



The Botwell Bulletin

Tuesday 21st April 2026

Lunch boxes

We would like to take this opportunity to remind all parents and carers about the importance of providing healthy, balanced packed lunches, as well as adhering to our school's nut-free policy.

Recently, we have noticed an increasing number of lunchboxes containing items that do not meet our school guidelines. Some examples include chicken nuggets, chocolate, candy, cooked meals that had been left all day in lunchboxes, cold hot dogs, cold burgers and fries, doughnuts, juices made from concentrate, crisps, ultra processed snacks and products containing nuts and citrus. While we understand the convenience and appeal of these foods, they do not support the healthy, balanced diet we aim to promote within our school community.

As a school, we are committed to encouraging healthy eating habits that support children's growth, concentration and overall wellbeing. A nutritious lunch should ideally include a balance of the following:

- A source of protein (such as lean meat, fish or eggs)
- Whole grains or other healthy carbohydrates (e.g. wholemeal bread, pitta bread, wraps, crackers)
- Fresh fruit and/or vegetables (such as apple, banana, carrot sticks). **Please note, if you sent your child with grapes, these must be sliced in half.**
- A dairy item or suitable alternative (e.g. cheese, yoghurt)

(You don't need to provide a drink as we supply water in school.)

Equally important is our strict nut-free policy. We have children in school with severe nut allergies, and even small traces of nuts can trigger life-threatening reactions. Despite this, we are still seeing nut products being included in packed lunches. This is extremely concerning, as it puts vulnerable children at serious risk.

We kindly but firmly ask all parents and carers to:

Check all food items carefully to ensure they do not contain nuts or traces of nuts

Avoid including sweets, sugary treats, and high-fat fast foods

Provide a balanced and nutritious lunch that will help your child stay energised and focused throughout the day

We appreciate your cooperation and support in helping us maintain a safe and healthy environment for all children. By working together, we can ensure that every child is both safe and well-nourished during the school day.

Upcoming events

Tuesday 21st April

- VR workshop for Years 3 & 4

WB Monday 27th April

- Mini London Marathon Week

Wednesday 6th May

- Year 3 Ancient Greece workshop

Thursday 7th May

- Welfare coffee morning
9.00am school hall

WB Monday 11th May

- KS2 SATs Week

Friday 15th May

- Year 5 Space Dome workshop

Thursday 21st May

- Year 4 London Zoo trip

Friday 22nd May

- Year 3 Holy Communion Mass and May Procession
- End of half term (usual finish time)

Thank you for your understanding and continued support.

Welfare Coffee Morning

We are pleased to invite parents and carers to our upcoming Welfare Coffee Morning, which will take place on Thursday 7th May at 9:00am in the school hall. This is a wonderful opportunity to come together in a relaxed and friendly environment, meet other families, and connect with members of the school community over a warm drink.

During the session, we will be joined by experienced dental nurses who will be offering valuable advice and guidance on how to care for children's teeth. They will cover important topics such as establishing good brushing routines, promoting healthy eating habits to support dental health, and preventing common issues such as tooth decay. There will also be an opportunity to ask questions and discuss any dental-related concerns you may have about your child.

We hope this session will be both informative and supportive, helping families feel more confident in maintaining their children's oral health. All parents and carers are warmly welcome, and we look forward to seeing you there.

Art Exhibition



Yesterday and today, our pupils had the exciting opportunity to showcase their creativity during a special art exhibition celebrating their work from "Botwell Goes Galactic" week. Inspired by all things space, the children produced a stunning collection of artwork, featuring imaginative interpretations of planets, galaxies, rockets, and beyond.

The exhibition transformed our school hall into a vibrant art gallery, proudly displaying each child's pictures. It was wonderful to see so many families taking the time to admire the effort, creativity, and enthusiasm that had gone into every piece.

A real highlight of the event was seeing families take home a piece of the exhibition. Each artwork had been beautifully framed, turning the children's creations into special keepsakes to treasure.

We are extremely proud of all our pupils for their hard work and imagination. "Botwell Goes Galactic" week was a fantastic experience, and the exhibition was a wonderful way to celebrate their talents with the wider school community.

We would also like to offer our thanks to all the families and staff who donated cakes for the cake sale and to everyone who helped run the stall. We really appreciate your support and the cakes looked amazing.

Summer uniform

Now we are into the summer term, with the warmer weather approaching, we are pleased to let you know that children may now come to school wearing their summer uniform.

Our summer uniform options are designed to keep children comfortable while maintaining a smart appearance. Pupils may wear the following:

- Grey tailored shorts paired with a white polo shirt
- Blue and white gingham summer dress (with white socks)
- Blue and white gingham play suit/culottes (with white socks)

Please ensure that all items are clearly labelled with your child's name. We appreciate your support in helping children come to school dressed appropriately for the season.

Attendance

For the first week of the summer term, our attendance figures have dropped quite a lot, with only 3 classes having attendance at 96% or above. Let's hope we can improve this next week. The class with the highest attendance is 4 Rowling, who achieved 96.9%. Well done! The year group with the overall highest attendance was Year 3.

Prayer and Reflection

As we journey beyond Easter Sunday, we continue to live in the light of the Resurrection, carrying its hope and joy into our daily lives. The joy of Christ risen is not just for one day, but a call to renewed faith, kindness, and service within our school community. Let us remember that the empty tomb is a promise that God is always at work, even in the ordinary moments of our lives.

Dear Lord,

Help us to continue to spread the joy of the Easter season. Help us to seek out those in our community who are most in need of support and guidance to ensure we walk more closely with You. May we always recognise that it is through this joy and enthusiasm, that we show true discipleship.

Amen.

