

My Curriculum Map

2025/2026

	TERM 1		TERM 2		TERM 3	
Nursery	Introduction to PE : Unit 1	Fundamentals : Unit 1	Dance : Unit 1	Gymnastics : Unit 1	Ball Skills : Unit 1	Games : Unit 1
Reception	Introduction to PE : Unit 2	Fundamentals : Unit 2	Dance : Unit 2	Gymnastics : Unit 2	Ball Skills : Unit 2	Games : Unit 2
Year 1	Fundamentals	Gymnastics	Team Building	Invasion Games	Yoga	Athletics
	Ball Skills	Sending and Receiving	Fitness	Dance	Target Games	Striking and Fielding Games
Year 2	Ball Skills	Gymnastics	Fitness	Invasion Games	Target Games	Athletics
	Fundamentals	Sending and Receiving	Team Building	Dance	Yoga	Striking and Fielding Games
Year 3	Fundamentals Y3/4	Gymnastics	Dance	Tennis	OAA	Athletics
	Dodgeball	Rugby	Basketball	Football		Cricket
Year 4	Fitness	Gymnastics	Dance	Tennis	OAA	Athletics
	Yoga	Hockey	Netball	Handball	Swimming	Rounders
Year 5	Dodgeball	Gymnastics	Dance	Tennis	OAA	Athletics
	Yoga	Hockey	Swimming	Handball	Basketball	Cricket
Year 6	Fitness	Gymnastics	Dance	Badminton Y5/6	OAA	Athletics
	Swimming	Rugby	Netball	Football		Rounders