



We know life isn't always easy – sometimes you don't know where to go for help, you might need a bit of advice or support, or simply a friendly face to talk to about something that's bothering you or your family.

What support can a Navigator offer?

- Help Families Navigate what support is available
- Offer help, support and advice
- Be a listening ear
- Help families complete forms e.g. DLA, PIP etc.
- Signpost a family to local and national services
- Attend GP appointments with a family
- Provide food/baby bank referrals
- Benefit Checks
- Debt support
- Housing

Early Help Navigator Service is now a universal service which means all geographical areas in CWAC are now included in the scheme.

Please see below for dates of drop-in sessions in your area or self- refer for a call-back from a member of the Early Help Navigator team.

Self-refer here: https://my.cheshirewestandchester.gov.uk/en/AchieveForms/?form_uri=sandbox-publish://AF-Process-792519f2-bbc1-4a10-aa79-3e49be914d4a/AF-Stage-5dba1176-51cb-43aa-aff5-45a05bd5b194/definition.json&redirectlink=%2Fen&cancelRedirectLink=%2Fen&consentMessage=yes



Early Help Navigator Service

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Early Help Navigators are here to help

Chester Community Drop Ins:

MONDAY: Blacon Children's Centre 9-12

Hoole Community Centre 9-12

TUESDAY: Baby Buddies, Blacon Beacon 10-11.45

Rhyme Time, Blacon Library 10-11

The Bread-and-Butter Thing, Blacon 12.30-1.30

Frodsham Children's Centre 2-4

(6 May, 3 June, 1 July, 5 Aug, 2 Sept, 7 Oct)

WEDNESDAY: Kingsway Children's Centre 9.30-11

Malpas Jubilee Hall 10.30-1 (21 May,
18 June, 16 July, 20 Aug, 17 Sept, 15 Oct)

Overleigh St Mary's 2.30-4 (14 May,
11 June, 9 July, 13 Aug, 9 Sept, 8 Oct)

THURSDAY: Lache Library 2-4

Blacon Beacon 10-1

FRIDAY: Lache Community Centre 11.30-1.30

(9 May, 13 June, 11 July, 8 Aug, 12 Sept, 10 Oct)



Or scan this QR code for an
appointment with Amber or Zuzana
Early Help Navigators for Chester

We can:

**Provide help,
support and
advice with
family life**

Be a listening ear

**Signpost you to
local and
national support**

**Help you fill out
forms**

**Attend GP
appointments
with your family**

**Provide food
and baby bank
referrals**

Visit: www.startingwell.org.uk/centre-timetables or

www.livewell.cheshirewestandchester.gov.uk - Early Help Navigator service



Cheshire West
and Chester



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Northwich Community Drop Ins:

MONDAY: Victoria Road Children's Centre 9-4

Northwich Memorial Court 2.30-5

TUESDAY: Weaverham Library Baby Bounce 10-12

WEDNESDAY: Let's Chat, The Very Green Grocery
10.30-12

Let's Play, Victoria Road Children's
Centre 1.15-3

THURSDAY: Northwich Library Baby Bounce 10-12



Or scan this QR code for an
appointment with
Amanda or Joanne, Early Help
Navigators for Northwich

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Ellesmere Port Community Drop Ins:

MONDAY: Stanlaw Abbey Children's Centre 9-4
Portside Children's Centre 12.30-3.30

TUESDAY: Ellesmere Port Library Baby Rhymetime
10-11.30 (20 May, 17 June, 15 July)

WEDNESDAY: Wolverham Community Centre 10-11.30
(14 May, 28 May, 11 June, 25 June)

Ellesmere Port Library Toddler Rhymetime
10-10.30 (4 June, 2 July)

**The Bread and Butter Thing, Westminster
Community Centre** 1.30-2 (7 May, 21
May, 4 June, 18 June, 2 July)

Bridge Community Farm 12.30-2 (21 May,
4 June, 18 June, 2 July, 16 July)

THURSDAY: Let's Talk, Trinity Church 10-12 (15 May,
29 May, 12 June, 26 June, 10 July, 24 July)



Or scan this QR code to book an
appointment in the community

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forms**

**Attend GP
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Winsford Community Drop Ins:

MONDAY: Over Children's Centre 1-4.30

THURSDAY: Wharton Children's Centre 9.30-11.30

Wharton Library 3.30-4.30



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Signpost you to local and national support

Help you fill out forms

Attend GP appointments with your family

Provide food and baby bank referrals

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Usługi Nawigatora Early Help

Wiemy, że życie nie zawsze jest łatwe. Czasami nie wiadomo, gdzie szukać pomocy. Być może potrzebujesz porady, wsparcia albo po prostu życzliwej osoby, z którą można porozmawiać o tym, co niepokoi Ciebie lub Twoją rodzinę. Możesz liczyć na pomoc Nawigatorów Early Help.

Ośrodki pomocy społecznej w Winsford:

PONIEDZIAŁEK: Over Children's Centre 13:00-16:30

CZWARTEK: Wharton Children's Centre 9:30-11:30

Wharton Library 15:30-16:30



Lub zeskanuj ten kod QR, aby umówić się na spotkanie w jednym z naszych lokalnych punktów

Możemy:

Zapewnić Ci pomoc, wsparcie i porady dotyczące życia rodzinnego

Wysłuchać Cię

Skierować Cię do odpowiednich lokalnych i ogólnokrajowych instytucji zapewniających wsparcie

Pomóc w wypełnianiu formularzy

Towarzyszyć Tobie i Twojej rodzinie podczas wizyt u lekarza rodzinnego

Wystosować skierowanie do banku żywności i niemowlaka

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