

# Remote Learning Guide

## Social Sciences



w.c. 22nd June 2026

## What is the remote learning guide?

Where students are unable to attend school due to, medical, or disciplinary reasons we will continue to provide resources to enable students to continue their education at home – we call this remote learning. We want to minimise the impact to your child's education and therefore we have a plan to make sure learning can continue when they are unable to attend school.

We will be providing all teaching resources through Microsoft Teams. All students will be automatically placed in a Team for their classes in all subjects. Teachers will place all activities, including lessons and resources as files in these Teams. Pupils can access the Teams through their school email accounts. Teachers will also set homework and send messages to their pupils using MS Teams. All work will be available before the lesson is due to start.

You can see a summary of what is being taught each week through the remote learning guides that are shared on the school website every Friday. The guides are also shared with students on their year group's MS Teams. Your child's teachers will also be available via email to answer any questions or queries your child may have. The email address for the head of each department is also included within this guide if you need to contact them regarding any subject related issue.

Pupils are also regularly set tasks and can access resources using the following platforms:

- **GCSEPod** - <https://www.gcsepod.com/>
- **Bedrock learning** - <https://bedrocklearning.org/>
- **Seneca** - <https://senecalearning.com/en-GB/>
- **UpLearn** - [www.uplearn.co.uk](http://www.uplearn.co.uk)
- **Sparx Maths** - <https://sparxmaths.com/>

The following resources provide lessons created by the BBC and Department for Education that may be used with your children to extend their learning at school.

- **Oak National Academy** - <https://www.thenational.academy/>
- **BBC Bitesize Daily Lessons** - <https://www.bbc.co.uk/bitesize/dailylessons>

Studies show that reading for pleasure makes a big difference to children's educational performance. We recognise that reading is vitally important to your child's education. Please make sure your child reads approximately one book a week. Students may access online news resources using The Day - <https://theday.co.uk/> or they may borrow a book from the school library.

***Students record the passwords for these online resources in their school planner. If your child is unable to access the digital resources set by their teachers, please contact your child's Year Manager or Year Coordinator or the school directly using this email address: [enquiry@holte.bham.sch.uk](mailto:enquiry@holte.bham.sch.uk)***

## Year 9

### Child Development

**Head of Department:** Mrs S Jafar [s.jafar@holte.bham.sch.uk](mailto:s.jafar@holte.bham.sch.uk)

**What is your child learning this term?**

#### **Component 1: Children's Growth and Development**

In this component, you will learn how children grow and develop from birth to five years old. You'll look at five main areas: physical, intellectual, communication, social, and emotional development. You will learn what typical developmental milestones look like and how families and professionals check a child's progress. You'll also explore the factors that can affect development, such as health, environment, social relationships, and money.

Class	Teacher	Lessons, including homework deadlines & resources
9D-Cd	Mrs S Jafar	Monday: PSA - Task 1a & b Homework: Continue with notes to support completion of PSA.

### Citizenship

**Head of Department:** Mrs S Jafar [s.jafar@holte.bham.sch.uk](mailto:s.jafar@holte.bham.sch.uk)

**What is your child learning this term?**

This term, students will begin with Theme A – Living together in the UK. They will focus on points of identity, what forms an individual's identity including their own. They will touch upon human rights, legal rights and moral rights as well as the development of magna carta and how this contributed to the development of laws and political rights, we have today. Students will look at local government, paying for local services.

Class	Teacher	Lessons, including homework deadlines & resources
9C-Cz	Ms H Hussain	Thursday: Community Cohesion and Immigration Debate Homework:

### Health & Social Care

**Head of Department:** Mrs S Jafar [s.jafar@holte.bham.sch.uk](mailto:s.jafar@holte.bham.sch.uk)

**What is your child learning this term?**

#### **Component 1: Human Lifespan Development**

In this component, you will learn how people grow and develop at every stage of life, from infancy to adulthood. You'll explore the four areas of development (PIES): physical, intellectual, emotional and social. You will study the factors that affect development, such as lifestyle choices, relationships and the environment. You'll also learn how major life events—like marriage, becoming a parent or moving house—can impact someone's development, and how people cope with change using different types of support.

Class	Teacher	Lessons, including homework deadlines & resources
9A-Hs	Ms S Rafique	Tuesday: Begin planning Q1 PSA Wednesday: Start making notes for Q1 PSA Friday: Continue making notes for Q1 PSA Homework: complete notes
9D-Hs	Ms S Rafique	Monday: Begin planning Q1 PSA Homework: complete notes

## Psychology

**Head of Department:** Mrs S Jafar [s.jafar@holte.bham.sch.uk](mailto:s.jafar@holte.bham.sch.uk)

**What is your child learning this term?**

Memory – Pupils will learn about the different types and models of human memory. They will also learn about how context, interference and false memories affect the accuracy of memory.  
 Research methods – Pupils will learn how to plan, conduct and analyse Psychological research. They will learn about various methods used in research, including their strengths and weaknesses.

