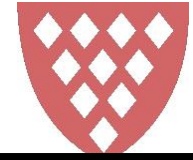
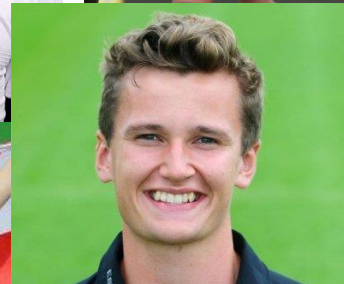


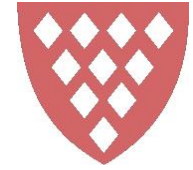
**DO IT NOW**



**Tutor please write in the chat bar what your tutor group think the following people have in common?**







# GCSE PE

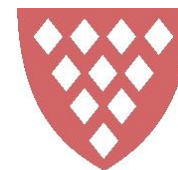




**The students who will succeed in GCSE PE will...**



## What will I learn?



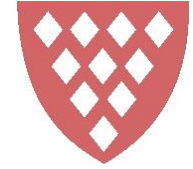
<b>Component 1:</b> The human body and movement in physical activity and sport <b>Written Paper</b>	30%	<ul style="list-style-type: none"> <li>• 1 hour 15 minutes written paper</li> <li>• 78 marks</li> <li>• Combination of multiple choice, short answer and extended writing questions</li> <li>• Applied anatomy and physiology, movement analysis, physical training and use of data</li> </ul>
<b>Component 2:</b> Socio-cultural influences and well-being in physical activity and sport <b>Written Paper</b>	30%	<ul style="list-style-type: none"> <li>• 1 hour 15 minutes written paper</li> <li>• 78 marks</li> <li>• Combination of multiple choice, short answer and extended writing questions</li> <li>• Sports psychology, socio-cultural influences, health, fitness and well-being and use of data</li> </ul>
<b>Component 3:</b> Practical performance in physical activity and sport <b>NEA</b>	40%	<ul style="list-style-type: none"> <li>• 100 marks</li> <li>• Performance assessment in three activities</li> <li>• Performance analysis assessment</li> <li>• Internal assessment, external moderation</li> </ul>





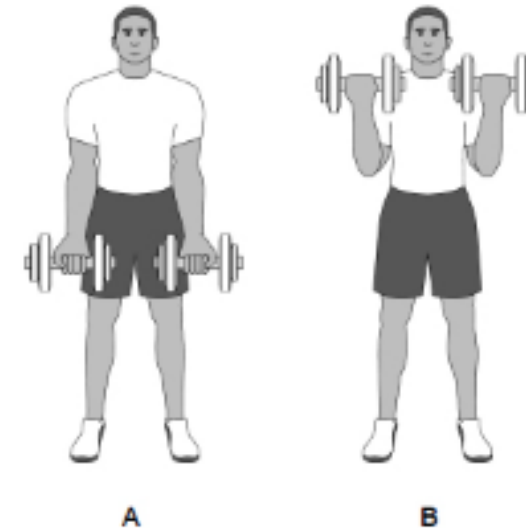
# Overview of Specification Content

- Applied anatomy and physiology
- Movement analysis
- Physical training
- Use of data
- Sports psychology
- Socio-cultural influences
- Health, fitness and well-being
- Use of data
- Practical performance



The figure below shows an athlete in two different positions (A and B) as he performs a bicep curl.

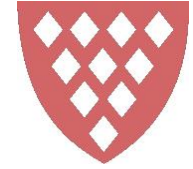
Use the figure below to help you answer the question.



Identify the main antagonist at the elbow as the arm moves from A to B.



