



Abbey Park Schools Federation

Personal Development Overview

Year 2



At Abbey Park Federation pupil personal development is fundamental to everything we do. Through the teaching of our PSHE curriculum, assemblies, extra-curricular clubs, exposure to fundamental British Values and enrichment opportunities we strive to offer the best possible outcomes for all of our children, preparing them for later life.

Italics = British Values

Bold = Protected Characteristics

PSHE

Personal, Social, Health and Economic Education	Behaviour for listening and learning through games.	To understand how words and actions can affect how people feel.	To understand that jobs are important to allow people to have what they need and want.	To know how rules and restrictions help you to keep safe, (e.g., basic road, fire, cycle, water safety; in relation to medicines/ household products and online)	To identify that different thing, help my body to be healthy, including food and drink, physical activity, sleep and rest.	To recognise, name and describe a range of feelings.
	Relationships, sex and health education	Zones of Regulation. To know how to make friends with other. To recognise when I am feeling lonely and what to do about it. To understand what makes a good friend and who my good friends are. To resolve arguments that can occur in friendships how to ask for help if a friendship is making me unhappy.	To ask for and give/not give permission regarding physical contact. To know how to respond if physical contact makes me uncomfortable or unsafe. To understand why name-calling, hurtful teasing, bullying and deliberately excluding others is unacceptable. To know how to respond if to different situations how to	To understand there are a wide range of jobs. To discuss the jobs available in the local area and what their own adults do for a job. To identify that people, have different strengths that help them to choose and be good at a job. To recognise that people use digital devices in their jobs and everyday life.	To identify risky and potentially unsafe situations (in familiar and unfamiliar environments. Including online and take steps to avoid or remove themselves from them To know how to resist pressure to do something that makes them feel unsafe or uncomfortable,	To identify what helps me to feel good, or better if not feeling good. To discuss how different things / times / experiences can bring about different feelings for different people. (Including loss, change and bereavement or



Abbey Park Schools Federation

Personal Development Overview

Year 2



		report bullying or other hurtful behaviour,		including keeping secrets. To know not everything, they see online is true or trustworthy and that people can pretend to be someone they are not. To know to tell a trusted adult if they are worried for themselves or others, worried that something is unsafe or if they come across something that scares or concerns them.	To understand how feelings can affect people in their bodies and their behaviour To identify ways to manage big feelings and the importance of sharing my feelings with someone I trust. To know how to clean my teeth and the importance of dental health. To understand the importance of physical activity and sleep. To understand how sunshine helps bodies to grow and how to keep safe and well in the sun.	moving on to a new class/year group To know how feelings can affect people in their bodies and their behaviour. To find ways to manage big feelings and the importance of sharing my feelings with someone I trust. To recognise when I might need help with feelings and how to ask for help when they need it
Fundamental British Values						
British Values: <i>Democracy</i> <i>Rule of Law</i> <i>Individual Liberty</i> <i>Mutual Respect</i> <i>Tolerance of those with different faiths and beliefs</i>	Topic Let's explore Pershore. Age Religion and belief <i>Mutual Respect.</i>	Topic Childhood through the decades. Age <i>Tolerance of those with different faiths and beliefs.</i>	Topic Let's Explore the UK. <i>Democracy</i> <i>Individual Liberty</i> <i>Mutual Respect</i> <i>Tolerance of those with different faiths and beliefs</i>	Topic Let's investigate nursing heroes. Race <i>Individual Liberty</i> <i>Mutual Respect</i>	Topic Let's Explore the world. Race Religion or belief <i>Mutual Respect</i> <i>Tolerance of those</i>	Topic Let's investigate the Great Fire of London. <i>Democracy</i> <i>Rule of Law</i>



Abbey Park Schools Federation

Personal Development Overview

Year 2



Protected characteristics: Age Race Religion or belief Disability Sex	Class text - The Snail and the Whale. Class text - Hannah's Down Syndrome. Disability <i>Mutual Respect</i>	Class text - Amazing Grace Age Race <i>Mutual Respect</i> Class text - The Proudest Blue. Race Religion or belief <i>Mutual Respect</i> <i>Tolerance of those with different faiths and beliefs.</i>	Class text -	Class text -	<i>with different faiths and beliefs.</i> Class text -	Class text -
Assemblies (Picture News)						
	What can we learn from new adventures? <i>Individual Liberty</i> Race How important is space exploration? <i>Individual liberty</i> Race Can anyone break a world record? <i>Mutual respect and tolerance</i>	How can we show compassion to others? <i>Mutual respect and Tolerance</i> Age What is rubbish? <i>Individual Liberty</i> Religion or belief Are decorations an important part of celebrations? <i>Democracy</i>	Is an e-reader better than a book? <i>Individual Liberty</i> Religion and belief Will self-driving vehicles change our lives? <i>Rule of law</i> Disability What makes someone inspirational? <i>Democracy</i>	How can you make your voice heard? <i>Democracy</i> Religion or belief How do you think World Book Day should be celebrated? <i>Mutual respect and tolerance</i> Age	What does art mean to you? <i>Mutual respect and tolerance</i> Religion or belief Can you learn to persevere? <i>Individual Liberty</i> Sex Is it fair to judge others based on first impressions? <i>Democracy</i>	Is voting the best way to change things? <i>Democracy</i> Religion or belief Should we always be prepared for an emergency? <i>Rule of law</i> Disability What makes a good friend? <i>Individual liberty</i> Religion or belief



Abbey Park Schools Federation

Personal Development Overview

Year 2



	Religion or belief How does change happen? <i>Democracy</i> Race Should speed limits be lowered in your local area? <i>Rule of Law</i> Age	Age	Disability	Should mobile phones be banned in all classrooms? <i>Rule of law</i> Religion or belief What is the best way to handle disappointment? <i>Individual liberty</i> Religion or belief	Sex	
Enrichment Opportunities and offsite visits						
Enrichment Opportunities and offsite visits	Harvest Festival performing to an audience. KS1 play Into the Film Cinema Visit – visit to Number 8 Visit to the local library. Baking Bread Making apple crumble Making rice cakes		Young Voices Concert – Birmingham Trip to the local museum Travelling theatre group – Pantomime TTRS Rock Star Day. Breakfast with Father Christmas		Transition morning Thrills Day Commonwealth Day Cotswold Wildlife Park	
Extra-curricular clubs						
			<u>Alternative</u> Lego	<u>Alternative</u> Music	<u>Alternative</u> Rainbow Room	<u>Alternative</u> Lego



Abbey Park Schools Federation

Personal Development Overview

Year 2



			<u>PE</u> Boogie Bounce	Cooking <u>PE</u> Netball	<u>PE</u> Football Taekwondo	Cooking Rainbow Room <u>PE</u> Boogie Bounce.
Parental Engagement						
	Parents spend time in class reading and looking at their child's work. Parent's evening. Harvest Festival performance. Daily meet and greet at the door.	Christmas Nativity Play. Daily meet and greet at the door.	Parents spend time in class reading and looking at their child's work.			