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Bwrdd Iechyd Prifysgol
Aneurin Bevan
University Health Board

HELPING HANDS PSYCHOLOGY SERVICE
Child and Family Psychology and Therapies
Llwyn Onn, St Cadocs Hospital
Lodge Road, Caerleon
Newport, NP18 3XQ
Tel: 01633 436996

Helping Hands Psychology Service Emotional Support Phone Line

We are living in uncertain times at the moment and the corona virus will be having an impact upon all of us in different ways.

Are you feeling worried or stressed?

Would you like a space to talk through some of your worries and concerns with a psychologist from one of the Children's Centres?

Helping Hands Psychology Service promotes the wellbeing of children with additional needs and their families. We are a friendly, approachable team who will listen and offer emotional support.



We are offering parent/carers who are accessing the children centre services, and professionals working with them, an opportunity to talk via our Emotional Support Phone Line.



These are the times our phone line will be available

	Opening Times:	Psychologist:	Contact Number:
Monday	12.30 - 15.30	Jennifer McElwee	07816452601
Tuesday	9.30 - 12.30	Rebekah Sutherland	07817082148
Wednesday	12.30 - 15.30	Julia Young	07817082149
Thursday	9.30 - 12.30	Charlotte Montgomery	07583102668
Friday	9.30 - 12.30	Charlotte Montgomery	07583102668

You can call during the times above regardless of which children's centre you are linked to.

For your information, the psychologists working at each of the children's centres are:

Serennu Children's Centre - Charlotte Montgomery
Caerphilly Children's Centre - Rebekah Sutherland
Nevill Hall Children's Centre - Julia Young
Lead Helping Hands Psychologist - Jennifer McElwee