

Thought for the fortnight: "When you give joy to other people, you get more joy in return. You should give a good thought to happiness that you can give out."— Eleanor Roosevelt

UNCRC Right: Article 5 (parental guidance and a child's evolving capacities) Governments must respect the rights and responsibilities of parents and carers to provide guidance and direction to their child as they grow up, so that they fully enjoy their rights. This must be done in a way that recognises the child's increasing capacity to make their own choices.

Dear Parent/Carers.

These last two weeks have flown by as we draw closer to the festive period and plans for Christmas events are in full swing. You will see on page 2 an update on the progress of our focus this term of behaviour and attitudes, as we move forwards into the spring, we will move our focus forward to curriculum development which is a continual process of refinement and carried out in partnership with our other trust schools.

Today our amazing house leaders from across the school met with the trust catering lead to discuss the food in the school canteen and how they feel it can be improved, more environmentally friendly and healthier. Wonderful discussions and thoughtful contributions from all well done.

Last night a lovely certificate ceremony was held for the Y11 leavers from last year. They were entertained by a thought-provoking speech my Monty Halls and presented with their certificates as they continue their journey beyond Dartmouth Academy.

I hope you have a lovely weekend and enjoy the football if you are following the world cup.

That I

Paul Girardot, Head Teacher

Our future successes are built on the work we do today.

Dates for the diary

December

1st Nursery & Primary Open Morning 9.30 – 10.30

5th School Closed, Staff Training

6th & 7th Primary Parents' Evening

8th Class 2/3 Parents' Evening

8th Christmas Fayre @ 3.15pm

12th Primary Rainbow Theatre Performance

13th Christmas Jumper & Dinner Day

14th EYFS Nativity @ 9.15

14th KS2 Carol Service @ 2pm, St Clements

16th Closing at 1.20pm Christmas Holidays

January 2023

3rd Back to school

11th Yr.9 Parents' Evening

19th Nursery Drop-in Session 10 – 11am

February

1st Yr.8 Parents' Evening

1st - 7th Yr.11 PPEs



Behaviour and Attitudes - update

Our focus this term has been on supporting pupil's behaviour. We are still fairly early in the stages of implementation and there is ongoing training and support for staff and pupils on understanding the consistency of approach. The policy has been refined and can be found on the school website: here. There have been no changes to the rules but the systems have been simplified as can be seen in the one-minute guide for pupils on the next page.

Since half term we are beginning to see a really positive shift in behaviour in school and lessons. Below are some of the statistics:

Pupil voice -

'We know where we stand' Pupil Y9

'I feel safer in the corridors now and my lessons aren't being disturbed as much' Pupil Y7

Significantly more positive behaviour events vs. negative events:

Positive Events:

Events	Events per pupil	Points	Points per pupil
5817	13.75	33197	78.48

Negative events:

Events	Events per pupil	Points	Points per pupil
1669	3.95	1669	3.95

This highlights the wonderful efforts of the vast majority who are getting it right.
Well done!

Our future successes are built on the work we do today.

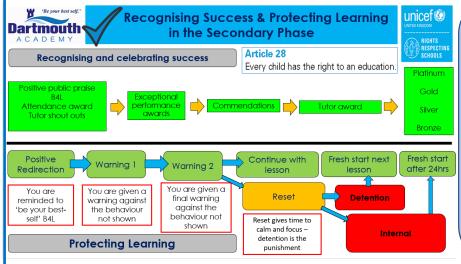


<u>Dartmouth Behaviour Expectations</u> Pupil One Minute Guide



How will I be REWARDED for Being My Best Self?

