NOVEMBER 2026

www.sherdleyprimaryschool.co.uk

SHERDLEY PRIMARY SCHOOL

NEWSLETTER



Sherdley's Whole School Attendance Target for this Academic Year:

96%

Sherdley's Whole School Attendance since returning in September:

95.1%

ATTENDANCE HERO

Here, Every day, Ready, On time

A note from Mr Gawne ...

This time of year is always a memorable one in schools and it's been a busy start back to the second half of our Autumn term. A cold start too! We began the month with a visit from Ofsted, who carried out a full graded inspection of our school. Whilst we anticipated an inspection was likely due at some point this academic year, we did think it would be a little later in the year.

Over the two days, we welcomed a team of up to five inspectors and I could not be any prouder of our children, staff and wider school community. Our pupils were wonderful ambassadors for the school, speaking confidently about their learning and experiences, and truly showcasing what makes Sherdley such a special place. I would also like to thank those parents who gave up their time to speak with inspectors. Your contributions helped inspectors gain a genuine flavour of life at Sherdley and it was pleasing to hear the many positive comments about our school community. Whilst I cannot share the grades or inspection report with you just yet, some of the comments shared capture our school community wonderfully – 'Pupils are proud to attend Sherdley and be a part of the Sherdley Family. Their talents and interests are supported. At the heart of the school, is a deep commitment to supporting all pupils.' We look forward to sharing the final inspection report with you as soon as we are able to.

CONTINUED...

A Note from Mr Gawne ... Continued

Alongside the inspection, school life has continued at its usual busy pace. Earlier this month, the whole school came together to commemorate Remembrance Day, helping children to understand the importance of reflection, respect and remembrance as part of their history learning. Year 4 pupils enjoyed an exciting virtual reality and drama day this week linked to their wider curriculum, whilst our Upper Key Stage 2 children represented the school superbly at the borough badminton competition held at Queens Park. We have also supported this year's Children in Need appeal, and I would like to thank our newly formed School Council for helping to organise a fantastic day of activities. Pudsey would certainly have been proud!







Our weekly Picture News assemblies continue to provide valuable opportunities for pupils to discuss current affairs, celebrate diversity and further develop their understanding of British Values. We are also now looking ahead to the festive season and hope that you have received details of our upcoming Christmas events from the school office. We are very much looking forward to welcoming many of you into school over the coming weeks.









As we approach what can be a challenging time of year for some families, I would like to remind everyone that we are here to work alongside you as our families wherever possible. At the same time, I must respectfully remind all parents and carers of the importance of maintaining respectful communication with members of staff. Recently, we have seen an increase in confrontational or abusive emails and telephone calls. Our staff work incredibly hard to support all of our children, and constructive, respectful dialogue is always the best way for us to work together to achieve positive outcomes.





December will be a shorter month in school, with pupils finishing for the Christmas break on 18th December. Until then, we have plenty to look forward to and I hope to see many of you at our festive events over the coming weeks.

Have a wonderful weekend. Mr Gawne



End of Autumn Term
School closes

Friday 18th December

1:30pm

Please make arrangements for children to be collected at the earlier time.

Spring Term starts
School opens

TUESDAY 5th January

1:30pm

Spotlight on Pre-school

Preschool have been learning all about Autumn.











We went on a stick hunt in the deep, dark wood and used them to make magic wands and bonfires. We learnt about the Autumn celebrations of Halloween and Bonfire Night.







We enjoyed dressing up as witches, making wands, painting pumpkins and cauldrons, making volcano pumpkins and wearing special firework wellies to make our own firework patterns outside.







Spotlight on Pre-school

We continue to be as creative as ever within the rest of our provision...



Developing our upper body strength on the balance board.





Oh no it's raining - let's make an umbrella!



Learning to write our names and take turns playing number games.



Making musical instruments and handbags!









Early mark making, drawing pictures for my mummy.

School Council

At Sherdley Primary School, the School Council helps ensure that pupil voice is at the heart of school improvement. Councillors work in partnership with staff and pupils to create a positive, safe and inclusive environment where everyone can thrive.

A good School Councillor should:

- Be a good listener.
- Be confident when sharing ideas.
- Be reliable and responsible.
- Show respect for others' opinions.
- Be honest and fair.
- Demonstrate excellent behaviour and uphold school expectations.

Responsibilities of a School Councillor

School Councillors are expected to:

- Represent the opinions, ideas and concerns of pupils in their class.
- Attend School Council meetings and actively contribute to discussions.
- Share information from meetings with their classmates.
- Gather suggestions and feedback from pupils.
- Work with other councillors to improve school life.
- Help organise and promote school events, fundraising activities and charity initiatives.
- Support the school's values of respect, inclusion, kindness and responsibility.
- Act as positive role models through their behaviour, attitude and conduct.
- Help identify ways to improve the school environment, learning opportunities and pupil wellbeing.
- Encourage all children to have a voice and feel listened to.

Young Leaders

School Council 2026 - 27



Congratulations!

