Knowledge Organiser

Year 7

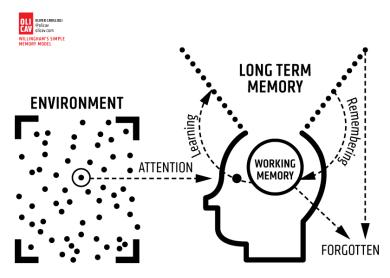
Cycle 2

Name:



Using your Knowledge Organiser for homework

- Your Knowledge Organiser contains the essential knowledge that every student must know.
- Regular use of the Knowledge Organiser helps you to recap, revise and revisit what you have learnt in lessons.
- The aim is to help remember this knowledge in the long term and to help strengthen your memory
- You will use the Knowledge Organiser to help learn during homework.
- You will be assessed on the knowledge from your Knowledge Organiser; the more you revisit information the more likely it will be remembered for lessons, assessments and exams.
- For each homework you will be asked to look at a particular section of your Knowledge Organiser.
- Make sure you follow the homework timetable below so that you do the right homework for the right subjects each day.
- Each day (Monday to Friday) you will study 3 subjects for 20 minutes each.
- All Knowledge Organiser homework is completed in your blue Knowledge Workbooks
- All Maths and English homework is completed on SPARX and must be 100% completed each week.



Homework Timetable Year 7

	Monday	Tuesday	Wednesday	Thursday	Friday
Subject 1	Maths	History	Maths	English	Maths
Subject 2	English	Science	English	Science	Geography
Subject 3 Week A	French/Spanish	RPE	Drama	Food/3D Design	PE
Subject 3 Week B	French/Spanish	Art	Music	Computing	Life Skills

How to use your Knowledge Organiser

In your blue knowledge book you will always write the date, subject heading and ensure that they are underlined with a ruler.

Task 1: Questions

Where a subject includes questions to answer, you must answer these in your blue book. This is the main task to do as a minimum. If you have additional time, or where there are no questions, then do the following Tasks 2-4

Task 2: The Cover – Write – Check method

- 1. Study the relevant section of your Knowledge Organiser for several minutes.
- 2. Cover the Knowledge Organiser.
- 3. In your blue book, write out what you can remember.
- 4. Check the Knowledge Organiser to see if you got it right.
- 5. Correct any mistakes in purple pen.
- 6. Repeat the process even if you got it 100% correct.
- 7. Complete sections that you have previously studied using the same process.

Task 3: Free recall

- 1. Pick a section of the Knowledge Organiser you have studied recently.
- 2. Without looking at the Knowledge Organiser write down everything you can remember about the topic.
- 3. Check the Knowledge Organiser to see how much you got right.
- 4. Correct any mistakes and add any missing parts in purple pen.

Task 4: Elaboration

- 1. Once you have completed the Cover Write Check method, add any additional details you can to your notes.
- 2. Remember your Knowledge Organiser only contains the core knowledge, there is much to learn beyond it so practise adding more detail when you can.

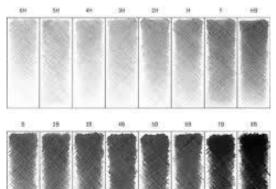
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A. Visual Elements Keywords						
Line	Line is the path left by a moving point. A line can be horizontal, diagonal or curved and can also change length.					
Shape	A shape is an area enclosed by a line. Shapes can be geometric or irregular.					
Form	Form is a three dimensional shape, such as a cube, sphere or cone.					
Tone	This refers to the lightness or darkness of something. This could be a shade, or how dark or light a colour appears.					
Texture	This is to do with the surface quality of something. There are two types of texture: Actual texture really exists, so you can feel it or touch it; Visual texture is created using marks to represent actual texture.					
Pattern	A design that is created by repeating lines, shapes, tones or colours.					
Colour	Red, yellow and blue are primary colours, which means they can't be mixed using any other colours.					

B. Key Knowledge 1: How to create a range of tone

- Create different tones by using different grades of pencil
- HB means 'hard black' this is a standard pencil.
- H pencils are **lighter** as the number gets higher
- B pencils are **darker** as the number gets higher
- You can use pencils to make a variety of marks and tones by how much pressure you apply when using them



E. Expert Modelling:







What Visual Elements can you see in this work?

CREATIVE ARTS

3D DESIGN - YR 7 - 3D SKULL

C. Key Knowledge 2: HEALTH & SAFETY RULES

Refer to your booklet for a larger version of the H&S Rules



D. Key Knowledge 3: How to use a ruler

Lines on a ruler help you to measure and mark accurately. This is a very important 10 Millimeters 10 Millimeter

F. Wider thinking / further reading:

life skill.

Watch this video on how to create a paper mâché skull from egg boxes

https://www.youtube.com/watch?v=1v6b0elCJVU

Line	A. Visual Elements Keywords							
point. A line can be horizontal, diagonal or curved and can also change length. Shape A shape is an area enclosed by a line. Shapes can be geometric or irregular. Form Form is a three dimensional shape, such as a cube, sphere or cone. Tone This refers to the lightness or darkness of something. This could be a shade, or how dark or light a colour appears. Texture This is to do with the surface quality of something. There are two types of texture: Actual texture really exists, so you can feel it or touch it; Visual texture is created using marks to represent actual texture. Pattern A design that is created by repeating lines, shapes, tones or colours. Colour Red, yellow and blue are primary colours, which means they can't								
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colours, which means they can't	Pattern	repeating lines, shapes, tones or						
	Colour	colours, which means they can't						

B. Key Knowledge 1: How to write a critical study in Art & Design

Include the following in your critical studies

- Artist's name and images of their work
- Your own copy of the artist's work
- Written research about them, their life and work
- Your own personal opinions - use the 10 questions and vocab in your homework book to help you



D. Key Knowledge 3: GENRES in Art & Design

GENRE - A specific style or category of something. This could include art, music, fashion etc.

ABSTRACT – Abstract art is art that does not attempt to represent an accurate depiction of a visual reality but instead use shapes, colours, forms and gestural marks to achieve its effect.

STREET ART/GRAFFITI - artwork that is created in a public space, often without official permission. Street art can be text and/or imagery and often aims to give the viewer a message.

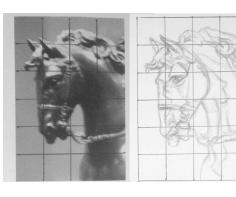
CUBISM - an early 20th-century style and movement in art, especially painting, in which perspective with a single viewpoint was abandoned and use was made of simple geometric shapes, interlocking planes, and, later, collage.

POP ART – An art movement in the UK and US in the 1950s. The movement presented a challenge to traditions of fine art by including imagery from popular and mass culture, such as advertising, comic books and mundane mass-produced cultural object.

ART & DESIGN Yr 7 Cycle 2 Project – Making Sense Threshold Concept #2 Artists connect our senses & express ideas & emotions. Artists experiment & take risks.

C. Key Knowledge 2: The Grid Method

The grid method involves drawing a grid over your reference photo, and then drawing a grid of equal ratio on your work surface Then you draw the image on your grid, focusing on one square at a time, until the entire image has been transferred and is in accurate proportion



E. Expert Modelling: Can you match the genres in D to the

images below?









Roy Lichtenstein

Yayoi Kusama

Pablo Picasso

Banksy









Andy Warhol

Wassily Kandinsky Georges Braque

My Dog Sighs

F. Wider thinking / further reading: Watch this video to help you with the grid method https://www.youtube.com/watch?v=HyaX2acsNmU

Cyber Security

What is Cyber Security

Is protecting networks, computers, programs and data from attack, damage or unauthorised access through the use of technologies, processes and practices.



The difference between Data and Information

Data is raw facts and figures. For example, a lists of test results for a class. Without any context or analysis, the data may be of limited use on its own.

Information is created when that data has been processed and becomes meaningful: For example, these are scores from a test where the pass mark was 35.



Social Engineering

Manipulating individuals so they give away personal information (e.g. bank account).

Blagging - inventing a scenario to target someone into divulging info. Companies can give employees security training.

Phishing - fraudulently obtaining personal info (using e.g., email or SMS). Beware of links in emails!

Pharming - Cyber-attack to redirect a website's traffic to another, fake site. Check the http address has http's'

Shouldering - observing a person's private info over their shoulder (e.g. ATM)

Name Generator Attacks

These are attacks in which the victim is asked in an app or a social media post to combine a few pieces of information or complete a short quiz to **produce a name**. Attackers do this to find out key pieces of information that can help them to answer the security auestions that protect people's accounts.





Protection methods

Measures can used to make it more difficult for attackers.



A firewall checks incoming and outgoing network traffic. It scans the data to make sure it doesn't contain anything malicious and that it follows the rules set by the network.



The anti-malware will have a list of definitions of sequences of code that they are aware are malicious. If the code in your files matches the definitions, the files are quarantined.



Software that automatically checks for available updates

Malicious code and attacks

Malware - umbrella term to describe a variety of hostile or intrusive software. Six categories: Virus, Trojans, Worms, Adware, Spyware and Ransomware.

- Computer virus installed on your computer without your permission with the intention to do harm. Viruses spread through email attachments or IM services OR through files/programs downloaded
- Trojan pretends to have a legitimate purpose. Spread by email
- **Spyware** gathers info without user knowing (e.g. bank account
- Adware internet usage analysed and then advertising targeted.
- Hacking Gaining unauthorised access of a computer.
- Script kiddie Are hackers who use tools downloaded from the internet that allow them to hack with little technical knowledge.
- Denial of Service Attack (Dos) Floods a targeted computer or website with lots of requests and internet traffic in an attempt to overload the system.
- Distributed Denial of Serve Attack. (DDos)- This uses the same concept as a DoS attack but this time it is multiple computers making the attack at the same time.
- Brute Force Attack This makes multiple attempts to discover something, for example a password.

Key Vocabulary

Key Word







Botnet A large collection of malware infected devices. Hackina

User permissions Users on a network can be put into groups. with each group having a unique set of

Authentication attempts, CAPTCHA, Biometrics, Two-factor identification.

Internet bot

Ransomware Self-replicating virus - Locks a computer, encrypts files and demands a ransom paid

computer.

Viruses Malicious from of self-replicating software.

Legislation

Data Protection Act 2018

All organisations and people using and storing personal data must abide by the following principles.

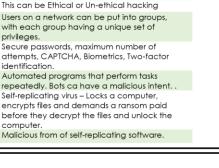
Your rights

As a data subject, you have the right to find out what information the aovernment and other organisations store about you.

Computer Misuse Act 1990

Designed to make hacking into computer systems a criminal offence with a potential jail sentence of up to 10 years and an unlimited fine.





























	Week 1	Week 2	Week 3	Week 4	Week 5	
	Drama Terminology		Drama Terminology	Stage positions	Drama Terminology	
		COSTUME DESIGN		Auditorium:		
	Recorded Music, Recorded sound, Live music, Singing, Soundscapes created by the actors. Vocalisation.	COSTUME DESIGN Colours and symbolism Yellow: Light, Joy,	Set: Props, Stage Furniture, Design, Style, Texture, Colour, Fabric, Proxemics. Costume Design:	The part of the theatre accommodating the audience during the performance, also known as the "house". Centre stage:	Chronological: The logical order of events from beginning to middle to end. Dramatic Irony: When the audience or	
	Atmosphere and Tension: Sound, Pace, Pause, Silence, Physical movement, Entrances and Exits, eye	Youth, Energy Grey: Plain, oppression,	Hand held props, Clothing Warn, Style, Colour, Texture, Fabric, Design, Fit, Make / Brand.	The centre point of the stage. Down-stage:	reader knows something important which the main character does not.	
LE 2	contact, Vocalisation, Language, Text, Lighting, Set, Staging, techniques:	Routine	Lighting: Colour, Shape, Shadows, Shallotte's, Spotlight, Stage	The front of the stage, in the front of the centre stage area, close to the audience. Fourth Wall:	The closing part of a speech, book of performance. The opposite of a prologue.	
AA – CYCLE	direct address, slow motion, cross-cutting, Costume. Stage Space:	Red: Dancer, Blood, Passion, Love, Fear	Wash, Flood Light, Front Lit, Back Lit, elimination, Colour, Brightness, Fade, Snape,	The invisible wall of set through which the audience see's the action of the play.	Flashback: A scene enacting something that happened in the past;	
7 DRAMA	How the stage space is used: Set design, lighting, actors movement and	Green : Nature, Growth, Innocence, Progress, Jealously	Flashes, Shade. Basic block: A pattern which is the	Stage left: The left side of the stage for an actor standing facing the audience.	the enactment of a character's memory of a past event. Foreboding:	
YEAR	action in the space, Actors relationships, Levels, Breaking the forth wall, Proxemics.	Purple : Royalty, High Status, Power, Wealth.	starting block for a more detailed pattern based on a particular performer's measurements and reflecting specifics like	detailed pattern based on a particular performer's	Stage right: The right side of the stage for an actor standing facing the audience. Up-stage:	A feeling or sign that things are about to change for the worse. Task: Write a flashback from
	Task: Find a piece of music that you would use to enhance the drama of a plane crash. Why did you choose that music? Write the music and explanation in your homework books.	Task: To draw a costume design of one of the characters from Lord of the Flies. Label the design and give reasons why you chose those colours.	historical period. Task 1: Design/draw a set for the deserted Island from Lord of the flies. Consider props, stage furniture, design, style, texture, colour, fabric and proxemics (how close these things are to each other).	The back part of the stage, behind the centre stage area, further away from the audience. Task: Which stage type would you use for Lord of the Flies and why?	either the perspective of Piggy or Ralph. Include what it would have been like to live in their homes and the things you think they would miss the most. Consider their emotions and how they would show them using facial expressions.	

to each other).

	Week 6	Week 7	Week 8	Week 9	Week 10
				Revision for Knowledge	Key Vocabulary:
	Drama Terminology	Exam practice Question: LORD	COSTUME DESIGN	Organiser test:	
		OF THE FLIES	COSTOINE DESIGN		Still image:
	Monologue:		Colours and symbolism	Pick three sections you feel	A single static image, as
	A speech by a single person,	1. Analyse how stage space		you need revise.	distinguished from a
	speaking alone, often	was used to engage the			moving image.
	revealing something about	audience during the opening	Black: Night, Evil, High	You may choose to look over	Form:
	their past or personality.	moments of the performance.	Status, Mystery, Death.	one week in particular you feel	Refers to the shape of each
	Naturalistic:	(6 Marks)		you don't know as well.	individual section. E.g.
	A form of theatre designed				movement of mime based
	to create the illusion of	2. Evaluate how vocal skills	White: Purity, Innocence,	Use the following to support	ensemble scene.
	reality for an audience.	were used at one key moment	Goodness, Faith.	you with your revision:	Hot Seating:
	Originated in the late 19th	within the performance.			A strategy in which a
	century.	(9 Marks)		LOOK	character or characters,
	Reiterate:	Store Crees, How did the	Blue : Opportunity, Depth,	COVER	played by the teacher or a
	To repeat something for	Stage Space: How did the group use proxemics (the	Strength, Truthfulness,		student, are interviewed by
₹	effect, impact or emphasis.	space) to catch your	Water, Cold.	WRITE	the rest of the group
DRAMA	Suspension of disbelief:	attention? E.g. Did the group		CHECK	Contrast:
A	To suspend your disbelief is	start centre stage to highlight			A marked difference
	to forget the performance	the groups unity at the start.	Pink: Compassion, Love,	Draw a picture to represent	between two or more things
	and be drawn into the action as if it were real.	line groups armey at the start.	Femininity.	your chosen word/section.	placed side by side for dramatic effect
		Vocal Skills: Did the group use		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	
	Symbolism:	choral speaking? What were		Create flash cards that include	Metaphor:
	The use of images or thing (usually physical, like a flag)	they trying to communicate to	Brown: Earth, Dirt,	your words/sections and their	A thing regarded as representative or symbolic
	that stand for or represent	the audience? E.g. the group	Nature, Hard-Working	definitions.	of something else.
	something else, usually	used repetition on the line			Ensemble:
	something abstract like a	"segregated" to highlight the		Put your word/section into a	A group of musicians,
	nation.	breakdown of the groups.	Task: To draw a	scenario. For example, "I used	actors, or dancers who
	nation.		costume design of one	a cross tone when I told my	perform together.
	Task: Find a monologue of		of the characters from	dog off for eating my	Slow motion:
	Macbeth's and copy it out		Macbeth. Label the	homework".	Slowing an action down,
	into your books.		design and give reasons		often used for dramatic
	,		why you chose those		effect.
			colours.		

