

Cambridge Technical in Sport Diploma (OCR)

Guided Learning materials and expectations: Autumn 2025

Autumn 2025 guide

During this term, you will be studying the following units:

- Year 12 Body Systems – Exam unit: 11 May 2026
- Year 13 Coaching – both practical and coursework unit: finish by Easter 2026.
- Both Organising a Sports Event – both practical and coursework unit: finish by Jan 2026.
- Both Working Safely in Sport – Exam unit: 14 Jan 2026.



What should I be doing in my GL sessions?

After **each lesson**, you should get into the habit of looking at homework tasks and assignment tasks set on **Class Charts** and should be working to complete these within the time frames set. You also need to look at **Microsoft Teams** as this is where I will put digital copies of resources from the lesson and the specifications you are following for each unit.

For **exam units**, you need to be going over your notes, such as re-reading sections, redoing exam-based questions with and without notes to practice applying your knowledge, using your textbook to read the relevant sections and complete the 'know it' questions etc.

You need to be keeping your folder and notes organised both as hard copies and digitally. The digital organisation is crucial to keeping on top of the work given to you on this course.

For **coursework units**, you need to be keeping up to date with feedback drafts of your assignment tasks, responding to my feedback and amending your assignment work. You need to complete drafts of assignment work as soon as possible so it is fresh in your mind from the lesson work. Please use emails regularly and ensure that these are written appropriately.

Materials and resources I can use.

Your **textbook** that each of you have a copy for home use, you can also borrow textbooks from Room A during school time if you don't have access to yours but please RETURN them for lesson work.

Microsoft Teams has individual classwork folders for each of the units we are studying which include specifications, assessment guidance and copies of class notes/PPs.

Class notes and past paper questions in your **folders**.

Exam board website for past papers and unit specifications: www.ocr.org.uk OCR is our exam board for this course. You are doing Cambridge Technical Diploma in Sport and Physical Activity. This is the direct link for your course. <https://ocr.org.uk/qualifications/cambridge-technicals/sport-and-physical-activity/#level-3>

Each other! Working together, testing, quizzing and discussing work is a great way to learn and remember the content. If you can help others to understand the content, you will understand it better yourself too.

Any questions, email carly.perring@kingedwardvi.org.uk