



Abbey Park Schools Federation

Personal Development Overview

Year 6



At Abbey Park Federation pupil personal development is fundamental to everything we do. Through the teaching of our PSHE curriculum, assemblies, extra-curricular clubs, exposure to fundamental British Values and enrichment opportunities we strive to offer the best possible outcomes for all of our children, preparing them for later life.

Italics = British Values

Bold = Protected Characteristics

PSHE

Personal, Social, Health and Economic Education Relationships, sex and health education	Zones of regulation	Keeping safe around bonfires	How does media influence our ideas?	How the media play a powerful role in shaping ideas about girls and boys	People have different kinds of relationships in their lives, including romantic or intimate relationships	How puberty relates to growing from childhood to adulthood
	Understanding of how mental and physical health are linked	Managing the risks of medicines	Using social media responsibly to protect the health, wellbeing and rights of all	Age rating systems for films and other media	People who are attracted to and love each other can be of any gender, ethnicity or faith; the way couples care for one another	The reproductive organs and process - how babies are conceived and born and how they need to be cared for
	The importance of positive friendships	Managing the risks of legal and illegal drugs	How can text and images be manipulated or invented and strategies to recognise this	What to do in risky everyday situations		Growing up and becoming more independent comes with increased opportunities and responsibilities
	Understanding that choices support a healthy balanced lifestyle	Managing influences and peer pressure		Risks associated with gambling	Adults can choose to be part of a committed relationship or not, including marriage or civil partnership	How friendships may change as they grow
	The importance of dental health routines	Understanding of mental health and keeping well	How to evaluate the reliability of online content and recognise unsafe or suspicious content			
	The importance of good sleep	FGM and how to ask for help for ourselves or others				



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						and how to manage this How to manage change, including moving to secondary school
Fundamental British Values						
British Values: <i>Democracy</i> <i>Rule of Law</i> <i>Individual Liberty</i> <i>Mutual Respect</i> <i>Tolerance of those with different faiths and beliefs</i> Protected characteristics: Age Race Religion or belief Disability Sex	Topic - Ancient Greece <i>Democracy</i> <i>Rule of Law</i> <i>Mutual Respect</i> <i>Tolerance of those with different faiths and beliefs</i> Age Race Class text – The Firebird <i>Mutual Respect</i> <i>Rule of Law</i> Age Sex Class text – Persephone <i>Tolerance of those with different faiths and beliefs</i> Religion or belief Sex	Topic - Early Islamic Civilisations <i>Rule of Law</i> <i>Individual Liberty</i> <i>Mutual Respect</i> <i>Tolerance of those with different faiths and beliefs</i> Race Religion or belief Sex Topic – The Shang Dynasty <i>Individual Liberty</i> <i>Mutual Respect</i> Religion or belief Age Class text – Beowulf <i>Individual Liberty</i> <i>Mutual Respect</i> Race Religion or belief Sex	Topic – Savage Earth <i>Individual Liberty</i> Disability Class text – Escape from Pompeii <i>Individual Liberty</i> Age Sex	Topic – Driving to be Green <i>Democracy</i> <i>Rule of Law</i> <i>Individual Liberty</i> <i>Mutual Respect</i> Age Race Class text – Street Child <i>Rule of Law</i> <i>Individual Liberty</i> <i>Mutual Respect</i> Disability Sex Age	Topic – Passport to the World <i>Democracy</i> <i>Rule of Law</i> <i>Individual Liberty</i> <i>Mutual Respect</i> <i>Tolerance of those with different faiths and beliefs</i> Age Race Religion or belief Disability Sex Class text – The Boy at the Back of the Class <i>Democracy</i> <i>Rule of Law</i> <i>Individual Liberty</i> <i>Mutual Respect</i> <i>Tolerance of those with different faiths and beliefs</i>	Topic – Passport to the World <i>Democracy</i> <i>Rule of Law</i> <i>Individual Liberty</i> <i>Mutual Respect</i> <i>Tolerance of those with different faiths and beliefs</i> Age Race Religion or belief Disability Sex Class text – The Boy at the Back of the Class <i>Democracy</i> <i>Rule of Law</i> <i>Individual Liberty</i> <i>Mutual Respect</i> <i>Tolerance of those with different faiths and beliefs</i>