Class	Teacher	Lessons, including homework deadlines & resources
9C-Py	Ms S Rafique	Thursday: Extraneous variables Homework:

## Sociology

**Head of Department:** Mrs S Jafar [s.jafar@holte.bham.sch.uk](mailto:s.jafar@holte.bham.sch.uk)

**What is your child learning this term?**

Students will begin with Sociological approach – what is sociology, key concepts and ideas that revolve around the topic. They will move onto key sociologists including Karl Marx, Emile Durkheim and key theories – Functionalism, Marxist, Feminism and The New Right. Students will touch upon different concepts like race, gender, culture, and sex and how this shapes the thought process of Sociologists.

Class	Teacher	Lessons, including homework deadlines & resources
9A-So	Miss S Ifzaal	Tuesday: Race and Ethnicity Wednesday: Qualitative and Quantitative data Friday: Primary and secondary data Homework:
9B-So	Miss S Ifzaal	Monday: Conflict and Consensus Thursday: Sex and Gender Homework:
	Mr R Soteriou	Tuesday: Culture and Nature Homework:

## Personal Growth and Wellbeing

**Head of Department:** Mrs S Jafar [s.jafar@holte.bham.sch.uk](mailto:s.jafar@holte.bham.sch.uk)

**What is your child learning this term?**

**Unit 1: Maintaining Physical Health and Wellbeing**

In this unit, you will learn what a healthy lifestyle means and why it is important. Living healthily can improve your overall wellbeing by boosting your mood, helping you build positive social relationships and supporting your emotional health. Research also shows that following healthy habits can reduce the risk of long-term illnesses such as diabetes, cancer and heart disease. However, many people do not maintain a healthy lifestyle simply because they do not fully understand its importance. During the unit, you will explore what counts as a healthy lifestyle, the benefits of making healthy choices and the risks that come with unhealthy behaviours. You will also look closely at your own lifestyle and assess how healthy it is by comparing it with national health

guidance. Finally, you will create a personal improvement plan, setting goals and identifying the changes you can make to lead a healthier life.

<b>Class</b>	<b>Teacher</b>	<b>Lessons, including homework deadlines &amp; resources</b>
9B-Pw	Ms S Rafique	Monday: Alcohol, Drugs and Decision Making Tuesday: Self Management and Screening 1 Thursday: Self Management and Screening 2  Homework:

## Year 10

### Child Development

**Head of Department:** Mrs S Jafar [s.jafar@holte.bham.sch.uk](mailto:s.jafar@holte.bham.sch.uk)

#### **What is your child learning this term?**

##### **Component 2: Learning Through Play**

This term, students will develop an understanding of how play activities can influence children's learning between the ages of birth and five years old. They will consider the different types of play in which children engage, and how activities can support children's learning and progress across the five areas of development. Students will undertake their PSA assessment this term, it is essential they are revising and studying at home, to ensure they gain the best possible marks for these pieces of work.

##### **Component 3: Supporting Children to Play, Learn and Develop**

Once a fortnight, students will also focus on Component 3, the exam unit. These sessions will help them understand the types of exam questions they will face and how to answer them confidently.

This component includes synoptic assessment, drawing on learning from Components 1 and 2.

<b>Class</b>	<b>Teacher</b>	<b>Lessons, including homework deadlines &amp; resources</b>
10A-Cd	Mrs S Kousar	Tuesday: PSA 2 – Task 2 Thursday: PSA 2 – Task 2  Homework:

### Citizenship

**Head of Department:** Mrs S Jafar [s.jafar@holte.bham.sch.uk](mailto:s.jafar@holte.bham.sch.uk)

#### **What is your child learning this term?**

This term, students will be continuing looking at Theme C – covering topics like the role of law, responsibilities, age of criminal responsibility, different types of courts. They will move onto Theme D – Power and influence. Students will touch upon citizen participation, protecting workplace rights, democracy and the right of the media and their regulation.

<b>Class</b>	<b>Teacher</b>	<b>Lessons, including homework deadlines &amp; resources</b>
10D-Cz	Mrs S Kousar	Thursday: Theme D Friday: PPE exam  Homework:

## Health & Social Care

**Head of Department:** Mrs S Jafar [s.jafar@holte.bham.sch.uk](mailto:s.jafar@holte.bham.sch.uk)

### What is your child learning this term?

#### **Component 2: Health and Social Care Services and Values**

This term, students will explore health and social care services and how they meet the needs of service users. They will also study the skills, attributes and values required when giving care. Students will undertake their PSA assessment this term, it is essential they are revising and studying at home, to ensure they gain the best possible marks for these pieces of work.

