

# Abbey Park First School PE Newsletter

**This Autumn 2 newsletter is all about the best experience we could have hoped for...when Paul Sturges came and visited our school!**

On Thursday 14<sup>th</sup> December Abbey Park Schools Federation had the honour of welcoming Paul “Tiny” Sturges into our school. He is a world famous basketball player and has travelled the world with the Harlem Globe Trotters. He not only is a world famous basketball player playing against some of the modern day greats, but has now turned his hand to the world of acting. He has been in a huge variety of films and is currently filming Deadpool 3 alongside Ryan Reynolds and Hugh Jackman.

You might think ‘WOW’ to all of this but he is also 7ft 7in and the worlds tallest EVER basketball player and Britain’s tallest man.

However, this is not the reason that he came to see us. He is incredibly passionate about getting into schools and teaching young people that your differences can be your super power. Paul could easily have shied away from the public being so tall, the constant comments and questions could have made him retreat, but he didn’t. He turned what made him different into his career. He embraces who he is every single day and doesn’t let what other people think ever stop him from doing what he wants to do. While doing this he is always trying to make sure that the youth of today know that their individuality is something to embrace and not hide.

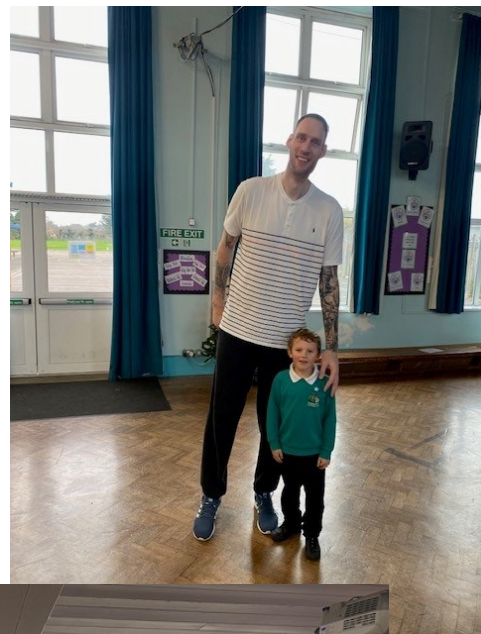




He told us that, "incredible opportunities have come my way because of the fact that I am different. I have grabbed each of these opportunities with both hands and worked as hard as I possibly could to be successful".

He came into our school and held an assembly for Reception to Year 7 talking us through his career and all of his sporting achievements. It was truly incredible. He reiterated that his achievements came through a huge amount of hard work. Each class got a workshop with him and he played different games with him and showed us some tricks.

He really was such a true inspiration to not only the children, but also to the staff. It is a memory that none of us will forget any time soon.



All your class teachers took a huge amount of photos, so if you want to see your child's class with Paul, drop them an email and see if they have any photos that they could email you!