

2022-23 PE AND SPORT PREMIUM DEVELOPMENT PLAN

EVIDENCING THE IMPACT & SUSTAINABILITY

Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.

The school sport and activity action plan sets out the government's commitment to ensuring that children and young people have access to at least 60 minutes of sport and physical activity per day. It recommends 30 minutes of this is delivered during the school day (in line with the Chief Medical Officer guidelines which recommend an average of at least 60 minutes per day across the week).

The PE and sport premium can help primary schools to achieve this commitment, providing primary schools with £320 million of government funding to make additional and sustainable improvements to the quality of the PE, physical activity and sport offered through their core budgets. It is allocated directly to schools, so they have the flexibility to use it in the way that works best for their pupils.

SCHOOL

Spring Lane Primary

HEAD TEACHER

Pete Hynes

PE COORDINATOR

Cath Bates

PE AND SCHOOL SPORT PREMIUM: THE PURPOSE

The premium must be used to fund additional and sustainable improvements to the provision of PE and sport, for the benefit of primary-aged pupils, in the 2021 to 2022 academic year, to encourage the development of healthy, active lifestyles.

VISION: GOVERNMENT VISION

All pupils leaving primary school will be physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport.

VISION: SCHOOL VISION

‘For all children in Spring Lane Primary School to experience excellent physical education, school sport and physical activity that will lead to life-long participation.’

We believe a high quality PE curriculum should be an integral part of the whole school curriculum and one that staff, pupils and parents understand and can contribute to our school recognises the values that a high quality PE and school sport curriculum gives pupils.

All pupils are entitled to benefit from high quality PE provision and there is significant evidence to show that this supports other learning right across the curriculum. It also contributes to healthy and active lifestyles, improves emotional well-being, reduces poor behaviour, increases attendance and develops key skills such as leadership, confidence, social and team building skills. Our PE curriculum aims to ensure that all pupils develop the fundamental skills and competence to enjoy and excel in a wide range of physical activities by providing a broad & balanced curriculum with opportunities for all to be enjoyed.

A high quality PE curriculum will develop physical literacy and will allow pupils to learn about themselves, the importance of a healthy lifestyle, self-expression and concepts such as fair play and respect. It also contributes to the development of a range of important cognitive skills such as decision-making and analysis, and social skills such as teamwork and communication.

FUNDING OBJECTIVES

Schools must use the funding to make **additional** and **sustainable** improvements to the quality of the physical education (PE), physical activity and sport they provide. This includes any carried forward funding from the 2020 to 2021 academic year, which must be spent by 31st July 2022.

This means that you should use the PE and sport premium to:

- develop or add to the PE, physical activity and sport that your school provides
- build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years

KEY OUTCOME INDICATORS: UPDATED 2021/2022

Schools can use the funding to secure improvements in the following indicators;

Key outcome indicator 1: Engagement of all pupils in regular physical activity

For example, by:

- providing targeted activities or support to involve and encourage the least active children
- encouraging active play during break times and lunchtimes
- establishing, extending or funding attendance of school sport clubs and activities and holiday clubs, or broadening the variety offered
- adopting an active mile initiative
- raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2. Every child should leave primary school able to swim (funding can only be used for additional top-up swimming lessons to pupils who have not been able to meet the 3 national curriculum requirements for swimming and water safety after the delivery of core swimming and water safety lessons and should not be used for core swimming provision).

Key outcome indicator 2: Profile of PE and sport is raised across the school as a tool for whole-school improvement

For example, by:

- actively encourage pupils to take on leadership or volunteer roles that support the delivery of sport and physical activity within the school (such as 'sport leader' or peer-mentoring schemes)
- embedding physical activity into the school day through encouraging active travel to and from school, active break times and holding active lessons and teaching

Key outcome indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

For example, by:

- providing staff with professional development, mentoring, appropriate training and resources to help them teach PE and sport more effectively to all pupils, and embed physical activity across your school
- hiring qualified sports coaches and PE specialists to work alongside teachers to enhance or extend current opportunities offered to pupils

Key outcome indicator 4: Broader experience of a range of sports and activities offered to all pupils

For example, by:

- introducing a new range of sports and physical activities (such as dance, yoga or fitness sessions) to encourage more pupils to take up sport and physical activities
- partnering with other schools to run sports and physical activities and clubs
- providing more and broadening the variety of extra-curricular activities after school in the 3 to 6pm window, delivered by the school or other local sports organisations

Key outcome indicator 5: Increased participation in competitive sport

For example, by:

- increasing and actively encouraging pupils' participation in the School Games
- organising, coordinating or entering more sport competitions or tournaments within the school or across the local area, including those run by sporting organisations