#### **Component 3: Health and Wellbeing**

Once a fortnight, lessons will focus specifically on **Component 3 as the exam unit**, where students will be supported in becoming familiar with the types of questions they will encounter and how to answer them effectively. This targeted practice will help build their confidence and prepare them for the externally assessed exam. Throughout the unit, students will apply their knowledge of human development, life events, health services and the barriers individuals may face when accessing care.

Class	Teacher	Lessons, including homework deadlines & resources
10A-Hs	Miss T Parvaiz	Tuesday: PSA
	Miss S Ifzaal	Thursday: PSA Homework:

## Psychology

**Head of Department:** Mrs S Jafar [s.jafar@holte.bham.sch.uk](mailto:s.jafar@holte.bham.sch.uk)

### What is your child learning this term?

This term, students will be moving onto Social Influence. They will learn about conformity and obedience, including key studies and theories of these. They will also learn about group behaviour and factors that affect bystander intervention.

Class	Teacher	Lessons, including homework deadlines & resources
10B-Py	Miss S Kousar	Monday: Social influence Thursday: PPE exam Friday: Social influence Homework:

## Sociology

**Head of Department:** Mrs S Jafar [s.jafar@holte.bham.sch.uk](mailto:s.jafar@holte.bham.sch.uk)

### What is your child learning this term?

This term, students will be moving onto the final topic of Paper 1 – education. They will be focusing on role of education, Functionalist, Marxist and Parsons' perspective of education. They will be touching upon laws and legal changes that have shaped the education system and how gender, parental attitudes, material factors and social class can influence achievement.

Class	Teacher	Lessons, including homework deadlines & resources
10C-So	Mrs S Kousar	Monday: PPE exam

		Wednesday: PPE exam (early lunch) Thursday: PPE exam  Homework:
10D-So	Miss S Ifzaal	Thursday: PPE exam Friday: Types of schools  Homework:

<b>Year 12</b>		
<b>Child Development</b>		
<b>Head of Department:</b> Mrs S Jafar <a href="mailto:s.jafar@holte.bham.sch.uk">s.jafar@holte.bham.sch.uk</a>		
<b>What is your child learning this term?</b>		
<p><b>Unit 1: Children’s Development</b> - Students explore children’s developmental progress from birth up to eight years. They will examine theories, principles and factors relating to development.</p> <p><b>Unit 3: Play and Learning</b> - Students explore the concept of play, the influence of theories and curriculum approaches to play, and the benefits of play and learning activities for children.</p>		
Class	Teacher	Lessons, including homework deadlines & resources
12-Cd	Mrs S Jafar	Monday: PSAB – Task 3 Wednesday: PSAB – Task 3  Homework: PSAB – Task 3
	Mrs A Robinson	Tuesday: Unit 2 – Food Safety Regulations Friday: Unit 2 – Working with a Qualified paediatric first aider – Accurate record keeping, prevention and spread of infection. If you miss this lesson – please work on those sections in the Knowledge booklet.  Homework: Complete follow up notes on the session with Ms Bari
<b>Extended Project Qualification</b>		
<b>Head of Department:</b> Mrs S Jafar <a href="mailto:s.jafar@holte.bham.sch.uk">s.jafar@holte.bham.sch.uk</a>		
<b>What is your child learning this term?</b>		
<p>Students will be taught a range of skills to help them in completing their projects.</p> <ul style="list-style-type: none"> <li>• Topic identification</li> <li>• Planning strategies</li> <li>• Time-management</li> <li>• Source selection and evaluation</li> <li>• Academic writing</li> <li>• Referencing</li> <li>• Presentation skills</li> </ul>		
Class	Teacher	Lessons, including homework deadlines & resources
12-Ep2	Mr R Soteriou	Monday: Respond to any project feedback Tuesday: Respond to any project feedback

		Wednesday: Respond to any project feedback Homework: Respond to any project feedback
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## Health & Social Care

**Head of Department:** Mrs S Jafar [s.jafar@holte.bham.sch.uk](mailto:s.jafar@holte.bham.sch.uk)

**What is your child learning this term?**

**Unit 1: Human Lifespan Development (Exam unit)**

This unit introduces patterns of growth and development, factors affecting health (genetic, environmental, social, and financial), and key theories explaining behaviour throughout life. Students will examine predictable and unpredictable life events, the ageing process, and its impact on confidence and self-esteem. The unit is externally assessed and forms the foundation of the qualification, covering health and social care needs across different life stages.

