

Menu- Dairy Free - October 2025 - March 2026

		Week One 27/10, 17/11, 08/12, 09/01, 26/01, 23/02, 16/03	Week Two 03/11, 24/11, 12/01, 02/02, 02/03, 23/03	Week Three 10/11, 01/12, 19/01, 09/03, 30/03
Monday	Option 1	Vegetable Pasta Bake 	Mixed Bean Wrap 	Tomato Pasta 
	served with	Garlic Bread Mixed Vegetables	Pasta Peas & Sweetcorn	Garlic Dough Balls Mixed Vegetables
	Option 3	Jacket Potato with Beans 	Jacket Potato with Beans 	Jacket Potato with Beans 
	Dessert	Fresh Fruit Salad  Fruit Jelly or Fresh Fruit 	Fresh Fruit Salad  Fruit Jelly or Fresh Fruit 	Fresh Fruit Salad  Fruit Jelly or Fresh Fruit 
Tuesday	Option 1	Beef Tacos (Omit Cheese) 	Chicken Tacos (Omit Cheese) 	Mexican Beef Wrap 
	Option 2	Veggie Burrito 	Sweet Potato & Spinach Dhal 	Veggie Tacos 
	served with	Vegetable Rice Carrots & Green Beans	Savoury Rice Broccoli & Mixed Vegetables	Pasta Carrots & Peas
	Option 3	Jacket Potato with Beans 	Jacket Potato with Beans 	Jacket Potato with Beans 
Wednesday	Option 1	Roast Chicken, Stuffing & Gravy 	Roast Pork & Gravy 	Sausages & Gravy 
	Option 2	Chickpea & Vegetable Tart 	Veggie Meatloaf 	Quorn Sausage & Gravy 
	served with	Skin on Roast Potatoes Swede & Sweetcorn	Skin on Roast Potatoes Cabbage & Peas	Mashed Potato Sweetcorn & Baked Beans
	Option 3	Jacket Potato with Beans 	Jacket Potato with Beans 	Jacket Potato with Beans 
Thursday	Option 1	Pork Meatballs 	Beef Bolognese 	Curried Chicken Chunks 
	Option 2	Meatless Meatballs 	Veggie Bolognese 	
	served with	Pasta Broccoli & Carrots	Pasta Carrots & Sweetcorn	Rainbow Rice Cauliflower & Peas
	Option 3	Jacket Potato with Beans 	Jacket Potato with Beans 	Jacket Potato with Beans 
Friday	Option 1	Fish Fingers 	Fish Bites 	Fish Fingers 
	Option 2		Veggie Nuggets 	
	served with	Skin on Fries or Pasta Baked Beans & Sweetcorn	Skin on Fries or Pasta Baked Beans & Peas	Skin on Fries or Pasta Peas & Sweetcorn
	Option 3	Jacket Potato with Beans 	Jacket Potato with Beans 	Jacket Potato with Beans 
		Dessert	Cooks Choice	Cooks Choice
 Suitable for Vegetarians  Suitable for Vegans & Vegetarians  Contains Fish		All items are subject to availability All Items with * can be made Vegan Friendly www.wholeschoolmeals.co.uk		