- ✓ Behaviour for Learning Weekly average of 3.5 4.4 = 5 praise points,
 Weekly average 4.5 or more = 10 praise points
- REWARD
- ✓ **Tutor Weekly Shout Outs -**reward with Mr Girardot on a Friday PM tutorial.
- ✓ Tutor Award = 50 praise points Certificate and a letter home
- ✓ Bronze Badge = 150 praise points (3 x tutor awards) -Bronze blazer badge and letter home
- ✓ Silver Badge = 300 praise points (6 x tutor awards) -Silver blazer badge and a letter home
- ✓ Gold Badge = 450 praise points (9 x tutor awards) Gold blazer badge, a letter home and name on the Board of Honour
- ✓ Platinum Badge = 600 praise points (12 x tutor awards) -Platinum blazer badge, a letter home and name on the Board of Honour
- ✓ Commendations A single outstanding project, assignment or piece of work showing significant achievement or effort.
- Exceptional Performance Awards Presented in celebration assemblies along with a £10
 Amazon voucher



What behaviours could I get a warning for?

- -Arriving late to a lesson
- -Missing equipment
- -Incompletion of work
- -Talking during a silent task
- -Distracting others and not respecting their right to learn
- -Wrong tone, wrong time response
- -Not following instructions

What has been updated?

- o Refusal to confiscate mobile phone = **internal**
- o Refusal to attend detention = internal

o Lesson truancy = internal

o Smoking/vaping on or off site = **internal**

What are the red line behaviours which would lead to a

suspension?

- 1. Threatening and aggressive behaviour to a member if staff
- 2. Racist or homophobic incident
- 3. Physically attacking another pupil
- 4. Failing to meet expectations in Internal
- 5. Persistent failure to follow instructions





Sporting Excellence at Dartmouth Academy

A great performance from our Y8 Basketball Team on their first ever Basketball Tournament playing against Dawlish College and Newton Abbot College. We didn't get the result we would have wanted but the boys persevered throughout the start and until the last final seconds of the games. This is also would not be the last game they would be playing this year as they are currently registered in the Jr. NBA Basketball League playing against schools across the South West. Stay tuned with some more updates soon!







SIGNPOSTplus Information Snippets.

Anyone can sign up to receive Snippets. If you haven't already signed up to receive Snippets directly to your mailbox and would like to be added to the mailing list email:

cfhd.signpostplus@nhs.net

There is an archive of recent Snippets on the Signpost Plus webpage, where you can also find a range of information sheets and resources: https://childrenandfamilyhealthdevon.nhs.uk/signpostplus/

SIGNPOSTplus has a Facebook page: https://www.facebook.com/SIGNPOSTPlus/ Remember to turn on notifications under 'Follow Settings' to ensure you see posts.



Holiday Activities and Food (HAF) Christmas '22 Programme



The aim of the Holiday Activity and Food (HAF) programme is to support children to eat more healthily, be more active over the school holidays and have a

greater knowledge of health and nutrition as well as be more engaged with school and other local services. The HAF programme is primarily for children aged 5-16 years (and can include 4-year-olds already in Reception year) who are eligible for and receiving benefits-related free school meals (FSM), and their families.

Devon County Council have arranged a programme of funded holiday-time activities, with hot meals, to run for up to four days over the Christmas school holiday.

To access the programme, simply book a place through one of the listed providers. Please note that booking details differ depending on each provider. The schemes are fully inclusive and accessible, so please discuss your child's needs with your chosen provider.

https://www.devon.gov.uk/educationandfamilies/document/haf-providers-christmas-2022/#introduction

Devon Short Breaks Coffee Mornings:



The Short Breaks Project is working to improve the short breaks offer for disabled children and their families. And as part of this work, they are working

alongside Parent Carer Forum Devon to host a series of coffee mornings for parents and carers so that you can talk directly to them about your experiences of the service.



Several sessions, primarily aimed at parents and carers, will be taking place between now and Christmas.

Please see the SEND Local Offer website for full dates and details, including how to book.



Devon Information Advice and Support Resources:

Looking for information about SEND? Did you know that DiAS have more than 40 separate factsheets, guides, booklets and tools about a wide range of SEND topics? Check out their resources page for the full list:

https://devonias.org.uk/resources/



I CAN - Free webinars for parents!

Is your child aged 18 months - 2.5 years?

Are you concerned about their language development?



Join one of the free TALK parent webinars for approaches you can put into practice with your child at home.

15th November - Sharing Books to Develop Language.

29th November - Using songs and rhymes to develop language.

