sometimes de vez en cuando = now and again casi nunca = almost never nunca = never</p> <p>normalmente = normally</p> <p>ayer = yesterday</p> <p>en el futuro = in the future</p> | porque = because | <p>me = (to/for) me te = (to/for) you (s) le = (to/for) him nos = (to/for) us os = (to/for) you (pl) les = (to/for) them</p> | <p>ayuda = he/she/it helps</p> <p>daña = he/she/it damages</p> |



Year 8 Spanish Learning Cycle 3 Sentence Builder 4:

¿Cómo es tu rutina diaria? – What is your daily routine like?

| Time Phrase | Verb | Time Phrase | Verb | Time Phrase |
|--|--|---------------------------|---|--|
| Todos los días = every day Normalmente = normally | me despierto = I wake myself up me levanto = I get myself up me ducho = I shower myself me visto = I dress myself me lavo = I wash myself me acuesto = I put myself to bed desayuno = I breakfast ceno = I dine | Antes de = Before | Despertarse = to wake self Levantarse = to get self up Ducharse = to shower self Vestirse = to dress self Lavarse = to wash self Acostarse = to put self to bed Desayunar = to breakfast Cenar = to dine | luego = then más tarde = later a la una = at one o'clock a las dos = a two o'clock a las tres = at three o'clock a las cuatro = at four o'clock a las cinco = at five o'clock a las seis = at six o'clock a las siete = at seven o'clock a las ocho = at eight o'clock a las nueve = at nine o'clock a las diez = at ten o'clock a las once = at eleven o'clock a mediodía = at midday a medianoche = at midnight |
| Ayer = Yesterday | me desperté = I woke myself up me levanté = I got myself up me duché = I showered myself me vestí = I got myself dressed me lavé = I washed myself me acosté = I put myself to bed desayuné = I had breakfast cené = I had dinner | |  | |
| Mañana = Tomorrow En el futuro = In the future | voy a despertarme = I am going to wake myself up voy a levantarme = I am going to get myself up voy a ducharme = I am going to shower myself voy a vestirme = I am going to dress myself voy a lavarme = I am going to wash myself voy a acostarme = I am going to put myself to bed voy a desayunar = I am going to breakfast voy a cenar = I am going to dine | Después de = After | | |

Year 8 Spanish Learning Cycle 3 Sentence Builder 5:

¿Cuáles deportes haces? – What sports do you do?

| Time Phrase | Verb | Noun | Location | People |
|--|---|--|--|--|
| todos los días = every day cada día = each day dos veces a la semana = two times a week tres veces al mes = three times a month a menudo = often a veces = sometimes de vez en cuando = now and again casi nunca = almost never nunca = never normalmente = normally ayer = yesterday mañana = tomorrow en el futuro = in the future | juego = I play jugué = I played voy a jugar = I am going to play hago = I do hice = I did voy a hacer = I am going to do | al fútbol = at football al tenis = at tennis al golf = at golf al béisbol = at baseball al baloncesto = at basketball al rugby = at rugby al críquet = at cricket al voleibol = at volleyball deporte = sport natación = swimming equitación = horse-riding surf = surfing ciclismo = cycling esquí = skiing escalada = climbing senderismo = hiking atletismo = athletics boxeo = boxing buceo = diving remo = rowing skate = skateboarding patinaje (sobre hielo) = (ice) skating artes marciales = martial arts | en el instituto = in the school en el parque = in the park en la playa = on the beach en la piscina = in the swimming pool en la pista de patinaje = in the skatepark en el polideportivo = in the sports centre | con mis amigos = with my friends con mi equipo = with my team con mi escuela = with my school con mi familia = with my family |

