

Why and How is PSHE Taught?

Quinton Primary School



PSHE education aims to teach children the knowledge and skills that they need to stay safe and be happy and healthy, while also preparing them for life, both in the present and future. Importantly, it equips children with the skills they need to live successfully as citizens of the communities to which they belong. In addition, PSHE education encourages children to develop positive mental health and emotional wellbeing. This is achieved by empowering them with the knowledge and understanding of why this is important and how it can be achieved.

How Is PSHE Education Taught?

PSHE education needs to be delivered in a way that ensures it is accessible to all pupils. It is best taught by following the guidelines below; this will help a safe a supportive climate to be created and one in which all children can thrive.

Policies	<i>If at any time a member of staff has any concerns about a child's safety or wellbeing, they will consult the school's Safeguarding and Child Protection policies.</i>
Rules	<i>A class agreement or ground rules for discussion specifically for PSHE education lessons and remind the children of these at the beginning of every session.</i>
Expect	<i>Anticipate sensitive issues and plan how we will respond in the event of a spontaneous disclosure so we are prepared to protect children from revealing personal information to others, while not discouraging them from seeking support.</i>
Procedures	<i>Ensure that all children know what steps to follow to seek help and support if they feel uncomfortable or anxious during or after the lesson, within and outside of school.</i>
Ask	<i>Encourage children to ask any questions they may have, before, during or after the lesson, and provide a Question Box for children to submit question anonymously, if they prefer.</i>
Respond	<i>Set aside time to explore any questions that are raised, either with the whole class or separately if more appropriate.</i>
Enable	<i>Be aware of any individual circumstances that may mean that children need extra support to enable them to participate in the lessons.</i>

PSHE education is best delivered in a creative manner and one which involves a multitude of approaches, for example, discussion, role play, independent research and playing games – all of which can be done in pairs, small groups, independently and as a class. It is important that we involve parents and carers in the children's PSHE education, so you are aware of what is being taught and how you can support the children's learning at home.

Assessment of children's learning and skills in PSHE education is also pivotal to the embedding of knowledge, skills and attitudes and in aiding the teacher to provide a curriculum which is relevant to their pupils. Allowing opportunities for children to reflect on their own learning and for the teachers to assess pupil's development and progress from the beginning to the end of a unit is essential for effective and impactful PSHE education. However, it is important that learning in PSHE education is seen as developmental and not as succeeding or failing – this is due to the very personal nature of the content. All children feel they are succeeding in PSHE education, whatever their starting or ending point within a unit of work.

What Are the Desired Outcomes of PSHE Education?

A thoroughly planned and successfully delivered PSHE education curriculum can have a positive impact on the whole child, including their academic development and progress. It helps break down social and emotional barriers to learning and builds self-confidence; this enables children to access and focus on their academic development to a greater extent. PSHE education that follows best practice also helps develop the qualities and attributes children need to healthy, independent and active participants in society. There is also evidence that PSHE education can help improve the life opportunities of the most vulnerable and disadvantaged children by raising their aspirations and empowering them with the skills to overcome challenges they face. PSHE education is a vital tool in helping schools to educate the whole child; positively impacting not only the individual but also the school community, the wider community and the global community both present and future.

What Scheme Do Quinton Use?

We use 'Twinkl Life' which provides a comprehensive KS1 and KS2 PSHE education curriculum, spanning all year groups which enables a comprehensive whole school programme to be taught. All Twinkl Life PSHE education planning and resources have been produced to be fully in line with the Learning Outcomes and Core Themes outlined in the PSHE Association Programme of Study that is widely used by schools in England and is recommended and referred to by the Department for Education in all key documentation relating to PSHE education provision in schools. They also meet the 2018 draft guidance for statutory relationships education.