



SUPPORTING YOUR CHILD'S ANXIETY

Discover ways to help your child manage their anxiety.

Where:

Online via Zoom

Date::

Wednesday 26th November

Time::

7-9pm

Share experiences of anxiety and increase your understanding of anxiety with other parents and carers in a supportive group.

To book your place on this **FREE** course go to our website and enter course code **152467** into the search box.

For further information, email businesssupport2@kent.gov.uk

Call 03000 41 22 22



For more information scan the QR code

kentadulthoodeducation.co.uk
FREE, Fun & Informal