Sparx Reader

Your English homework is to complete your Sparx Reader homework online.

You can access Sparx Reader by typing it into an internet search function, or you can sign into Sparx Maths, click 'Menu' and access Sparx Reader there.

You will not be able to complete Sparx Reader as your homework until you have completed the Sparx Reader test in one of your English lessons. If you have not yet completed this test, please use the following pages of the KO as your English homework, using the 'look, cover, write, check' method.

Once you are using Sparx Reader as your homework, you do not need to do the KO as well. If Sparx Reader does not work for any reason, return to completing the KO until you can access Sparx again. If your Sparx Reader is not working, let your English teacher know as soon as you can.

What do I have to do on Sparx Reader?

Select a book, read it and answer the questions that pop up as you read. The questions are checking your understanding of the book.

How will I know I have completed my homework?

Your target is to reach 300 SRP (Sparx Reader Points) every week. 300 SRP = roughly 30 minutes of reading. You get points by correctly answering questions. You get more points if you answer a question correctly the first time. You get more points the more carefully you read — Sparx Reader knows when you have read too quickly or improperly, which stops you from getting as many points.





Next >

Task Progress

When will my homework be due in and checked?

Your English teacher will decide what day of the week you have to complete your homework by and they will inform you of this day. Don't worry if your homework is due a different day to your friend's homework; go by what your teacher has told you.

What do I do if I'm confused or stuck?

Ask your English teacher as soon as you can – they will be able to help you with any questions you may have.



English Homework:

Where is it?

- For Years 7-9, the main form of homework is Bedrock. You will be given your login and password by your English teacher in the first few weeks of year 7. These will then stay with you throughout years 8 and 9. You need to log on to the Bedrock Learning platform. This can be found through an internet search. If there are any issues with the login details provided, you can click on the 'Office 365' button on the login page and use your school email and password instead.
- Please only use this Knowledge Organiser to revise material covered in class, or to catch up on missed work due to absence or illness.

What do I have to do?

• When you login for the first time, you will be prompted to take an Alpha test. This will assign you a block appropriate to your reading age. Once this is complete, you are expected to complete 3 lessons on Bedrock a week. Simply work your way through the books that are presented to you. One lesson should be completed per night that English homework is scheduled in the KO. Quizzes also count. Each time you login, you simply need to click 'continue' on the book you are working on. Both you and your teacher can see how many lessons you have completed and on what dates.

When is it due?

• You don't need to do anything to ensure the work is 'handed in'. Bedrock is checked every Monday for the previous week. Teachers will expect to see 3 lessons/quizzes completed the week previously.

What to do in the case of issues:

• Speak to your teacher in the first instance. Ensure that your login details are copied down somewhere accurately. IT services are available during breaktimes. You can also use the school computers at breaktimes should you wish to.

0001111	Boomoda / todao	my Inspiring Excellence	English Learni	9	TWIB and The Gothic genre – Year 7	
wk	keyword	definition	example			
	noun	A person, place or thing	Table, chair, door, Tom, Ben, London		Chapter 1 - Christmas Eve	
	adjective	A word that describes a noun	Big table, blue door		Kipps is a old man in his fifties. After refusing to tell his step sons a ghost story he feels compelled to write his own.	
_	verb	A doing or being word	Dancing, singing, running	_		
Week 1	adverb	How a verb is done	The man ran quickly .	N	Stretch: The old man sat at the table and began to write his story. Find the adjectives, nouns and verbs in this sentence.	
	Dense	Closely packed together	The people in the room were densely packed.		Chapter 2 - A London Particular	
	Grim	Unattractive or forbidding	The bathroom was grim .		Kipps is twenty-one. He is sent Crythin Gifford by his employer, Mr Bently. He is sent there to attend the funeral	
	Spectral	Ghost-like	There was a spectral presence in the room.		of Mrs Drablow	
k 2	Grotesque	Very ugly	The front of the house was grotesque.			
Week	Oppressive	Harsh and overwhelming	There was an oppressive atmosphere in the end.	- CM		
					Stretch: Use the week 2 words in your own writing. You could write individual sentences, or a longer piece using lots of them	
£ 3	Impulsively	Without forethought; on impulse	I impulsively bought a new coat.	C	 Chapter 3 - The Journey North Kipps travels by train from London to Kings Cross via 	
Week	Furtively	In a way that attempts to avoid notice	He spoke furtively.	12	Crewe and Homerby. This is where he first meets Samuel Daily who Kipps ignores as he goes on about the bleak countryside.	

	Ominously Eerily	In a way that suggests that something bad is going to happen. In a strange and frightening manner.	The boy stared at the chocolate bar intensely. The thunder rumbled ominously. The house was eerily quiet.			Stretch: Can you use these concharacters we have met so far Connectives: Similarly Compared with			
	Christmas	the annual Christian festival celebrating Christ's birth,	The book begins with the family celebrating Christmas.						
	Traditional	produced, done, or used in accordance with tradition.	It is traditional to tell ghost stories on Christmas Eve.		Week 4	Chapter 4 - The Funeral of Mrs. Drablow Kipps encounters the Woman in Black for the first time at Slice Drablows funeral. He mistakes			
۲4	Lethargy	a lack of energy and enthusiasm.	You may begin to feel lethargy before bed.						
Week	Atmosphere	the pervading tone or mood of a place, situation, or creative work.	The atmosphere created at the beginning of the book is a spooky one.			her for a fellow mourner until speaking to Mr Jerome who insists that he didn't see a woman at all. He later refuses to take Arthur to Eel Marsh House.			
	Idyllic	extremely happy, peaceful, or picturesque.	The areas surrounding Eel Marsh House could be described as idyllic .			At a lunch with the locals, one gentleman say that no one will ever buy the house but wont explain why. Stretch: Use the week 4 words in your own writing. Use a thesaurus to find some alternative words.			

	Description	Detailed writing about a setting, person or events	The description of Eel Marsh House makes it sound mysterious.			Chapter 5 - Across the Causeway
	Dialogue	Speech between characters	There is lots of dialogue between Arthur and Samuel Daily.			 Kipps visits Eel Marsh house for the first time – it is its own little island and becomes separated from the town when the tide rises. He is taken there by Keckwick on a pony and trap. Keckwich is quiet and withdrawn but agrees to come back later with clothes and food so Kipps can stay the night.
Wee 5	Foreboding	To create a sinister atmosphere	There is a foreboding atmosphere whenever the woman in black is present.		Wee 5	 While Kipps is exploring the burial ground, he sees the woman in black again. He tries to go over to her, but she disappears. He returns to the house where there are piles of random papers to sort through. Rather than starting work, because he
	Narrative	Story or plot	There are lots of characters in the narrative .			has freaked himself out in the big scary house, he goes for a walk towards Crythin Gifford.
	genre	A type of story with specific. Common elements	'The Woman in Black' belongs to the gothic horror genre.			
	Locomotive	A train with an engine	Arthur travels to Crythin Gifford on a locomotive .			 Chapter 6 - The Sound of a Pony and Trap As Kipps walks back along the causeway, the fog and the tide begin to roll in. Kipps hears the sound of a pony and trap sinking in the mashes. He also
	Mystery	Something unknown	The events at Eel Marsh House create a sense of mystery .			 hears screams and strange noises. There is nothing he can do as he can't see. He assumes it must be Keckwick and the trap stuck. He makes his way back to the house. Once there, he cries helplessly. Eventually, he pulls himself together and decides to explore the house. He
9	Fiancée	a woman to whom someone is engaged to be married.	Stella is the fiancée of Arthur.			 finds a room with a locked door and is unable to get in. After a while, he falls asleep on the sofa. He is woken up at 2 a.m. by Keckwick who has come to take him back to the hotel. When Kipps asks
	Particular	To be exact or precise	Arthur has to be particular with his timings so that he does not get cut off by the tide.	-	Week 6	 how he escaped, Keckwick doesn't reply. Chapter 7 - Mr. Jerome is Afraid The next day, Arthur wakes up and decides that he is so done with this whole Drablow affair. He's going to pass the whole thing off to Mr. Jerome. The landlord lends him a bicycle, and he pedals off to see Mr. Jerome, feeling pretty good about things. His good mood vanishes when he gets to Mr. Jerome's office. Mr. Jerome is very squirrely about the whole thing and says no way, no how, and don't let the door hit you on the way out. But he does say some vague things about stories and ghoulish things, without a lot of detail. Time for plan B: Arthur writes a letter to Mr. Bentley explaining that Eel Marsh House is quite an undertaking and he'll have to be here for several days to sort it all out. Then he goes on a nice long bike ride to clear his mind.
Weeek	business	A company or someone you have dealing with – often financial	Arthur is in the business of the law.		We	

Coombe	shead Acaden	ny Inspiring Excellence	English Le	earning	Area	Dystopia and Panopticon - Year 9
	1 st person narrator	Where the narrative is told from the perspective of a character.	Part of the story is told in 1 st person narrative.			Chapter 8 - SpiderAfter a refreshing 30-mile ride, Arthur has dinner with Sam
Week 7	Verb	A doing or being word.	Arthur goes cycling. I am sad today.		Week 7	 Daily. He also decides to spend the next two nights at Eel Marsh House to get through all that paperwork. Mr. Daily doesn't think this is such a good idea. Nonetheless, Arthur insists, so Mr. Daily lends out his dog, Spider. Okay, Spider is kind
	Antagonist	The character that goes against the main character creating conflict.	Darth Vader is a very obvious antagonist.			of small, but hey—any company is good company, right?
	Solemn	Formal and dignified.	The funeral of Mrs Drablow is solemn.			
	Pungent	having a sharply strong taste or smell	Parts of the house have a pungent smell.			Chapter 9 - In the Nursery
	Sombre	dark or dull in colour or tone. having or conveying a feeling of deep seriousness and sadness	The funeral has a sombre atmosphere.			 Mr Bentley okays the plan and Kipps returns to Eel marsh house with Spider. Kipps does some work, goes for another look at the graves and then goes off to bed for a restful night's sleep. However, he wakes up to Spider standing at the bedroom door
	Conviction	a firmly held belief or opinion.	The villagers have a firm conviction that Alice Drablow is the reason for so many deaths.		Week 8	growling. He follows Spider down the hallway to the locked door. He hears a noise behind him. He rushes back to him room but it's empty and Spider has calmed down.
	tangible	clear and definite; real.	The apparition of the woman is tangible.			 The next morning, he goes back to town and grabs a bunch of food before bicycling back. He also has a letter from Stella. Back to Eel Marsh House it is, and back to more organizing. As he's sorting, he finds a packet of letters to Alice Drablow from
Week 8	omen	an event regarded as a portent of good or evil.	The woman is an omen of death.	15		 someone named Jennet. It seems she's a relative of Mrs Drablow who had a child out of wedlock and gave him up to the Drablows to raise. Arthur starts to get a real bad feeling about this whole thing. Apparently Spider does too, because he starts to growl again. They run outside, where Arthur again hears the horrifying sound of a pony and trap getting stuck and a child drowning. But this time, he realizes that the sound isn't real. It's a ghost sound. They scamper back inside. Spider growls and runs off, leading Arthur up the stairs and to the locked room. Now, the door is wide open. He realizes that the sound he was hearing was the rocking chair. Because the chair is rocking by itself, but there's no one else in the room. Arthur looks at the toys and contents of the room for a while, trying to figure out a rational explanation—but there isn't one. Giving up, he returns to his room and goes to sleep.

•					1			
		Acquaintance	slight knowledge of or friendship with someone or familiarity with a topic	Arthur and Samuel Daily quickly become acquaintances.			 Chapter 10 - Whistle and I'll Come to You It's windy and dark when Arthur wakes up. He tries to find his way to the light, but it's been broken. 	
	Week 9	Perilous	Full of danger or risk	The journeys across the marsh are perilous .		Week 9	 Spider rouses him and they walk through the house. Arthur is filled with an inexplicable sense of despair. It feels as though someone has died. That's probably because someone has died. They go outside, and Spider is agitated. So agitated that 	
	_	Staid	respectable, and unadventurous.	Mr Jerome has a staid nature.		^	she somehow gets stuck in the marsh and Arthur has to	
		Lurid	Unpleasant and unnaturally bright in colour	The sunlight was lurid.	-		 work hard to get her out of there. As he's walking back to the house with poor Spider, he looks up and sees the woman in black watching him 	
		Semi colon	to join two main clauses	'The moon shone; it was bright.			from the window of the nursery. Creepy.	
		inextricable	impossible to disentangle or separate	The villagers find the deaths of the children and the woman inextricable.			Chapter 11 - A Packet of Letters When he wakes up in the morning (seriously, how does the guy keep falling asleep under these conditions?), Sam Daily is at the house.	
		Fact	Something can be proved to be true.	'80% of students believe that homework is a waste of time'.			 Arthur explains all the scary things that happened to him, and they pack up his stuff to head back to Crythin Gifford. In his room at the inn, Arthur looks through the letters, where he finds a death certificate for Nathaniel, Jennet's son, who apparently died in the marsh. Somehow, this is enough for him to put it together. He checks with Sam Daily. 	
		Opinion	A point of view about something that can differ across individuals.	'I think that homework is waste of time'.				
		Rhetorical Question	A question that is asked for dramatic effect, rather than requiring an answer.	Will you help me? Will you do the right thing?			 Here's the story: Jennet Humfrye got pregnant when she was unmarried, and her married sister Mrs. Drablow convinced her to give the child up. The Drablows raised the child as their own, and Jennet convinced them to let her live with them so she could see Nathaniel. 	
	01					10	 One day, when the boy was in the pony and trap with his nursemaid and Keckwick's father, it became stuck in the marsh and they all drowned. (This is obviously the pony and trap that Arthur keeps hearing again and again.) 	
	Week 10					Week 1	 Jennet was watching this whole time from the nursery window. Seeing her child die before her eyes drove her insane. When she finally died, she kept right on haunting the town. 	
	>					8	 Daily warns Arthur that every time the Jennet's ghost has been spotted, a child has died in mysterious circumstances. 	
		Hyperbole	Exaggerated claims or statements not meant to b	I died with laughter earlier.			 Arthur is taking all of this in—and freaking out a little—when Stella arrives out of nowhere. Yay, reunion! Is it time for our happy ending now? Chapter 12 - The Woman in Black 	
			taken literally.	r died with laughter earlier.			 Arthur lets us know that we're almost at the end of the story. He leaves Crythin Gifford, marries Stella, and they have a baby named Joseph. 	
							 One day, they go to a fair outside of London and Joseph insists on riding the pony and trap. 	
							There's only room for two, so Arthur waits behind while Stella and Joseph go. Can you guess where this is gains?	
							 Can you guess where this is going? While Arthur's waiting, he sees the woman in black watching him. 	
				14	16		Uh-oh? Uh-oh is right. As the pony and trap comes back, she steps in front of it and causes a huge accident.	
							And that is the true and horrifying end of <i>The Woman in Black</i> .	

(pick 1)

Create a main character mindmap for each text, complete with

Key Characters

☐ Plot their activities and actions

☐ Draw their picture using evidence from the book

☐ Write a diary entry describing Arthur's feelings about his experience at the house

Arthur * Stella * Woman in Black * Samuel Daily * Mr Jerome

CHARACTERS AND PLACES IN THE TEXTS:

Use your mindmaps to help you write some WHAT, HOW, WHY paragraphs:

WHAT: How is the character/setting presented? Use some evidence to support your opinion.

