

# **Intimate Care Policy**

# Why do we need an Intimate care Policy?

- Falconbrook School is committed to safeguarding and promoting the welfare of children and young people.
- We are committed to ensuring that all staff responsible for intimate care
  of children and young people will undertake their duties in a
  professional manner at all times.
- If staff are required to change a child, during the school day, who has wet or soiled themselves, they must follow the guidance in this policy.
- If staff are required to change a child's nappy, during the school day, they must follow the guidance in this policy.

#### Aims

- For all children to be safe, and to feel safe, and to be treated with respect and sensitivity.
- For children's personal needs to be met when necessary, and for them
  to be able to develop self control and confidence in dealing with their
  own personal needs when appropriate.
- To maintain high standards of health and safety.
- For all staff to maintain a professional approach when meeting children's needs.
- For all intimate care procedures to be carried out in a relaxed manner which makes the child feel as comfortable as possible.
- To prevent the spread of infection by providing all staff with clear procedures for nappy changing.
- To encourage and promote good hygiene practice.

#### Definition

Intimate care is any procedure which involves washing, touching or cleaning a child's intimate personal areas. This would include showering, nappy changing, changing a soiled child or changing underwear.

## Where can this take place?

In the Nursery bathroom:

In the toilet area, where clean clothes are stored and the shower is situated.

# Who provides materials and equipment?

Parents to provide spare clothes for the children during toilet training

period.

- We provide bin liners, disposable gloves, aprons, disinfectant etc.
- We provide spare clothes for the children that may have occasional accidents.

# **Disposal of waste**

• Where possible, waste is disposed of in the toilet (e.g. tissue used to wipe).

## **Children with Special Needs**

Some children with differing needs will have a care plan which incorporates specialist advice, methods of handling, use of specialist equipment etc. Where care is complex, staff will receive training.

## **Health and Safety**

- Always two members of staff to be present (under no circumstances less than two).
- Staff should wear disposable gloves when changing children, and wash hands afterwards.
- Plastic aprons are available for messy situations.
- Staff should be conscious of the need for care when lifting children and should ask for appropriate training.
- Soiled areas must be cleaned with disinfectant.
- All waste must be disposed of in the appropriate way, i.e. soiled waste wrapped in plastic bag, tissues in the toilet, soiled clothing wrapped for return to parents.
- Medical procedures will only be carried out following training.
- In an emergency situation, i.e. if a child from KS1 or KS2 soiled himself/herself, the nursery staff to support and guide KS1/KS2 staff. Head Teacher to be informed or in her absence a member of SLT.

#### **Child Protection Concerns**

- We will attempt at all times to maintain the child's dignity and selfrespect.
- We will work closely with parents and carers to meet the child's needs with sensitivity.
- All staff involved in dealing with the intimate care of children are vetted and trained in child protection and will observe correct procedure
- Children will never be caused humiliation, distress or pain. We will

- provide privacy where possible.
- If a member of staff becomes aware of any marks, bruising or soreness etc. they will immediately report their concerns to the Designated Person for Safeguarding, Stella Smith (Head Teacher) or Sarah Pieniek-Jones Deputy Head / DSL
- If a child makes an allegation against a member of staff, the school's procedure will be followed.

## **Liaison with Parents**

- We aim to work in partnership with parents and carers in order to provide continuity of care for children and to resolve problems in the best interests of the child.
- Support for children in developing independence
- All children are shown the toilet area as part of the settling-in process. If a child needs help with toilet training, the class teachers or nursery nurses will draw up a plan to support him/her, discussing possibilities with parents and carers. All staff working with the child will be involved and we will aim to work in cooperation with the family. Children who are not fully toilet trained will get support from our setting.

## Criteria for monitoring this policy:

- Have there been any incidents where this policy has not met the needs of individual children?
- Have there been any complaints from parents, carers or children?
- Have there been occasions when a child has been distressed by intimate care procedures? What were the reasons for this?
- Has the School been able to provide all necessary materials?
- Has the School been able to meet the training needs of staff?
- Is the School's equipment in good condition?
- Have we been able to provide adequate privacy?
- Do staff have any concerns?
- How many incidents have there been when the policy has been implemented in KS1 and KS2?