



Lovelace Primary School Newsletter

Welcome back to all of our families!



What a fantastic start to the year we have had at Lovelace Primary School!

We have welcomed our newest learners this week into Reception and Nursery, and I have been so proud of how quickly they have settled in to their new routines and learning.

A reminder that we will be having a '*meet the teacher*' event for nursery to year 5 on **Tuesday 24th September 3.15 – 4pm** where we welcome you to pop into school and to visit your child's classroom to see where they sit, to look at their books and to talk informally to their class teacher. If you would like a more formal and individual meeting about a specific matter, then please contact the office and this can be arranged for you on another date.

We look forward to seeing you!

A very big thank you to everyone who has made Mrs Fairweather feel so welcome since her arrival at Lovelace. She has made such an impact already joining our senior leadership team as our *Senior Strategic Leader for School Improvement* this year as we focus on the development of our school towards the future.



Please can I remind families that if your personal details have changed over the summer for example you have moved house or your telephone number has changed please can you inform the office to ensure our records are up to date.

Best wishes

Miss Dixon
Headteacher

Appointment of Head Pupil and Deputy Head Pupil



Aubrey



Ariana



Skye



Teddy



Brooke



Toby

The following pupils will be presenting their ideas to the children in KS2 via video as to why they should be Head Pupil. Voting will take place over the next week.



Safe Cycling and Scooting

Thank you to all parents who carry in scooters and to children who walk with bicycles within the school grounds. Because of the uneven nature of our site and the number of pedestrians, scooting and riding is not safe inside school. 'Heelies' should not be worn in school either.

Information

Healthy Families: Growing Up online



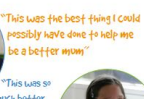
Healthy, thriving children and families



HENRY's free **Healthy Families: Growing Up** online programme is for parents and carers of primary-school age children - it will help you develop a healthier, happier lifestyle that the whole family can enjoy.

The programme covers these 5 themes across 8 weeks and provides everything you need to help your children flourish:

- Feeling more confident as a parent
- Physical activity for the whole family
- What children and the whole family eats
- Family lifestyle habits
- Enjoying life as a family



Get in touch to sign up now!

Programme details

Autumn Term Groups:
Group 1: Wednesdays 02.10.2024-27.11.2024 (with a half term break) 10.00-11.15am
Group 2: Tuesdays 03.10.2024-03.12.2024 (with a half term break) 19.15-20.30pm

Contact Us

Email for more info: HENRY@yourhealthcare.org
Or Call The School Health team: 02085496323

HENRY Newsletter for Parents

September 2024

Update from Kingston's HENRY Coordinators

Hello from the Kingston HENRY Team, and a warm welcome to the first edition of the HENRY newsletter for this 2024-25 academic year. The Kingston HENRY Team are looking forward to meeting and supporting many parents this academic year. We are delighted to be able to offer FREE Healthy Families Group programmes and workshops. We have 2 programmes this term all with spaces available - please see the details below.

What is HENRY all about?

We know that everyone wants the best for their children, but it can be hard to ensure a healthy lifestyle for the whole family. The HENRY team offer 8-week programmes and one-off workshops for parents and carers of children between 0-12.

HENRY is for everyone, and topics covered include understanding children's behaviour, setting boundaries, parent wellbeing, healthy lifestyles, supporting children eating a wide range of foods, screen time, being active, family routines, sleep, self-esteem, and much more.

The programme and workshops are FREE to attend for parents/carers of children attending Kingston Schools. You can self-ref by clicking [here](https://www.henry.org.uk) or via the QR code or to find out more please feel to email us on henry@yourhealthcare.org



Upcoming HENRY Programmes and workshops

Healthy Families Growing Up programme (for parents of children aged 5-12)

Venue: Online
Day/Time: Wednesday daytime 10 - 11.15am
Dates: 2nd October - 27th November 2024
Break: October half term

Healthy Families Growing Up programme (for parents of children aged 5-12)

Venue: Online
Day/Time: Tuesday evenings 7.15 - 8.30pm
Dates: 8th October - 3rd December 2024
Break: October half term

Healthy families

What do parents say who have already accessed HENRY?