THANK YOU!

www.sherdleyprimaryschool.co.uk

Children in Need 2026

We challenged ourselves throughout the day!

Thank you for your generous donations. We raised £243









#mysthelensstory

During Autumn 1 children and young people across the borough were encouraged to create a poster that represents how they feel about living in St Helens. We were thrilled to be informed that Lorelai won overall first place! Congratulations Lorelai - we are very proud of you.





www.sherdleyprimaryschool.co.uk

Behaviour - Rewards









At the end of Autumn 1, 4 children from each class across school who have the highest house points, joined their key stage lead for afternoon tea and some fun! They loved it! We will repeat this again at the end of Autumn 2.





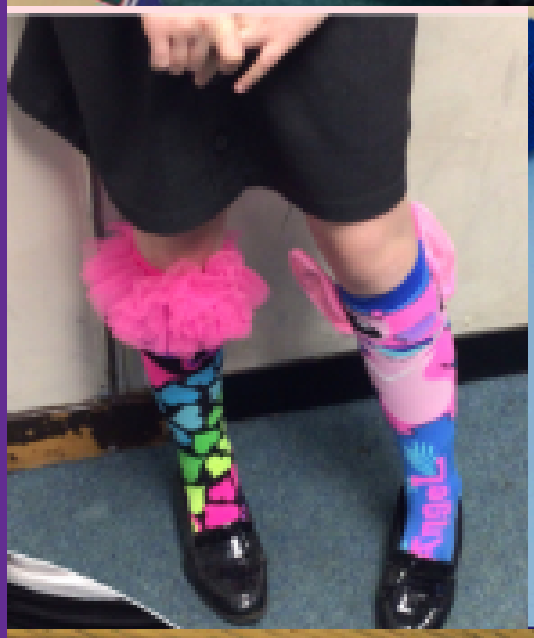




Anti-Bullying Week

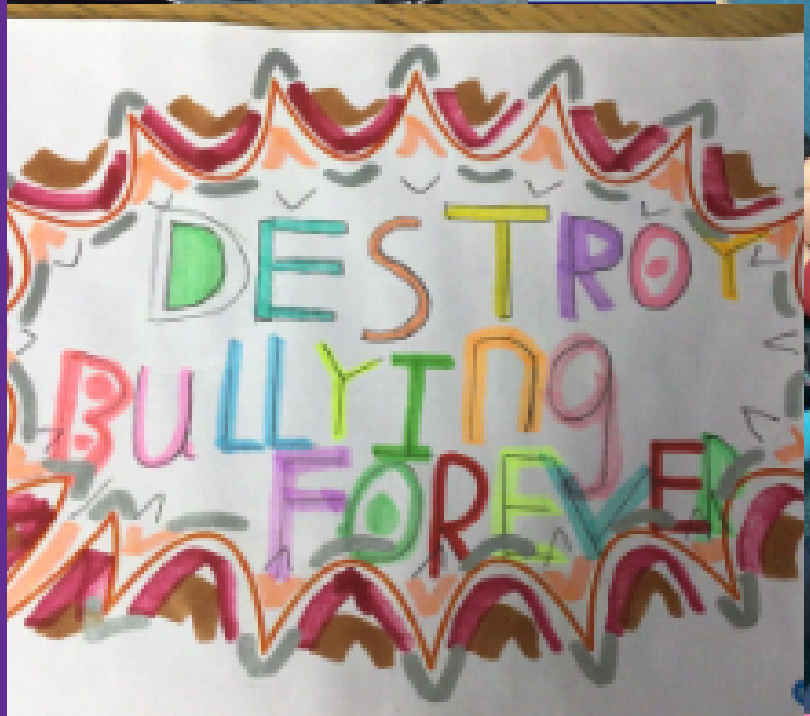






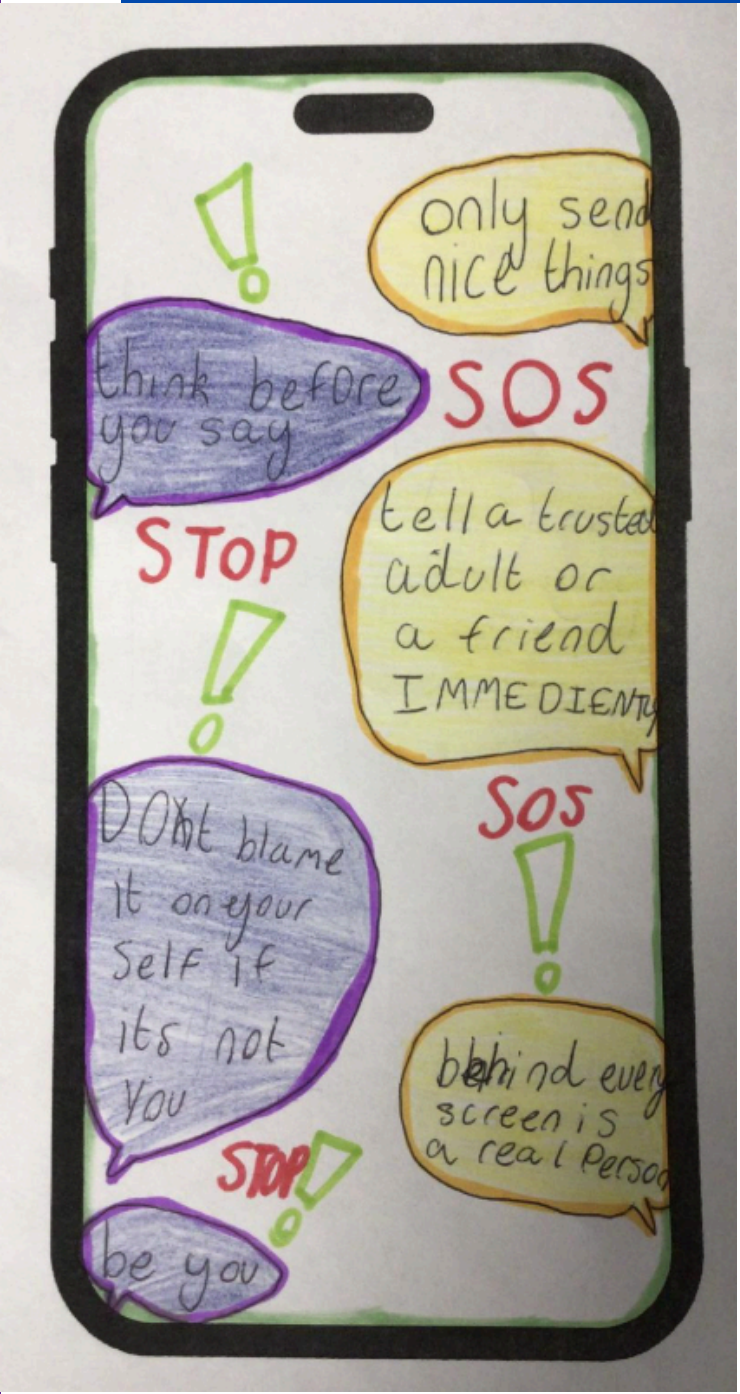


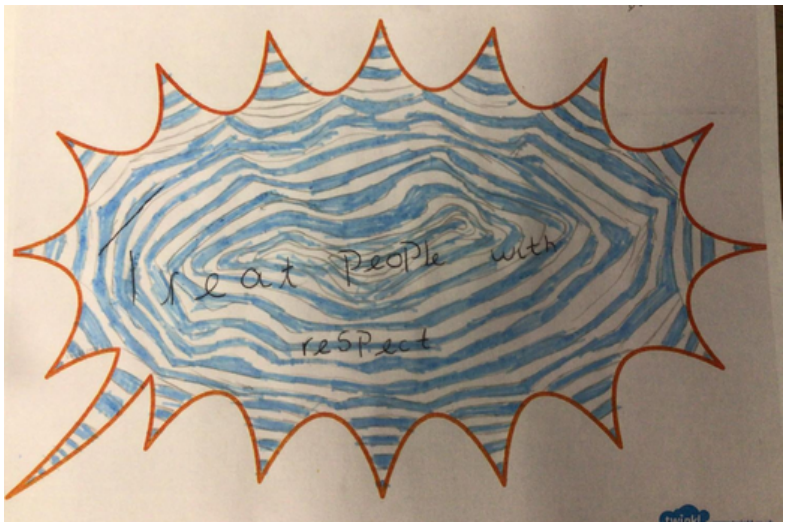


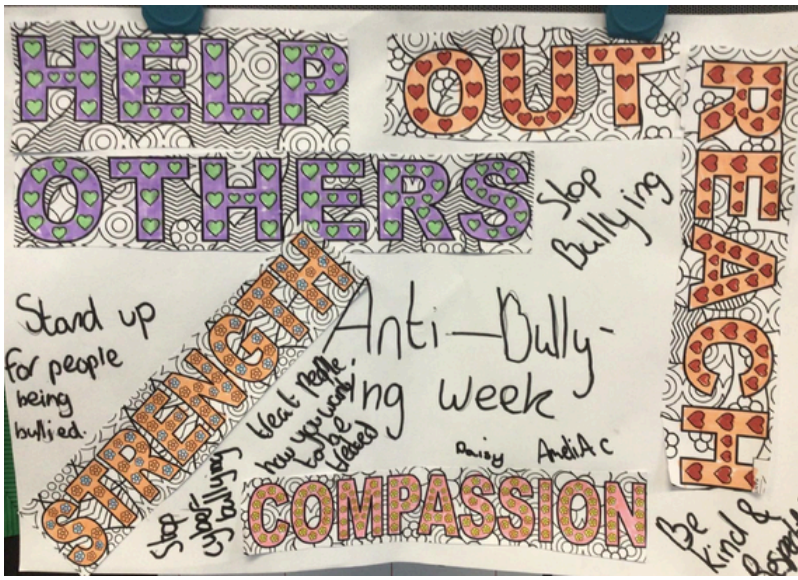




Anti-Bullying Messages











Anti-Bullying Week

How We Address Bullying and Promote Anti-Bullying at Sherdley



Anti-Bullying Week

How We Responding to Bullying at Sherdley

#BreakTheSilence Pledge

I pledge to break the silence by...

