

Devon Jewsbury

My time at KCC: 2011-2016

I had a really good time at KCC!

For GCSE, I studied: English, Maths, Biology, Physics, Chemistry, Spanish, Geography, PE.

For A Level, I studied: Geography, Psychology and PE

My journey since leaving KCC:

From KCC I moved to Exeter college to compete within the rugby academy alongside my A levels. During my time at college my rugby career really progressed with Exeter Chiefs and I ended up getting a contract with Plymouth Albion. During this time, I decided to start a degree at the University of Plymouth in case I got injured and couldn't play rugby full time anymore. I have now graduated from university having achieved a First class honours degree (BSc Strength and Conditioning with rehabilitation).



My job is:

Strength and conditioning coach

CrossFit Level 1 trainer

I chose this career because:

I've always been extremely active and as I grew up, I found that helping people improve their health and quality of life was extremely rewarding. I enjoy working with a wide range of clients from every day people, to elite athletes and military personnel.

The best thing about my job is:

My job is very specialized, but I've found that my skill set and knowledge can really make a difference to people's lives. The environment I work in is absolutely fantastic and it gives me so many opportunities beyond my working hours.

My advice is:

Do what you enjoy. I wake up every morning like an 8 year old on Christmas morning whenever I have 'work'. I never thought I'd enjoy studying at university and wasn't something I had ever considered, but I was so interested in it all that I genuinely enjoyed studying for it! A massive thank you to all of the staff at KCC who contributed to making me who I am today and helping me work toward where I am now. Special mention to the PE department for supporting me in working toward my goals.