HOW: Name any relevant writer's methods.

WHY: Say why you think the writer has chosen to write what they have, in the way they have done it. What is you own opinion?

EXTENSION: Practise writing your own Gothic! Use the text as inspiration.

Ideas: A spooky house, a lake late at night.

Dual Coding:

Consolidation Task: Create your own graphic novel of the story. Make a list of the 10 key scenes in the story and decide on how you will show these in your own comic strip.

Make the comic strip by drawing 10 boxes and drawing a key scene in each one!

Year 7 Food & Nutrition Knowledge organiser - Macronutrients

Week 1 & 2	Week 3 & 4			
Why we need food & the Eatwell guide	Protein			
The body needs food for:	There are two main types of nutrients:			
Growth and repair of cells	Macronutrients - needed in large amounts by the body (protein, fats and			
• Energy	carbohydrates)			
Warmth	Micronutrients - needed in smaller amounts (vitamins and minerals)			
Protection from illness				
Keeping the body working properly	Protein is needed for growth, repair, maintenance and a secondary source of energy			
our diet should include:	Some people will need more protein than others e.g. children, teenagers and			
 A variety of foods to make sure you get all of the nutrients to stay healthy. No single food can supply all of the nutrients that you need 	pregnant women			
	Proteins are made from amino acids and there are 20 of them			
Foods are vital for our survival and are made up of different things called nutrients. Each nutrient has its own function in the body Protein - growth and repair of cells, maintenance of the body and to provide	Essential amino acids must be provided by food because the body cannot make then			
energy.	10 are essential for children and 8 are essential for adults.			
 Fat - provide energy, to keep the body warm, to protect internal organs and provide fat soluble vitamins and essential fats 	High high gird value (LIDV)			
Carbohydrates - needed for energy	 High biological value (HBV) Contain all of the essential amino acids 			
 Vitamins & minerals - needed to protect the body and prevent illness and 	Mainly come from animals e.g. meat fish and eggs			
disease	Walling come from animals e.g. meat fish and eggs			
	Low biological value (LBV)			
he Eatwell guide:	Missing 1 or more essential amino acid			
Committee a season committee and the season co	Mainly come from plant foods e.g. peas, beans			
Company and the company of the compa	Complimentary proteins			
	• When 2 or more LBV proteins are combined they can make a HBV protein e.g.			
	beans on toast			
All Control of the Co	Questions:			
bit assertion in the control of the	1. What is the 4 letter word to remember the functions of protein			
Questions:	2. Which groups of people need more protein in their diet?			
1. Why should you eat a variety of foods?	3. What are proteins made from and how many are there?			
2. List the 5 main nutrients needed by the body and give a function of each	4. Can the body make all of the amino acids?			
3. How much water should we drink a day?				
4. List the sections of the Eatwell Guide including foods you would find in each				
. •				

section

Year 7 Food & Nutrition Knowledge organiser - Macronutrients

Week 5 & 6	Week 7 & 8
Fat	Carbohydrate
Many people get too much fet which is not good for our health and can lead to	The main function of carbohydrate is to provide energy! There are 2 different groups of

Many people eat too much fat which is not good for our health and can lead to several health problems

Fats like butter are solid at room temperature and are called saturated fats. Oils are liquid at room temperature and are called unsaturated fats.

Saturated or unsaturated fat:

- Saturated fat too much in the diet can be harmful to health.
- Unsaturated fat this type of fat is better for our health and can have several benefits.





Partially Blocked artery

Eating this type of fat is better for our health and can have several benefits.

The functions of fat are:

- It protects vital organs by covering them with a layer of fat
- It insulates us and keeps us warm
- Provides energy (2 x as much as a gram of carbohydrate)
- It provides fat soluble vitamins A, D, E & K

Cholesterol is a fatty substance needed to function properly and help with the digestion of fats. Eating foods high in fat can raise cholesterol levels in the blood

Healthy artery

Eating too much fat can cause:

- Obesity
- Type 2 diabetes
- Heart disease

Questions:

- 1. What are 3 of the main functions of fat in the body?
- 2. Name 3 sources of animal fat & 3 sources of vegetable fat
- 3. Which type of fat should we be eating less of and which should we eat more of?

The main function of carbohydrate is to provide energy! There are 3 different groups of carbohydrate.

Sugar:

- All sugars, treacle and syrups, honey, jam and marmalade
- Known as simple or double sugars

Starch:

- Potatoes, rice, pasta, bread
- Known as complex carbohydrates. Made up of lots of simple sugars joined together

Fibre:

- Found in cell walls of fruit, vegetables and cereals
- Also a complex carbohydrate

There are 2 other types of sugar that we need to be aware of in our diets. These are:

- Free sugars = sugars that are added to foods e.g. sugar, honey and syrup. Can be more harmful to our health if we eat too much.
- Fruit sugars = natural sugars found in fruits and vegetables e.g. apples. Better for us.

We should be getting 50% of our energy from carbohydrate foods

- 45% of our energy should come from starchy foods
- 5% should come from sugars

If the diet contains too much carbohydrate than we need then it will be turned into fat and stored in the body. This could lead to obesity.

Fibre is needed to keep the digestive system healthy. If you don't eat enough fibre you could become constipated.

The recommended amount of fibre for adults is 30g per day.

Questions:

- 1. What is the main function of carbohydrate in the body?
- 2. What are the 3 main groups of carbohydrate?
- 3. What percentage of our energy should come from carbohydrates?
- 4. What problems do you think eating too many free sugars could cause in the body?

Week 1 & 2	Week 3 & 4
What are macronutrients and why do we eat food?	Micronutrients

Balanced diet definition:

This means eating a wide variety of foods in the right proportions, and consuming the right amount of food and drink to achieve and maintain a healthy body weight.

The Eatwell guide shows how eating different foods can make a healthy and balanced diet. It divides food into groups and shows how much of each food group is needed for a healthy diet.

The groups of the Eatwell Guide are:

- 1. Fruit and vegetables
- 2. Starchy carbohydrates
- 3. Protein
- 4. Dairy and alternatives
- 5. Oils and spreads

8 tips for a healthy diet

- 1. Base your meals on higher fibre starchy carbohydrates.
- 2. Eat lots of fruit and veg.
- 3. Eat more fish, including a portion of oily fish.
- 4. Cut down on saturated fat and sugar.
- 5. Eat less salt: no more than 6g a day for adults.
- 6. Get active and be a healthy weight.
- 7. Do not get thirsty.
- 8. Do not skip breakfast.

The 3 main macronutrients needed by the body are:

- Carbohydrate = Energy
- Protein = GERM
- Fat = PIE

Questions:

- 1. What colour is each section of the Eatwell guide?
- 2. What should we cut down on eating too much of?
- 3. What do the letters GERM stand for in proteins function in the body?
- 4. What do the letter PIE stand for in fats functions in the body?

Macro vs micronutrient:

- Macronutrients are nutrients needed in large amounts in the body
- Micronutrients are nutrients that we need in the diet in smaller amounts

We need macronutrients and micronutrients in the diet. They are equally important the only thing that is different is the amount of each that we need.

VITAMINS AND THEIR FUNCTIONS

	Function (what does it do?)	Source (foods found in)
Α	Healthy skinHelps us see in the dark	 Animals – liver and milk Plants – carrots and red peppers
В	 Releases energy from food 	• Bread, fish, broccoli, liver, milk, peas, rice
С	Keeps connective tissue healthyHelps absorb iron	 Oranges, blackcurrants, broccoli, red and green peppers
D	Helps the body absorb calcium	Butter, eggs, milk, oily fish

MINERALS AND THEIR FUNCTIONS

		Function (what does it do?)		Source (foods found in)
Calcium	•	Build strong bones and teeth	•	Yoghurt, cheese, milk, tofu
Sodium (salt)	•	Keeps the correct water balance in the body	•	Cheese, ready meals, salted nuts, bacon
Iron	•	Keeps red blood cells healthy	•	Dark green vegetables, beans, fish, egg yolk, red meat

Questions:

- 1. Explain the difference between a macronutrient and micronutrient?
- 2. Are macronutrients more important than micronutrients in the body?
- 3. Which vitamin helps the body absorb calcium?
- 4. Which vitamin helps the body absorb iron?

	TI 6 FOUL & NULTILION							
Week 5 & 6	Week 7 & 8							
Nutritional needs of different groups	Energy Balance							
Nutritional needs depend on: Gender, Age, Lifestyle, Activity level, Health	We need energy in the body for:							
condition(s), Weight	Breathing							
People can be classified into:	Keeping organs working							
BABIES	Digesting food that we eat							
Special diet needs: milk for the 1st 6 months. High energy needs. No added salt	Doing activities like walking, running and even sitting down							
or sugar.	Basil metabolic rate (BMR) is the rate that a person uses energy for basic functions e.g.							
Need more: Food high in iron & vitamin C 6 months+	breathing, keeping the heart beating and blood circulation.							
-								
CHILDREN	Types of energy balance –							
Special diet needs: regular, smaller meals and snacks. High energy needs.	Positive – If we eat more food than we							
Reduced salt and sugar. Eatwell Guide between 2-5 years	use up by exercising, any energy left is							
Need more: Calcium and Vitamin D. Iron and Vitamin C	changed to fat and we gain weight. • Negative – If we eat less food than we equals to							
TEENAGERS	Enough Out							
Special diet needs: Eatwell Guide. Teenagers have growth spurts and high	need and use it up then we will also need							
energy needs. Increased appetites mean larger portions.	to use energy from fat stores in the body							
Need more: Protein, Calcium & Vitamin D, C & Iron	and loose weight							
ADULTS	Balanced – If we eat the same amount of learning to learning the same amount of learning							
	energy that we use up through exercise							
Special diet needs: Lower energy needs. Eatwell guide. Avoid foods high in sugar and fat.	then our body weight remains the same							
Need more: Calcium and Vitamin D, Iron and Vitamin C								
Need more. Calcium and vicamin D, non and vicamin C	Energy in our food is measured in kilocalories (KCAL). Adult men should eat 2500kcal per							
PREGNANT AND LACTATING WOMEN	day and women 2000kcal							
Special diet needs: Healthy balanced diet. Plenty of watery drinks. Higher								
energy needs for last 3 months of pregnancy	Energy can come from:							
Need more: Folic acid, Protein, Calcium and Vitamin D, C & Iron	Carbohydrates - Bread, rice, potatoes, pasta, breakfast cereals							
THE ELDERLY	Fats - Vegetable oils, nuts, seeds, avocados, oily fish, butter, cream							
Special diet needs: Bodies typically slow down, so less energy is needed. Don't	Proteins - Meat, fish, eggs, milk, cheese, nuts, lentils, Quorn							
absorb nutrients as easily. Plenty of watery drinks	Ougstions							
Need more: Fibre, Calcium, Vitamin D & C, Iron	Questions:							
	1. How much energy does an adult male and female need per day?							
Questions:	2. Complete the equations below to show types of energy balance.							
1. Why do teenagers need extra protein in their diets?	+ = Weight Gain							
2. Which foods should adults avoid to prevent weight gain?	- Mojekt lass							
3. What type of drinks are suitable for pregnant women?	+ = Weight loss							
4. Why do the elderly need less energy than younger adults?	+ = Remain the same weight							

Week 1: 12/12/22, Week 2: 09/01/22

- 1. Use the sentence builder to write 3-5 sentences in French
 - 2. Translate your sentences into English
- 3. Now close your knowledge organiser and try to translate your 3 sentences back into French without looking4. Correct in purple pen

Verb	noun	location	country	preposition	noun
		dans le sud (in the south)	du pays de Gal les (of Wales)		la plage (the beach)
J'habite Tu habites	dans une maison (in a house)	dans le nord (in the north)	de la France (of France)		(the countryside)
II/elle/on habite Nous habitons		dans l'ouest	de l'Espagne (of Spain)	près de (near to)	l a lande (the moor)
Vous habitez	HH	(in the west)	de l 'Angleterre (of England)	loin de (far from)	la ville (the town)
Ils/elles habitent		dans l'est (in the east)	de l'Australie (of Australia)		la grande ville
I live	dans un appartement (in a flat)		de l'Allemagne (of Germany)		(the city)
You live He/she/one lives			des États-Unis (of the USA)		la rivière the river)
We live You live They live					la montagne (the mountains)

Extensions:

- Investigate Christmas traditions in France or a French speaking country and compare to your own traditions
 Make a FrenchChristmas card for your favourite teacher
 - 3. Use the internet to find out 5 interesting facts about a French speaking country of your choice

Week 3: 16/01/23, Week 4: 23/01/23

- 1. Use the sentence builder to write 3-5 sentences in French
 - 2. Translate your sentences into English
- 3. Now close your knowledge organiser and try to translate your 3 sentences back into French wiithout looking4. Correct in purple pen

Opinion phrase	no un & verb	adverb	comparative	adjective	conjunction	noun
				grand(e) (big)		Londres
				petit(e) (small)		(London)
what's						Cornouailles
Walle Comment				intéressant(e)		(Cornwall)
your)				(interesting)		
opinion?				animé(e) (lively)		la France (France)
				bruyant(e) (noisy)		la Belgique (Belgium)
Je pense que	ma région est			tranquille (peaceful)		(20.9.0)
(I think that)	(my region is)	beaucoup	plus		que	la Suisse
À mon avis	mon pays est	(much)	(more)	historique (historical)	(than)	(Switzerland)
(in my opinión)	(my country is)	un peu		industriel(<mark>le</mark>)(industrial)		Paris
	, , ,	(a bit)	moins			
Je dirais que (I'd say that)	ma ville est		(les)	joli(e) (pretty)		la grande ville
(i a say mai)	(my town is)			moche (ugly)		(the city)
				barbant(e) (boring)		la campagne (the country)

Extension: Investigate a French festival of your choice and create a poster all about it

Week 5: 30/01/23

- 1. Use the sentence builder to write 3-5 sentences in French
 - 2. Translate your sentences into English
- 3. Now close your knowledge organiser and try to translate your 3 sentences back into French without looking4. Correct in purple pen

No un phrase		verb	article	noun	connective	verb	infinitive
J'aime Tu aimes II/elle/on aime Nous aimons	la ville car	il y a	un (a)	parc (park) centre commercial (shopping centre) centre sportif (sport centre) musée (museum) théâtre (theatre) cinéma (cinema)			
Vous aimez Ils/elles aiment		(there is/are)	une (a)	mairie (town hall) piscine (swimming pool) plage (beach) bibliothèque (library) place (town square) patinoire (ice rink)		je peux (I can)	jouer (play) traîner
I like You like He/she/one likes We like You like They like		il n'y a pas (there isn't/aren't)	de	parc (park) centre commercial (shopping centre) centre sportif (sport centre) musée (museum) théâtre (theatre) cinéma (cinema) mairie (town hall) piscine (swimming pool) plage (beach) bibliothèque (library) place (town square)	où (where)	on peut (we can)	(hang out)

Extension: Draw and colour in the flags of 5 French speaking countries

Week 6: 06/02/23, Week 7:20/02/23

- 1. Use the sentence builder to write 3-5 sentences in French
 - 2. Translate your sentences into English
- 3. Now close your knowledge organiser and try to translate your 3 sentences back into French without looking. Correct in purple

