

# PSHE and Citizenship LKS2

## Living in the Wider World - Aiming High

### Guide for Parents and Carers

**This term, your child's PSHE and Citizenship topic is 'Aiming High'.**

In this unit of work, children will focus on goals and aspirations. They will start by discussing achievements they have accomplished so far and the type of attitude that helps us to succeed. Children will identify ways of applying a growth mindset to new challenges and learn about the importance of resilience. Opportunities will also be provided for children to share aspirations for their future employment and personal goals and through this learning, they will consider different jobs and careers. In doing this, we will explore some of the difficulties faced by stereotyping. Children will also have the opportunity to think about the specific skills they might wish to develop in order to achieve their short, mid and long-term goals.

#### **We will be exploring these questions:**

- Lesson 1:** What have we achieved over the last year and what are we proud of? How did our behaviour and attitudes help us to achieve?
- Lesson 2:** What would we like to achieve over the year ahead? What do we need to do to help us achieve our goals?
- Lesson 3:** What behaviours can help us to learn new things? What can we do when we find our learning challenging?
- Lesson 4:** What kind of jobs do people do? What kind of skills and attributes would we need to do these jobs?
- Lesson 5:** What are stereotypes and how can they affect our attitudes? Can we be anything we want to be when we grow up?
- Lesson 6:** What might we like to do when we grow up? What skills would we need to develop in order to achieve this?

**Your child will be taking part in a range of activities, including the following:**

Collaborative group tasks and team games; paired discussions; mini workshops to learn a new skill; charades and creating their own medals.

This resource is fully in line with the Learning Outcomes and Core Themes outlined in the PSHE Association [Programme of Study](#).

## About PSHE and Citizenship Education

PSHE stands for Personal, Social, Health and Economic education. It is an important part of the school curriculum that aims to teach children the knowledge and skills that they need to stay safe, happy and healthy, while preparing them for their life ahead.

We understand that some parts of the PSHE and Citizenship curriculum involve exploring sensitive or controversial issues. That's why all adults involved in delivering your child's PSHE and Citizenship education will make every effort to establish a supportive and positive environment for learning.

Children will be given opportunities to ask any questions they may have and adults in the class will set aside time to explore any questions or issues that are raised in the course of the lesson.

If you have any questions or concerns regarding your child's PSHE and Citizenship lessons, or anything else, please don't hesitate to let us know.

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