

# mini COOKS kitchen

Hi

I'm Laura and the face behind Mini Cooks Kitchen (MCK). I started MCK in Jan 2020 going in to schools to provide an alternative to the many sports clubs there is out there as well as doing parties on the weekends.

I myself am a qualified child carer with 20 years experience mainly as a nanny but most recently as a Teaching Assistant in KS2 up until I left for maternity leave.

Being a nanny is what started the ball rolling for MCK, all the children I have cared for have all loved cooking/baking, as do I. I had never really come across any classes that were out there to help children engage more with cooking and learn a valuable life skill while having great fun!

In club we do alternate weeks of sweet and savoury, sweet normally being the favourite!

I try to do recipes that children wouldn't necessarily cook at home but also have a few firm favourites in there to keep everyone happy! Pizza being a favourite most of the time.

We use a range of kitchen equipment including child safe knives (children never use the ovens or hobs). Children are also expected to help tidy up their work stations and equipment. They will work in pairs and sometimes in groups.



Everything is provided all I ask is that children bring something with them to carry home their bakes, such as a insulated lunchbox or paper bag (no plastic as sometimes the items are still hot).

Sessions are £8.50 and booked in a termly block

Classes will be every Wednesday for years 3-6

Places are on a first come basis.

If there a demand I will consider another day also.

I am so excited to be bringing Mini Cooks to Lovelace and I look forward to meeting you all!

Classes start week beginning 13th January 2025

[www.minicooks-kitchen.co.uk](http://www.minicooks-kitchen.co.uk)