					Race Religion or belief	Race Religion or belief
Assemblies (Picture News)						
	What can we learn from new adventures? <i>Individual Liberty</i> Race	How can we show compassion to others? <i>Mutual respect and Tolerance</i> Age	Is an e-reader better than a book? <i>Individual Liberty</i> Religion or belief	How can you make your voice heard? <i>Democracy</i> Religion or belief	What does art mean to you? <i>Mutual respect and tolerance</i> Religion or belief	Is voting the best way to change things? <i>Democracy</i> Religion or belief
	How important is space exploration? <i>Individual liberty</i> Race	What is rubbish? <i>Individual Liberty</i> Religion or belief	Will self-driving vehicles change our lives? <i>Rule of law</i> Disability	How do you think World Book Day should be celebrated? <i>Mutual respect and tolerance</i> Age	Can you learn to persevere? <i>Individual Liberty</i> Sex	Should we always be prepared for an emergency? <i>Rule of law</i> Disability
	Can anyone break a world record? <i>Mutual respect and tolerance</i> Religion or belief	Are decorations an important part of celebrations? <i>Democracy</i> Age	What makes someone inspirational? <i>Democracy</i> Disability	Should mobile phones be banned in all classrooms? <i>Rule of law</i> Religion or belief	Is it fair to judge others based on first impressions? <i>Democracy</i> Sex	What makes a good friend? <i>Individual liberty</i> Religion or belief
	How does change happen? <i>Democracy</i> Race					
	Should speed limits be lowered in your local area? <i>Rule of Law</i> Age				What is the best way to handle disappointment? <i>Individual liberty</i> Religion or belief	
Enrichment Opportunities and offsite visits						



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Enrichment Opportunities and offsite visits						
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	Organ unveiling at Pershore Abbey -pupils were able to experience an exceptionally skilled organist play		SkillZONE – PSHE links to railway, road and water safety		KS2 end of SATs reward day	
			Young Voices Concert – Birmingham		KS2 Bell Heath Residential – visit to Bell Heath Outdoor Centre for residential visit	
			First aid workshop		End of Year Visit – West Midland Safari Park	
			Volcano making and eruptions		Bellboating regatta	
			Primary STEM workshop		Evesham Velodrome – key children	
			Travelling theatre group – Pantomime		Virtual decisions EdTech company	
					Transition morning	
					Thrills Day	
					Commonwealth Day	
					Interhouse Athletics afternoon	
					Author visit – B.Ware	
Extra-curricular clubs						
	<u>PE:</u> Football (G&B)	<u>PE:</u> Football (G&B)	<u>Alternative:</u> Music	<u>PE:</u> Taekwondo	<u>Alternative:</u> Lego	<u>PE:</u> Taekwondo



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	<u>Alternative</u> Young Voices (G&B)	<u>Alternative</u> Young Voices (G&B)	<u>PE:</u> Football (G&B)	<u>PE:</u> Boogie Bounce	<u>PE:</u> Netball	<u>PE:</u> Netball
	<u>Alternative</u> Cookery (G&B)	<u>Alternative</u> Cookery (G&B)	<u>Alternative:</u> Rainbow Room	<u>PE:</u> Boogie Bounce	<u>Alternative:</u> Cooking	<u>Alternative:</u> Cooking
						<u>PE:</u> Boogie Bounce
Parental Engagement						
	Parents Evening Harvest Service (in school)	Christmas Service at the Abbey		Y5,6,7 – Dance performance	Parents Evening	Bell Heath parents feedback evening