



Abbey Park Schools Federation

Personal Development Overview

Year Reception



At Abbey Park Federation pupil personal development is fundamental to everything we do. Through the teaching of our PSHE curriculum, assemblies, extra-curricular clubs, exposure to fundamental British Values and enrichment opportunities we strive to offer the best possible outcomes for all of our children, preparing them for later life.

Italics = British Values

Bold = Protected Characteristics

PSHE

Personal, Social,
Health and Economic
Education

Relationships, sex and
health education

PSHE Early Learning Goals;

ELG: Self-Regulation

Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly.

Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate.

Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.

ELG: Managing Self

Be confident to try new activities and show independence, resilience and perseverance in the face of challenge.

Explain the reasons for rules, know right from wrong and try to behave accordingly.

Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.

ELG: Building Relationships

Work and play cooperatively and take turns with others.

Form positive attachments to adults and friendships with peers; Show sensitivity to their own and to others' needs.

Fundamental British Values

British Values:
Democracy
Rule of Law
Individual Liberty

In My Imagination

Starting school / my
new class / New

Traditional Tales

Rosie's Walk
Little Red Hen

Heroes

Who helps us stay
safe?

Earth Protectors

Plants & Flowers
Weather / seasons

World Protectors

Around the Town
How do I get there?

Ocean Explorers

Off on holiday /
clothes



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Mutual Respect <i>Tolerance of those with different faiths and beliefs</i> Protected characteristics: Age Race Religion or belief Disability Sex	Beginnings/ my interests / class name/tables names / learning about Owls fact and characteristics Staying healthy / Food / Human body How have I changed? My family / PSED focus What am I good at? How do I make others feel? Being kind / staying safe	The Gingerbread Man Harvest Old favorites Familiar tales Library visits in school Gingerbread Man The Nativity Christmas/Santa visit off site trip Letters to Father Christmas	What are we good at? What could we be when we are older Asking visitors questions Listening to information Discuss ideas about who helps us Looking at a variety of different occupations; doctors, police officers, firefighters, dentists, vicars, postman etc.	Does the moon shine? Space Characteristics of the Earth The great outdoors Forest School Planting seeds Make a sculpture: Andy Goldsworthy Reduce, Reuse & Recycle Fun Science / Materials	Where in the world have you been? Where do we live in the UK / world? Fly me to the moon! Vehicles past and Present Design your own transport! Who was Neil Armstrong?	Where in the world shall we go? Send me a postcard! Marine life Fossils – Mary Anning Seasides in the past Compare: Now and then! Seaside art
	Assemblies (Picture News)					
		Singing Assembly	Singing Assembly Celebrations Assembly World Book Day Assembly	Singing Assembly Celebrations Assembly	Singing Assembly Celebrations Assembly	Singing Assembly Celebrations Assembly
Enrichment Opportunities and offsite visits						
Enrichment Opportunities and offsite visits	Autumn Trail Remembrance Day Harvest Time Birthdays Favourite Songs Roald Dahl Day Guy Fawkes / Bonfire Night Christmas Time / Nativity Diwali		Dress up day Visiting heroes – vets, police, nurses etc Valentine's Day Internet Safety Day Animal Man visit – once every 2 years Forest School Planting seeds Easter time Weather experiments		Post a letter Food tasting – different cultures Map work - Find the Treasure Start of Ramadan Eid Let's fly - Role play and Green Screen Under the Sea – singing songs and sea shanties Fossil hunting Father's Day	



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	Hannukah Remembrance day Forest School Children in Need Bread tasting Fruit tasting	Nature Scavenger Hunt Mother's Day Science Week Easter Egg Hunt	Heathy Eating Week World Environment Day Anniversary of the NHS Pirate Day / dress up day Ice Cream at the park Sea Life Centre end of year trip off site
Extra-curricular clubs			
Parental Engagement			
	Phonics workshop – introduction to phonics in Reception Harvest Stay and Play Parents Evening	Christmas Stay and Play	Easter Stay and Play Summer Stay and Play Sports Day