

Easter Holiday



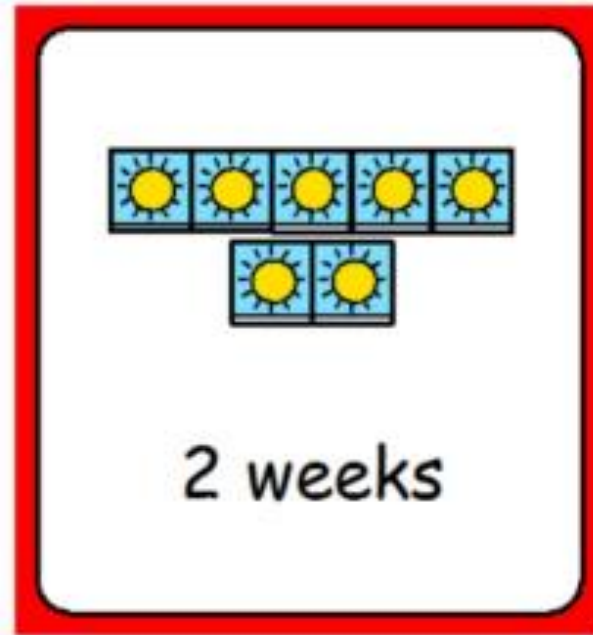
School is closed for the Easter holiday.



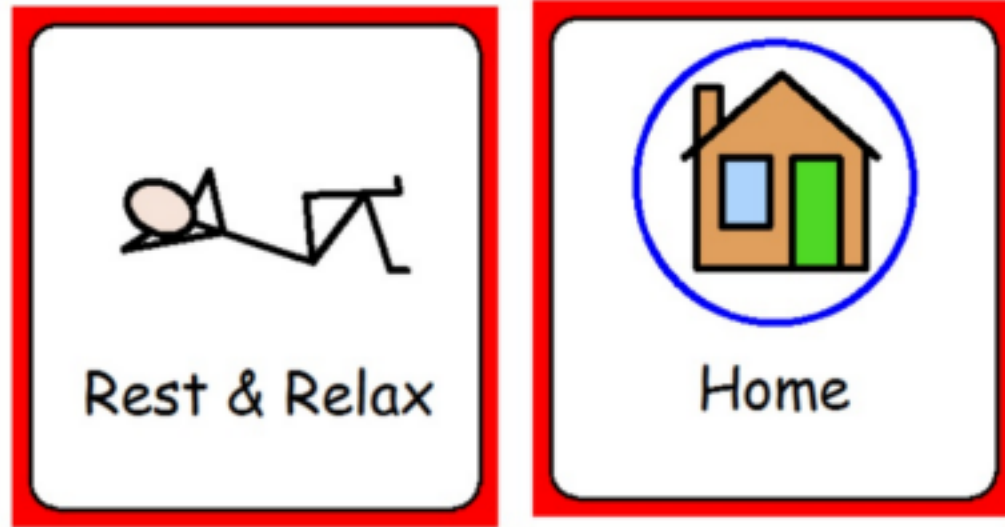
I have had a great time in school, this Half Term but it is now time for a rest so that I can build my energy back up.



The Easter holiday is usually 2 and a half weeks so I am off for longer than a Half Term.



I should use this time at home to rest, relax and play. It is important to do things that I enjoy during the school holidays.



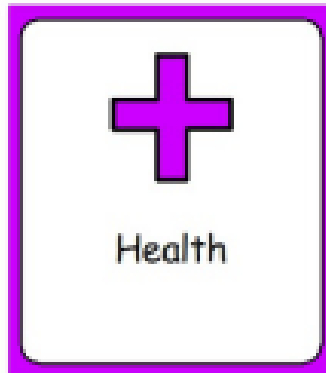
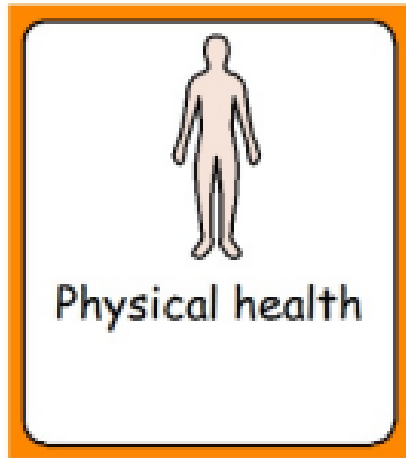
During the holiday, it is very important for me to do good listening for all of the adults that look after me.



During the holidays, you might find yourself in the different zones. Remember that all zones are okay and if you are feeling in the red or yellow, you can ask an adult for help.



When I am at home, I will be responsible and make healthy choices.



It is very important to remember that I must go to bed when an adult tells me to. I need a proper rest!



I will have fun at home during the Easter holiday and after a good rest, I will be ready to return to school.



Family



Rest