

St Mary's C of E Primary School

Growing Our Community Together.

'Welcome, Nurture, Grow, Flourish.'



Dear St Mary's Community,

We are excited to welcome the Book Fair to St Mary's next week! The fair will be open every day straight after school, please come to our main school library area (3:30-4:00pm) and see what incredible books there are to purchase. Every book that is sold generates a donation to the school which means...we can buy *even* more books for your children to enjoy in the comfort of our school library areas.

Don't forget to ask your child to practise their best smiles over the weekend to prepare for individual & sibling family school photographs taking place on Monday.

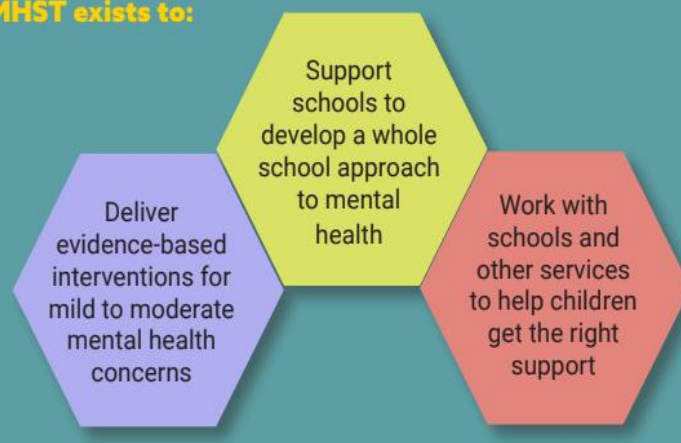
Have a lovely weekend,
Mrs Lawlor and the Team at St Mary's.

The MHST (Mental Health Support Team):



The MHST (Mental Health Support Team) is a school-based Child and Adolescent Mental Health Team Service (CAMHS) which offers early intervention and prevention work to support positive mental health and wellbeing.

The MHST exists to:



In primary schools, the MHST can work with parents to support children with mild to moderate anxiety or behavioural difficulties. They offer regular coffee mornings and parent webinars on a range of topics linked to children's emotional wellbeing. They also offer groups for children around issues such as resilience, friendships or transition to secondary school.

If you are a parent needing to make a self-referral for your child's emotional needs, you can do so [by completing this self-referral form](#), or alternatively, if you feel concerned about your child's mental health, please speak to your child's class teacher or contact your school's Designated Mental Health Lead, Mrs Quinn.

For further information about MHST and the support that can be offered please see [this leaflet](#).

Mental Health Ambassadors:

On Wednesday 1st October, our year 6 mental health ambassadors attended a primary school mental health training conference at Southborough High School with Mrs Quinn.

We found out more about what mental health is (and what it isn't!) things that might affect our mental health (both positive and negative) and ways to take care of mental health.

Our ambassadors represented the school beautifully, making thoughtful and insightful contributions to the discussions and have returned to school full of ideas for the year ahead.



Why did you want to be a mental health ambassador?

I've had my own struggles, but I've found ways to deal with them and I want to help other people do the same. If I can do it,

I want to help people with their mental health and let them know that people are listening.

I want to help people to feel safe and achieve their goals.

What have you learned from the training?

I've learned that it's not just me that has struggles.

I've learned some different ways to help your mental health and how to de-stress.

There are lots of people and strategies that can help you.

Collective Worship & Open the Book:

During the first weeks of term, we have covered a lot during our Collective Worship time together. We have welcomed the Insight team in to classrooms to enhance RE learning.



We have also spent time exploring three main stories from the Bible which help our children to grow a deeper understanding of our school values of **Love, Courage & Community**.

Our Values		
		
LOVE	COURAGE	COMMUNITY
The parable of the Forgiving Father Luke 15:11-32.	David and Goliath 1 Samuel 17:12-50	The parable of The Good Samaritan Luke 10:25-37

Find out more about each of our school values [here on our website](#).

Autumn Term Dates for your diary:

Week beginning 6th October Book Fair in school all week! (3:30-4pm in our school library)

Monday 6th October – School Photos (Individual & siblings)

Week commencing 13th October – Black History Focus Week

Week commencing 13th October – NSPCC Talk Pants Week

Friday 17th October – Wear Red Day. Show Racism the Red Card!

Monday 20th October 9-10am– Autism Parent Workshop in our Community Hub Room

Monday 20th October 3:30 – 6pm Parents' Evening

Wednesday 22nd October 3:30-6pm Parents' Evening

Monday 27th – Friday 31st October HALF TERM BREAK

Monday 3rd November – Children back to school

Wednesday 5th November – Immunisations Morning (details will follow via Weduc)

Wednesday 17th December – Christmas lunch in school

Please note more dates will be added in due course.



At 4pm on the second Sunday of each month, in the school hall, St Mary's Church welcome you to a relaxed and welcoming event for all ages.

Whether you've been to church before or not. It's designed to be easy to join in with, family-friendly, and a chance to explore big questions about life, hope, and purpose through Bible stories, drama, music, and activities that centre around the message of Jesus.

There will be something for everyone – children, parents, grandparents, and friends – and it's a great way to meet others in the school and local community and we'll finish with free refreshments and time to chat.

*School Term and
Holiday Dates.* 

Click here for school term
dates:

2025-2026

*Smile
and enjoy
the
weekend* 