Adverb	verb	present tense ER verb	connective	noun
		je chante (Ising) on chante (we sing)		
	il fait beau	je danse (I dance) on danse (we dance)		
	(it does nice weather)			
		j'écoute de la musique (I listen to music)		
	il fait mauvais	on écoute de la musique (we listen to music)		
	(it does bad weather)			
	,	je joue au foot (I play football)		
	il pleut	on joue au foot (we play football)		mes copains/amis
	(it rains)			(my friends)
		je joue aux jeux en ligne (I play games online)		
	il y a du soleil	on joue aux jeux en ligne (we play games online)		ma famille
Quand	(there is sun)		avec	(my family)
(when)		je joue de la guitare (I play the guitar)	(with)	
	il fait chaud	on joue de la guitare (we play the guitar)		ma copine/
	(it does hot)			mon amie
Si / s'		je surfe sur internet (I surf the internet)		(my friend – female)
(if)	il fait froid	on surfe sur internet (we surf the internet)		
	(it does cold)			mon copain/
		je regarde la télé (l watch the TV)		mon ami
	il neige	on regarde la télé (we watch the TV)		(my friend – male)
	(it snows)			
		j'étudie pour le college (I study for school)		
		on étudie pour le collège (we study for school)		

Extension:

- 1. Investigate the shrove Tuesday festivities in France- create a poster showing traditional celebrations
 - 2. Research a recipe for French crèpres- try to make some and bring in a photo!
 - 3. Use the internet to find out 5 interesting facts about a French speaking country of your choice

- 4. Week 8: 27/02/23, Week 9: 06/03/23
- 1. Use the sentence builder to write 3-5 sentences in French
 - 2. Translate your sentences into English
- 3. Now close your knowledge organiser and try to translate your 3 sentences back into French without looking. Correct in purple

Opinion verb	noun	connective	verb	adjective	connective	verb	adjective
J'adore (I love) J'aime bien			c'est (it's)	intéressant (interesting) animé (lively) tranquille (quiet) historique (historic) industriel (industrial) beau (beautiful) moche (ugly)		c'est (it's)	intéressant (interesting) animé (lively) tranquille (quiet) historique (historic) industriel (industrial) beau (beautiful) moche (ugly)
(I really like) J'aime (I like) Je n'aime pas (I don't like)	mon pays (my country) ma région (my region) ma ville (my town)	parce que/qu' (because)	il y a (there is)	beaucoup à faire (lots to do) une plage (a beach) une piscine (a pool) un cinéma (a cinema)	et (and) mais (but) cependant	il y a (there is)	beaucoup à faire (lots to do) une plage (a beach) une piscine (a pool) un cinéma (a cinema)
Je n'aime pas du tout (I don't like at all) Je déteste (I hate)	où j'habite (where I live)		il n'y a (there is - negative)	rien à faire (nothing to do) pas de plage (not a beach) pas de piscine (not a pool) pas de cinéma (not a cinema)	(however) aussi (also)	il n'y a (there is - negative)	rien à faire (nothing to do) pas de plage (not a beach) pas de piscine (not a pool) pas de cinéma (not a cinema)

Extension: Research a town in France and write 10 sentences to describe what there is/isn't in the town





Week 1 – Friday 1	3 th December 2024	Week 2 – Friday 20	Oth December 2024
Lesson 1 – Structure of the Earth	Lesson 2 – How do plates move?	Lesson 3 – Plate boundaries	Key Word Practice
Key Terms: Core: The inner-most part of planet earth, divided into inner and outer core. Mantle: The layer within the Earth,	Key Terms: Convection currents: Heat rises through the mantle dragging the crust/ plates.	Key Terms: Oceanic Plate: Formed under oceans, denser thinner, newer. Subducts under continental. Continental Plate: Formed on land,	Crust Mantel
found immediately below the crust. Crust: The solid, outer layer of planet Earth.	Slab pull: The weight of the crust being pulled into the mantle by gravity.	older, thicker, can't subduct. Subduct: Where the edge of one plate (ocean goes below the edge of another.	3. Core
Content: Structure of the Earth: The Earth	Content: Convection currents: The heating of the Mantle by the Core, which causes	Content: There are 7 main plates.	4. Convection currents
has 4 main layers: Crust: Rocky surface between	it to rise and drag the plates along, before cooling and sinking.	Destructive boundary: Oceanic plate and continental plate move toward each other such as Nazca Plate and	5. Slab pull
8-70km thick and the thinnest layer.	Slab pull: Where the plate sinks into the mantle, the crust behind it is	South American plate.	6. Oceanic
Mantle: Thickest layer (2900km). Solid rock that can flow. 1000-3700°c Outer Core: Liquid iron and nickel and reaches around 4000°c. Creates a	pulled along with it. The sinking causes the plates to move apart at the middle.	Constructive boundary: Plates move away from each other such as at the Mid Atlantic Ridge.	7. Continental
magnetic field which makes compasses work. 2200km thick. Inner Core: Solid and made of iron	convection traction traction	Conservative boundary: Plates move past each other such as the San Andreas Fault in California.	8. Destructive
and nickel. Reaches 5700°c and 1200km thick.			9. Constructive
Questions: 1. What is the crust like? 2. What is the mantle like? 3. What is the outer core like? 4. What is the inner core like?	5. What are convection currents?6. Draw a diagram of a convection current7. What is slab pull?8. Draw a diagram of slab pull	Questions: 1. What are the different plates? 2. What happens at a destructive boundary? 3. What happens at a constructive boundary? 4. What happens at a conservative boundary? 5. Copy out each key word 3 times	10. Conservative





Week 3 – Friday 10 th January 2025		Week 4 – Friday 17 th January 2025	
Lesson 4 – Mountain building	Lesson 5 – Earthquakes	Lesson 6 – Sichuan Effects	Key Word Practice
Key Terms: Convergent boundary: Continental plates move together.	Key Terms: Earthquake: An intense shaking of Earth's surface caused by movements	Key Terms: Sichuan: Province in west China.	1. Convergent
plates move together.	within and in between plates. Focus: Point within the earth where an earthquake starts.	Primary Effects: The initial and direct result of an action/event.	2. Fold mountains
	Epicentre: The place on the surface directly above the focus. Seismic waves: These waves radiate outwards and cause damage.	Secondary Effects: The indirect/knock- on effects caused by an action/event.	3. Earthquake
	Ŭ		4. Focus
Content: What happens at a convergent boundary? • The Indo Australian and Eurasian Plate are both continental.	Content: Earthquakes occur when the plates get stuck but keep trying to move, building up energy! When they get stuck, pressure builds up and the	Content: Sichuan earthquake: Occurred on Monday 12th May 2008. 7.9 on the Richter scale. The Indo-Australian Plate pushing into the and Eurasian	5. Epicentre
 Neither can subduct. The rock is squeezed upwards 	plates will suddenly move causing an earthquake. Seismic waves radiate	Plate. Convergent plate boundary. Primary Effects:	6. Seismic waves
forming mountains. • They are called Fold Mountains. Himalayas are the largest fold mountain range.	Outwards. Fault scarp Epicenter	 Over 87,000 dead & over 370,000 injured. 70,000 schools were destroyed. Secondary Effects:	7. Secondary
 The earthquakes are violent/ high on the Richter scale. No volcanoes 	Wave fronts Fault	 200,000 landslides Roads blocked, making rescue & aid delivery difficult. 	8. Primary
rock in squeezed by the black of the black o	The Richter scale is a way of measuring the strength of an earthquake/the seismic waves	 5 million homeless. Shortage of clean water & sanitation, causing disease 	9. Sanitation
Questions: 1. What is a convergent boundary? 2. What happens when the two plates meet? 3. What are the mountains that are created called? 4. Draw a diagram of a convergent boundary	5. What is an earthquake?6. What happens when the plates get stuck?7. Draw a cross section of an earthquake8. How are earthquakes measured?	Questions: 1. What are primary effects? 2. State 2 primary effects 3. What are secondary effects? 4. State 4 secondary effects 5. Copy out each key word 3 times	10. Disease





Week 5 – Friday 21st January 2025		Week 6 – Friday 31st January 2025	
Lesson 7 – Sichuan Responses	Lesson 8 – Tsunamis	Lesson 9 – Boxing Day Tsunami	Key Word Practice
Key Terms: Responses: The way people react (their actions) to an event such as an	Key Terms: Tsunami: A large fast-moving wave caused by a sudden movement of	Key Terms: Subducted: When an oceanic plate runs into a continental plate and	1. Responses
earthquake or volcano.	the water column in the ocean. A Japanese word that translate are 'harbour wave'.	slides beneath it.	2. Tsunami
Content:	Content:	Content:	3. Water column
50,000 troops were mobilised but found it difficult to reach rural areas as roads had been damaged or blocked.	Cause of a tsunami: 1.Earthquake happens below the ocean's surface. 2.Series of waves travel through deep	Indo-Australian plate subducted under the Eurasian plate – 9 magnitude and 60m wave. Effects:	4. Shoal
The NY Times reported that the first 72 hours are critical and were wasted.	water. 3.The wavelength is so long that they can be unnoticeable in deep	 230,000 died and 65,000 injured. Hundreds of fishing communities lost their boats. 	5. Subducted
3 days later an additional 90 helicopters were mobilised to	water. 4.When the waves get to shallow water, they start to shoal (crest/	 Two million were made homeless. Crops and drinking water were contaminated with salt. 	6. Indo-Australian Plate
distribute tents, food and water. There was an inquiry into the poorly	build up) 5. Waves hit the coastline at high speeds and inundate the coastline.	Responses: • \$6.25 billion was donated in aid by 14 countries.	7. Eurasian Plate
built school building. But as of today, no-one has been held responsible and no families have received	shallow water near coast open ocean giant wave	 People were buried in mass graves to stop the spread of disease. A new Indian Ocean Tsunami 	8. Communities
compensation	or grant gra	Warning System was set up in June 2006.	9. Contaminated
Questions: 1. What is a response? 2. Why did troops find it difficult? 3. What happened 3 days later? 4. What was the inquiry into?	5. What is a tsunami?6. What causes a tsunami?7. What happens when a tsunami reaches shallow water?8. Draw a diagram of a tsunami	Questions: 1. What does subducted mean? 2. What caused the Boxing Day Tsunami? 3. State 3 effects of the Boxing Day Tsunami 4. State 2 responses to the Boxing Day	10. Disease
		Tsunami 5. Copy out each key word 3 times	





Week 7 – Friday 7 th February 2025		Week 8 – Friday 14 th February 2025	
Lesson 10 – Volcanoes	Lesson 11 – Eyjafjallajökull (E15)	Lesson 12 – Living in a danger zone	Key Word Practice
Key Terms:	Key Terms:	Key Terms:	
Volcano: Opening in the Earth's	Eyjafjallajökull (E15): A volcano	Fertile: The ability of soil to keep plants	1. Volcano
surface usually found in a mountain.	located in the south of Iceland. It is	growing.	
	1666m tall. It is covered by a glacier.		
Composite Volcano: A steep sided	Known as E15. Lies between the North	Geothermal Energy: Hot water and	2. Composite
volcano. A typical cone shape.	American and Eurasian plate.	steam from deep underground can	
	Jökulhlaups: Glacial flood outburst	be used to drive turbines and create	
Shield Volcano: A wide volcano with	caused when the volcano melts the	electricity.	3. Shield
long, gently sloping sides.	ice/glacier that covers it.		
Content:	Content:	Content:	
Composite Volcanoes: Occur on	Iceland lies on the Mid Atlantic Ridge,	Reasons why people live near	4. Constructive
destructive plate margins and are	a constructive plate margin. On 14 th	volcanoes:	
more violent and dangerous.	April 2010, E15 started to erupt more	Farming: Ash is weathered overtime	
COMPOSITE ISTRATO - VOLCANDI MAN VENT	violently. It melted the glacier which	into the soil, it makes it fertile which	5. Damage
AND LAVA STEEP SLOPES DUE TO THECK	poured onto the lava and caused	can produce more and better-quality	
	steam and ash to rise 11 km into the	crops.	
	air. It entered the jet stream.	L	6. Jökulhlaups
	Impacts:	Tourism: Volcano tourism is big	
	No death or injury.	business for communities.	7.5.19
Shield Volcanoes: Occur on	• 150m ice cap melted.		7. Fertile
constructive plate margins and wider	Homes and roads were damaged.	Mining: Lava contain minerals that	
and lower and less dangerous.	20 farms and the surrounding	can be extracted. These include gold,	
GENTLE SLOPEN SIDES GENTLE SLOPEN SIDES DUE TO HUMNY LAVA	farmland was damaged by the Jökulhlaups.	diamonds, silver, copper, and zinc.	8. Tourism
MAIN VENT)	10 million air passengers (100,000	Geothermal Energy: Predictable and	
	flights cancelled) had their travel	reliable source of energy. Iceland	9. Mining
	disrupted.	creates their electricity this way.	7. Will ill 19
	Airlines lost \$2 billion.	creates their electricity this way.	
Questions:	5. What is Eyjafjallajökull?	Questions:	I 10. Geothermal
1. What is a volcano?	6. What is a Jökulhlaups?	1. Why is farming a reason?	
2. What are composite volcanoes?	7. What happened on the 14 th of	2. Why is mining a reason?	
3. What are shield volcanoes?	April?	3. What is geothermal energy?	
4. Draw a diagram of a composite	8. State 5 impacts of the eruption	4. Why is geothermal energy a	
and shield volcano		reason?	
		5. Copy out each key word 3 times	
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Week 9 – Friday 28 th February 2025		Week 10 – Friday 7 th March 2025	
Lesson 13 – Ice ages and glaciation	Lesson 14 – Glacial processes	Lesson 15 – Glacial landforms	Key Word Practice
Key Terms: Ice Age: A period in Earth's history, when the temperature drops, and ice	Key Terms: Bulldozing: Pushing of deposited sediment at the snout (front) of the	Key Terms: Landform: A natural feature e.g., a cliff formed by natural processes.	1. Glacier
covers large areas of land. Alpine Glacier: Huge, thick masses of ice on sides of mountains. Icesheet: They form broad domes and	glacier as it advances. Glacial deposition: Rocks dropped by a glacier when it melts (ablation).		2. Bulldozing
spread out from their centres in all directions.	a gradien ment (dietanen)		3. Freeze thaw
Content: The last ice age started about 110,000 years ago and lasted for 100,000	Content: Freeze thaw: This occurs when water continually seeps into cracks, freezes,	Content: Glaciers from when snowflakes collect in hollows (dips) and compress into	4. Plucking
years. Ice covered around 1/3 of the earth. Ice covered much of northern	and expands (by about 9%), this process continues eventually breaking the rock apart.	U-Shaped valley: A valley with a wide	5. Abrasion
Europe, including northern Britain.	Plucking: The glacier freezes around rocks. As the glacier moves downhill it "plucks" the rocks from the slope and transports them downhill.	flat floor and steep sides. Corrie (cirque): A large hollowed-out depression found on the upper slopes	6. Landform
Vatnajökull is the largest glacier/ icesheet in Iceland. 8000 km2 in area. Average thickness 400m. Thickest part 980m.	Abrasion: A process of erosion involving the wearing away of the valley floor and sides. As a glacier	of glaciated valleys. They have steep back walls and a raised lip at the front.	7. Moraines
Alpine glaciers form when lots of snow falls in one location for many years.	moves, the ice (and rock within the glacier) scrapes against the rock, slowly removing the top layer. It can	Arete: A knife-edged ridge often found at the back of a corrie or	8. Erratic
They move downward through valleys.	smooth it down and cause scars.	separating two glaciated valleys.	9. Corries
Questions: 1. What is an ice age? 2. What is Vatnajökull? 3. What are Alpine glaciers? 4. How do Alpine glaciers form?	5. What is bulldozing and glacial deposition?6. What is freeze thaw?7. What is plucking?8. What is abrasion?	Questions: 1. What does the term 'landform' mean? 2. What is a u-shaped valley? 3. What is a corrie? 4. What are aretes? 5. Copy out each key word 3 times	10. Arete

	17th December
Medieval life consolidation	Medieval life consolidation
Focus - using History keywords!	Focus - chronology
Task: Look back through your work on Medieval life. Create a glossary of 10 keywords, defined for the copic in your homework book.	Task: Look back through your work on Medieval life. Create a timeline of the key events that took place in your homework book. Criteria: - Create a timeline with a labelled start and end date - Describe 10 events, including the date and specific information about what happened Challenge: Add drawings to make your timeline memorable!