13th December – Symbolic Noises and First Words.

All webinars last for 40 minutes and are free to attend. Book your place today: https://bit.ly/3nLPI8c





Neurodive Events & Webinars:

Supporting technology use for Neurodivergent children Webinar

A webinar focused on supporting Neurodivergent children and young people with both the challenges and opportunities of using technology. Wednesday 16th November, 7pm - 9.30pm. Tickets £10.30. Book a place here

Supporting Autistic people and their families for professionals LIVE

A live event for any support staff, practitioners, sencos or any professional supporting an Autistic person and their family.

Being held at the Pinhoe Jubilee Club. Wednesday 23rd November 2022, 9am - 4.30pm. Tickets £54.49. Book a place here

ADHD - an ancestral approach

A webinar on using an understanding of human evolution and the hosts lived experience to find creative ways to support people with ADHD. Wednesday 11th January 2023, 7pm - 9.30pm. Tickets £10.30. Book a place here

Dibic Bibic Training Sessions:

Bibic have a number of training sessions for parents and carers of children and young adults with neurological or developmental difficulties or professionals, ready to book now:

Dyslexia, Dyspraxia and Dyscalculia 11th November 2022 10am – 11:30am

Managing Extreme Behaviour 19th January 2022 1:30pm - 3pm.

Promoting Childhood Independence 10th February 2022 10am - 11:30am.

Each session costs £15 and is CPD accredited. https://bibic.org.uk/services/training-seminars/



Cerebra Online Sleep Seminar -Understanding and supporting children's sleep for parents and carers of children with brain

conditions. The online seminar aims to give you the knowledge, skills and confidence to deal with sleep issues so the whole family can get a good night's sleep. Taking place on Monday 28th November, 10am - 12:30pm, the seminar is free for parents of children with brain conditions. Find out more and book here:

https://cerebra.org.uk/get-advice-support/sleepadvice-service/sleep-seminars/

THE SIR FRANCIS CHICHESTER TRUST

Sir Francis Chichester FREE **Outward Bound courses**

Applications are open to young people who live in Devon and who are aged 16-22 (at the time of the course, which will be July/August 2023). The courses are designed to help participants make an effective transition into sixth form, further education or work and is a chance to have a life-shaping adventure with people from all over the world, to know what they are truly capable of achieving and to stand out in a crowded market place. The courses are held at the Outward Bound centres in the Lake District, Wales and Scotland.

The aim of these courses is to allow young people to challenge themselves, demonstrate progress focused on personal development, work outside of their normal friendship group and leave with a breadth of experience that will enrich personal statements and set them aside from other young people. The main benefits for the young people are seen in greatly improved self-confidence and team working abilities, together with raised aspirations. The Trust looks for candidates that wouldn't normally have a chance to undertake anything of this nature and will be able to enjoy and benefit from the experience. Please note that they cannot support any young people that, at the time of their course, are subject to a youth offending/rehabilitation order and also if a young person has been supported by the Trust previously, they are unlikely to be funded for a further course.

The Sir Francis Chichester Trust will meet the full course fee (up to £1950/person) for successful applicants and ask that they are responsible for their own transport to/from the Outward Bound centre of their choice. However, if transport costs are prohibitive then they will look at additional support if possible.

The closing date for applications is Tuesday 24th January 2023 with interviews for those shortlisted being held 2nd and 3rd March 2023 in Exeter, young people applying must be available on one of these dates.

Find further details and application form here: https://www.outwardbound.org.uk/sir-francischichester-trust#skills

TALKWORKS

TALKWORKS. There are lots of self-help resources available to help you look after your mental health. If you, or someone you love is struggling, help is available: https://orlo.uk/YI0qi

You can also find out about TALKWORKS free Wellbeing Workshops for aged 18+ here: https://www.talkworks.dpt.nhs.uk/workshops





Charlie Waller Trust – Free Webinars

The Charlie Waller Trust is a mental health charity founded by the family

of Charlie Waller who took his own life in 1997 whilst suffering from depression. Their aim is to help young people to understand their own mental health, to equip them to support themselves and those around them, and to empower them to talk more openly about the subject.

