



School Council meeting minutes		
Attendance: LK, WR, LS, FF, HB, EH and AL	Date: 03/02/2023	Next date for meeting: 07/02/2023
Item	Discussion / tasks	Action
Children's mental health week	Children spoke about what is meant by mental health: Children identified that the following activities can support positive mental health: get enough sleep, have fun, do things you like to do, exercise, be with friends, help others and talk about your feelings	School Representatives o go back to class and talk about how they can improve their mental health Children to write down their ideas and bring back to school council
Next time: Bring back any thoughts and ideas that your class on how they improve their mental health. To think about how school council would like any monies raised from 'Dress to express day' to be spent.		