7th January	14th January	
Topic: Pre-Columbian Civilisations	Topic - The Olmec Civilisation	
Context - Mesoamerica is a Greek term which means 'Middle America'. It is used by a lot of historians to describe both the geographical area of Central America and the societies and civilizations which existed there before the arrival of the Spanish under Christopher Columbus in 1492CE. It's the narrow area of the continent which is the band of modern countries of Mexico to Panama. Keywords: Civilization - A society with a system of government and writing. Central America - The region of the American continent, between the USA and South America, containing the modern countries such as Mexico, Panama, Costa Rica, Nicaragua, and Belize. Pre-Columbian - The societies and civilizations of Central and South America which existed before the arrival of Spanish explorers in 1492. Primitive - Being the first version of something; sometimes used to describe a basic form of something. Chronology: The Olmec (c.1500BCE – 400BCE) The Mayans (c. 750BCE – 1697CE) The Aztecs (c.1300CE – 1521CE) The Incas (c.1400CE - 1533CE)	Context: The Olmec (c.1500BCE – 400BCE) For a civilization to develop, they need seven key building blocks or features: TECHNOLOGY, SOCIAL STRUCTURES, FIXED SETTLEMENT, WATER, RESOURCES, RECORD KEEPING, POPULATION. • The Olmec also are likely to be one of the first civilizations to cultivate and grow a number of crops, using slash-and-burn techniques to clear the jungle. • Olmec inventions (probably) include the development of the long-count calendar, a writing system, and the concept of zero (something Europeans didn't discover until around 1200CE). • Certain ritualistic and religious ideas to be found across Mesoamerican culture may also have come from the Olmec. These include blood-letting and child sacrifice. • They also built settlements Some historians consider the Olmec to be the Mesoamerican mother culture (one that influences others).	
Homework questions 1. What is Mesoameria? 2. Cover, write, check the definitions. 3. Draw a timeline of the civilisations we will learn about in this unit.	Homework Questions 1. When did the Olmec civilisation exist? 2. What are the 7 building blocks for a civilisation to exist? 3. Summarise two features of the Olmec civilisation. 4. What is meant by 'mother culture'?	

21st January	28th January	
Topic - Maya Civilisation Context - The Mayans (c. 750BCE – 1697CE) The Maya lived in nucleated settlements (villages surrounding a major town or city) with a developed civic life. Maya society was arranged in four parts: nobility, commoners, serfs, and slaves. This social structure was rigidly fixed, with the exception of slaves. Housing reflected social status, with the more powerful living in larger buildings, and the majority living in simple huts. Temples and religious centres were widespread and the religious practices varied between city-states.	 Topic - Maya Civilisation achievements Context - The Maya are the longest continual civilization culture in world history, running for nearly 2,500 years. The Maya developed science which was more advanced than the Europeans for most of their civilization. Their great cities were incredible places with high-rise temples, palaces and towering pyramids, far taller than European buildings built at the same time. The Maya were the perhaps the greatest farmers in the world. 	
Keywords: Hegemony: is a political term used to describe the control of an area under a city-state. These city-states are not individual countries, as they share common culture and language with each other, but do not accept a single authority. Interpretation: A historian's view or opinion of an event, person or group. Interpretations can be texts (written) or pictures.	 Some of the food and fibres cultivated by the Maya include: corn, cotton, chocolate, pulses, squash, turkey, cassava, tobacco, chilies, pineapple, peanuts and sweet potatoes. Maya creativity developed tools made out of jadeite and obsidian. 	
Homework questions	Homework Questions	
 When did the Mayan civilisation exist? What is a nucleated settlement? Describe how Mayan society was arranged. What was housing like in Mayan Civilisation? Cover, write, check your definitions! 	 Why is the Maya civilisation remarkable? What did cities look like in Maya Civilisation? What crops did they grow? How important do you think Maya civilisation's achievements were? Why? 	

4th February	11th February
Topic - Inca Civilisation	Topic - Spanish arrival
Context - The Incas (c.1400CE - 1533CE) At their most powerful, the Inca had the largest empire in the world at the time. Stretching from modern-day southern Colombia to southern Chile, they ruled over western South America from the Andes to the Pacific Ocean. Most Inca people were farmers or herders, looking after alpacas and Ilamas. Extended families lived together on the same land, making their own clothing and blankets from alpaca and Ilama wool. Because the Inca lived in the mountains, they often had to build terraces, or flat areas cut into the hillside, to plant their crops in. They also had to dig canals so they could direct mountain streams and rain to crops like quinoa, corn, avocados, and potatoes. The Inca believed that their rulers were sons of the sun god Inti (in-TEE) and mummified them after death. Keywords - Empire - A group of regions or territories under the control of a more powerful state, which have often little power of their own. Hierarchy - An order of importance and power within a society. Inca - Specifically the aristocratic group of individuals, originally from around the capital, Cuzco. The Inca conquered neighbouring tribes, adding them to their empire. Inti - The Incan sun-god, and supposedly the ancestor of the Sapa Inca, the mortal man who was the supreme ruler of the Inca.	Context - The indigenous peoples of central America had, as far as we know, not encountered Europeans before the arrival of Christopher Columbus in 1492CE. The accounts of explorers, such as those of Columbus himself, reveal a mixed response by the first inhabitants of the Americas. For some, the Europeans were a curiosity – their style of clothing was unlike anything seen before; for others, these explorers were god-like figures; and for many, the appearance of strange men from the sea meant death and destruction soon followed. Impacts of Spanish arrival: Positives: Increased trade between indigenous peoples and Europeans, Indigenous peoples learnt European languages, Indigenous people's knowledge on crops was valued by Europeans. Negatives: Indigenous peoples were forced to convert to Christianity, some were forced into slavery, Indigenous civilisations were regarded as primitive, Indigenous cultures had their history and sites destroyed. Keywords - INDIGENOUS - The people who originally lived in an area, sometimes referred to as aboriginals or First Peoples. SLAVERY - Taking away basic human rights from a person or group, resulting in their being treated as property, rather than people. SMALLPOX - A serious disease that spread very easily from person to person. It could be fatal (deadly) and there was no cure. TRADE - The exchange of goods or services; during the Age of Exploration, Europeans exchanged valueless items for gold and precious stones.
Homework questions 1. When did the Inca civilisation exist? 2. What was the daily life of Inca people like? 3. What did the Inca believe about their rulers? 4. Cover, write, check your keyword definitions!	Homework Questions 1. When did Spain arrive in this area? 2. Name a famous explorer. 3. Describe one negative impact of Spanish arrival. 4. Describe one positive impact of Spanish arrival. 5. Cover, write, check your keyword definitions!

25th February		4th March	
Topic - learning consolidation		Topic - Learning consolidation:	
past. Historians u A source is a piec	is when events have been analysed to construct a narrative of the use sources and the archaeological record as evidence. The of evidence which contains information about the period or topic doesn't always have to have been made at the time.	Who were the mother culture?	The Olmec have the claim to be the mother culture, on the basis of their inventions and discoveries. The Maya also have claim on the fact their civilization spread widely in Mesoamerica. Ball-game: the Olmec, Maya, and Aztecs all play variations of the Mesoamerican ball-game.
KEY DATE 1200BCE	Olmec civilization begins in Mesoamerica. Classical Maya period with the emergence of the great Maya	Key similarities between the civilizations?	 Food: basic staples such as corn, cocoa, tomatoes, potatoes are shared by all civilizations. Farming: use of slash-and-burn techniques to clear jungle land for farming. Architecture: use of pyramids and colossal groups of statues with religious
250 – 950CE 1100CE 1325CE	cities. Maya cities such as Chichen Itza go into decline. Aztec capital of Tenochtitlan founded.		significance. Religion : use of human sacrifice, blood-letting in order to appease the gods (keep them happy).
1400CE 1492CE	Inca empire emerges in South America. Genoese explorer, Christopher Columbus discovers the Caribbean.	Historical legacy?	Spanish conquest of Mesoamerica led to the destruction of indigenous societies at social, political, and economic levels. Indigenous technological advances in medicine were brought to Europe, along with staple crops of corn and cotton.
		What is an historical interpretation?	An historian's view or opinion of an event, person or group. Interpretations can be written or pictures. Interpretations are based on facts but they will differ from person to person .
Homework questions 1. Cover, write, check your definitions! 2. Create an annotated timeline of events.		Homework Questions 1. Who were the 'moth 2. Describe two simila 3. What is the legacy of the second seco	rities between the civilisations.

11th March	18th March
Topic - Reformation	Topic - Reformation
Context - In 1500 virtually every person in England was a Catholic. The Catholic Church is part of the Christian Church. The Catholic Church was very powerful and run by the Pope, based in Rome. The church had influence all round Europe. In 1517, a German monk Martin Luther nailed up 95 criticisms to his local Cathedral door. His criticisms included corruption in the church, and the wealth of the church. He protested against the Catholic Church, and this movement became known as the Protestants. Many people across Europe agreed with Martin Luther's ideas and the ideas quickly spread with the aid of the recently invented printing press. The movement became known as the REFORMATION as people wanted to REFORM (change for the better) the church not completely overthrow it. The ideas spread to England during the reign of Henry VIII. Keywords - Catholic Church – Christian church that believes that Jesus is the son of God. Led by the Pope in Rome. Had dominated Christianity in western Europe through the Middle Ages/medieval period. Protestants – Christians (see Jesus as the son of God) who protested about the Catholic Church, believing that it had lost it's way. They wanted to return to the word of God, as expressed through the Bible. The Reformation – A religious reform movement that swept through Europe in the 1500s, which resulted in the creation of a branch of Christianity called Protestantism.	Context - 1. Watch this video about how the Reformation begun: https://youtu.be/FhGGiRiyq7w?si=BYEn8RiPpVi8qhgB 2. Watch this video about the Reformation in England, otherwise known as the Break with Rome. https://youtu.be/8TH65WnwSFs?si=5cluILIQ0XCKv4HB Henry VIII was born a Roman Catholic, however eventually led the break from Rome. This changed the religion in England from Catholic to Protestant. He called this new religion the 'Church of England'. Henry made himself the Supreme Head, replacing the previous powers of the Pope over religion in England. Henry gained lots of money from becoming the new owner of church land, he gained power (from the Pope), and he also managed to solve his personal problems. Henry needed a male heir, which his first wife Catherine of Aragon was not able to provide. Without the Pope, Henry could grant himself a divorce, could choose to remarry and hoped he would manage to achieve a male heir. Henry's Reformation of religion in England caused massive changes!
 In 1500 what was the main religion in England? Name the person that criticised the Roman Catholic Church. What were his criticisms about? Who were the Protestants? Cover, write, check your definitions! 	 Homework Questions What caused the Reformation to begin? How did Henry change religion in England? Why did Henry VIII change the religion in England? Why do you think the Reformation caused significant change for ordinary people's lives?







Lesson 1 and 2- Types of Relationships	Lesson 3 and 4 – Empathy
Where to access support	Where to access support
https://www.brook.org.uk/topics/relationships/	https://www.bbc.co.uk/bitesize/articles/z2gh3qt
https://www.healthforteens.co.uk/relationships/	SSO Support Team
Content:	Content:
Relationship- the way in which things are connected or work together	
Types of relationships:	What makes a good friend?
Platonic Relationship - A friendship or relationship where there is no romantic, intimate or sexual feelings i.e Friends and colleagues.	Good friends make you feel good - Good friends say and do things that make you feel good, giving compliments and congratulations and being happy for you.
Intimate Relationship - A relationship which can include a sexual attraction and sexual activity i.e boyfriend, girlfriend, married couples	Good friends listen - A good friend allows you to talk and doesn't interrupt you. They're interested in what you have to say.
Familial Relationship- A relationship with someone who has a blood, kinship or legal tie to you i.e Parents, siblings etc.	Good friends support each other - If you're feeling down, a good friend will support you. If you need help, a good friend will try to help you out.
Toxic Relationship - A relationship that has a negative impact on your mental health and self- esteem.	Good friends are trustworthy- If you tell a good friend something private, they won't share it. You can trust a good friend not to be judgmental. Good friends handle conflict respectfully and respect boundaries- A good
	friend will tell you if you've done something to hurt them. If you tell a good friend they've hurt you, they'll be sorry and won't do it again.
Questions	Questions
1. What is the definition of a relationship?	 Would you consider yourself to be a good friend and why?
2. What is the difference between a platonic and intimate relationship?	2. Give two qualities of a good friend.
3. Give an example of a familial relationship	3. Why is it important to be trustworthy?
4. What is the definition of a toxic relationship?5. What might a toxic relationship look like?	4. If you tell a good friend that they have hurt your feelings, what is an appropriate way for them to react?
	5. Who might you talk to in school about friendship problems?



Life Skills Knowledge Organiser Year 7 Cycle 2



Lesson 5 and 6 – Bullying	Lesson 7 and 8 – Peer Pressure
Where to access support Parents and trusted family, school staff and SSO team, directly to the police. Childline - Helpline: 0800 1111 (24 hours) https://www.bullying.co.uk	Where to access support https://www.childline.org.uk
Bullying is the repeated and intentional behaviours which cause harm to another person, either physically, emotionally or psychologically. Physical- The victim is physically and violently assaulted by the bully. This can include being beaten up, pushed and shoved or the physical taking of items from the victim. This sort of bullying is against the law and should be reported to the police. Verbal- This can include name calling, snide comments and the spreading of rumours; it can also constitute harassment in some cases which is illegal and should be reported to the police. Emotional- Psychological and emotional bullying is difficult to see but can include the ostracization of the victim from a particular group, tormenting and humiliating the victim. Cyberbullying is the use of electronic communication to bully a person, typically by sending messages of an intimidating or threatening nature but can also include setting up of malicious websites or posting personal and embarrassing images and videos without the persons permission.	Content: Peer Pressure- The pressure that you feel to behave in a certain way because your friends or people in your group expect it Coercion- Ture or something they don't want to do by using force or threats. Assertiveness- The quality of being confident and not frightened to say what you want or believe. Boundary- are the physical, emotional and mental limits we establish to protect ourselves from being hurt, taken advantage of/ manipulated by others Say it with confidence- Be assertive. Practise saying 'no' so that it's easier when someone asks. Avoid situations which feel unsafe or uncomfortable. You could explain that you're going to pay for something instead of stealing it. Try not to judge them- By respecting their choices, they should respect yours. Spend time with friends who can say 'no'- It takes confidence to say no to your friends. You could try seeing how your other friends stand up to peer pressure and you can try this too. Suggest something else to do- If you don't feel comfortable doing what your friends are doing, why not suggest something you could do instead.
Questions 1. What is the phone number for Childline? 2. What is the definition of bullying? 3. How are physical and verbal bullying different? 4. Give an example of cyberbullying. 5. Who would you report cyber bullying to in school?	 Questions What is peer pressure? Give an example of peer pressure. What is the definition of coercion? Give two strategies for being assertive Create a short response to this request, 'Hey, go into that shop and steal some sweets for us'.



Life Skills Knowledge Organiser Year 7 Cycle 2



Lesson 9 and 10– Consent	
Where to access support	
https://www.brook.org.uk	
Contact	
Content:	
Boundary - are the physical, emotional and mental limits we establish to	
protect ourselves from being hurt, taken advantage of/ manipulated by others	
Personal Space - the physical space immediately surrounding someone, into	
which encroachment can feel threatening or uncomfortable.	
Assertiveness is a healthy way of communicating. It's the ability to speak up	
for ourselves in a way that is honest and respectful.	
UDEAL strategy to being assertive	
Use a reasonable voice	
Describe the problem	
Express how you feel	
Ask for a specific change	
List the improvements	
(Aggressive behaviour is forceful and confrontational, it disregards other	
peoples opinions.)	
Questions	
1. What is the definition of a boundary?	
2. Why do we need boundaries?	
3. Explain the UDEAL strategy for assertiveness.	
4. Why is it important to be assertive and not aggressive?	
5. Give an example of a situation where you might need to be assertive.	
3. Give an example of a steadton where you might need to be assertive.	