When bullying is reported or suspected, we will:

1. Listen carefully to all parties involved.
2. Investigate promptly and fairly.
3. Record concerns and actions taken.
4. Put appropriate support in place for the child experiencing bullying.
5. Work with the child displaying bullying behaviours to help them understand the impact of their actions and make positive changes.
6. Monitor the situation to ensure the behaviour does not continue.
7. Communicate with parents and carers throughout the process.

Our aim is not only to stop bullying when it occurs but to create a culture where kindness, empathy and respect are embedded in everyday school life.

Sherdley believes that everyone has the right to feel safe, respected and included, and everyone has a responsibility to contribute to a positive school community.

BREAK THE SILENCE

ANTI-BULLYING WEEK 2026 - 16TH-20TH NOVEMBER

#AntiBullyingWeek I #BreakTheSilence

ANTI-BULLYING ALLIANCE

Health Support

Launch of Text and Connect text messaging service

NHS Wirral Community NHS Foundation Trust

Need advice or support for your child, family or wellbeing? Try Text and Connect.

Text and Connect is a free, confidential text messaging service for parents, carers and young people across St Helens. Delivered by local health visitors and school nurses, the service provides quick and easy access to health and wellbeing advice, information and support.

Whether you have questions about your child's development, emotional wellbeing, sleep, behaviour, friendships, school worries, relationships or general health, help is just a text away. Young people can also use the service directly to access confidential advice and support on issues that matter to them, including mental wellbeing, friendships, relationships, healthy lifestyles and sexual health.

Simply text **07507 329908** to speak confidentially with a health visitor or school nurse.

Available Monday to Friday, 9am to 5pm (excluding bank holidays). A member of the team will aim to respond within three working days.

For more information or to access support, text 07507 329908.

Please note: Text and Connect is not an emergency service. In an emergency, call 999 or attend your nearest Emergency Department.

Simply text 07507 329908 to speak confidentially with a health visitor or school nurse.
Available Monday to Friday, 9am to 5pm (excluding bank holidays). A member of the team will aim to respond within three working days.





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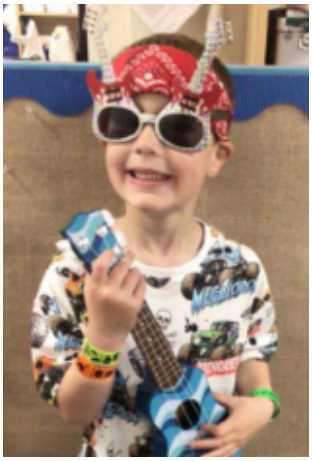
Rockstar Day

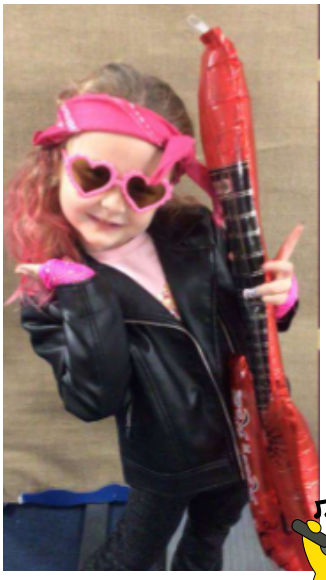








BEST day EVER











Mental Health Support

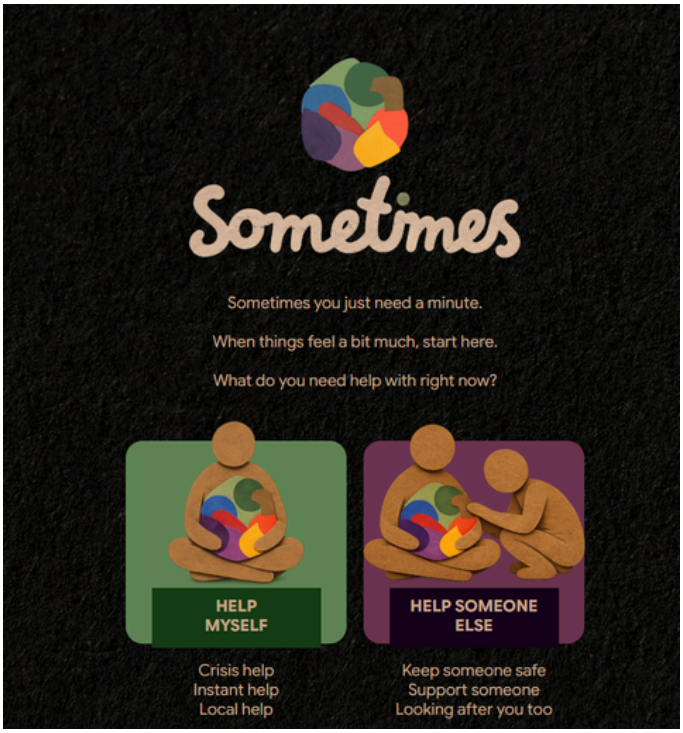
New Website supporting mental health and suicide prevention - based in St. Helens. Health partners across St Helens have come together to promote a new website dedicated to supporting mental health and suicide prevention.

www.sometimes.info.

