

YEAR 5 - PSHE/RSHE - CLASS PLAN

	FEELINGS AND EMOTIONS UNIT	KEEPING/STAYING SAFE UNIT	KEEPING/STAYING HEALTHY UNIT
AUTUMN	CORE COMPREHENSIVE TOPICS	CORE COMPREHENSIVE TOPICS	CORE COMPREHENSIVE TOPICS
	Anger Adults' & Children's Views	Peer Pressure Adults' & Children's Views	Smoking Adults' & Children's Views
	OPTIONAL RESOURCES	OPTIONAL RESOURCES	OPTIONAL RESOURCES
	Anger Extension General wellbeing - Simply RSHE	Peer Pressure Extension Being safe - Simply RSHE	Smoking Extension Drugs, alcohol, tobacco and vaping - Simply RSHE
SPRING	GROWING AND CHANGING UNIT	COMPUTER SAFETY UNIT	BEING RESPONSIBLE UNIT
	CORE COMPREHENSIVE TOPICS	CORE COMPREHENSIVE TOPICS	CORE COMPREHENSIVE TOPICS
	Puberty Adults' & Children's Views	Image Sharing Adults' & Children's Views	Looking Out for Others Adults' & Children's Views
OPTIONAL RESOURCES	OPTIONAL RESOURCES	OPTIONAL RESOURCES	
	Puberty Extension Developing bodies - Simply RSHE	Image Sharing Extension Online safety and awareness - Simply RSHE	Looking Out for Others Extension General wellbeing - Simply RSHE
SUMMER	THE WORKING WORLD UNIT	A WORLD WITHOUT JUDGEMENT UNIT	FIRST AID UNIT
	CORE COMPREHENSIVE TOPICS	CORE COMPREHENSIVE TOPICS	CORE COMPREHENSIVE TOPICS
	Enterprise Adults' & Children's Views	Inclusion & Acceptance Adults' & Children's Views	First Aid Year 5
OPTIONAL RESOURCES	OPTIONAL RESOURCES	OPTIONAL RESOURCES	
	Enterprise Extension NO Simply RSHE Links	Inclusion & Acceptance Extension Families and people who care for me - Simply RSHE	First Aid Year 5 Extension Basic first aid - Simply RSHE