Y7C2 Key Maths Knowledge

Your Maths Homework is to complete your Sparx

Use this guide to make sure you know what to do, when to do it and how to do it:

Maths homework is to complete Sparx

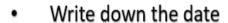
What to do

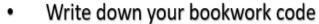
- Do Sparx on the days in the homework timetable
- · Compulsory Homework: You must do this part of your homework every week
- Optional/Target Homework: Do this to gain loads of XP and to improve your maths!

Top Tips

- Do your homework as soon as you can
- Watch the help video
- If you are stuck, speak to your maths teacher before hand-in or pop in to Sparx Support club during breaks

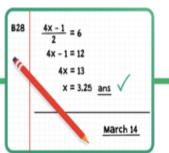
Always:





- Read the question carefully
- Show all your workings
- Highlight/underline your final answer
- Tick if correct/cross if wrong







MATHS

We want you to do well with your maths and doing Sparx will help.

If you've tried something, watched the video and are still not sure how to do something make sure you ask for help!

You're expected to complete it every week and catch up if you haven't.

South West Mathematics

Your Maths Homework is to complete your Sparx

Item	Description						
Perimeter	The total length of all the sides of a 2D shape.						
Area	A measurement of the space inside a 2D shape. Measured						
	in squares. Often confused with perimeter.						
Compound	a shape formed by joining other shapes.						
shape							
Circumference	The outline of a circle.						
Chord	A straight line joining two points on the circle.						
Diameter	A chord that passes through the centre of a circle.						
Radius	A line from the centre to the circumference of a circle.						
Sector	Part of a circle formed by two radii(plural of radius) and an						
	arc. The shape of a slice of pizza.						
Segment	A chord divides a circle into two segments.						
Term	An algebraic object made of numbers and letters joined by						
	multiplication or division. Eg.						
Expression	An algebraic object made from one or more terms added						
	together.						
Equation	An algebraic object that contains an equals sign. There are						
	always two sides to an equation.						
Sides of an	The right and left hand sides of the equals sign are referred						
equation	to as the sides of the equation.						
Balancing	Performing the same operation to both sides of an						
	equation						
Area of a	Area of rectangle = base \times height						
rectangle							
Area of a	Area of triangle = $\frac{1}{2}$ base × height						
triangle	height base						
Area of a	Area of parallelogram = base \times height						
parallelogram	base						
Area of a	Area of trapezium = $\frac{1}{2}(a+b) \times h$						
trapezium	b h						



YEAR 7

KNOWLEDGE ORGANISER – 12 Bar Blues

Click on the QR code for a short video explaining the history of Blues music



HISTORICAL CONTEXT

In the **1600s** & **1700s**, millions of Africans were captured and sold as **slaves**. Many were taken to **North America**.

To take their minds off their work, which was often brutally hard, they sang work songs, using their tools to give the music a beat. Over the years, African musical styles, such as call & response singing, blended with chords was the beginning of The Blues. When slavery was abolished in the 1860s, life remained hard for ex-slaves in the southern states. The lyrics and tone of their songs continued to be sad and 'blue'.

By the 1920s, blues was popular all over America.

In the **1940s** & **50s** a style called **rhythm & blues** was developed (a speeded up version of the blues with electric instruments).

NOTE VALUES Semibreve 4 beats Minims 2 beats Crotchets 1 beat Quavers 1/2 beat Semiquavers 1/4 beat

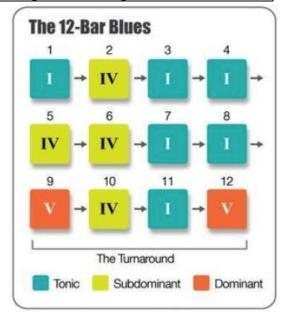
The 12-BAR CHORD STRUCTURE

There are lots of different types of blues, but the most popular song structure is the 12-bar blues.

The 12-bar blues uses a set **chord pattern** that is **12 bars long**.

The only chords are I, IV and V (**Primary Chords**).

The 12-bar pattern is **repeated** throughout the song.



KEYWORDS

Walking Bass - the bass part in the Blues 'walks' up the notes of a chord creating a 'walking bass' part.

12-Bar Blues - traditional style of music, using 3 chords over a 12-bar cycle.

Syncopation - when music is played on the **offbeat** (i.e. not played on the main beat of the bar). This creates a disjointed feel.

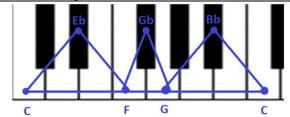
Improvisation - music that is made up on the spot by a performer, often based on a given chord progression or set of notes.

Accompaniment - the accompaniment is the background music that supports a melody. This is provided by the chords, played either on Piano or Guitar

Chord – A chord is 3 notes played at the same time. This type of chord is called a **triad**. Only certain notes sound nice as a chord. The notes have to have a space of 1 keyboard key between them. There are 2 types of chord: Major and Minor. Major chords sound happy, Minor chords sound sad.

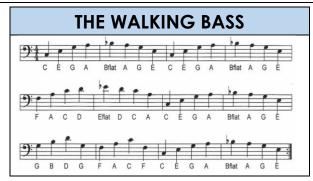
THE BLUES SCALE IN C

The melody of a Blues piece uses a special scale - The Blues scale is built using the **flattened 3rd**, **5th and 7th notes**.



	NOTE NAMES IN THE TREBLE CLEF									
					_					
			_	$-\Theta$						
		0	-0				0			
\rightarrow	$-\mathbf{O}$									
	E	G	В	D	F	F	A	C	E	

The Blues in C, this would be as follows:														
c /	/	,	С	,	/	/	С	,	,	/	С	,	/	/
C+E+G			C+E	+ G			C+E	+ G			C+E+	- G		
F /	1	/	F	/	/	1	С	/	/	/	С	/	/	,
F+A+C			F+A	+ C			C+E	+ G			C+E+	- G		
	/	/	F		/	1				/	С		/	,
G + B + D			F+A	+ C			C+E	+ G			C+E+	- G		



YFAR 7

KNOWLEDGE ORGANISER – SAMBA MUSIC

WHAT IS SAMBA MUSIC?

Samba is a musical genre and dance style with its roots in Africa via the West African slave trade and African religious traditions. Samba is an expression of Brazilian cultural expression and is a symbol of carnival. Samba schools formed and compete bringing people together.

Samba has become popular as a Latin-American ballroom dance on TV shows such as Strictly Come Dancing and Dancing with the Stars. Samba has also been mixed/fused with Drum 'n' Bass in a musical fusion creating "Sambass" and artists and aroups of popular music have used sounds and rhythms of Samba in their music e.g. Gloria Estefan and Jamiroquai.

HISTORY OF SAMBA

Both abroad and in Brazil, samba has become a symbol of the Brazilian nation and its people. Samba, as we know it today, is an urban music style that arose in the early 1900s in the slums (favelas) of Rio de Janeiro. A samba band normally consists of Tamborims, **Snare drums** (Caixa), Agogo bells, surdos, Ganzás / Chocalho (shakers). The Apito is often used by the leader to signal breaks and calls.

KEYWORDS

Polyrhythm – Multiple rhythms played at the same time.

Sambista – The name of a performer who plays samba music.

Call and Response – When a musical phrase is directly answered by another phrase.

Ostinato – A repeated musical pattern

Improvisation – When music is made up on the spot

Syncopation – Notes played against the beat

Cross Rhythms – Effect when two conflicting rhythms are heard together

Call & Response – When a musical phrase is directly answered

Oral Tradition – Music that is not written down but instead passed down by word of mouth

TRADITIONAL SAMBA INSTRUMENTS

The instruments of Samba have been influenced by Portuguese colonies who imported slaves from Africa, while the rhythms of Samba are of African origin. Instruments include:



SURDO



AGOGO BELLS







REPINIQUE



TAMBORIM





APITO

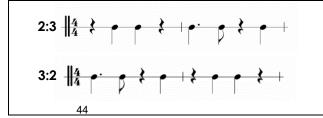




TEXTURE

Texture varies in Samba music, often MONOPHONIC where a single rhythm is heard as in **CALL AND RESPONSE** sections. sometimes **POLYPHONIC** where sections of the Samba band play different rhythms (OSTINATOS) creating CROSS-RHYTHMS (when two rhythmic patterns that "conflict" with each other occur simultaneously) creating a thick texture of interweaving and interlocking rhythms.

SON CLAVE RHYTHMS



NOTATION

Quaver (1/2 beat)

Crotchet (1 beat)

Minim (2 beats)

Semibreve (4 beats)

Crotchet rest (1 beat)

Quaver rest (1/2 beat)



Year 7 Cycle 2 – Immediate, Short- and Long-Term Effects of Exercise

Week 1 and 2	Week 3 and 4	Week 5 and 6	Week 7 and 8	Week 9 and 10	Week 11 and 12
Immediate Effects	Short Term Effects	Long Term Effects	Physical health & well-being	Mental (emotional) health & well-being	Social health & well-being
The immediate effects of	The short-term effects of	Change 1 – Improved body	To have good physical	The World health	Social health & well-being is when:
exercise begin as soon as you	exercise can occur any time	shape. This can be in lower body	health & well-being means:	organisation (WHO)	
start to exercise.	between 24-36 hours after	weight or improved muscle tone.		defines mental health	 Basic human needs are met (food,
	you finish exercising.		•All your body systems are	& well-being as:	shelter & clothing)
Immediate effect 1 – Heart		Change 2 – Improved	working well	a state of well-being	
rate increases.	- Muscle cramps	components of fitness. Increase	 You are free from illness 	where individuals:	•Individuals have friendships, support
Your heart begins to work	- Fatigue	your strength, muscular	& injury		& some value in society
harder as it needs to deliver	 Light headed 	endurance, flexibility and	 You are able to carry out 	1.Realise their own	
oxygen to the working	- Nauseous	cardiovascular fitness.	every-day tasks	potential	•Is socially active & has little stress in
muscles.	 Muscle aches 				social circumstances.
		Change 3 – Your cardiovascular		2.Cope with the	
Immediate effect 2 –		endurance will improve. This	Ser Service	stresses of life	
Temperature increases.		means you will be able to			
As you begin to exercise you		exercise for longer.		3.Can work	
will begin to feel hotter.				productively &	
		Change 4 – Your muscles will		fruitfully	
Immediate effect 3 – Your	DOMS: if your exercise	increase in size and produce			
breathing rate increases	with high intensity. DOMS	greater strength. When muscles	Regular exercise can make	The benefits of	Regular exercise or joining a team or
deepens. This is because you	stands for Delayed onset	are trained small tears are	improvements to your	exercise to mental	club is a great way to achieve the
need to get more oxygen to	Muscle Soreness.	created. As these tears heal,	physical health & wellbeing	health & well-being	social benefits as:
the working muscles.	ividscle sorelless.	they become thicker. This	in the following ways:	are:	Social beliefies as.
		process is called hypertrophy.		1.Reduce	•Meeting new friends or existing
Immediate effect 4 –			1.Improves heart function	stress/tension –help	friends
Sweating and red skin. These	Some of the negative short-	Change 5 – Your heart will	-reduces chances of a	prevent illnesses such	menas
2 things happen because it's	term effects – such as	increase in size. This is called	heart attack.	as depression.	•Improves cooperation skills
how the body deals with	feeling fatigued, light	cardiac hypertrophy. This will			Improves cooperation skins
temperature control.	headed and nauseous – are	enable the heart to deliver more	2.Reduces the risk of some	2.Increase in	•Increases social activities therefore
	quite common until you	oxygen to the working muscles.	illness –reduces chances of	serotonin –when	reducing engaging in anti-social
	establish a regular		heart disease & strokes.	release makes you	behaviour.
	exercising routine. Once	Change 6 – Your resting heart		feel good.	20.00.001.
And the second	you have this routine they	rate will be lower. Bradycardia is	3. Avoidance of obesity –		
	are likely to disappear.	the name given to a low resting	reduces the chances of	3.Greater ability to	
	are intery to disuppedi.	heart rate. A resting heart rate	diabetes linked by being	control emotions –	
		below 60 BPM is bradycardic	obese.	increase confidence &	
				self-esteem.	

Cycle 2 Knowledge Organiser RPE

WK A Tuesday 17 th Dec	Week A Tuesday 14 th Jan	Week A Tuesday 28 th Jan	Week A Tuesday 11 th Feb	
Lesson 1 – Does God Exist?	Lesson 2 – How Do We Prove Something?	Lesson 3 – Creation Myths	Lesson 4 – What Is The Design Argument?	
Key Terms:	Key Terms:	Key Terms:	Key Terms:	
Theist: A person who believes in	Proof: Evidence or argument	Creation: The action or process of	Design: A plan or drawing produced	
God	establishing a fact or the truth of a	bringing something into existence.	to show the look and function	
	statement.		or workings of a building or other	
Atheist: A person who disbelieves		Creationism: The belief that God	object before it is made.	
or lacks belief in the existence of		created the world.		
God or gods.	Can you'	man and the second	Teleological: The explanation of something in terms of the	
Agnostic: A person who is not sure	Occupation of the second	DAY 2 DAY 3 SHOW	purpose it serves rather than of the	
if God exists or not.	Prove it	DAT 1	cause by which it arises.	
II dou exists of flot.		DAY 5 DAY 6	cause by which it arises.	
Content:	Content:	Content:	Content:	
There are different reasons that	There are different ways of trying to	Many Jews and Christians believe in	The Design Argument claims that	
people give for either believing in	prove something. Many people say	the concept of creationism: that	the Universe is too ordered and	
God or not. For example, a theist	that they need proof to believe in	God created the world according to	complicated to have come about by	
may believe in God because they	someone's existence – for example,	the story in Genesis.	random chance; therefore, it must	
believe in the idea of the world	to see that person or speak to them.	For many Jews and Christians, the	have been designed. For example,	
being created by a powerful being.	The three main arguments that	Creation story is one example of	trees take in carbon dioxide and	
Yet, an atheist who does not believe	attempt to prove God's existence	proof of how God exists.	give out oxygen.	
in God may say that some creations	are the Cosmological argument, the		William Paley used the Design	
are dangerous – for example,	Teleological argument and the		Argument to explain the existence	
lightning.	Ontological argument.		of God. Things that are designed	
		Questions:	need a Designer – ie. God!	
Questions:	`		Questions:	
1. What is a theist, atheist and	1. How do we prove	1. What is Creationism?	1. What is the Design	
agnostic?	something?	2. How might a Jew or	Argument?	
2. What reasons might	2. What different types of	Christian use the Genesis	2. How does William Paley use	
someone give for believing	evidence have philosophers	story of Creation as proof	the Design Argument to	
in God or not believing in	used to try to prove God	that God exists?	prove the existence of God?	
Him?	exists?			

