



# Newbold Church of England Primary School

At Newbold we aim to support each other to live, learn and excel together as a Christian community.

*"Therefore encourage one another and build each other up," 1 Thessalonians 5:11*

## Physical Education

We have excellent sports provision at Newbold, benefiting from a specialist Sports Apprentice to support our class teachers. Our Physical Education curriculum aims to teach and develop children's physical skills, confidence, capabilities and potential. It gives opportunities for children to be creative and competitive while learning to work with and respect others. At Newbold Church of England Primary School children learn how to plan, perform and evaluate actions, often in pairs and small groups, helping them to develop the quality and effectiveness of their work. We promote a positive attitude towards active lifestyles and aim to introduce children to lifelong physical activity.

We have a full time sports Apprentice, who teaches all classes from EYFS up to Year 6. Our aspiration is for all children to do a minimum of 2 hours PE a week. The Apprentice works on developing skills across a number of different individual team, co-operative and competitive sports throughout the year including football, tag rugby, cricket, netball, basketball, boccia, athletics, cross country and gymnastics. We run a range of afterschool clubs to increase our Physical Education provision.

In addition to this, each class from Year 3 up to Year 6 will go swimming at the pool in Ashby for a number of sessions each year.

We regularly take part in sports competitions between local schools supported by North West Leicestershire Sports Partnership NWLSS and we compete in Ashby Unity school's events.