SWIMMING: MEETING THE NATIONAL CURRICULUM REQUIREMENTS FOR SWIMMING & WATER SAFETY

- Swimming is a national curriculum requirement
- The 3 requirements for swimming and water safety are that by the end of key stage 2 pupils should be taught to:
 - swim competently, confidently and proficiently over a distance of at least 25 metres
 - use a range of strokes effectively, for example, front crawl, backstroke and breaststroke
 - perform a safe self-rescue in different water-based situations

You can use your funding for:

- Professional development and training that are available to schools to train staff to support high quality swimming and water safety lessons for their pupils
- Additional top-up swimming lessons to pupils who have not been able to meet the 3 national curriculum requirements for swimming and water safety after the delivery of core swimming and water safety lessons. At the end of key stage 2 all pupils are expected to be able to swim confidently and know how to be safe in and around water

Schools are required to annually publish information on the percentage of their pupils in year 6 who met each of the 3 swimming and water safety national curriculum requirements

Outcome					
	2018/2019	2019/2020	2020/2021	2021/2022	2022/2023
Swim competently, confidently and proficiently over a distance of at least 25 metres	56%	Unable to comment due to COVID 19 – catch up session to be arranged for Summer 2 2022	44%	46%	48%
Use a range of strokes effectively; front crawl, backstroke and breaststroke	33%		37%	40%	44%
Perform safe self-rescue in different water-based situations	Pool based only		Pool based only	Pool based only	Pool based only
The premium may also be used to provide additional top-up swimming lessons to pupils who have not been able to meet the national curriculum requirements for swimming and water safety after the delivery of core swimming and water safety lessons. At the end of key stage 2 all pupils are expected to be able to swim confidently and know how to be safe in and around water. Have you used any funding for this purpose?				Yes – Year 6 top up lessons during Summer term	Yes- Year 6 top up lessons during the Summer term

PE & SCHOOL SPORT DEVELOPMENT PLAN

2022/2023 Funding ✓ Must be allocated and spent by 31 st July 2022			GRAND TOTAL	<i>£19,985.34</i>
Key outcome indicator 1: Engagement of all pupils in regular physical activity	Planned Expenditure:	£9,000	Actual expenditure:	£9636.54
Key outcome indicator 2: Profile of PE and sport is raised across the school as a tool for whole-school improvement	Planned Expenditure:	£1000	Actual expenditure:	£1500.00
Key outcome indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport	Planned Expenditure:	£4500	Actual expenditure:	£5000.00
Key outcome indicator 4: Broader experience of a range of sports and activities offered to all pupils	Planned Expenditure:	£3000	Actual expenditure:	£2200.00
Key outcome indicator 5: Increased participation in competitive sport	Planned Expenditure:	£3500	Actual expenditure:	£3794.26

Key outcome indicator 1: Engagement of all pupils in regular physical activity

INTENT	IMPLEMENTATION			IMPACT
Objective/intended impact What do you want to achieve?	Actions to achieve Outcome What do you need to do to achieve your intentions?	Planned funding	Actual funding	Outcome What have you achieved? How many people have benefited? What is the impact on pupils/whole school?
• Provide targeted activities or support to involve and encourage the least active children. • Active play during break times and lunchtimes – upskill staff and young leaders to be able to deliver. • Broaden the variety of extra curricular activities offered. Fund (subsidise) attendance of school sport clubs and activities and holiday clubs. • Continue to raise attainment in primary school	• Children take part in timetabled Spring into Action at least 3 times a week. • Inter-house/external sporting tournaments/competitions throughout the year, for all children, e.g.: dodgeball, football, cricket, rounders, cross country, inclusive sports etc. • Lunch time staff on duty to have support/CPD and lead pupil engagement. • Promote pupils' physical fitness and improve the health and well-being of all pupils.	£9,000	Jumpstart Jonny subscription £279 £185.20 for Sports equipment/rewards for comps NTFC (1 ½ days) £9172.34	• Spring in to Action embedded within timetable. We already teach two hours of PE or other physical activities per week. However, we needed to do more to encourage children to be active every day. It is suggested that at least 30 minutes of physical activity should be delivered in school every day. We have started to do this through Spring into Action, active break times and lunchtimes. • A wide variety of Inter-house/external sporting tournaments/competitions have taken throughout the year, for all children, e.g.: dodgeball, football, cricket, rounders,, cross country, inclusive sports, multi skills orienteering. A significant increase in the number of pupils participating in these. All pupils from across the nursery and school represented their house in a least 3 House comps over the academic year. • Lunch time staff on duty have had support to help lead pupil engagement. This has been delivered by NTFC and PE team. This has led to more children being engaged in high quality play/regular activity throughout the lunchtime break thus improving their mental wellbeing, pupil aerobic activity, team building and communication skills. • NTFC ran a after school club targeting girls to get them involved and engaged in football. The uptake has been high and