Cycle 2 Knowledge Organiser RPE

Week A Tuesday 4 th March	Week A Tuesday 18 th March	Week A Tuesday 1st April	Challenge/Extra	
Lesson 5 – Big Bang Theory & Evolution	Lesson 6 – The Cosmological Argument	Lesson 7 – The Moral Argument	Lesson 8 – The Problem of Evil	
Key Terms:	Key Terms:	Key Terms:	Key Terms:	
Big Bang Theory: How the universe	Cause: A person or thing that acts or	Moral: Standards of behaviour;	Evil: Morally bad and cruel.	
expanded from an initial state of	exists in such a way that some	principles of right and wrong.		
high density and temperature.	specific thing happens as a result.		Suffering: Undergoing pain, distress	
		Lawgiver: A person who draws up,	or hardship.	
Evolution: The process by which	Effect: An event, condition, or state	introduces, or enacts a code of laws		
different kinds of	of affairs that is produced by a	for a nation or people.	. 🔺	
living organism are believed to have	cause.		es es	
developed from earlier forms during		CAN YOU BE	18 16 S	
the history of the earth.	Cosmological: Relating to the origin	WITHOUT	Free Will for Humans	
	and development of the universe.	CUD 2	8	
		uou : 😜		
			Evil exists	
Content:	Content:	Content:	Content:	
The Big Bang Theory was proposed	Everything has a cause and a	Immanuel Kant formed the Moral	The Greek philosopher, Epicurus	
in the 1920's by Alexander	consequence. If this is the case,	Argument. He argued that humans	claimed that the existence of evil	
Friedman.	there must have been something	have a sense of what is right and	proves that there is no God. He	
There is still evidence today to	that caused everything to happen.	wrong. Kant's argument was that	claimed that if God cannot stop evil,	
support the Big Bang Theory as the	Thomas Aquinas used this idea to	there must be someone who made	then He is not all powerful. He then	
Universe is still expanding and we	suggest that this First Cause is God	these moral laws: a lawgiver. This	argued that if God can prevent evil,	
can monitor for cosmic radiation.	which proves that God exists.	lawgiver is God. Therefore, God	but does not, then God is not good.	
Charles Darwin proposed that	A major problem with this theory is	exists.	If God is all powerful and good, then	
species changed in order to survive	that we have no answer to the		evil would not exist. Evil does exist,	
(Evolution).	question, 'Who caused God?'	0	therefore God must not exist!	
Questions:	Questions:	Questions:	Questions:	
1. What is the Big Bang	1. Does everything have a	1. What is the Moral	1. What is the problem of evil?	
theory? 2. What evidence is there to	cause? 2. Does there have to be a	Argument?	2. What is the inconsistent triad?	
	2. Does there have to be a First Cause?	2. Where do we get our sense		
support the Big Bang		of right and wrong from? 3. Are there any problems	3. How is the problem of evil a criticism of the Moral	
Theory? 3. What is Evolution?	3. Could this First Cause be God?	, ·		
5. WHAL IS EVOIULIOH!	Gour	with the Moral Argument?	Argument?	

Year 7 Science: Forces

Lesson 1 Contact and non-contact forces

A force is a push or a pull that acts on an object. We cannot see forces, but we can see their effects.

Contact forces act between objects that are touching and **non-contact** forces act between objects that are not touching.

Contact forces include

- tension,
- friction,
- air resistance,
- upthrust,
- thrust
- and normal reaction force.

Non-contact forces include

- magnetic forces,
- electrostatic forces
- and gravitational forces.

Forces have a size (magnitude) and a direction.

The unit of force is the newton (N)

A device for measuring forces is called a force meter or newton meter.

Lesson 2 Mass and weight

Mass is the amount of matter and is measured in kilograms (kg) and is the same everywhere in the Universe.

There are 1000 grams in 1 kilogram. To covert grams to kilograms, divide by 1000.

Mass is measured using a top-pan balance



Weight is the force due to gravity. It is measured in Newtons (N) and changes throughout the Universe.

 $weight = mass \times gravitational field strength$

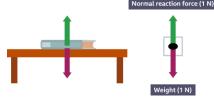
The gravitational field strength on Earth is approximately 10 N/kg.

Weight can be measured with a newton meter.



Lesson 3 Balanced and unbalanced forces

Multiple forces can act on an object. The forces acting on an object can be shown with a free body diagram.



The **resultant force** is the overall force acting on an object.

When forces act in the same direction, the resultant force is equal to the forces added together.

When forces act in opposite directions, the resultant force is equal to the difference between the forces.

When the forces are balanced (equal to each other) the resultant force is 0 N. The object will not change speed or direction.

If the resultant force is not zero, the forces are unbalanced and the object could speed up, slow down or change direction.

Year 7 Science: Forces

Lessons 4 and 5							
Moments and the principle of moments							

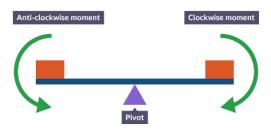
A **moment** is the turning effect of a force around a pivot. The pivot is the point around which an object can turn.

Moment of a force

= force \times perpendicular distance from the pivot

The units for moment are newton metres (Nm).

The **principle of moments** states that for an object to be **balanced** the total clockwise moment must be equal to the total anti-clockwise moment.



Levers act as force multipliers.

A spanner with a long handle increases the distance from the pivot and so a smaller force is needed to undo a nut from a bolt.

The handle of a door is far from the hinges so that a smaller force is needed to open or close the door.

Lesson 6 Pressure on a solid surface

Pressure is a measure of how concentrated a force is. It depends on the size of the force and the surface area it is spread over.

 $pressure = force \div area$

The units for pressure are pascals (Pa).

One pascal is equal to one newton per square metre (1 N/m^2).

Pressure can also be measured in N/cm².

It is easier to cut things with a sharp knife than with a blunt knife because the sharp knife has a smaller surface area and will exert a larger pressure on the object being cut.

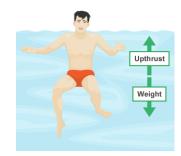
A snowboard has a large surface area which spreads the snowboarder's weight out and reduces the pressure exerted on the snow. This will stop them sinking into soft snow.

Lesson 7 Pressure in liquids

Pressure in a liquid increases with depth due to the increased mass of liquid above that point. The pressure will also depend on the density of the liquid.

A partially (or totally) submerged object experiences a greater pressure on the bottom surface than on the top surface. This creates a resultant force upwards. This force is called the upthrust.

An object floats when its weight is equal to the upthrust.



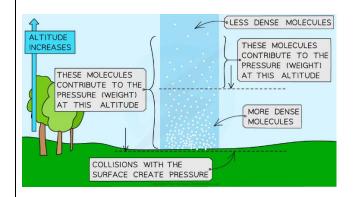
Year 7 Science: Forces

Lesson 8 Atmospheric pressure

The atmosphere is a thin layer of air round the Earth. The atmosphere gets less dense with increasing altitude (height above sea level).

Atmospheric pressure decreases as the height of a surface above ground level increases. This is because, as the altitude increases:

- the number of air molecules decreases
- the weight of the air decreases
- there is less air above a surface



Lesson 9 Forces and stretching

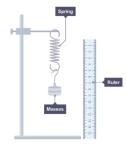
When a force is applied to an object it can change its size or shape. We call this **deformation**.

Deformation can either **stretch** (increase the length of) or **compress** (decrease the length of) objects.

Elastic materials will return to their original shape when the force is removed.

Inelastic materials will change shape permanently. This is called **plastic deformation**.

When you apply a force to a material it can extend. The **extension** is the amount the length has increased by.



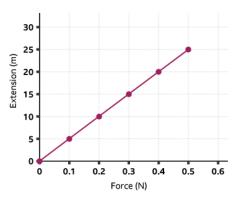
The **independent variable** is the weight applied to the spring.

The **dependent variable** is the extension.

Control variables include using the same spring for all the measurements.

Lesson 10 Force-extension graphs

A graph of force against extension can be used to show if an object has undergone elastic or inelastic deformation.



Most elastic objects follow **Hooke's Law** which states that the extension is **directly proportional** to the force applied. This means a graph of force against extension is a straight line through the origin.

Some materials will reach their **elastic limit** which is the point at which so much force is applied that the material will not return to its original shape and is **permanently deformed**.

Answer these questions in full sentences in your homework book:

Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5
 Name 3 contact forces Name 3 non-contact forces What is the unit of Force? Which device would be used to measure the size of a force? What other property do forces have as well as size? 	 Define mass What is the unit of mass? Which device would be used to measure mass? Define weight What is the difference between mass and weight? 	 Draw a free body diagram showing a book resting on a shelf What is a resultant force? What is the size of the resultant force on an object when the forces are balanced? What are the 3 possible outcomes of unbalanced forces acting on an object? 	 What is a pivot? What is a moment? What is the equation for calculating the size of a moment? What are the units of a moment? How is a clockwise moment different to an anti-clockwise moment? 	 What is the principle of moments? Why is it easier to undo a nut from a bolt with a longer spanner? Why are door handles on the edge furthest from the hinges?
Lesson 6	Lesson 7	Lesson 8	Lesson 9	Lesson 10
 Which two quantities does pressure depends on? What is the equation for pressure? Give 3 units for pressure Calculate the pressure exerted by a force of 5N spread over an area of 0.1m² Explain why it is easier to cut things with a sharp knife than a blunt one 	the deeper you go? 2. What is upthrust? 3. What causes upthrust? 4. What will happen to an object when the upthrust on it is equal in size to its weight?	 What is the atmosphere? As you go higher in the atmosphere, how does the density change? Give 3 reasons why the atmospheric pressure decreases as altitude increases 	 Define deformation What is the difference between stretching and compressing? What is the difference between elastic and inelastic materials? Describe an experiment to see how the extension of a spring changes as more weight is applied to it 	 What is Hooke's law? Sketch a graph of force against extension for a spring being stretched What is the elastic limit of a material?

Lesson 1 Atoms & Elements	Lesson 2 Compounds & Making Compounds	Lesson 3 Formula
An atom is the smallest particle of an element.	A compound is a pure substance that is made from more than one element.	sodium + chlorine → sodium chlor <i>ide</i>
An element is a pure substance made from just one type of atom.	In a compound, elements are chemically bonded together, which makes it very difficult to separate them.	copper + sulfur → copper sulf ide RULE: If two elements combine the product will end in
<u>Atoms</u>	Compounds are not found on the periodic table. For example, water isn't on the periodic table because it is a	'ide' copper + sulfur + oxygen → copper sulfate
	compound, not an element. Elements in a compound have different properties to the pure elements on their own.	RULE: If there are more than two elements and one is oxygen, the product will end in 'ate'
<u>Elements</u>	Carbon Dioxide CO ₂	When a compound is made, the atoms of the elements bond together in a fixed ratio. This means that each compound can be represented by a chemical formula.
		For example, the formula of water is H_2O and the formula of carbon dioxide is CO_2 .
Element symbols	Carbon Monoxide CO	CO ₂ 1 atom of carbon bonds to 2 atoms of oxygen
Oxygen = O Sodium = Na Chlorine = Cl		CO 1 atom of carbon bonds to 1 atom of oxygen
Carbon = C Sulfur = S Hydrogen = H	Water H ₂ O	NaCl 1 atom of sodium bonds to 1 atoms of chlorine
Iron = Fe		CaCO ₃ 1 atom of calcium bonds to 1 atoms of carbon and 3 atoms of oxygen

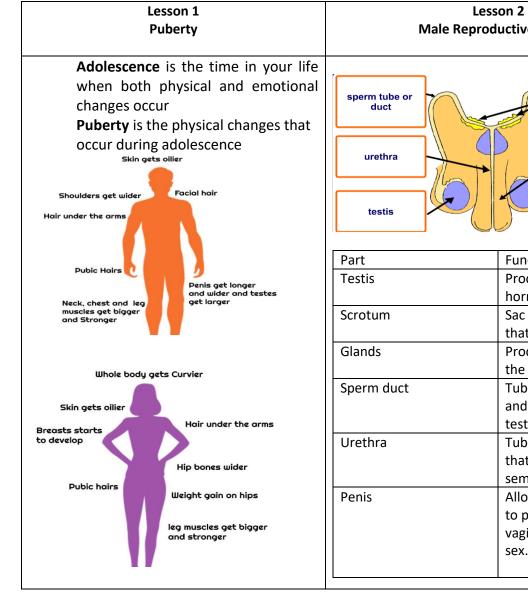
Lessons 4	Lesson 5	Lesson 6	
Periodic Table & Development	Group 1	Group 7	
There are 118 chemical elements. They are listed on the periodic table in a specific order.	Group 1 are very reactive metals.	Group 7 are reactive non-metals.	
1 2 3 4 5 6 7 0	They are called the Alkali metals. lithium - Li sodium - Na potassium - K rubidium - Rb caesium - Cs francium - Fr Physical properties are the features of a substance	They are called the Halogens . fluorine - F chlorine - Cl bromine - Br iodine - I astatine — At Going down the group melting and boiling point of the	
Fr Ra Ac Rf Db Sg Bh Hs Mt Ds Rg Cn Nh Fl Mc Lv Ts Og 7 Metals Non-metals	which can be observed without changing the substance itself. Examples:	Halogens increases. Displacement reaction - The more reactive element will	
Elements in vertical columns are known as groups .	Melting pointBoiling pointElectrical conductivity	displace a less reactive element from its compounds. fluorine + potassium chloride → potassium fluoride + chlorine	
Horizontal rows are called periods . Our modern Periodic Table was developed by a Russian scientist called Dimitri Mendeleev	Going down the group melting and boiling point of the Alkali Metals decreases.	chlorine is displaced because it is less reactive than fluorine	
Scientist caned Diffitti Wendeleev	Chemical properties are the features of the way a substance reacts with other substances. Elements in the same group have similar chemical properties.	Going down the group the Halogens become less reactive.	
	Going down the group the Alkali Metals become more reactive .		

Lesson 7	Lesson 8	Lesson 9			
Group 0	Metals & Non-Metals	Properties of Metals			
Group 0 are unreactive gases.	The majority of elements are metals and they are found o	l on the left and in the middle of the periodic table.			
They are called the Noble gases .	Most metals share a lot of properties: • They have high melting and boiling points meaning they are solid at room temperature				
helium – He	They are good conductors of heat and electricity				
neon – Ne	They are shiny in their appearance				
argon – Ar	 They are malleable Other common properties of metals are: 				
krypton – Kr	They are hard and strong				
xenon – Xe	Have a high density				
radon – Rn	They are sonorous				
Going down the group melting and boiling point of the Noble gases increases.	Conductor: A material which allows heat or electricity to move easily through it.				
	Malleable: Capable of being hammered or pressed into a	new shape without breaking			
Noble gases are unreactive because they have a full outer shell of electrons.	Sonorous: Able to make a ringing sound when hit.				
helium is used in balloons as it is less dense than air.	Non-metals have properties in common with each other.				
Thematin is used in balloons as it is less defise than all.	Poor conductors of heat and electricity				
neon is used in advertising lights.	Dull in their appearance				
Heori is used in advertising lights.	Weak and brittle				
argon and krypton are used in double glazed windows.	Some other common properties of non-metals are:				
algori and krypton are used in double glazed windows.	Generally low merting and bolling points, meaning they are gases and liquids at room temperature				
	Not sonorous				
	Brittle: Something which is brittle is easily broken or shatt	tered.			
	An element doesn't have to have every property of metals properties, you can be confident that it is a metal.	s for you to classify it as a metal! As long as it has most metal			

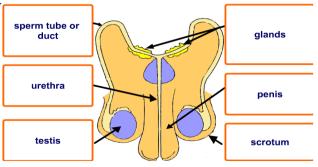
Answer these questions in full sentences in your homework book:

Lesson 1	Lesson 2	Lesson 3	Lesson 4
 What is an atom? Draw a particle diagram for an atom. What is an element? Draw a particle diagram showing an element. What is the symbol for chlorine? 	1. What is a compound?	 Copper + sulfur → Sodium + chlorine + oxygen → How many oxygen atoms are in CaCO₃? What elements make up lithium sulfate? What is the formula for calcium chloride, (1 atom of calcium bonds to 2 atoms of chlorine)? 	 How many elements on the periodic table? What are groups? Who developed the modern periodic table? Where would I find metals on the periodic table?
 Lesson 5 What is the name of the group 1 metals? List the group 1 metals. What is a physical property? What is a chemical property? State the trend in reactivity of the group 1 metals. 	 Lesson 6 What is the name of group 7? List the elements in group 7. What is a displacement reaction? What is the trend in boiling point of group 7? State the trend in reactivity of group 7. 	 Lesson 7 What is the name of group 0? List the elements in group 0. What is the trend in boiling point of group 0? Why are elements in group 0 unreactive? Which gases are used in double glazing? 	 Lesson 8/9 State a property of metals State a property of nonmetals What does malleable mean? What does conductor mean? What does brittle mean?