Created in St Helens, for St Helens - Sometimes.info has been developed with input from local services and people with lived experience to make it easier for residents to access mental health support and find help when they need it most.

The website has been designed to be simple, accessible and supportive, particularly for people who may be struggling during difficult moments. Bringing together local services, self-help resources and practical advice in one place, the site helps residents better understand their mental health, access appropriate support and find ways to cope with life's challenges.

Visitors to the site can explore information on issues including anxiety, stress, loneliness, low mood and suicidal thoughts, as well as access tools and techniques to support their wellbeing. The site also offers guidance for anyone concerned about a friend, family member or colleague, helping people recognise when someone may be struggling and signposting them to local sources of help.



STAFF LINKED TO

SAFEGUARDING

D.S.L



Lead DSL
Mrs Bennett

DEPUTY D.S.L



Headteacher
Mr Gawne



Pastoral and Safeguarding Manager
Mrs Eccleston



SENDCO Assistant Head
Mrs Stroud



Assistant Head
Mr Davies

PHASE LEADERS



EYFS
Mrs Roberts



KS1
Mrs Fleming



LKS2
Mr Hughes



UKS2
Miss James

Term Dates - 26-27

Term Dates for September 2026– July 2027

Autumn Term:

Open on the morning of	Wednesday 2nd September 2026
Close on the afternoon of	Friday 23rd October 2026
Open on the morning of	Monday 2nd November 2026
Close on the afternoon of	Friday 18th December 2026

Spring Term:

Open on the morning of	Tuesday 5th January 2027
Close on the afternoon of	Friday 12th February 2027
Open on the morning of	Monday 22nd February 2027
Close on the afternoon of	Thursday 25th March 2027

Summer Term:

Open on the morning of	Monday 12th April 2027
Close on the afternoon of	Friday 28th May 2027
Open on the morning of	Monday 7th June 2027
Close on the afternoon of	Friday 16th July 2027

Easter Bank Holiday:
Good Friday: 26th March 2027
Easter Monday: 29th March 2027
Bank Holiday During Term Time:
May Day: Monday 3rd May 2027

Inset Days:
Tuesday 1st September 2026
Monday 4th January 2027
Monday 19th July 2027
Tuesday 20th July 2027
Wednesday 21st July 2027

December Calendar Events

December Events



Event	Date
Year 5 Mosque Visit – 9am	Tuesday 1st December
Year 2 visiting St Nicholas Church – Christmas Story – 10am	Tuesday 1st December
Rocksteady Concert – 10am	Friday 4th December
Pre-School & Reception Nativity – 2pm	Monday 7th December
LKS2 Carol Concert for Year 3 parents – 2:15pm at St Nicholas Church	Monday 7th December
Pre-School & Reception Nativity – 9:15am	Tuesday 8th December
LKS2 Carol Concert for Year 4 parents – 9:15am at St Nicolas Church	Wednesday 9th December
KS1 Nativity – 2pm	Wednesday 9th December
KS1 Nativity – 9:30am	Thursday 10th December
Festive jumper and Dinner Day	Thursday 10th December
UKS2 'Christmas Through The Decades' for Year 5 parents – 2:15pm	Thursday 10th December
UKS2 'Christmas Through The Decades' for Year 6 parents – 9:30am	Friday 11th December
Create Music Concert – 11am	Monday 14th December
Reception Christmas Party	Tuesday 15th December
UKS2 Christmas Party	Tuesday 15th December
Pre-School Christmas Party – 8:45-10:30am	Wednesday 16th December
KS1 Christmas Party	Wednesday 16th December
LKS2 Christmas Party	Wednesday 16th December
School closes for Christmas Holidays – 1:30pm	Friday 18th December

SEND COMMUNITY SUPPORT

FRIENDS AUTUMN NEWSLETTER



Friends - Play for Disabled Children
Email: info@friendsplay.org.uk
Website: www.friendsplay.org.uk
Registered Charity Number: 1167995



Well, what a summer that was! ☀️
We've had so much fun making memories, trying new things, exploring new places and, most importantly, spending time together with our wonderful Friends families. From big adventures to those lovely little moments that make you smile, there's been plenty to celebrate!
And somehow, here we are, with autumn well underway and Christmas just around the corner! 🎄 We've got lots more to look forward to, and we can't wait to share some festive magic with you all. So grab a cuppa, get comfy and enjoy a little look back at what we've been up to. We hope it brings back some happy memories!
Lots of love, Paula, Mel and Emma xxx 💕

Sunshine, smiles & special memories! ☀️

What a summer we've had! From seaside fun and magical woodland adventures to thrilling rides, messy activities and plenty of laughter, we've certainly packed a lot in! It's been lovely seeing our children trying new things, growing in confidence, making friends and simply enjoying being themselves. Whether it was a big family day out or a little moment of happiness, every smile made it special. Here's a look back at some of the wonderful memories we've made together!