## How will I be assessed?

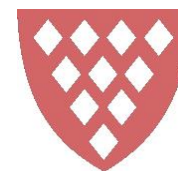


### Performance assessment (practical performance)

- 30% of overall qualification
- 75 marks
- Students assessed in three activities as a player or performer (25 marks per activity)
- One assessment must be in a team sport or activity, one assessment must be in an individual sport or activity and a third can be from either a team or an individual sport or activity
- Students can only be assessed in activities listed in the specification
- For each activity, students will be assessed in:
  - i. skills (10 marks per activity)
  - ii. full context (15 marks per activity)



# TEAM ACTIVITIES



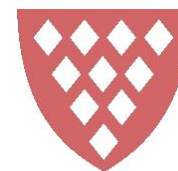
List of activities applying to qualifications awarded from 2022 for full GCSE or 2021 for short course GCSE

Team Activity	Comments
Acrobatic gymnastics	Cannot be assessed with gymnastics
Association football	Cannot be five-a-side. Cannot be assessed with futsal
Badminton	Cannot be assessed with singles
Basketball	Cannot be street basketball
Camogie	Cannot be assessed with hurling
Cricket	
Dance	This can only be used for one activity
Figure skating	This can only be used for one activity. Cannot be assessed with dance
Futsal	Cannot be assessed with football
Gaelic football	
Handball	
Hockey	Must be field hockey
Hurling	Cannot be assessed with camogie
Ice hockey	Cannot be assessed with inline roller hockey
Inline roller hockey	Cannot be assessed with ice hockey
Lacrosse	
Netball	

Rowing	Cannot be assessed with sculling, canoeing or kayaking
Rugby league	Cannot be assessed with rugby union (sevens or fifteen a side). Cannot be tag rugby
Rugby union	Can be assessed as sevens or fifteen a side. Cannot be assessed with rugby league. Cannot be tag rugby. This can only be used for one activity
Sailing	Royal Yachting Association recognised sailing boat classes only. The list can be found online at: <a href="https://www.rya.org.uk/racing/youth-junior/info/Pages/recognised-classes.aspx">https://www.rya.org.uk/racing/youth-junior/info/Pages/recognised-classes.aspx</a> . This can only be used for one activity. Students must perform as helmsman
Sculling	Cannot be assessed with rowing, canoeing or kayaking. Cannot be assessed with individual sculling
Squash	Cannot be assessed with singles

Table tennis	Cannot be assessed with singles
Tennis	Cannot be assessed with singles
Volleyball	
Water polo	
<b>Specialist activity</b>	
Blind cricket	
Goal ball	
Powerchair football	
Table cricket	
Wheelchair basketball	
Wheelchair rugby	





# INDIVIDUAL ACTIVITIES

List of activities applying to qualifications awarded from 2022 for full GCSE or 2021 for short course GCSE

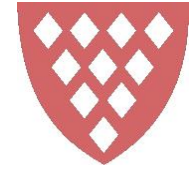
Individual Activity	Comments
Amateur boxing	
Athletics	Long distance track running must not exceed 5,000 metres. Cross country running must not exceed 6,500 metres.
Badminton	Cannot be assessed with doubles
Canoeing	Cannot be assessed with kayaking, rowing or sculling
Cycling	Track, road or BMX cycling (racing, not tricks) only
Dance	This can only be used for one activity
Diving	Platform diving
Equestrian	
Figure skating	This can only be used for one activity. Cannot be assessed with dance
Golf	
Gymnastics	Floor routines and apparatus only
Kayaking	Cannot be assessed with canoeing, rowing or sculling
Rock climbing	Can be indoor or outdoor

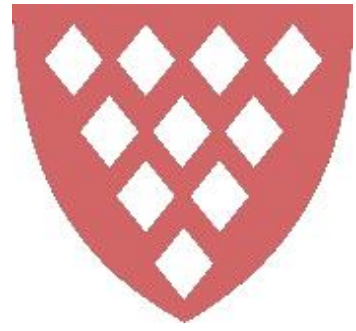
Sailing	Royal Yachting Association recognised sailing boat classes only. The list can be found online at: <a href="https://www.rya.org.uk/racing/youth-junior/info/Pages/recognised-classes.aspx">https://www.rya.org.uk/racing/youth-junior/info/Pages/recognised-classes.aspx</a> . This can only be used for one activity. Students must perform as helmsman
Sculling	Cannot be assessed with rowing, canoeing or kayaking. Cannot be assessed with team sculling
Skiing	Outdoor/indoor on snow; cannot be assessed with snowboarding. Must not be dry slopes
Snowboarding	Outdoor/indoor on snow. Must not be on dry slopes
Squash	Cannot be assessed with doubles
Swimming	Not synchronised swimming, personal survival or lifesaving
Table Tennis	Cannot be assessed with doubles
Tennis	Cannot be assessed with doubles
Trampolining	
Windsurfing	
<b>Specialist activity</b>	
Boccia	
Polybat	