swimming to meet requirements of the national curriculum before the end of key stage 2 by funding additional top-up swimming lessons to pupils who have not been able to meet the 3 national curriculum requirements for swimming and water safety after the delivery of core swimming and water safety lessons. * NTFC 1 ½ days a week	• Work alongside teachers, through team teaching/CPD, to support the delivery of high quality P.E. lessons being delivered throughout the school. • Organise regular competitions to provide opportunities for all pupils to participate and compete. • NTFC to run a target ASC for schools to get them involved and engaged in football. • Targeted interventions for delivered via NTFC to promote and engage the less active pupils. • Upskill staff with a football focus			participation levels have increased. Girls football team established and competitive games/comps entered. • NTFC deliver targeted interventions to promote physical fitness and improve the health and well-being have proved successful.
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Key outcome indicator 2: Profile of PE and sport is raised across the school as a tool for whole-school improvement

INTENT	IMPLEMENTATION			IMPACT
Objective/intended impact What do you want to achieve?	Actions to achieve Outcome What do you need to do to achieve your intentions?	Planned funding	Actual funding	Outcome What have you achieved? How many people have benefited? What is the impact on pupils/whole school?
• CPD for PE team for Sports Leader programme. • Friday enrichment training for Sports Leaders to ensure skilled to deliver lunch time sessions and run comps. • Continue to embed physical activity into the school day through Spring in Action imitative (Jump Start Jonny, Cosmic Kids subscriptions) • Encourage Active Travel to and from school-bikeability. • Pupils, staff and parents are aware of 60 active minutes	• Real leader CPD for BW to be continued by attending NSPORT PE and Sport Conference. • Continue to be delivered and then active activities to be offered at break and lunch times. • Ensure UKS2 pupils have the opportunity to 'Learn to Lead' and self-assess on a regular basis within their PE lessons. • Children take part in regular active blast breaks throughout the day to ensure the 60 Active	£1500	£400 PE and Sport Conference £1000 Friday enrichment £200 for representation badges	• Real leader training attended by BW. • BW continued to delivered Sports Leader programme to train up our Sports Leaders so they feel equipped to deliver active activities at break and lunch times. • Children are taking part in active blasts (Spring into Action) and it is having a positive impact on their focus during lesson time. Staff and pupil voice used to gauge this. • Information shared with parents about the 60 Active Minutes that the Chief Medical Officers recommendations for 5-18 years to support them to lead a healthy life in childhood and into adulthood – also promotes lifelong participation in physical activity. • Celebration assemblies which highlight and recognise sporting achievements inside/outside of school. Newsletter to contain Sports Report, Sports info on our Sport notice board in main school.

and sporting activities and achievements across the school.	Minutes that the Chief Medical Officers recommendations for 5-18 years to support them to lead a healthy life in childhood and into adulthood – also promotes lifelong participation in physical activity • Give children opportunity to move more during class time to aid focus during lessons. • Parents to be informed and educated about the 60 Active Minutes that the Chief Medical Officers recommendations for 5-18 years to support them to lead a healthy life in childhood and into adulthood – also promotes lifelong participation in physical activity. • Sports notice board regularly updated,			
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	Newsletter to be updated with Sports Reports			
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Key outcome indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

INTENT	IMPLEMENTATION			IMPACT
Objective/intended impact <i>What do you want to achieve?</i>	Actions to achieve Outcome <i>What do you need to do to achieve your intentions?</i>	Planned funding	Actual funding	Outcome <i>What have you achieved? How many people have benefited? What is the impact on pupils/whole school?</i>
- Ensure all pupils receive consistently high-quality curriculum PE lessons which allows each pupil to develop a good physical literacy. - Developing fundamentals in Early years and KSI - Develop PE teaching delivered by the PE team and ensure there is ensures consistency throughout the school when teaching.	- Structure timetable to ensure all pupils have 2 hours of timetabled PE per week from PE specialist/Class teacher (lesson to be well structured and are progressive in their delivery). - Learning walks to monitor high quality lessons. Feedback to be given and CPD offered when required - Observe a range of staff delivering P.E. lessons Offer feedback and highlight areas of	£5000	£5000	- All pupils have 2 hours of timetabled PE per week from PE specialist. Lessons are well structured and are progressive in their delivery. - CPD given to all staff for Jasmine PE. On going face to face support given by PE Lead as and when required. - Staff feedback is positive and staff feel able to deliver high quality lessons.

