

# KS1 PSHE and Citizenship

## Relationships - VIPs

### Guide for Parents and Carers

**This term, your child's PSHE and Citizenship topic is VIPs.**

This unit explores the Very Important Persons (VIPs) in children's lives and the ways in which they can develop positive relationships with them. It enables children to identify what makes someone a special person in their life and who these special people are. Children are also encouraged to explore why families and friendships are important and to understand that although these units are different for everyone, there are things they can do to resolve differences and build healthy and positive relationships within them. This unit also teaches children the importance of cooperation and how to show the special people in their lives that they care, as well as the positive impact of doing this.

#### **We will be exploring these questions:**

**Lesson 1:** Who are our special people? What makes them special?

**Lesson 2:** Why are families important? How should the people in your family make you feel?

**Lesson 3:** What makes a good friend? How can we be a good friend?

**Lesson 4:** Why is it important to treat people fairly, even when we are cross with them? What can we do about arguments and disagreements?

**Lesson 5:** What does 'cooperate' mean? How can we cooperate with others?

**Lesson 6:** Why is it important to let people know that they are special to us? How can we show our special people that we care?

**Your child will be taking part in a range of activities, including the following:**

Creating a list of VIPs; describing their family and explaining why their VIPs are important to them; creating friendship flowers which list friendship qualities in others; learning positive resolution techniques; working as a team to complete a given task and creating a list of ways to show their VIPs that they care for them.

#### **About PSHE and Citizenship Education**

PSHE stands for Personal, Social, Health and Economic education. It is an important part of the school curriculum that aims to teach children the knowledge and skills that they need to stay safe, happy and healthy, while preparing them for their life ahead.

We understand that some parts of the PSHE and Citizenship curriculum involve exploring sensitive or controversial issues. That's why all adults involved in delivering your child's PSHE and Citizenship education will make every effort to establish a supportive and positive environment for learning.

Children will be given opportunities to ask any questions they may have and adults in the class will set aside time to explore any questions or issues that are raised in the course of the lesson.

If you have any questions or concerns regarding your child's PSHE and Citizenship lessons, or anything else, please don't hesitate to let us know.

This resource is fully in line with the Learning Outcomes and Core Themes outlined in the PSHE Association [Programme of Study](#).