## WHY STUDY GCSE PE?

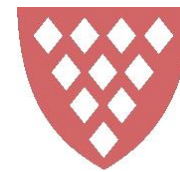




# Cambridge National Sports Studies







The students who will succeed in Sports Studies will...



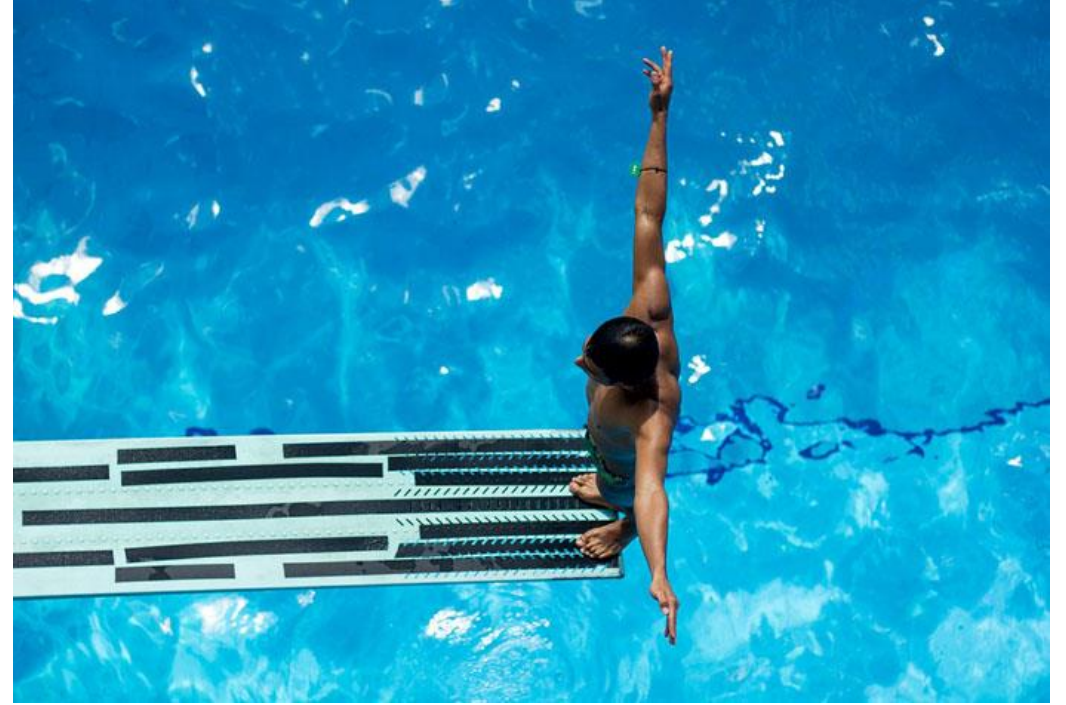


# What will I learn and how will I be assessed?

<b>R185 Performance and Leadership in sports activities</b>  <b>Coursework &amp; Practical</b>	40%	<ul style="list-style-type: none"><li>• Key components of performance. You will be assessed in Badminton and another sport. This needs to be on the approved list and you must attend a club for that sport</li><li>• Applying practice methods to support improvement</li><li>• Delivering a sports activity session</li><li>• Reviewing your performance in the activity session.</li></ul>
<b>R186 Sport and the Media</b>  <b>Coursework</b>	20%	<ul style="list-style-type: none"><li>• The different sources of media that cover sport</li><li>• Positive and negative impacts of the media in sport</li><li>• Negative effects of the media in sport</li></ul>
<b>Contemporary issues in sport</b>  <b>Final exam</b>	40%	<ul style="list-style-type: none"><li>• Issues which affect participation in sport</li><li>• The role of sport in promoting values</li><li>• The implications for hosting major sporting events</li><li>• The role of national governing bodies</li><li>• The use of technology in sport</li></ul>