To provide staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively to all pupils, and embed physical activity across your school.	strength and improvement. - Assess staff CPD requirements and provide appropriate opportunities (swimming, tennis netball). - Continue legacy journey in order to upskill staff to deliver high level PE and Physical activity lessons. - Explore providers (internal and external)/tutors to deliver sessions – REAL PE			
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Key outcome indicator 4: Broader experience of a range of sports and activities offered to all pupils

INTENT		IMPLEMENTATION		IMPACT
Objective/intended impact <i>What do you want to achieve?</i>	Actions to achieve Outcome <i>What do you need to do to achieve your intentions?</i>	Planned funding	Actual funding	Outcome <i>What have you achieved? How many people have benefited? What is the impact on pupils/whole school?</i>
- Provision of after school sporting clubs for children - Offer a diverse and needs led extra-	Wide variety of after school clubs, catering for different sporting interests of pupils (pupil voice via Seesaw): yoga,	£2000	Bikeability = £500 Bike servicing and protective	- Pupils voiced used to ensure ASC on offer met the needs of our pupils. We now have the highest percentage (50%) of pupils attending a wide variety of clubs. - A 12 week Spring Riders course this taught to all Year 5 pupils,

curricular School Sport programme. • Support and involve the least active children by providing targeted activities, and running or extending school sports. • Internal House competitions held termly. • Provide the appropriate skills to pupils in order to ensure pupils can safely travel to and from school using a bike, and promote them to use their bike during their recreational time • To provide opportunity for pupils to explore a variety of physical	basketball, tri golf, dance and multi-sports. • Pupils active in ASC. • Use external transportation to ensure attendance to sporting events against other schools in a range of activities. • Deliver a 12 week Spring Riders course to every Year 5 pupils. • Bikeability course/qualification (external provider) achieved by pupils at end of 12 weeks Spring Riders course. • Provide pupils and parents and make wider links with local clubs/opportunities to promoting them being physically active outside of the school day.		equipment = £1500 Staff time to complete awards (Games mark and Healthy Schools) = £200 1	this has led to % 95 of pupils being able to ride a bike and pass the Bikeability course. • Pupils and parents are regularly provided with links with local clubs/opportunities with the aim of encouraging them being physically active outside of the school day. • Gold School Games Mark achieved. • Bronze Healthy Scholl award achieved
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activities in a residential setting.				
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Key outcome indicator 5: Increased participation in competitive sport

INTENT	IMPLEMENTATION			IMPACT
Objective/intended impact <i>What do you want to achieve?</i>	Actions to achieve Outcome <i>What do you need to do to achieve your intentions?</i>	Planned funding	Actual funding	Outcome <i>What have you achieved?</i> <i>How many people have benefited?</i> <i>What is the impact on pupils/whole school?</i>
- Use coaches to travel to future external events run by NSport. - Extend the opportunities for SEND pupils to access appropriately levelled competitions - Provide opportunities for pupils to access Inter School Competitions - Host a School Games Day	- Informal competitions to be introduced with local schools - Take part in a variety of Northamptonshire School Sport Partnership or Cluster organised Inter School Competition - Be sure all the competitions are compliant with School Games formats - Run a ASC to ensure pupils are adequately	£3500	£2567.26 transport £1000 certificates/rewards/refreshments etc £233 specialist equipment for SEND	- A high number of informal competitions were introduced with local schools (Boothville, St James, Hardingstone, Castle, Spires Academy) = 38% of pupils have taken part from across KS2 - Taken part in a large variety of Northamptonshire School Sport Partnership competitions – every child in year 6 has represented the school. - Followed all the competition formats/rules to ensure compliant with School Games to achieve GOLD. - Friday enrichment and ASCs ran to ensure pupils are adequately prepared for the competitions. Qualified for 3 county finals events (Orienteering, BEE Netball and Girls cricket) - Ensured attendance at School Games events, trust events and local school fixtures etc

(Sports Day) that culminates a year-round programme of PE and School Sport Organise and host sports events against local schools	prepared for the competitions Attendance at School Games events, trust events and local school fixtures etc			
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Accountability

It is a statutory requirement of Ofsted, under their Common Inspection Framework, to ensure that information on the use of the Primary PE and Sport Premium is available on your school website. One of the key purposes of putting information on the school website is to keep parents informed, so this information should be written in a format that is clear and easily accessible.

Completed by:	Pete Hynes and Cath Bates	Date:	17/12/22
Document reviewed	July 2023		