Who are we?

Friends – Play for Disabled Children is a registered charity supporting families in St Helens and the surrounding areas.
Our charity number is 1167995.
Tel: Paula Jones - 07806 924774
Tel: Melanie Battye- 07562 869613
Email: info@friendsplay.org.uk

Join Our Friends Family

Membership is required to attend our activities and trips.
Do you have a child or young person with SEND and live in St Helens or the surrounding areas? We would love to welcome you — register now friendsplay.org.uk/registration

www.friendsplay.org.uk

Right care, right place.

Right Care, Right Place

NHS
Mersey and West Lancashire Teaching Hospitals
NHS Trust

Know where to go when your child's unwell

For all the latest updates, follow us on: @MWLNHS @merseywestlancsnhs

Scan here to find out more

GP Services

Your GP can help with common illnesses including:

- Persistent coughs
- Skin infections
- Eye infections
- Ear pain



Pharmacy Services

Your local pharmacy can treat minor illnesses with over-the-counter treatments, and most pharmacies can also offer **prescription medicine** for conditions, including:

- Earache (aged 1 to 17 years)
- Sore throat (aged 5 years and over)
- Sinusitis (aged 12 years and over)
- Impetigo (aged 1 year and over)
- Infected insect bites (aged 1 year and over)

Urgent Treatment / Walk-in Centres

If your GP surgery is closed, UTCs have specialist nurses and doctors that can help. Common conditions that can be treated include:

- Cuts and scrapes
- Minor burns
- Minor breathing difficulties
- Suspected fractures
- Uncontrolled fever



Online Symptom Checker

Alder Hey Children's Hospital has an online symptom checker with advice on treating common symptoms in children. Visit the website:

www.alderhey.nhs.uk/symptom-checker



A&E

A&E is for people with life threatening illness or injury.

Conditions that require immediate attention include:

- Shortness of breath
- Seizures
- Severe bleeding or burns
- Head or eye injuries
- Allergic reactions
- Serious animal bites
- Uncontrolled pain



If your child is struggling to breathe or loses consciousness, **call 999**

Urgent Treatment / Walk-in Centres

All centres are open 7 days a week, including Bank Holidays

St Helens Urgent Treatment Centre
The Millennium Centre, Corporation St, St Helens WA10 1HJ
8am-8pm

Runcorn Urgent Treatment Centre
Nightingale Building, Hospital Way, Runcorn WA7 2DA
8am-9pm

Widnes Urgent Treatment Centre
Health Care Resource Centre, Caldwell Rd, Widnes WA8 7GD
8am-9pm

Huyton NHS Walk-in Centre
Nutgrove Villa, Westmorland Road, Huyton L36 6GA
8am-8pm

Kirkby Urgent Treatment Centre
St Chads Clinic, St Chads Drive, Kirkby L32 8RE
8am-8pm

Halewood NHS Walk-in Centre
The Halewood Centre, Roseheath Drive, Halewood L26
8am-8pm

Attendance: Health Advice

Is my child too ill for school?

UK Government NHS

Does your child have a high temperature (38°C or more)? YES Keep them off school until it goes away. NO Follow the guidance below.

Your child can usually go to school with a mild cough or cold if they are otherwise well. If you do keep your child at home, it's important to phone the school or nursery on the first day and give them the reason.

Should go in	Should go in (let the school know)	Seek treatment before returning to school	Keep them off (at first)
A cough, cold or sore throat Fine with slight cough or common cold symptoms, such as a runny nose, sore throat or headache, as long as they're otherwise well and do not have a high temperature.	**Cold sores** Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.	**Impetigo** They'll need treatment from a pharmacist or GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups with other children at school.	**Ear infection** If your child has an ear infection and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.
Threadworms Speak to your pharmacist, who can recommend a treatment.	**Conjunctivitis** Fine unless they are feeling very unwell. Seek advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.	**Ringworm** See your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.	**Measles** They'll need to see a GP. Call the GP surgery before you go in, as measles can spread to others easily. Keep your child off school for at least 4 days from when the rash first appears. They should also avoid close contact with babies and anyone who is pregnant or has a weakened immune system.
	Head lice & nits You can treat head lice and nits without seeing a GP.	**Scarlet fever** They'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.	**Vomiting & diarrhoea** Stay away from school until they have not been sick or had diarrhoea due to illness for at least 2 days (48 hours).
	Hand, foot & mouth disease If they seem well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.	**Chickenpox** Keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.	
	Slapped cheek syndrome Once the rash appears, they're no longer infectious. Let the school or teacher know if you think your child has slapped cheek syndrome.		

