



Programme Overview

CORE THEME	Created and Loved by God				Created to Love Others			Created to Live in Community	
TOPIC	Religious Understanding	Me, my body, my health	Emotional well-being	Life cycles	Religious Understanding	Personal Relationships	Keeping Safe	Religious Understanding	Living in the Wider World
KEY STAGE ONE	We are made by God and are special	We are unique with individual gifts, talents & skills	A language to describe feelings	Stages from birth to death	We are part of God's family	Positive and negative relationships	Safe and unsafe situations, including online	God is Father, Son and Holy Spirit - a community of love	Communities we belong to
	We are all God's children	The differences between boys and girls	We all have different likes and dislikes		Jesus cared for others	Identify special people in their lives	Resisting pressure when feeling unsafe	Scripture reference to living in community	How we impact on our communities
	Our bodies were created by God and they are good	Names of external body parts	Difference between feelings and actions		We should love others as Jesus loved	Respecting different family structures	Difference between good and bad secrets	Jesus' teaching on who is my neighbour	Other people and living things have needs and responsibilities
	Giving thanks to God	Personal hygiene and a healthy lifestyle	Managing feelings and behaviour			Appropriate and inappropriate behaviour	Physical contact and exploitation		What harms and improves the world
	The Sacrament of Baptism		Choices and consequences			Teasing and bullying	Where to go if worried or in need of help		Responsibility for own health and health of others
LOWER KEY STAGE TWO	Religious Understanding	Me, my body, my health	Emotional well-being	Life cycles	Religious Understanding	Personal Relationships	Keeping Safe	Religious Understanding	Living in the Wider World
	We are made in the image and likeness of God	Being different is not always easy	Physical, mental and emotional health	Stages in the development of a human being	The Church family: school, parish, diocese	Responding to positive and negative relationships	Responsibility for self and others	The Church is the Body of Christ	National, regional, religious and ethnic identities
	We are children of God	Self-confidence and self-esteem	Media influences		Jesus' teaching on forgiveness and reconciliation	Different types of relationships	Using technology safely	God is Trinity - a community of persons	



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LOWER KEY STAGE TWO	God has created us for a purpose	My purpose in the world	Unacceptable, unhealthy and risky behaviour			Awareness of bullying and cyber-bullying	Images, language and behaviour	Catholic Social Teaching	
	Life is precious and your body is a gift from God	Body changes and developments	Emotional change			Harrassment and exploitation	Physical contact and exploitation		
	Relationship with God through prayer & worship	Names of body parts	Extend vocab to understand range of feelings			Dealing with pressure in relationships	Where to go if worried or in need of help		
	Understanding Sacraments					Changes in life (eg loss, separation)			
UPPER KEY STAGE TWO	Religious Understanding	Me, my body, my health	Emotional well-being	Life cycles	Religious Understanding	Personal Relationships	Keeping Safe	Religious Understanding	Living in the Wider World
	We are made in the image and likeness of God	My God-given purpose in the world	Physical, mental and emotional health	How a baby grows in the mother's womb	What the Sacrament of Marriage means.	What happens when relationships go wrong	Independence and responsibility	The Church is the Body of Christ	National, regional, religious and ethnic identities
	We have innate dignity	Similarities and differences between people	Media influences			Different types of relationships	Staying safe online	God is Trinity - a community of persons	Cultural practices that are against British law and universal rights
	We have a God-given vocation	Everyone expresses their uniqueness in different ways	Unacceptable, unhealthy and risky behaviour			Staying safe online	Images, language and behaviour	Catholic Social Teaching	
	Life is precious and your body is a gift from God	Changes experienced during puberty	Emotional change through puberty	The nature and role of menstruation in the fertility cycle		Physical, emotional and sexual abuse	Physical contact and exploitation		
	Relationship with God through prayer & worship	Making informed choices which impact health	Extend vocab to understand range of feelings	How life is conceived		Dealing with pressure in relationships	Where to go if worried or in need of help		
	Understanding Sacraments					Changes in life (eg loss, separation)			