**Unit 4: Enquiries into Current Research in Health and Social Care (Exam unit)**

Pupils explore the methodologies of contemporary research and investigate the implications for health and social care practice and services.

**Unit 12: Supporting Individuals with Additional Needs (Assignment unit)**

In this unit, students will gain specialist knowledge to provide high-quality care while promoting equality, diversity, and inclusion. They will learn to identify different types of additional needs and understand their impact on wellbeing, rights, and access to services. They will explore how organisations work together through multi-agency support, investigate strategies and services that help individuals overcome daily challenges, and understand the legislation, frameworks, and policies that protect the rights of people with additional needs.

Class	Teacher	Lessons, including homework deadlines & resources
12-Hs	Mrs S Kousar	Monday: Unit 12 assignment Tuesday: Unit 12 assignment  Homework:
	Mr R Soteriou	Wednesday: Unit 12 assignment Thursday: Unit 12 assignment  Homework: Unit 12 assignment
	Mrs S Jafar	Friday: Unit 8 – LAA – Promoting Public Health  Homework: P1 – criteria
	Mrs A Robinson	Monday: Unit 1 – Exam Question practice Wednesday: Unit 1 – Exam Question practice Friday: Unit 1 – Learning Aim C  Homework: Continue with revision for exam – pre-reading for next week’s lessons.

## Law

**Head of Department:** Mrs S Jafar [s.jafar@holte.bham.sch.uk](mailto:s.jafar@holte.bham.sch.uk)

**What is your child learning this term?**

This term, students will explore the foundational principles and key concepts that underpin the legal system, gaining insight into its structure, purpose, and societal role. They will learn how laws are developed, interpreted, and applied, and examine the relationship between law and justice. In the area of criminal law, students will investigate various types of criminal offenses, understand the legal defences available to defendants, and follow the procedures involved in criminal trials—from investigation and arrest to prosecution and sentencing. This comprehensive approach will equip students with a solid understanding of how the legal system functions to uphold order and protect rights within society.

Class	Teacher	Lessons, including homework deadlines & resources
12-Lw	Mrs V Mann	Wednesday: Paper 2 – Negligence retrieval Friday: Paper 2 - Negligence  Homework: Negligence scenario
	Mrs S Jafar	Thursday: Paper 3 – Judiciary Friday: Paper 3 – Access to Justice and Funding  Homework: Flipped Law – EU Law

## Psychology

**Head of Department:** Mrs S Jafar [s.jafar@holte.bham.sch.uk](mailto:s.jafar@holte.bham.sch.uk)

### What is your child learning this term?

**Memory** - Pupils will explore various models of human memory, as well as factors that can affect its accuracy. They will consider how this can be applied to the real world.

**Attachment** - Pupils will study how early attachments form, their influence on later relationships, and the impact of deprivation and privation. They will consider key research and its ethical and practical implications.

**Clinical Psychology & Mental Health** – Pupils will learn about definitions of abnormality as well as explanations and treatments for a range of disorders; depression, OCD & phobias.

Class	Teacher	Lessons, including homework deadlines & resources
12-Py	Miss S Ifzaal	Tuesday: Paper 2 revision Wednesday: Paper 2  Homework:
	Mr R Soteriou	Thursday: Research methods project Friday: Research methods project  Homework: Research methods project

## Sociology

**Head of Department:** Mrs S Jafar [s.jafar@holte.bham.sch.uk](mailto:s.jafar@holte.bham.sch.uk)

### What is your child learning this term?

#### **Component 1 - Socialisation, culture and identity**

This component introduces pupils to the key themes of socialisation, culture and identity and develops these themes through the context of **families and relationships**, this option develops skills that enable

pupils to focus on their personal identity, roles and responsibilities within society and develop a lifelong interest in social issues.

**Component 2 - Researching and understanding social inequalities**

In this component, pupils are introduced to a range of methods and sources of data as well as the factors influencing the design of sociological research and the relationship between theory and methods. Pupils are encouraged to consider the practical, ethical and theoretical issues arising in sociological research and to apply knowledge of research methods to the particular context of social inequalities. Within this component pupils will have the opportunity to develop knowledge and understanding of contemporary patterns and trends of social inequality. Pupils are able to engage in theoretical debate, explore conceptual issues and develop skills of analysis and evaluation of sociological research and evidence.

Class	Teacher	Lessons, including homework deadlines & resources
12-So	Miss S Ifzaal	Monday: Family diversity Friday: Family types  Homework:
	Mr R Soteriou	Monday: Paper 2 revision Tuesday: Age inequalities patterns and trends  Homework: Age theories flipped learning task