

St. Anne's C.E. Primary School

School Meals

At Anne's we firmly believe that a healthy diet is important for children's development and a good lunch will ensure that they are able to focus and concentrate during the afternoon. We encourage the children to sample the different foods as we recognise that some may be new to the children. All the Midday Supervisors encourage children to eat/try 'a little bit' of the food so that they can experience new tastes.

At St. Anne's parents can choose between a cooked meal or a packed lunch from home for their children.

Our in-house kitchen staff cook on the premises with fresh ingredients. There is a choice of hot and cold food and always a vegetarian option. Children can have salad and fresh fruit with every meal and our lunches conform to all the food standards and nutritional recommendations. An allergens listing is provided with our school menu for reference. All children eat together in the school hall and are provided with water.

Lunch Costs: Autumn Term 2022

- Daily Cost: £2.60
- Weekly Cost: £13.00
- Autumn Term 1 Cost: £75.40
- Autumn Term 2 Cost: £88.40

General Packed Lunch Information

At St. Anne's our aim is to ensure with your help our children eat a sensible and balanced diet. As we have children who suffer from severe nut allergies we ask parents to not include: any items containing nuts. We operate a **strict no-nut policy** to avoid the difficulties of an allergic reaction.

The school also recognises that some pupils may require special diets that do not allow for the standards to be met exactly. In this case, parents are urged to be responsible in ensuring that packed lunches are as healthy as possible. For these reasons, pupils are also not permitted to swap food items.

We have included a link below to help parents when preparing a home packed lunch:-

<https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/>