- "I liked the interactive model and getting helpful tips from other parents. We are more connected as a family, we eat healthier food and we spend more quality time together."
- "I enjoyed it all, but especially the behavioural tips. We have a healthier diet now, less screen time and I am thinking about how my child feels, setting an example and looking after myself."

[yourhealthcare](https://www.yourhealthcare.org)

ASD Seminars and Support Groups

ASD Parent/Carer Support Group



Monday 25th November 2024

9.30 to 11am

at

Grand Avenue Primary School, Surbiton, KT5 9HU

Express CIC will be joining us to talk about the wonderful support they can offer families.

If you would like to come along, please register by following this link:
<https://forms.gle/wX6cyAC6kHrFcu7>
or contact

Jane Piddock (02085496323)

ASD Parent/Carer Support Group



Friday 11th October 2024

9.30 to 11am

at

Grand Avenue Primary School, Surbiton, KT5 9HU

Coffee, biscuits and general support

If you would like to come along, please register by following this link:
<https://forms.gle/277xrcA749paw29>
or contact

Jane Piddock (02085496323)



Seminar date: 05.12.24

Start and finish times: 9.20am to 2.15pm

Venue name: Grand Avenue Primary School

Venue address: Grand Avenue, Surbiton

Venue postcode: KT5 9HU

About the Seminar

'Managing Anger' is one of the Autism Seminars for Families which provides information and advice to parents and carers of children and young people with autism. This is a face to face seminar.

The Seminar will help families to:

- > discuss why children with autism often have challenges with distressed behaviour and anger
- > identify a low arousal approach for support through stressful situations
- > explore the cycle of anger and possible support strategies
- > examine strategies for managing feelings

Seminar cost?

Families can book a 'Managing Anger' seminar place for £5 (cash places) each, which includes a full resource pack of useful information, advice and support guidelines. This seminar is delivered by a seminar facilitator using materials they have bought from The National Autistic Society.

Light refreshments will be provided, but please bring your own lunch.

How to book a place

Please complete the registration form by following this link -

<https://forms.gle/1d15a0U5d4025>

or contact the seminar facilitator below for more information.

Name: Jane Piddock

Email: jidd62@grandavenue.kingston.sch.uk

Telephone: 020 8599 5544

As places are limited please only book a place if you are able to attend and let me know ASAP if you know that you can no longer attend, so that I can give that place to someone else.

Autism Seminars for Families

Understanding Autism



Wednesday 15th October 2024

9.30am to 2.15pm

Grand Avenue Primary and Nursery School, Grand Avenue, Surbiton, KT5 9HU

About the Seminar

'Understanding Autism' is one of the Autism Seminars for Families which provides information and advice to parents and carers of children who have received a diagnosis of autism or are on the pathway for an assessment of autism.

The seminar will help families to:

- > develop an understanding of autism
- > discuss experiences of getting a diagnosis
- > identify how autism can affect families
- > explore practical ideas for developing communication strategies

Seminar cost?

Families can book a place on the 'Understanding Autism' seminar for £5 (cash places) each, which includes a full resource pack of useful information, advice and support guidelines. Light refreshments will be provided, but please bring your own lunch.

How to book a place

Please complete the registration form by following this link -

<https://forms.gle/VKv3d8m83Pv2aW4>

or contact the seminar facilitator below for more information.

Name: Jane Piddock

Email: jidd62@grandavenue.kingston.sch.uk

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ANNUAL GENERAL MEETING

WEDNESDAY,
SEPTEMBER 25th
7:30PM – 9PM
AT LOVELACE SCHOOL

Please come along, everyone's welcome and it's your chance to have your say and hear about what's going on. We will be electing a new committee, talking about events, discussing last years finances, next years finances and there will be Pizza! If you have any questions please let us know.



ALL SCHOOL DISCO

Details coming soon!
Watch this space!



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Please get in touch: lovelacepfa@mail.com