# Performance and Leadership in sports activities

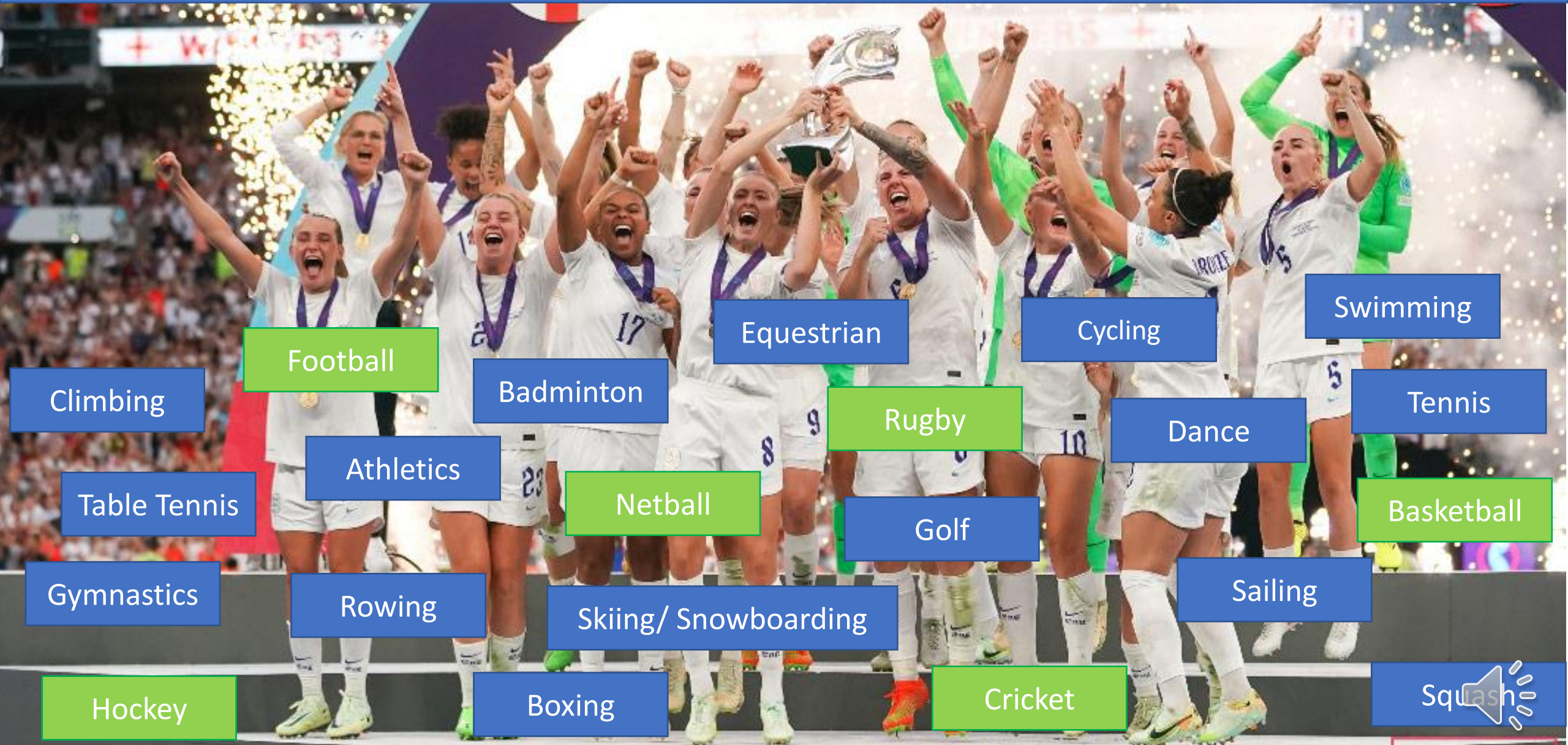


- **Key components of performance.** You will be assessed in Badminton and another sport. This needs to be on the approved list and you must attend a club for that sport
- **Applying practice methods to support improvement**
- **Delivering a sports activity session and then reviewing your performance in the activity session.**





