

YEAR 4 - PSHE/RSHE - CLASS PLAN

AUTUMN	<p>FEELINGS AND EMOTIONS UNIT</p> <p>CORE COMPREHENSIVE TOPICS</p> <p>What I Know Now Jealousy</p> <p>OPTIONAL RESOURCES</p> <p>Jealousy Extension General wellbeing - Simply RSHE</p>	<p>KEEPING/STAYING SAFE UNIT</p> <p>CORE COMPREHENSIVE TOPICS</p> <p>What I Know Now Cycle Safety</p> <p>OPTIONAL RESOURCES</p> <p>Cycle Safety Extension Personal safety - Simply RSHE</p>	<p>KEEPING/STAYING HEALTHY UNIT</p> <p>CORE COMPREHENSIVE TOPICS</p> <p>What I Know Now Healthy Living</p> <p>OPTIONAL RESOURCES</p> <p>Healthy Living Extension Healthy eating - Simply RSHE</p>
	<p>GROWING AND CHANGING UNIT</p> <p>CORE COMPREHENSIVE TOPICS</p> <p>What I Know Now Appropriate Touch (Relationships)</p> <p>OPTIONAL RESOURCES</p> <p>Appropriate Touch (Relationships) Extension Being safe - Simply RSHE</p>	<p>COMPUTER SAFETY UNIT</p> <p>CORE COMPREHENSIVE TOPICS</p> <p>What I Know Now Online Bullying</p> <p>OPTIONAL RESOURCES</p> <p>Online Bullying Extension Wellbeing online - Simply RSHE</p>	<p>BEING RESPONSIBLE UNIT</p> <p>CORE COMPREHENSIVE TOPICS</p> <p>What I Know Now Coming Home on Time</p> <p>OPTIONAL RESOURCES</p> <p>Coming Home on Time Extension Respectful, kind relationships - Simply RSHE</p>
	<p>THE WORKING WORLD UNIT</p> <p>CORE COMPREHENSIVE TOPICS</p> <p>What I Know Now Chores at Home</p> <p>OPTIONAL RESOURCES</p> <p>Chores at Home Extension General wellbeing - Simply RSHE</p>	<p>A WORLD WITHOUT JUDGEMENT UNIT</p> <p>CORE COMPREHENSIVE TOPICS</p> <p>What I Know Now Breaking Down Barriers</p> <p>OPTIONAL RESOURCES</p> <p>Breaking Down Barriers Extension Respectful, kind relationships - Simply RSHE</p>	<p>FIRST AID UNIT</p> <p>CORE COMPREHENSIVE TOPICS</p> <p>What I Know Now First Aid Year 4</p> <p>OPTIONAL RESOURCES</p> <p>First Aid Year 4 Extension Basic first aid - Simply RSHE</p>
SPRING	SUMMER		