

PE

Spatial awareness and reactions

Getting to know each other and our school

Settling into a new environment

Learning everyone's names

Learning the class rules and routines

Exploring feelings - what makes me happy?

Self-care - toileting and getting snacks

Learning days of the week - "We have PE on
Wednesday and Friday"

Listening to each other

Speaking about our needs and interests

Writing our names

Texts to explore- "Starting School"

Our bodies and growing

Using mirrors to see what we look like

Celebrating differences

Learning how to keep our bodies healthy -
fruits and vegetables and exercise

Toileting independently and washing our
hands for snack

Learning the NSPCC Pants Rule

Drawing and labelling body parts

Weighing, measuring, ordering

Vocabulary related to size

Things I can do now I am older

Singing songs - "Head, shoulders, knees and
toes", "Simon Says..."

Texts to explore - "Oliver's Vegetables",
"Titch"

Characteristics of Effective Learning

Playing and Exploring

Showing a particular interest, showing curiosity
and exploring, engaging and focusing

Active Learning

Making choices, showing a confident "I can"
attitude, attentive, focused

Creating and Critical Thinking

Thinking of ideas, adapting/changing,
collaborating, describing

Autumn 1 - All about me



Areas of learning

Personal, Social and Emotional Development

Communication and Language

Physical Development

Literacy

Maths

Understanding the World

Expressive Arts and Design

Religious Education

"Who am I and where do I belong?"

Key vocabulary

Family, community, belong, unique, different,
similar, beginning, interests, healthy,
growing

Our homes and where we live

Speaking about our homes

Using fine motor skills to construct houses

Recognising house numbers, counting houses,
odd and even

Exploring maps

Different types of houses and homes

Learning about the different areas in a
home (kitchen, bedroom etc.)

Using art resources to create homes

Recognising signs in our local area

Texts to explore - "Peace at Last".

Me, my friends and family

Learning about different types of families

Respecting differences

Talking about my favourite foods that I eat
at home

Drawing and labelling who is in my family

Counting how many people are in a family

My family customs, traditions and languages

Role playing in the home corner

Looking at sounds in other names

Texts to explore - "It's Ok to be
Different", "All are Welcome Here!"