# Approved Activities



Climbing

Football

Badminton

Equestrian

Cycling

Swimming

Table Tennis

Athletics

Rugby

Dance

Tennis

Gymnastics

Rowing

Netball

Golf

Basketball

Hockey

Boxing

Skiing/ Snowboarding

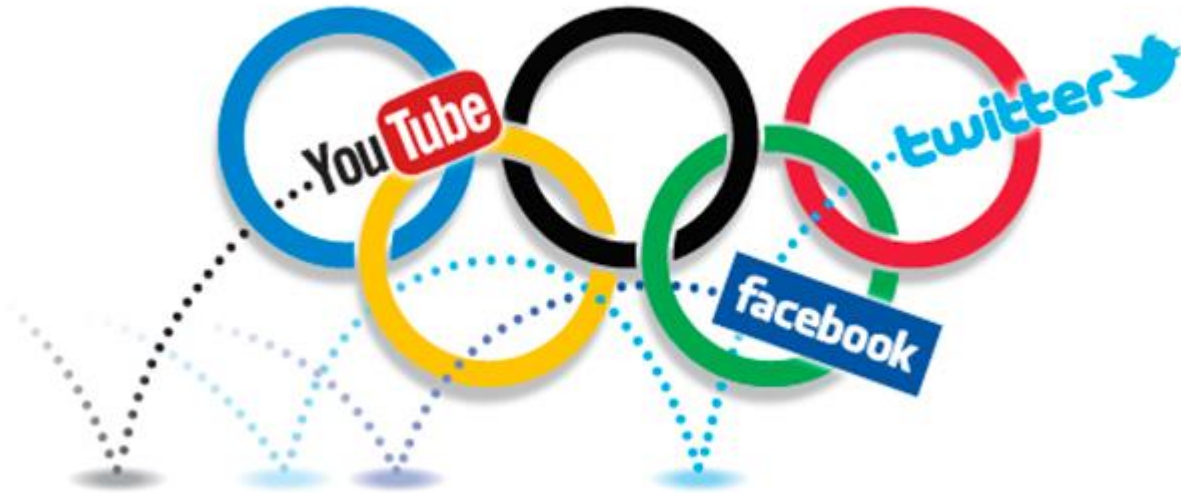
Sailing

Cricket





# Sport and the media



- The different sources of media that cover sport
- Positive and negative impacts of the media in sport
- Negative effects of the media in sport



# Increasing awareness of outdoor and adventurous activities



- Research the provision for OAA within our local area
- Evaluating and planning to minimize risk in OAA
- Demonstrate a range of skills during OAA
- Review performance in OAA





# Contemporary issues in sport



**FIFA WORLD CUP  
Qatar 2022**

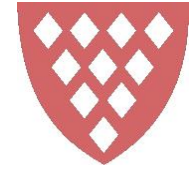


- Issues which affect participation in sport
- The role of sport in promoting values
- The implications for hosting major sporting events
- The role of national governing bodies
- The use of technology in sport





# WHY CHOOSE SPORT STUDIES?



## What are the key differences between GCSE PE and CNAT Sport Studies?

- In GCSE PE you are assessed in your performance of three sports
- In CNAT Sport Studies you are assessed in two sports Badminton and one of your choice.
  - Both have 5 lessons over a fortnight. 2 practical and 3 theory
  - GCSE suits students who also enjoy and are successful in science
  - In GCSE you have two exams worth 60% of your overall mark
- In CNAT Sport Studies theres one exam worth 40% of your overall mark

**Topics include:** anatomy and physiology, physical training, use of data, sport psychology, Health fitness and wellbeing, contemporary issues

**Topics include:** Contemporary issues in sport such as participation rates, values, hosting major tournaments, the role of NGBs and the use of technology





**Thank you for listening**

**If you have any questions please ask your tutor to write these in the chat bar or come and have a chat with a member of the PE Department.**