Year 7 Science Reproduction

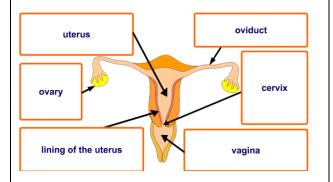


Male Reproductive System



Part	Function
Testis	Produce sperm and male
	hormone testosterone
Scrotum	Sac of skin outside body
	that contains the testes
Glands	Produce fluids to nourish
	the sperm
Sperm duct	Tube that carries sperm
	and fluids (semen) form
	testes to urethra
Urethra	Tube inside the penis
	that can carry urine or
	semen.
Penis	Allows a man to pee or
	to place semen into
	vagina of women during
	sex.

Lesson 2 **Female Reproductive System**



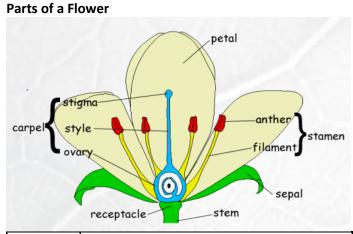
Part	Function
Ovaries	Produce eggs (ova)and
	female hormones
	oestrogen and
	progesterone
Oviduct	Tubes that connect
	ovary to uterus. Where
	sperm fertilises the
	egg. Contain cilia which
	waft to move the egg
	along.
Uterus	Muscular bag, where
	baby develops. Lining
	thickens every month.
Cervix	Ring of muscle at
	entrance of uterus
Vagina	Where sperm are
	placed during sex.

Lesson 3 Lesson 5 Lesson 4 **Fertilization & Implantation Fetal Development The Menstrual Cycle Ovulation:** Once a month one of the ovaries releases a Embryo – One week after fertilisation the ball of cells is called an embryo. mature egg (ovum) into the oviduct. The Menstrual Cycle starts at puberty in girls. Each cycle lasts about 28 days. Fertilisation: When a sperm and egg join together and **Placenta** - Attached to the uterus wall, takes the genes from the mother and father combine to oxygen and nutrients from the mother's blood for The uterus lining thickens so that it is able to receive a form a new life. It occurs in the Oviduct. The sperm has the foetus and puts waste material in to the fertilized egg. to dissolve the membrane of the egg. The nucleus of mother blood from foetus the sperm then fuses with the nucleus of the egg. If an egg is fertilized, it can implant itself in the **Umbilical Cord**- Connects developing baby to its prepared uterus lining. **Implantation**: The fertilised egg sinks into the soft placenta. Carries food, oxygen, and waste between lining of the uterus. It develops a placenta and the placenta and growing foetus If it is not fertilized, the lining of the uterus breaks develops into a fetus. down and is lost from the body. Amniotic Fluid - Liquid surrounding the embryo protecting it inside a sac called the **Amnion**. Egg This is called **menstruation** or a period. A jelly coat makes sure that only one sperm cell can enter. Foetus - After 10 weeks an embryo has grown all of its organs so it is called a foetus The cytoplasm contains a store of food to provide energy for the fertilised Other substances can also pass through the egg cell placenta. nucleus Days of the Average Sperm Menstrual Cycle **Drugs** can affect the fetus - slowing the growth of The top of the head contains substances that attack the outside of the egg cell. the fetus, reducing the amount of oxygen and his allows the sperm cell to burrow inside. causing bleeding - which can be life threatening. The tail allows **Drinking alcohol or smoking** while pregnant are it to swim. streamlined also dangerous and can increase the risk of cell surface Egg released stillbirth, premature birth and long-term health membrane long spiral-shaped mitochondrion can release lots of energy for the tail

conditions.

Lesson 6 Flower structure and Pollination

Lesson 7 Fertilisation and Germination



Petal	Coloured, flag-like structures which attract insects
Stamen	The male sex organ – made of the filament and the anther
Anther	Part of the male sex organ – makes pollen
Filament	A thin stalk that supports the anther
Carpel	The female sex organs – made of the stigma, the style and the ovary
Stigma	Collects pollen
Style	Connects the stigma to the ovary
Ovary	Found inside the ovary; contains the egg cell

Pollination is the act of transferring pollen grains from the male anther of a flower to the female stigma. There are two types of pollination:

Self-pollination: The pollen grain lands on the same flower it originated from

Cross-pollination: The pollen grain lands on a different flower to the one it originated from

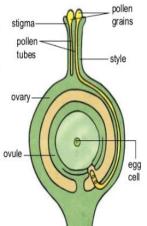
Bees, butterflies, beetles, moths and flies are all pollinators. Without them, food security would be threatened and there would be a worldwide shortage of fruit; especially apples, plums and pears.

Many plant species could also decline or become extinct along with the organisms that directly or indirectly depend on them. Bees are facing many threats globally. These include habitat loss, climate change, toxic pesticides and disease.

Fertilisation is the joining of gametes.

Pollen is the male sex cell in a plant.

- When a pollen grain lands on the surface of a stigma, it produces a tube.
- The inside of the tip of the tube contains the male cells of the flower.
- These tubes grow down the style to reach the ovules in the ovary.
- Inside each ovule is an egg cell.



The nucleus from the male sex cell (pollen) then moves down the tube to join with a female sex cell (an ovule) in the ovary.

Fertilisation is when the two nuclei join

Lesson 8 Seeds and Fruit

Lesson 9
Seed Dispersal

Most fruits have seeds, which make them capable of developing into new plants. The ovary develops into a fruit. Each fertilised ovule forms a seed.

A seed has three main parts:

An embryo: the young root and shoot that will

become the adult plant

Food store : starch for the young plant to use until

it is able to carry out photosynthesis

Seed coat: a tough protective outer covering

Food store
Seed coat

A cross-section of a seed

Seeds will often lie dormant until the conditions around it are just right for germination. Factors such as temperature, concentration of oxygen in the air and water will affect germination

Seed dispersal is the transport of seeds from the plant to another area in order to grow. These are the main ways in which seeds can be dispersed: Animals, Explosion, Wind and Water

Seeds must be dispersed or spread away from each other and from their parent plant. This is to reduce competition between one another and increase their chances of survival

Dispersal method	Description	Example
Animal	Some plants use hooks on their fruits. These attach themselves to the fur of mammals or feathers of birds and get carried from one place to another.	Cocklebur, goose grass, burdock
Animal	Fleshy fruits are eaten by animals. The seeds are then dispersed after passing through the digestive system of animals that have eaten the fleshy fruits.	Tomato, raspberry, grape
Animal	Animals such as squirrels may store nuts to eat later and forget to go back to get them, giving them a chance to germinate.	
Explosion/self- propelled	Have a pod that bursts open when ripe, throwing the seeds away	Pea pod
Wind	Some plants have seeds that act as parachutes, which are carried away by the wind	Dandelions
Wind (spinning)	Some seeds are winged. They spin like helicopters as they fall from the tree, providing a longer time for dispersal by wind.	
Water	Some plants grow near rivers, lakes, streams or oceans. Their fruits or seeds fall from the plant and are carried away by the water.	Coconut, silver birch, willow

Answer these questions in full sentences in your homework book:

	1	T .	T .	
Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5
1. What is adolescence? 2. Puberty is the changes that occur during adolescence. 3. List 2 changes during puberty, that happen in boys only 4. List 2 changes during puberty, that happen in girls only 5. List 2 changes during puberty, that happen in both boys and girls.	Lesson 2 Fill the gaps. The male reproductive system has two1These are contained in a bag of skin called the2The testes have two functions: to produce millions of3and to make male sex hormones. During ejaculation the sperm pass through the sperm4and mix with fluids produced by the5	1. How often is an ovum released? 2. Which 2 cells join together during fertilisation? 3. Where does the fertilised egg implant? 4. Why does an egg contain lots of cytoplasm? 5. Why does a sperm cell have many	1. How old is an embryo? 2. What does the placenta take to the baby? 3. What connects the baby to the placenta? 4. What fluid protects the baby inside the uterus? 5. When does an embryo become a	 Lesson 5 How long does a menstrual cycle last? In an average cycle How many days does the period last? How many days does it take for the uterus lining to thicken? Which days could ovulation happen? How many days after ovulation, does it take
		mitochondria?	fetus?	before the next period starts?
Lesson 6	Lesson 7	Lesson 8	Lesson 9	3(4) (3)
		Lesson 8	Lesson 9	
 Why do flowers have petals? Which part of a flower makes pollen? What is the female part of the plant called? Where is the egg cell found? How is self-pollination different to cross-pollination? What is the male sex cell in a plant? Where does the pollen land? How does the pollen nucleus get to the egg cell? What is the male sex cell in a plant? Where does the pollen nucleus get to the egg cell? What is the male sex cell in a plant? What is the female sex cell in a plant? What is the female sex cell in a plant? What a plant? Where does the pollen nucleus get to the egg cell? What happens when the egg and pollen nuclei join? 		 Why do plants need seeds? Why do seeds need a coat? Where does a seed get its energy from? List 2 things a seed needs in order to germinate. 	Name a plant which spreads i 1. Wind 2. Pods exploding 3. Animals storing their 4. Carried on fur or feat 5. Water	nuts

Week 1: 12/12/22, Week 2: 09/01/22

- 1. Use the sentence builder to write 3-5 sentences in Spanish
 - 2. Translate your sentences into English
- 3. Now close your knowledge organiser and try to translate your 3 sentences back into Spanish without looking4. Correct in purple pen

Year 7 Learning Cycle 2 Sentence Builder 1:

¿Quién es tu profesor favorito? – Who is your favourite teacher?

Noun	Noun	Verb	Adjective	Connective	Indirect Object Pronoun	Verb
Mi profesor de Mi profesora de = my teacher of	inglés = English matemáticas = maths ciencias = science geografía = geography historia = history religión = BVC español = Spanish francés = French deporte = PE dibujo = art música = music teatro = drama tecnología = technology informática = IT	es = is	sincer@ = sincere tímid@ = shy tranquil@ = calm divertid@ = fun gracios@ = funny seri@ = serious simpátic@ = kind tont@ = silly list@ = smart loc@ = crazy rar@ = weird interesante = interesting aburrid@ = boring simpático = kind antipático = unkind	y = and pero = but	me = (to) me te = (to) you le = (to) him/her nos = (to) us os (to) you les = (to) them	ayuda = helps apoya = supports grita = shouts da miedo = scares

Extensions:

- 1. Investigate Christmas traditions in Spain or a Spanish speaking country and compare to your own traditions
 - 2. Make a Spanish Christmas card for your favourite teacher
 - 3. Use the internet to find out 5 interesting facts about a Spanish speaking country of your choice

Week 3: 16/01/23, Week 4: 23/01/23

- 1. Use the sentence builder to write 3-5 sentences in Spanish
 - 2. Translate your sentences into English
- 3. Now close your knowledge organiser and try to translate your 3 sentences back into Spanish without looking4. Correct in purple pen

¿Qué opinas de tus clases? – What is your opinion on your lessons?

Verb	Noun	Connective	Verb	Modifier	Adjective
Me encanta = is loveable to me Me gusta =is likeable to me	el inglés = English la geografía = geography la historia = history la religión = BVC el español = Spanish el francés = French el deporte = PE el dibujo = art la música = music el teatro = drama la tecnología = technology la informática = IT		es = it is	demasiado = too tan = so muy = very bastante = quite un poco = a bit	divertid@ = fun interesante = interesting fascinante = fascinating guay = cool práctic@ = practical creativ@ = creative aburrid@ = boring tedios@ = tedious repetitiv@ = repetitive difícil = difficult fácil = easy
Me encantan = are loveable to me Me gustan =are likeable to me	las matemáticas = maths las ciencias = sciences	porque =because	son = they are		divertid@s = fun interesantes = interesting fascinantes = fascinating guay = cool práctic@s = practical creativ@s = creative aburrid@s= boring tedios@s = tedious repetitiv@s = repetitive difíciles = difficult fáciles = easy

Extension: Investigate a Spanish festival of your choice and create a poster all about it

Week 5: 30/01/23

- 1. Use the sentence builder to write 3-5 sentences in Spanish
 - 2. Translate your sentences into English
- 3. Now close your knowledge organiser and try to translate your 3 sentences back into Spanish without looking4. Correct in purple pen

¿Qué haces en tus clases? – What do you do in your lessons?

	Noun	Auxiliary Verb	Infinitive phrase	Time marker
En mi clase de = In my class of	inglés = English matemáticas = maths ciencias = science geografía = geography historia = history religión = BVC español = Spanish francés = French deporte = PE dibujo = art	Auxiliary Verb Me encanta = is loveable to me Me gusta =is likeable to me puedo = I can/am able to debo = I must quiero = I want	escribir = to write escuchar al profesor = to listen to the teacher tocar un instrumento = to play an instrument hacer experimentos = to do experiments estar en una obra = to be in a play jugar a los deportes = to play at sports crear algo = to create something hablar = to talk	siempre = always a menudo = often a veces = sometimes mucho = lots poco= little
Class of	CICCOT	hablar = to talk usar los ordenadores = to use the computers ser activ@ = to be active trabajar en equipo = to work in team trabajar en silencio = to work in silence	росо= шпе	

Extension: Draw and colour in the flags of 5 Spanish speaking countries

Week 6: 06/02/23, Week 7:20/02/23

- 1. Use the sentence builder to write 3-5 sentences in Spanish
 - 2. Translate your sentences into English
- 3. Now close your knowledge organiser and try to translate your 3 sentences back into Spanish without looking4. Correct in purple pen

¿Qué vas a estudiar en el futuro? – What are you going to study in the future?

Time Phrase	Auiliary Verb	Infintive	Noun	Connective	Verb	Adjective
en el futuro = in the future	voy a = I am going to	estudiar = to study hacer = to do	inglés = English matemáticas = maths ciencias = science geografía = geography historia = history religión = BVC español = Spanish francés = French deporte = PE dibujo = art música = music teatro = drama tecnología = technology informática = IT biología = biology química = chemistry física = physics cocina = cooking negocios = business studies	porque	(no) es	divertid@ = fun interesante = interesting aburrid@ = boring tedios@ = tedious repetitiv@ = repetitive exigente = demanding difícil = difficult fácil = easy útil = useful importante = important

Extensions:

- 1. Investigate the Carnival festivities in Spain- create a poster showing traditional celebrations
 - 2. Research a recipe for Spanish tortilla- try to make one and bring in a photo!
- 3. Use the internet to find out 5 interesting facts about a Spanish speaking country of your choice

Week 8: 27/02/23, Week 9: 06/03/23

- 1. Use the sentence builder to write 3-5 sentences in Spanish
 - 2. Translate your sentences into English
- 3. Now close your knowledge organiser and try to translate your 3 sentences back into Spanish without looking4. Correct in purple pen

¿Qué haces durante el recreo? – What do you do during break?

Time	Verb	Noun	Detail	
Durante el recreo = During the break	charlo/ h			
		comida rápida = fast food		
	como = I eat	una comida sana = a healthy meal		
		una bolsa de almuerzo = a packed lunch		
	bebo = I drink	un refresco = a fizzy drink		
	juego = I play	al fútbol = to the football a los deportes = (to the) sports	con mis amigos = with my friends con mi novio =	
	hago = I do	mis deberes = my homework ejercicio = exercise		
	estoy = I am (located)	en un castigo = in a detention		
	voy = I go	a la biblioteca = to the library		
	voy = 1 go	al gimnasio = to the gym		
	voy a charlar/hab	with my boyfriend		
		comida rápida = fast food	con mi novia = with my girlfriend	
	voy a comer = I am going to eat	una comida sana = a healthy meal		
		una bolsa de almuerzo = a packed lunch		
	voy a beber = I am going to drink	un refresco = a fizzy drink		
	voy a jugar = I am going to play	al fútbol = to the football		
		a los deportes = (to the) sports		
	voy a hacer = I am going to do	mis deberes = my homework		
		ejercicio = exercise		
	voy a estar = I am going to be (located)	en un castigo = in a detention		
	voy a ir = I am going to go	a la biblioteca = to the library		
		al gimnasio = to the gym		