The Trust are running a series of live webinars for parents, carers and educators. They are all presented by the Trust's mental health trainers, speakers and guest speakers who come from a wide range of professions, including education, psychology, social work, youth work, public health, psychotherapy and nursing.

Upcoming Webinars and dates:

Asking for help - what are the barriers, and how can we overcome them? Monday 7th November at 12pm.

Social media: Connecting us or creating distance? Tuesday 15th November at 12pm or Monday 28th November at 6pm.

The cost of living crisis, financial wellbeing and our mental health. Tuesday 22nd November at 12pm.

Supporting a sensitive child. Wednesday 7th December at 12pm or Thursday 15th December at 12pm.

The webinars explore strategies for maintaining positive mental health, paying attention to our own wellbeing and supporting those around us.

Each webinar is approximately 90 minutes in length. Further information and booking details can be found here: https://charliewaller.org/what-we-offer/free-webinars



ERIC The Children's Bowel and Bladder Charity Free Helpline & Resources

ERIC, the Children's Bowel and Bladder Charity is the UK's leading charity supporting all children and teenagers with a bowel or bladder problem.

If you are caring for a child who has a continence issue or condition, ERIC can help to you with information, confidential advice and support, call the advisors Monday to Thursday, 10am to 2pm on FREEPHONE: 0808 1699 949.

https://www.eric.org.uk/Listing/Category/our-helpline

ERIC also have a wide range of resources available on their website:

https://www.eric.org.uk/guides-to-childrens-boweland-bladder-problems



Tourettes Action Free e-Learning Module.

Tourettes Action are delighted to share this free eLearning module on 'Understanding Tourette Syndrome'.

It's a module packed full of information where you will learn what Tourette Syndrome is, co-occurring features and differences that accompany it, how it affects an individual and what can be done to help and understand.

Read more and start the free course, here: https://buff.ly/3SD2x2g



Space Youth Services -Stepping Stones, a 12-week support programme, designed to build on confidence, social skills,

health & well-being and connect young people.

Set in a small group setting, the programme is jam packed with lots of opportunities to help gain the tools to build on those challenges young people may be facing.

To find out more go to:

www.spaceyouthservices.org
or for a referral form email: Sophie Stevens:
sophie.stevens@spacepsm.org



Caudwell Children – 100% Funding for Powered Wheelchairs and Specialist Sports Equipment.

Thanks to a successful fundraising campaign and the incredible generosity of their

supporters, Caudwell Children is delighted to announce that 100% funding is temporarily being made available for successful applications for powered wheelchairs and specialist sports equipment. Funds are limited and therefore the additional funding will initially only apply to applications completed by Tuesday 20th December 2022.

Use the link below to check the eligibility criteria and apply now:

www.caudwellchildren.com/apply



Place 2Be – Parenting Smart



Parenting Smart offers free practical advice for parents and carers on how to support children's wellbeing and behaviour.

Find information and advice on a wide range of topics on the Parenting Smart website:

https://parentingsmart.place2be.org.uk/



HANSEL & GRETEL



An interactive Christmas treat for families!

Hansel & Gretel offers a relaxed, inclusive environment and is a perfect first theatre experience.



Thu 22 Dec 11am
Family Ticket £30 or 2 adults and 2 children,
Tickets £10 Adults, £8 Children

Box Office 01803 839530







Our future successes are built on the work we do today.





Christmas SPECIAL





FREE to ALL Children
aged 5-14 eligible for
Free School Meals



NUTRITION GUIDES

ANIMAL +

NUTRITIOUS COOKED MEAL EVERY DAY

> Entertainment Magician & Disco

Certificates, Prizes ...and much more...

Football
Freestyler
DAN
MAGNESS

DECEMBER 19th, 20th, 21st & 22nd 10am-3pm Selected Venues

> for more information or to book contact ADAM 07967 124844 shearsoccer.co.uk

TORQUAY | PAIGNTON | BRIXHAM | TOTNES | NEWTON ABBOT | DARTMOUTH | KINGSBRIDGE

600

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