Feeling worried or anxious: It's normal for any of us to feel worried sometimes. We may get a tummy ache or headache, or have problems eating or sleeping. Avoiding school can sometimes make a child's worries about going to school worse. If your child is struggling, please speak to school as soon as possible to explore available help. If your child is still struggling and it's affecting their everyday life, you should contact GP or school nurse.

To find out more, search www.NHS.uk for the specific illness or infection, or 'Is my child too ill for school?'

Family

Recycle and Raise Money



Having a clear out before Christmas? Please donate any clothes and shoes to our bank which helps us to raise additional money for school fundraising.


COMMUNITY
CREATIVITY
CONNECTION
SHERDLEY
SHARES
YOUR IDEAS SHAPE OUR FUTURE
TOGETHER WE CREATE
CONNECTING PEOPLE. SHARING IDEAS. BUILDING COMMUNITY.
WE ALL BELONG

Sherdley Shares

Community Food Pantries

St Helens Mobile Community Food Pantry

Pantries operate as a member-led neighbourhood hub and are just like a shop, in that you choose the food you want from the shelves. Members pay a small subscription each week they visit, and in return can choose groceries worth many times more, often saving up to £1,000 a year on shopping bills.

How it Works

STEP 1 Find your nearest pantry **(you must live in the area in which it is based).**

STEP 2 Go along and join on the day it is open, remembering it is open to everyone in that community.

STEP 3 Pay your membership each time you visit. Sit and have a cuppa while you wait for your turn.

STEP 4 Choose your shopping, which will always be worth more than your weekly membership fee.

STEP 5 Tell your neighbours and get them to join too.

Sherdley Shares

There are five community food pantries available to residents in St Helens town centre, Thatto Heath, Haydock, West Park and Sutton.

HOPE Pantry Wesley
Wesley Methodist Church,
Corporation Street, St Helens WA10 1LF
Opening times: Tuesday, 11.00am - 13.00pm

St Mark's T.A.N.G.O. Pantry
Park Street, Haydock, St Helens WA11 0BH
Opening times: Thursday, 8.50am - 11.00am

St Matthew's Centre Pantry
St Matthews Grove, Thatto Heath, St Helens WA10 3SE
Opening times: Monday, 6.30pm - 8.00pm
& Wednesday, 8.45am - 11:30am

St Luke's Pantry
Knowsley Road, St Helens WA10 4PU
Opening times: Wednesday, 3.30pm - 5.30pm

Sutton Pantry St Michael & All Angels Church
Gartons Lane, St Helens WA9 2RA
Opening times: Sunday, 1.30pm - 3.30pm

There are also four mobile community food pantries available to residents in Sutton, Newton-le-Willows, Moss Bank, and Peasley Cross.

Sutton Family Hub
Ellamsbridge Road, Sutton, St Helens WA9 3PY
Opening times: Tuesday, 10.00am - 12.00pm

Cross Lane United Church
Earlestown, Newton-le-Willows, WA12 9PT
Opening times: Monday, 10.00am - 12.00pm

Park Farm Community Centre
54 Kentmere Avenue, Carr Mill, St Helens WA11 7PG
Opening times: Thursday 10.00am - 12.00pm

Peasley Cross URC
Beaufort Street, St Helens WA9 3BQ
Opening times: Friday 8.45am - 10.15am

Sherdley Shares

What's on in
St Helens
Autumn Term 2026

ADDvanced Solutions Community Network
Supporting you to find the answers

ADDvanced Solutions Community Network

supports the emotional health and wellbeing of neurodivergent children and young people, their families and the professionals that work with them. **No diagnosis or referral is needed to access the offer.**

ST HELENS Community Network Group

Tuesday afternoons during term time

Join us from **12:30pm-2:30pm**

Venue: The Living Well, Alexandra House, Borough Rd, Saint Helens WA10 3RN

No booking needed, just come along

Come along and meet our team, to learn more about neurodiversity from those who can share lived experiences and practical strategies. Our groups create a welcoming, accepting and relaxed environment for parents and carers, knowing you are not on your own.





The Living Well is located on Borough Road, reachable via the 10 bus routes from St Helens town centre.

Topics this term:

Tues 8th September	**Open Session** - come along, get advice and support
Tues 15th September	**Choosing a School**
Tues 22nd September	**St Helens Mental Health Support Team**
Tues 29th September	**NEW! Preparing for the Teenage Years**
Tues 6th October	**Specific Learning Difficulties - Dyslexia**
Tues 13th October	**NEW!** Neurodiversity and **Self Harm**
Tues 20th October	**ADHD and Rejection Sensitive Dysphoria**
	Half Term Break
Tues 3rd November	**NEW! Monotropism** - Intense Focus and Interests
Tues 10th November	**TESSA - Education Advice and Support Team**
Tues 17th November	**NEW!** Neurodiversity and **Stimming**
Tues 24th November	**Preparing for the Christmas Break**
Tues 1st December	**Supporting Transition**
Tues 8th December	Introduction to **Sensory Processing Difficulties**

If you can't make it face-to-face, join us online...

Online opportunities to learn more about neurodiversity from the comfort of your own home! With your camera and microphone off for your privacy, you can interact using the chat/Q&A feature to ask any questions you may have. Come along, learn more and get some strategies.

Monday Online Community Network Group

Mondays during term time



9:30am - 11:00am

Click here to register

Mon 7th September	**Autism, ADHD and Masking**
Mon 14th September	**NEW! Monotropism** - Intense Focus and Interests
Mon 21st September	**NEW! The Knowing Me Tool**
Mon 28th September	**Open Session** - come along, get advice and support
Mon 5th October	**Neurodiversity and Mental Health**
Mon 12th October	ADHD and **Rejection Sensitive Dysphoria (RSD)**
Mon 19th October	**NEW! Preparing for the Teenage Years**

Half Term Break

Mon 2nd November	**Open Session** - come along, get advice and support
Mon 9th November	**Tantrums V Meltdowns** - knowing the difference
Mon 16th November	**NEW!** Neurodiversity and **Stimming**
Mon 23rd November	**Preparing for the Christmas Break**
Mon 30th November	**NEW! The Knowing Me Tool**
Mon 7th December	Neurodiversity and **Gender Identity**

Wednesday Online Community Network Group

Wednesdays during term time



5:00pm - 6:30pm

Click here to register

Wed 9th September	**Supporting Behaviours that Challenge**
Wed 16th September	**Choosing a School**
Wed 23rd September	**NEW! Monotropism** - Intense Focus and Interests
Wed 30th September	**NEW!** Neurodiversity and **Self Harm**
Wed 7th October	**Neurodiversity and Mental Health**
Wed 14th October	**SEND Jargon Buster**
Wed 21st October	**NEW! The Knowing Me Tool**

Half Term Break

Wed 4th November	**The Graduated Approach**
Wed 11th November	**NEW! The Knowing Me Tool**
Wed 18th November	**NEW! Preparing for the Teenage Years**
Wed 25th November	**Preparing for the Christmas Break**
Wed 2nd December	**Tantrums V Meltdowns** - knowing the difference
Wed 9th December	**NEW!** Neurodiversity and **Stimming**

If you are using a phone, you will need to download the Zoom app beforehand. Please be mindful of your data usage. If you do not have an unlimited data plan, you may need to connect to a Wi-Fi connection to prevent charges.

Learning Programmes

Neurodevelopmental Conditions Learning Programme

This programme equips parents and carers with a greater understanding of neurodevelopmental conditions, specific learning difficulties and associated mental health needs and provides practical strategies that support the difficulties that may present:

- **Neurodevelopmental Conditions – including Autism, ADHD, Sensory Processing Difficulties, Specific Learning Difficulties.**
- **Managing everyday challenges and behaviours – including sleep, toileting and eating difficulties.**
- **Your Local Offer, disability welfare rights and SEND, Early Help and Education Health Care Plans.**

No referral or diagnosis is needed.

Face-to-Face Programme in WA10, St Helens

Wednesdays during the school day

From **9:30am – 2:45pm**

Venue: Peter Street Community Centre, Peter Street, St Helens WA10 2EQ



Contact us to register

Session 1 & 2	Session 3 & 4	Session 5 & 6
Wednesday 4th November	Wednesday 11th November	Wednesday 18th November

Or join us online...

Online Programme – Tuesday Evenings

From **6:30pm – 8:30pm**

Register Here

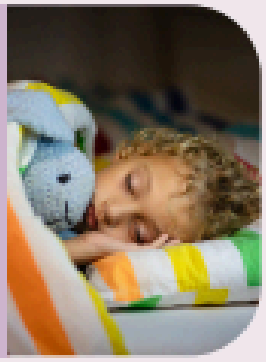
Session 1	Session 2	Session 3	Session 4	Session 5	Session 6
Tuesday 15th September	Tuesday 22nd September	Tuesday 29th September	Tuesday 6th October	Tuesday 13th October	Tuesday 20th October

See below our targeted Autism Learning Programmes, for a more in-depth look at and understanding of Autism.

Additional Online Workshops

Short, online webinars to help you better understand a topic related to neurodevelopmental conditions. Interact via the chat and Q&A with any questions.

Neurodiversity and Sleep Difficulties



Exploring the reasons why neurodivergent children and young people can often struggle to sleep and the impact this can have on them and their family. Providing practical strategies to improve sleep.

Tues 22nd September - 9.30am - 12.00pm Register Here



Autism and Mental Health

Discussing the impact of autism on mental health and how we can support children and young people's mental health by addressing their neurodiverse needs.

Tues 6th October - 9.30am - 12.00pm Register Here

Barriers to School Attendance



Providing an understanding of common barriers neurodivergent children experience in the school environment, and how we can support them to access education.

Tues 17th November - 9.30am - 12.00pm Register Here



Autism with Demand Avoidance

Exploring how presenting anxiety in autistic children and young people can result in demand avoidance, and strategies to navigate the challenges of demand avoidance in everyday life.

Tues 24th November - 9.30am - 12.00pm Register Here

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See Page 6 for our upcoming Professionals Training